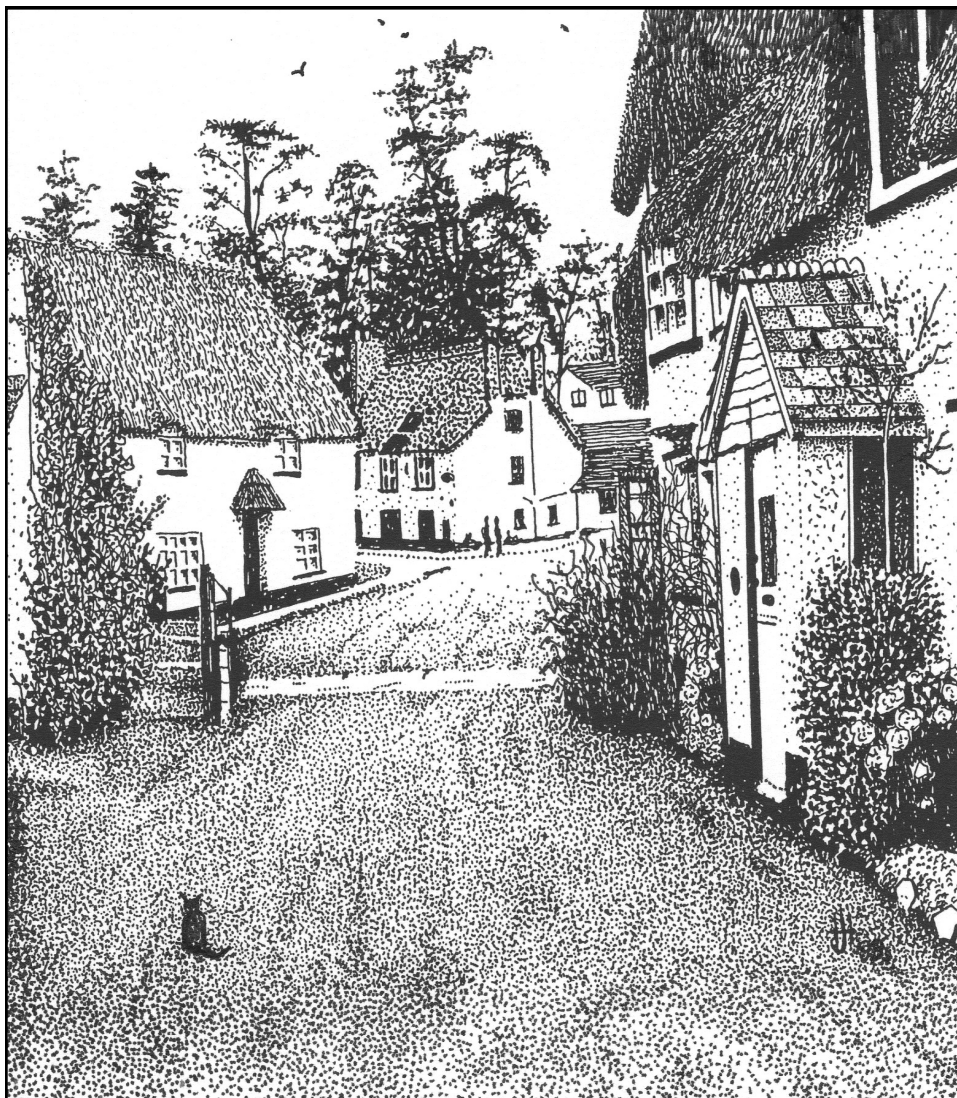


NEWTON WONDER



50p

February 2016

The **NEWTON WONDER** team consists of Peter Hawksley, Daphne Clague Richard Nicholls, and Gerry Radford.

ARTICLES FOR PUBLICATION : Please e-mail to Peter Hawksley, editor@newtonwonder.net. Tel: 01392 851269

NOTICES OF LOCAL EVENTS : Please e-mail to Peter Hawksley, editor@newtonwonder.net. Tel: 01392 851269

ADVERTISEMENTS : Please e-mail to Richard Nicholls richnick@outlook.com Tel: 851 877

Please include your Business Name, Address, Ad-Size required and Number of Insertions.

Payment is required in advance. Cheques should be made payable to NEWTON WONDER and sent to Richard Nicholls, Landown, Sand Down Lane, Newton St. Cyres, EX5 5DE.

ALL ITEMS FOR PUBLICATION MUST ARRIVE BY THE **15th** OF THE MONTH.

These may be left at the Post Office-Village Store if e-mail is not available.

PLEASE NOTE that we aim to distribute the NEWTON WONDER by the month end but this cannot be guaranteed. We therefore recommend that events taking place early in the month be advertised the month prior.

LOCAL VILLAGE EVENTS WILL BE MENTIONED FREE OF CHARGE

The **NEWTON WONDER** is delivered to local households and businesses at an annual charge of £5.

Additional copies may be purchased from the Post Office-Village Store.

Advertising Rates for the NEWTON WONDER

	1 year
Small (credit-cardish size)	£30.00
Quarter Page	£60.00
Half Page	£100.00
Full Page	£200.00

The editorial team of the NEWTON WONDER does not necessarily agree with the views of contributors contained in their published articles. This is a community magazine and it is our policy to print reports, articles and submissions that might be of interest to the community - provided that we have sufficient space to do so and they are not libellous in content.

A WEEK IN THE PARISH HALL

Mondays	DIET AND FITNESS CLASS	9.30 - 12.30pm	Emma Healey Tel. 07969 900794
Mondays (except Bank Holidays)	BINGO	Eyes Down at 7.45pm	Meat Bingo, Raffles, Snowball.
Tuesdays	GENTLE KEEP FIT	9.45 - 10.45am	Call Jane on 366413 £3.50p per session
Tuesdays	LINE DANCING	7.15 - 10.00pm	Paula Benford Tel. 01392 210830
Tuesdays (Fortnightly)	YOUNG FARMERS CLUB	8.00 - 10.00pm	Millie Murphy- Sec 07955 686719 Alex Turner-Chair 07891 682997
Last Wednesday of Month	ART GROUP	6.45 - 10.00pm	in the Club Room
Wednesdays	PARENT & TODDLER GROUP	9.30 - 11.30AM	Alissa Haward Tel. 01392 851591
1st Wednesday of Month (Quarterly)	GARDENING CLUB	7.30 - 9.30pm	Jane Timlett Tel. -1392 851361
3rd Wednesday of Month	HISTORY GROUP	7.30 - 9.30pm	Jean Wilkins Tel. 01392 851337
1st Thursday of Month	PARISH COUNCIL	7.30 - 9.30pm	All are welcome
Thursdays	DIET AND FITNESS CLASS	9.30 - 11.00am	Emma Healey Tel. 07969 900794
Fridays	MARTIAL ARTS	6.00 - 7.00pm	Dave Powlesland PUMA Taekwondo & Little PUMAs Tel. 07802 855852
Fridays	TABLE TENNIS	7.15 - 9.45pm	Just turn up £2 per session (£1 Children)
4th Saturday of Month (usually)	MINI MARKET	10.30 - 12.00 noon	

The **NEWTON WONDER** is delivered within the Parish at a charge of only £5 per year.

Please contact Gerry Radford on 01392 851504 or email paul.radford@btinternet.com.

If you move away it can be posted for an additional £5 p.a.

2016

We wish all our readers our very best wishes for the New Year. Last year was a busy one and the village achieved considerable progress. The community resilience plan, drawn up by Jock Campbell and his team has resulted in the establishment of patterns of communication and action in the event of an emergency in the village and, in particular the formation of a Flood Network. This is reported later in this month's edition. The article is also available on the website. As always more volunteers are required.

Boniface Trail

Councillors Parker and Taylor have been making progress, with the Boniface Trail Association, on the development of a cycle track/footpath between Exeter and Crediton.

Parish Plan

The steering group are getting ready for an open meeting to discuss the future of the village and the formation of a village plan. The results of the questionnaire, which was completed by most households have now been recorded and collated.

Newton Revels

Planning for the 2016 Newton Revels is well under way. Again volunteers are needed to help with setting up, clearing, selling raffle tickets and a myriad of other things. If you would like to contribute to this event please contact Jim Enright on 851859 or email him at jimenright4@gmail.com

Community Website

2015 was, for the Newton Wonder, an interesting one as we started to get a community website up and running. You can find it at newtonwonder.net The basic structure is now present, but it is not written in stone. What is? It is now up to organisations, groups individuals, authors, bloggers and anyone else to use it. Simply contact the editor on editor@newtonwonder.net or telephone 851269 and anything is possible. Some groups are already starting to use the website and it is to be hoped that others will see the benefits and the fun to be had and join in too.



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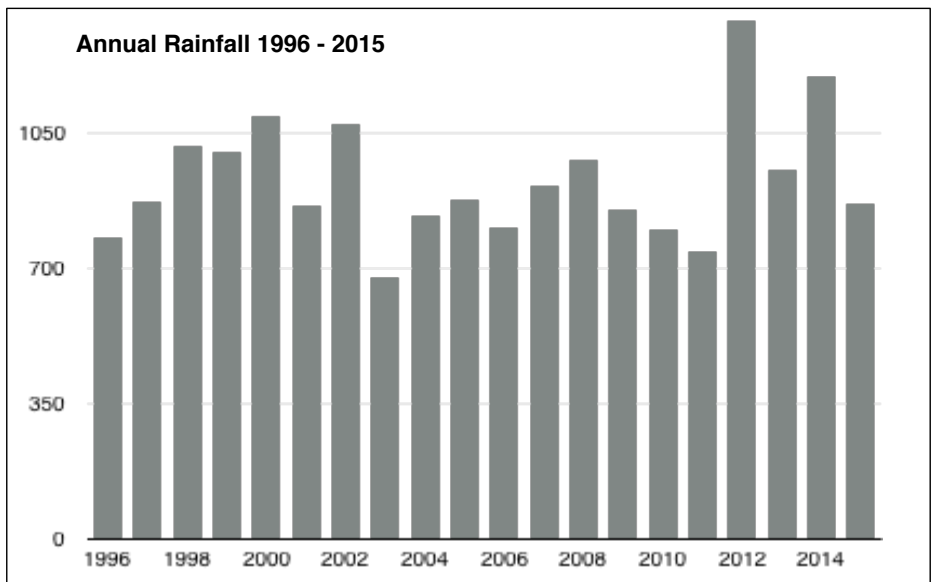
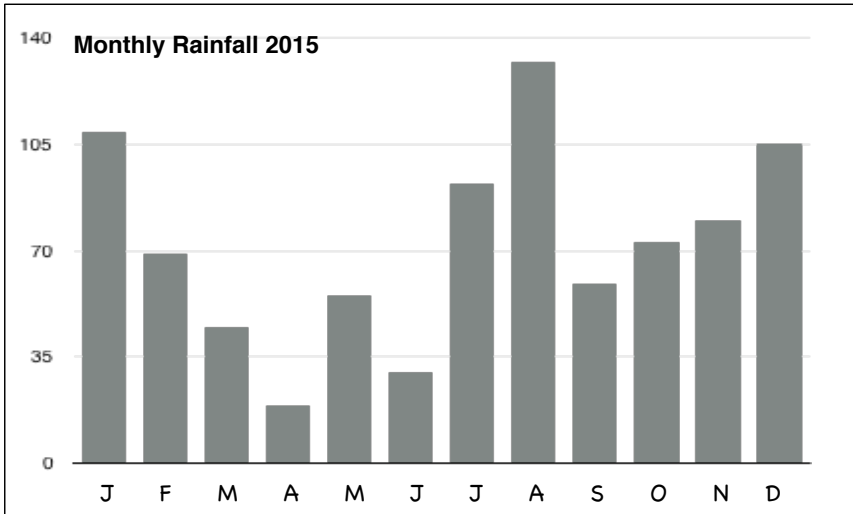
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info@chestnuttrees.co.uk

The Weather

As this is the first issue in the New Year it seemed a good idea to look at the annual rainfall as well as the monthly rainfall.

The charts show the annual rainfall since James Walters began recording in 1996 and also the monthly totals for 2015.

The peak of rainfall in August reflects the awful summer that we had after a spectacular April.



Community Notices

Baby Sitting

My name is Francesca Ward. I am 17 years old and I live in Newton St Cyres. I am currently studying for my A-levels at Exeter College. I have recently had experience working and looking after children at Pip-Kins Day Nursery and a reference is available.

I am available Thursday, Friday, Saturday and Sunday.

Contact info: (home) 01392 851 918

Mobile: 07704066305

Extract from the Parish Diary

www.newtonwonder.net

February 2016

- | | | |
|--------|-------|---|
| Wed. | 3rd | Gardening Club - History of Bernaville Nursery
7.30 pm Parish Hall
Competition: Photo taken in your garden. |
| Friday | 27th. | NSC Art Group - Club Morning -- "Still Life with fruit" bring your own material and fruit and make your painting traditional or modern
10.00 - 12.30pm Parish Hall |
| Mon. | 29th | Bingo in aid of Arboretum
7.45pm Parish Hall |
| | | Eyes down |

March 2016

- | | | |
|------|------|--|
| Sat. | 12th | Community Support Group
10.30am Parish hall |
| Wed. | 6th | Gardening Club - Mark Robertson on "Perennials"
Competition: Spring arrangement in a jamjar
7.30pm Parish Hall |

NOTICE TO ALL USERS OF PARISH NOTICE BOARDS

Please could all village organisations who post notices on the Parish Council Notice Boards make sure that they remove them from the notice boards after their event. Many thanks.

Newton St Cyres Parish Council

Parish Council report December

A full complement of 9 Councillors attended the December meeting and were joined by Peter Hare-Scott (MDDC) and Margaret Squires (DCC) and 4 members of the public. During the public session time it was confirmed that the Crown & Sceptre Pub should re-open in the New Year. Concern about cars parking in the bus lay-by opposite the School was raised as buses were failing to stop if they could not see passengers waiting there.

Attendance at Parish Council meetings. As part of the ongoing need to be open and transparent in all Council business it was agreed to keep a register of attendance by Councillors at meetings and to publish this in the Annual report.

MDDC. Peter Hare-Scott was thanked for arranging for a notice to be displayed at the entrance to New Estate warning that children could be playing there. Peter reported that MDDC were seeking to work with other Councils to save on expenditure. He also promised to take back some of the comments about the new waste collection, i.e. wrong collection days detailed on the leaflets, bins with no lids which meant the cardboard was getting wet etc.

Precept etc. The Council discussed its precept for the forthcoming year and agreed on a very small increase of 2%. This increase will mean that a Band D household will pay £34.49 to the parish. Good housekeeping had meant that the increase was kept to a minimum while still being able to maintain the parish in a good state with grass cutting, dog waste bins etc. It does appear that we will be asked to provide some of the services originally provided by other authorities so a contingency has to be included in our precept discussions. Grants to organisations were discussed and the Council agreed to support the Recreation Ground, the Church, the Hall and the new Boniface Cycle Trail.

Footpaths, hedges etc. Thanks were expressed to Richard Brown who had cut the hedges along the road leading to the Station and to Cllr Steve Parker for all his work on the footpaths in the parish. A problem with dog mess in the Arboretum had been reported and it was agreed to bring this to the attention of the Friends of the Arboretum.

Allotments. The Council agreed to undertake a review of the allotments as so many were now unused and a meeting will be held on site in the New Year.

Snow Warden. An appeal is made for a volunteer to act as Snow Warden for Tytheing Close. Training will be given and supplies of grit etc. will be provided. This is an urgent request so if anyone feels they would like to volunteer for this role, they should contact Cllr Adam Reeves on 851150 for more details.

The next meeting of the Parish Council will be held on Thursday 4th February at 7.30pm in the Clubroom of the Parish Hall. Please come along with questions and queries and to hear what your Council do.

The Parish Surgery will be held in conjunction with the Village Market on Saturday 27th February in the Parish Hall starting at 10.30 am. Again, please come along and meet your Councillors with your questions and queries.

Cllr Jill Baker, Press Officer

Newton St Cyres Gardening Club

The next meeting will be held on

Wednesday 3rd February 2016

In the Parish Hall Clubroom

Starting at 7.30 pm

The subject will be:

‘History of Bernaville Nurseries’

The competition will be:

‘A Photo taken in your Garden’

(with a small prize for the winner!)

NEWTON ST CYRES PARISH COUNCIL

ARE LOOKING FOR A

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For Tytheing Close area

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CLLR. ADAM REEVES

On 851 150

For more details

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RECREATION GROUND CLUB

There is an old playground rhyme which goes 'rain, rain go away come again another day' but asking it to go away didn't work in December, and it has become more like please come back tomorrow, and December was awful and the result has been it looks likely we will have four weekends consecutively with no Saturday football. This will mean that this year we will have lots of evening games in April and May just so the programmes can be completed. Cricket starts in May so May will see when the cricket is away filled with Football.

January is a quiet month in the club as Darts and Skittles take a break over Christmas and New Year, so no games for the first half of the month. But February is a different story with not only league games but cup games too and also a County Skittles game. It was strange for me to have someone who was not John booking in the game. I do miss our conversations, we had regular chats to catch up and ensure all outside sports were prepared for. Everyone was happy to see John pottering about looking busy.

Last year we were happy to host a farmers meeting for many farmers in the area, it was a success but so far nothing has come in to equal it for this spring. And seeing the date reminded me to mention that we can do Meetings as well as sports events and that's day times as well as evenings. If you need a venue just ring me and I will try and sort out a suitable date. My number is Exeter 432287.

Our next meeting is on Sunday 7th February at 7.30 p.m.. These are open meetings so feel free to join us and find out how we work and what we do.

Wendy Lewis

Recognition of outstanding voluntary service to the Community

The Parish Council have agreed to recognise the outstanding contributions that some parishioners make to this community. A Roll of Honour will be kept and the individual will receive a framed certificate.

The Parish Council are aware that there are a number of people in the parish who make a significant contribution to the life of the parish.

Nominees must live within the Parish or within three miles of the Parish boundary and must have made a significant contribution to the Parish.

Nominations are being sought and must be submitted with details of the contribution they have made to the community. Nominations need to be with the Parish Clerk by February each year. Nominations will be considered at the March meeting of the Parish Council and the winner announced at the Annual Parish Meeting in April.

Please let the Clerk have your nominations for this year **by the 4th February 2016.**

Newton St Cyres FC – February Update

The weather has had a major impact on the football calendar over the festive period and into the New Year. Our youth teams haven't managed to play any games since our last report and the seniors haven't been much better but did at least manage a couple of games prior to Christmas.



Our first team have played three games in total in two months. The first was a 3-3 draw with Chard Town away and this was followed by a scoreless draw against Honiton. The final game came at home against a strong Feniton and we went down 2-0.

Our Reserve side have also managed to get three games played, two in the cup and one in the league. The first cup game had already suffered two postponements before finally getting settled when we defeated Priory 2-1. Next we travelled to Sidmouth in the same cup but the run finally came to an end when we suffered a shock defeat. The final game of the period saw us return to league action when we saw off Exwick Village 4-2 at home.

Upcoming Fixtures 3pm KO

February: Firsts: 6th Seaton (A), 13th Honiton (A), 20th Clyst Valley (H)

Reserves: 6th Stoke Hill (A), 13th Woodbury (A), 20th Winchester (H)

Newton St Cyres Tennis Club



We are holding a Junior Open Day on Saturday 5th March for children aged 6 to 17.

All are welcome, the cost is £2.50 payable on the day but there is no need to book – just come along, meet our coach and find out what we have to offer. Tennis racquets (and refreshments) will be provided, but do wear trainers. Parents/guardians should stay with younger children.

Times: 2 -3 pm for ages 6 to 11

3 – 4pm for ages 12 to 17

Newton St Cyres Tennis Club is situated at Newton St Cyres Recreation Ground, EX5 5AT. Please contact Viv Baber on 01392 681180 for more information.

Any adults interested in finding out more about the Club should visit our website www.newtonstcyrestenniscub.co.uk or contact our membership secretary Laura Leigh on 01647 24259. Annual subscriptions are due in March so now is a good time to think about joining for the year.

Newton youngsters table tennis success



The second Junior League organised by the Exeter and District Table Tennis League was held in October and November. Eight teams were entered including our Newton Wonders and Newton Marvels. The final winners were the undefeated West Exe Pilots with Newton Marvels a close third and the Wonders a very creditable fifth.

We had three players in each squad. The Marvels were Alex Carder, Tobias Whittaker and Owen Kersey, whilst the Wonders were Will Furniss, Curtis Garnsworthy and Danny Carroll. All performed extremely well. Owen and Danny were playing in the League for the first time and were playing against boys and girls who were several years older than them. The two teams did not meet in the League, but played each other in a 'friendly' match. This was very close, but the Marvels just made it with Alex winning every match he played in.



The boys are from the left Will, Owen, Alex, Danny, Tobias, Curtis.

The Newton St Cyres Table Tennis Group play each Friday in the Parish Hall with the period from 7.15 to 8.15 devoted mainly to juniors (from age of 8 upwards) and adults playing on to about 9.30 pm. There is a charge of £1 for juniors and £2 for adults. The Group is open to all including learners through to experienced League players. Just come on a Friday to join in and have a game. ALL WELCOME.

Roger Wilkins, 851337

WANTED Do you have any unwanted artificial (silk or dried) flower arrangements or any baskets that the Newton St Cyres FANS craft club could re-use. If you do, please can you drop off at school for the attention of Jackie Enright.

Martial Arts

Little P.U.M.A.s



Picture courtesy of A. Quick, Crediton Country Courier

One of Crediton's top kicking Little PUMA's who trains with Dave Powlesland at the Lords Meadow Leisure Centre has just won the National PUMA British Championships High kicking title for his age and height.

Max who trains regularly with Dave travelled to the National event held in Swindon. The Championships was extremely well attended with over 400 competitors taking part in the whole event, Max and around 50 other Little PUMAs there with him on the day.

Little PUMAs is a specialist proven syllabus for all 4 to 6 yr olds and has been running for a number of years in Crediton, some of Dave's previous Little PUMAs students have continued their training into Taekwon-Do and are now Black Belt World Champions!

If you would like to know more about Little PUMAs what it has to offer and how to get your child enrolled then please contact

Dave on 07802 855852 or email
creditontkd@hotmail.com

Classes held at Crediton, Copplestone and Newton St Cyres.

National Trophies

Members of the PUMA Martial Arts Schools in Crediton, Copplestone and Newton St Cyres have added another array of National titles to the continued successes seen earlier this year.

The Taekwon-Do Schools run by local instructor Dave Powlesland have had a great year with a number of students winning various national titles.

Dave said 'it is fantastic seeing the local members who put hard work into their training and development being recognised at these events'

Dave also went on to say how 'proud he is to have three black belt ladies all competing at a national level and winning a number of gold silver and bronze trophies at their respected levels'



Picture courtesy of A. Quick, Crediton Country Courier

The Taekwon-Do sessions that Dave runs are available for all ages and all abilities, the members are a great bunch and we would welcome anyone who would like to know more about the group or if you want to keep fit and develop as a person. There is so much more than just punching and kicking that comes from our training.

Contact Dave on creditontkd@hotmail.com or 07802 855852

WELL DONE NEWTON ST. CYRES PRIMARY SCHOOL.



Pictured is Head Teacher Glynis Harris, centre with Teacher James Akhurst, and just some of the pupils, celebrating the results of the 2015 SATS

Glynis Harris, said that they were delighted at the recent publication of the Key Stage 2 SATS Attainment Gradest and to have been recognised as one of the best performing primary schools in Devon and within the top 1000 primary schools in the country. Their motto is Together We Succeed, which is clearly evident with the recent findings and this reflects the hard work of the children and staff, and the close support network they have with the parents and the wider community in the village. In the recent Gazette Interactive Map and League Tables, Newton St. Cyres, were in joint top place with Sampford Peverell.

Ms Harris added that with their federation links with Cheriton Fitzpaine and Thorverton meant that they are able to share successes and promote a love of learning across three schools, and that they are very proud that they have been able to achieve this success.

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Newton St Cyres Primary School

It's been a busy start to the year at NSC Primary! We were all excited to welcome our new executive headteacher, Mr John Joliffe, to the school, as well as find out what our new topics were!

KS1's topic for this half term is 'Fire, Fire!'. The role play area in Class 1 has been transformed into a fire station, and the children are enjoying playing the role of fire fighters. All KS1 children have been learning about the Great Fire of London. The children are looking forward to a visit from the fire service, where they will find out more about their job as well as fire safety.

In KS2 Class 3 are finding out about 'The Arctic', investigating polar habitats and the people who live there. Class 4's topic is 'Our Beautiful Earth'. The children are researching mountains, earthquakes and volcanoes within their topic lessons. They are also enjoying researching environmental issues around recycling, and are looking forward to participating in a debate, as well as producing some persuasive writing which will encourage people to take care of our world. Alongside this, they have already begun rehearsing a medley of 80s songs in preparation for a Learning Community concert in March.

Across the school, we are focusing on 'Going for Goals'. Many children shared their New Year's Resolutions in our celebration assembly, and we are all supporting each other in trying to achieve these.

Chris Theedom

Newton St Cyres 200 Club

The December & January draws took place at the coffee mornings in the village hall on 5th December 2015 and 9th January 2016

The December winners are:

No	126	P Browne	£50
No	92	P Watts	£50
No	16	S Harris	£10
No	96	P Watts	£10
No	190	S Clapp	£10
No	184	O Cheriton	£10
No	117	J Swallow	£25

The January winners are:

No	166	T Mitchell	
No	198	M Speller	£100
No	137	D Baker	£10
No	108	J Holt	£10
No	62	S Mundy	£10
No	100	L Pearce	£10

Lucky Peter – Two wins! it does happen sometimes when you have more than one number.

Happy New Year to you all

Daphne 01392 851639

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We are looking for enthusiastic and committed individuals with good communications skills to join our team of guides at Fursdon House.

Fursdons have lived at Cadbury since the thirteenth century and the house and gardens are at the heart of a small farming estate. On a guided tour of the house visitors hear about the history of 23 generations of the Fursdon family and see family furniture, portraits and memorabilia. Full training will be given and an hourly rate paid.

The house is open on Bank Holiday Mondays between Easter and the end of August and Sundays and Wednesdays during June, July and August. In addition there are pre-booked groups of visitors on non-public days between March and September. You will work approximately two hours per session and we will need you for 6 – 10 sessions during the season on a rota basis on weekdays and Sundays.

For more information please contact Catriona Fursdon or Judi Chambers, Fursdon, Cadbury, Exeter, EX5 5JS. Tel. 01392 860860, admin@fursdon.co.uk, www.fursdon.co.uk

Do You Remember? February

February 1976

The Blessing of the Plough took place at a Church Service and the Young Farmers provided a team. Their secretary, Jill May, read the lesson.

The Coffee Club speaker was Maria from the Northcott Theatre on her work as a Wardrobe Mistress.

The Playgroup reported that it was now full for the first time.

The St Cyres Players continued to be active and were putting on plays.

Residents near Rewe Cross had asked for a Post Box and residents in Castlands asked for a footpath to the School. This was not possible but they were allowed to use the School Bus as the road was so dangerous.

February 1986

The Conservation Area was defined as from the end of Pump Street to the Parish Church including the Crown and Sceptre Pub, Shuttern Close, the Vicarage and Elmhurst but not including Newton House or the Arboretum.

At the W I meeting Mrs Somme showed slides of Norway.

The Mothers Union had sent two letters to the Central President with concerns about support for the Law Lords decision to give the contraceptive pill to under 16s without parents' consent or knowledge.

The Farming Year article by Robert Ayre explained about growing crops such as lupins (for protein), sunflowers (for oil), evening primrose (for oil), borage (for oil) and linseed (again for oil).

A notice appeared about the proposed removal of kerbstones in the Churchyard to level the surrounds and mounds.

An appeal was launched for more recipes for the proposed Village Recipe book.

The Twinning Circle were planning the visit of a party from Rots in May.

The Children's Puzzle was about names of birds.

February 1996

The Gardening article gave details on how to grow and propagate Daphne.

An invitation was issued to the Young Farmers' Panto 'Dick Whittington'

A report appeared from Mid Devon District Councillor, Jean Palk on the Area Tenants Association where she asked residents to let her know of any potential tenants for Court Orchard.

'Lets Go' events planned included a meal at Devoncourt in Exmouth, a visit to see Beauty and the Beast in Paignton and a visit to Torquay to see Annie Get Your Gun.

The subscriptions for the Newton Wonder were to rise from 25p to 30p per issue.

A Trivia Quiz was held at the Recreation Ground with teams of 4 competing.

The Twinning Group reported on their walk on Boxing Day to Newton Woods.

The Parish Council reported that traffic calming was planned for the village with rumble strips and a 40mph limit. Thanks were expressed to the Action Group for their support.

The Playgroup gave their good wishes to Dale Morrish and Rebecca Parker as they started school full time.

February 2006

The Poppy Appeal had raised £409.51 within the parish.

Jill and Peter Hawksley were retiring from the Beer Engine after nearly 23 years and the village welcomed Mike and Jan Tutty as the new owners.

The Football Club 1st Eleven had won all their matches during December and January.

REVELS 2016 Sunday 3rd July

Planning for the 2016 REVELS is now well underway. Here are some ways that you might be able to help.

DRAW PRIZES We are looking for local companies or individuals to donate Draw Prizes. Recognition will be provided or can be declined.

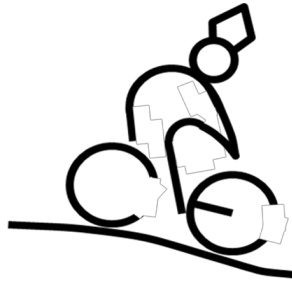
DRAW TICKET SALES Can you help by selling Draw Tickets to your friends and work colleagues?

STALLS These are FREE to Charities. Let us know if you are interested.

ENTERTAINMENT If you have any ideas please let us know.

HELPERS Are you able to help for a few hours on the day with Parking, Gate, Draw Ticket sales etc.

Please contact Jim Enright by email at jimenright4@gmail.com or Telephone 01392 851859.



Follow St Boniface on the trail from CREDITON to EXETER!



The Boniface Trail Association are dedicated to establishing an all purpose cycle and footpath between CREDITON and EXETER in DEVON. The group is fully committed to establishing a trail that, as well as being well used by both cyclists and walkers, **will also be fully mobility scooter, wheelchair and family friendly.**

We need your help now! We have composed a simple questionnaire which we would like you to not just complete, but to also circulate to as many of your friends as possible! It may be completed on line, or a paper version may be downloaded. It will greatly assist us in shaping the trail and your input will help us design the trail to be as attractive to as many people as possible. A high response will also confirm a high demand. It only takes a couple of minutes to complete. **Thanks for your co operation and support!**

Go to <https://goo.gl/G4X717> use the Q Code on the right, or if you do not have your phone with you, tear off a strip at the bottom and complete when you get home!



More copies can be obtained from Paul Taylor, 01363 774752, 34 High Street CREDITON.

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Email: jamieacton@hotmail.co.uk



Programme of events for early 2016

10am. -- 12.30pm.
in the Parish Hall
Newton St Cyres

- | | |
|------------------------|--|
| Friday 27th. February. | Club Morning -- " Still Life with fruit" bring your own material and fruit and make your painting traditional or modern. |
| Wednesday 30th. March. | A watercolour demonstration by local Dartmoor artist John Christian. |
| Wednesday 27th. April. | A. G. M. |
| Wednesday 26th. May. | Critique of members work by Jane Baker. |
| Wednesday 29th. June. | A pastel demonstration by wildlife artist Heather Irvine. |
| Wednesday 27h. July. | A watercolour demonstration by Mike McDonald, painting in the manner of F. J. Widgey using modern materials. |

Newton St Cyres toddler group

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Our family sessions are £2 a time and
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includes a drink and a snack.

We would love you to join us in
Newton St Cyres Village hall.



For further details contact:

Alissa Haward
01392 851591

alissacookie@yahoo.co.uk
or on our facebook page;
Newton Nappies

N S C Community Support Group

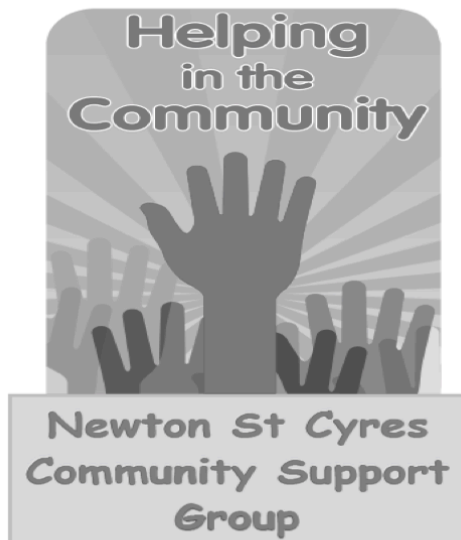
Dates for your 2016 Diary

Meetings have been arranged for the following dates and speakers are being booked. Please make a note that the meetings are held in the Clubroom of the Parish Hall starting at 10.30 am

Saturday 12th March

Saturday 14th May

Saturday 9th July



Devonshire leek and potato soup



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This substantial and warming soup makes good use of Devonshire leeks, potatoes, milk and cream.

For four generous portions you will need, 50 g butter, 500g potatoes, washed, but not peeled, and thickly sliced, 250g leeks, washed, sliced in half lengthways, and then cut across into small squares, 10 g medium oatmeal, ½ litre vegetable stock, and ½ litre whole milk, seasoning, double cream.

Method:

Melt the butter and add the sliced leeks stirring well. Allow to cook gently without colouring for 2 minutes, then add the sliced potatoes and the oatmeal. Add the stock and milk and bring to the boil. Simmer gently, stirring occasionally until the potatoes are soft. Season with salt and freshly ground pepper, and finish with a little double cream or a spoonful of clotted cream. Sprinkle with plenty of chopped parsley and serve with crusty bread. Chopped bacon can be added with the leeks, or flakes of skinned smoked haddock which has been cooked in the milk before it is added to the soup.

Paul Cleave

NEWTON RAMBLERS

Sunday 21st February

This month we will be following one of the walks from the Newton St Cyres Country Walks leaflet. It is a walk of about 5 1/2 miles and will take us mainly along footpaths through farmland with some walking along quiet roads. There are some good views along the way.

We will start from the Recreation Ground, going past Rewe Cross and passing through Shute, Efford, Pennicott and Shobrooke Mill, returning via Wyke Cross.

We will meet at 10 am on Sunday 21st February at the Recreation Ground in Newton St Cyres.

All are welcome. Any queries to Rosemary Chambers on 07538 026 931.

Please note that anyone joining this walk obviously does so at their own risk.



PARISH HALL

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SAT 6 FEB

Parish Hall

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A Message from the Beer Engine

Firstly we would like to wish everybody a very happy new year. Thanks for making our first Christmas a memorable one.

We had some fantastic evenings over the festive period, highlighted by the carol singers. It was lovely to see such a strong turnout from the village. Everybody joined in and on the whole managed to stay in tune!

A group of regulars had a weekend away in France supporting the Exeter Chiefs in the European cup. Judging by the look of them when they returned they clearly enjoyed themselves!

The Christmas beer went down a storm this year. It was a record 7.5% and it most certainly put a bit of colour in peoples cheeks. That will of course return in December. In the meantime however we have on our newest addition. "Luggage Porter" is on for the remainder of the winter. It's a dark stout like beer at 4.4%.

A special mention must be made to David Taylor. He managed to raise over £300 for charity by finally having his hair cut after a year of growing it. Thanks to everybody who donated and supported him.

We have amended our opening times for the kitchen on Sundays. During the winter we shall be serving food from 12-6.00. The kitchen shall be closed during Sunday evening. The pub will remain open as usual.

We will be holding a pub quiz on Sunday 21st February. The quiz will start at 7pm and food will be available. If you fancy coming down to take part in the quiz just ring the pub and book a table. Teams of a maximum of 6. £1 per player. We are hoping to get a good turn out from people in the village.

The Beer Engine

Brampford Primary Hits the Heights

Congratulations to Brampford Speke CoE Primary School for its excellent SATs 1 and 2 results in 2015. It became the county's top performing primary school by grades in the Daily Telegraph annual survey, 2nd in the South-West as a whole and 43rd in England out of 17,000 primary schools. This success driven by talented children and teachers and hard work says Mr George, headmaster.

Not so many years ago, the school was rated as average by the DfE. It was recently awarded excellent status by inspectors. The school aims for a rounded education and pupils excel in sport, music and arts but academic prowess seems to be a new forte for the school. Well done to all!

Kind regards,

Dr. Simon Lee



Picture by Margaret Tucker

PICTURED are the helpers on the Cake Stall at Newton St. Cyres Christmas Fair, which was well attended, with lots of buyers at all the stalls, refreshments were served in the side room, and did a lot of trade, Christopher Lee was chief Washer-Upper. Bill Pyle entertained throughout the afternoon, with Christmas music on his accordion.

The event has raised £856 for Church funds, thanks to all who supported this event and helped.

Local charity seeks 60 people to become Neighbourhood Friends in an attempt to make Credenhill the most neighbourly town.



Neighbourhood Friends, a project led by Exminster based charity Westbank Community Health & Care, is one of only eight projects across the country to receive government funding in a programme aiming to keep older people out of hospital this coming winter.

By mobilising an army of volunteers and good neighbours the charity aims to help people aged 75 and over to stay well, warm and connected to others in their community – and so reduce the need for them to go into hospital unnecessarily and helping them return home promptly after a spell in hospital.

People can get involved at a level to suit. Rapid Response Friends will respond when there is a task that needs doing quickly such as picking up emergency food items or feeding a pet while someone is in hospital. Welcome Home Friends will be there to settle people back in on their return from hospital, helping with practical tasks and alleviating anxiety. Wellbeing Friends will get involved when more long-term support is needed to help people achieve what they want to achieve – whether that's helping them with exercises or introducing them to social activities in their community.

Older people will be referred to the service by their GP or a member of a hospital discharge team.

To pledge your support and become a Neighbourhood Friend please contact Angie on 01363 774535 or email a.radford@westbankfriends.org

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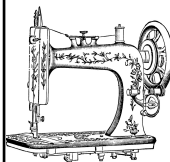
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Parish Flood Defence Arrangements

Recent serious flooding in North of England and in Scotland has reminded us of the power of water to destroy homes and livelihoods. As we all know the River Creedy runs across the centre of the Parish. It is fed by several streams running down from the surrounding hills. Some of these streams run through areas of housing or very close to houses. Chief among these are the Smallbrook, the Shutterbrook and the Sweetnam Brook. Normally these streams are small benign watercourses that add much to the attractiveness of the village and local countryside. However, as those who live close to these streams know, they can rapidly turn into torrents after prolonged and/or heavy rain. When this happens the streams have threatened homes and presented risk to life and limb particularly to the infirm and unwary. This includes pedestrians and motorists who try to drive through flood water. This is a particular risk when the Creedy overflows as it crosses Station Road.

In addition to the flooding threat from these watercourses persistent rain sometimes results in heavy run off of water from surrounding farmland that also contributes significantly to our difficulties.

Many will have clear memories of the autumn and winter of 2013/14 when parts of the parish were cut off for periods and a number of houses were either flooded or under serious threat of flooding.

Since that winter the Parish Council has responded to the concerns of residents and has reviewed local preparations and arrangements for flood defence. This is part of a local Contingency Planning initiative to ensure we have a local plan and arrangements to protect local people and to support emergency services whenever a critical incident occurs in the Parish.

The Parish now has an up to date Contingency Plan that sets out the key risks faced by the Parish from untoward incidents and details the arrangements that are in place to deal with them. A copy of this document is available either on the Parish website or from the Clerk to the Parish council.

As part of this Contingency Plan the Parish Council has established a local Flood Network. The network comprises local residents who have volunteered to work together to mitigate the risk of flooding in the Parish. The Flood Network has been meeting now for over a year. To date its work has involved:

1. The funding and setting up of three Flood Stores at strategic points in the Parish adjacent to key flood risk areas. The stores contain a variety of equipment and supplies that will be of use in the eventuality of flooding. This includes a supply of Aquasacs and plastic sheeting. We have purchased Aquasacs in preference to sand bags as sand bags take too long to fill given that local watercourses rise fast (and need two strong people to fill them). The Stores also have a supply of road signs and road lights in each.

2. Establishing a network of volunteer wardens in different parts of the Parish trained to liaise with emergency services and support neighbours when floods threaten. We now have a network of six wardens but definitely need more.
3. A local tipping rain gauge that signals warnings electronically to Flood Network members if pre-set rainfall thresholds are breached. This is set up.
4. Working with local homeowners and landowners to clear the banks of watercourses and obstructions and rubbish in the watercourses themselves. This has mostly been achieved but will need continuing vigilance
5. Working with the local authorities to identify and reduce flood risks. This involves working with Mid Devon Council and Devon County Council to address key flood risks along the Shutterbrook and the Smallbrook. Mid Devon has recently carried out separate surveys of the risks for each of these watercourses and we are in discussions with Mid Devon about the work that is required to address the main concerns identified.

If you would like to know more about our work or to become involved with us as a member of the flood Network please contact us. Being a member of the Network does not necessarily involve being a Flood Warden. We meet every two or three months depending on the amount of business.

Contacts	Roles	Email	Telephone
Graeme Barnell	Chair Flood Network	graeme.barnell@btinternet.com	01392851308 07564541572
Jock Campbell	Parish Resilience Planner	j.campbell-imm@ex.ac.uk	01392851127 07770940122
Adam Reeves	Parish Councillor (Resilience Lead)	adam.reeves@quickness.co.uk	01392 851150 07866 726267
Ian Pearman	Deputy Chair Flood Network	ian@ipearman.freemove.co.uk	01392851538 07850766989
Sarah Carter and Rob Beswick	Smallbrook Flood Defence Leads	sarecarter@hotmail.co.uk	07977768154 (Sarah) 07825223202 (Rob)
Phil Jenner	Shutterbrook Flood Defence Lead	phil Jenner@gmail.com	01392851237 07745735217

Community Speed Watch

A survey of parishioners in Newton St Cyres revealed that certain aspects of village life caused concern. One major worry was the speed of traffic through and in the village. With guidance from The Devon and Cornwall Police a Community Speed Watch group was formed. The group has been active now for several years at two sites in the village, on the Village Green monitoring traffic on the A377 and in Station Road. Some improvement has been seen and noticed by residents close to the A377 but the speed of traffic in Station Road is worrying, especially as the road is narrow, without pavements and is used by many pedestrians. Speeds in excess of 50 mph have been recorded at this location. It is difficult to see the reason to speed over a very short stretch of road, presumably to save a few seconds on a brief trip.

Some statistics on the activities of the Speed Watch Group are below.

COMMUNITY SPEEDWATCH IN NEWTON ST CYRES

LOCATION	YEAR	SPEED WATCH SESSIONS	TOTAL VEHICLES MONITORED	TOTAL SPEEDING OVER 35MPH	SPEED 35 – 39	SPEED 40 -49	SPEED 50 plus	% SPEEDING
A377	2010	30	8304	246	182	64	0	3.00%
	2011	32	9381	248	183	64	1	2.60%
	2012	28	8066	273	181	91	1	3.40%
	2013	22	5690	148	105	42	1	2.60%
	2014	30	7352	200	146	54	0	2.70%
	2015	18	3852	90	66	23	1	2.30%
STATION ROAD	2010	4	86	20	11	9	0	23%
	2011	6	107	24	12	11	1	22%
	2012	3	117	22	14	8	0	20%
	2013	8	231	51	23	25	3	22%
	2014	6	157	19	11	8	0	12%
	2015	4	93	23	11	10	2	25%

The Speed Watch group is always looking for volunteers, if you feel you can contribute to an even more pleasant community please contact Tom Clague on 851639 or tom@tclague.plus.com.

David Taylor of Court Orchard went for 12 months without a haircut in order to raise money for the Colostomy Society.



Photograph is of David presenting the cheque to Mr Ian Daniels FRCS, President of the Colostomy Society. David would like to thank all those who supported him particularly those regulars at the Beer Engine who contributed so much for the privilege of cutting handfuls of hair off on the 8th March. Now it feels very cold.

Hanlons Brewery wins Prestigious National Award

Only 20 months after taking over the business, Hanlons Brewery is now happily established in its new location in Half Moon Village, near Exeter. The business has grown from strength to strength and is seen as one of the leading West Country Breweries.

In 2014 Hanlons Port Stout received a Gold Award from Campaign for Real Ale (CAMRA) South West and was subsequently asked to be a guest beer at this year's Great British Beer Festival held in Olympia in August 2015. The Champion Beer of Britain is an award presented by CAMRA at this festival which is held annually.

We are delighted to announce that Hanlons Port Stout won a much coveted Bronze medal in the Specialist Category. This award, one of only 16, was judged by a panel of experts in a blind tasting from over 900 entries across Britain. Hanlons Brewery was the only West Country brewery to win.

Jim Bungard, Director, said 'We have known for a long time that our Port Stout is something very special, this prestigious award is the icing on the cake, and a real tribute to the team at Hanlons.'

Dan Taylor, Director, added, 'This is one of the most sought after awards in the British beer industry and we are delighted that Port Stout has won in the Specialty category.'

Port Stout has an ABV of 4.8% and has been described as the perfect winter night warmer- it has hints of coffee, chocolate and port.

Port Stout can be tasted in local pubs in the Devon area and can also be bought in bottles from Hanlons' onsite shop, local retailers including Quickest Farm Shop, Darts Farm, Kenniford Farm Shop, Greendale and also local Waitrose stores.



Picture - Brewery owners, Dan Taylor (L) and Jim Bungard (R)



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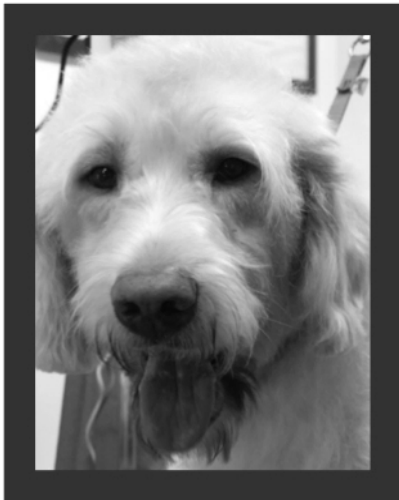
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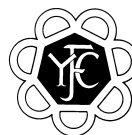
Friends of Upton Pyne – helping to maintain our village church and grounds.

Newton St Cyres Young Farmers

Haldon Young Farmers Ballroom Success

Charity Number: 271102

Ten members from Haldon Young Farmers are celebrating after winning the County Finals of Ballroom Dancing. The members beat off competition from six other teams in the competition held at Ashill Village Hall on Friday 4th December.



The dance team, consisting of Dan Grist, Katie Grist, Laura Grist, Ben Rowe, Matt Hurrell, Bryony Berry, Georgina Davie, Edward Quick and Alice Giles, were joined by youngest of the members Zoe Burrow who choreographed the routine after teaching herself ballroom.

With a 'Tomorrows World' theme, the dance group performed a lively and entertaining show dance including Quick Step, Waltz, Jive and Paso Doble.

The dancing competition aimed to teach members the skills of ballroom dancing, confidence, teamwork, decision making and choreography. Points were awarded for a range of different techniques and skills, and Haldon Group were placed 1st, 25 points ahead of the second team.

The dance group will be heading to Weymouth in March 2016 to represent Devon in the South West Area finals of Ballroom Dancing.



Members from Cheriton & Tedburn, Bow, Newton St Cyres and Kenn Valley Young Farmers Clubs

Mary Quicke Receives Lifetime Achievement Award

Devonshire Cheesemaker Collects Distinguished Title at World Cheese Awards 2015

Devonshire Cheesemaker, Mary Quicke, has received the award for 'Exceptional Contribution to Cheese' at the World Cheese Awards 2015. The Quicke's owner collected her well-deserved prize at the World Cheese Awards dinner, which took place last night at Birmingham's NEC.

With a lifetime dedicated to creating superior cheeses, the prize could not have gone to a more worthy candidate. Mary Quicke's passion for her dairy herd and artisan cheesemaking methods make her a leading authority on traditional cheese production. In 2005, Mary received an MBE for her contribution to farming and cheesemaking. A truly extraordinary character, Mary's talents stretch beyond traditional cheese and buttermaking. She is regular surfer, has a degree in English Literature, and each month, she shares her experiences of farm life in her award-winning 'Quicke Off The Mark' column for Devon Life magazine. Mary applies her cheese expertise by judging at a number of prestigious cheese competitions.



Mary Quicke and her Dairy Herd

Quicke's cheeses are testament to Mary's contribution to the industry. Whilst being renowned for creating artisan cheeses using methods that date back generations, the brand is also famed for its pioneering streak. Quicke's produces eleven varieties of traditional clothbound cheeses, which frequently receive awards for their exceptional taste and quality. Proving their consistency and furthering the celebration – Quicke's received two gold medals and one bronze medal at this year's World Cheese Awards.

Mary Quicke commented: *"Exceptional Contribution to Cheese – wow! I am absolutely overjoyed; it is a real achievement to receive such an award! When you love what you do it never feels like work, and cheesemaking at Home Farm is what makes me tick. I am inextricably linked to the land and our herd; and creating beautiful cheeses is my passion. I hope to dedicate a further lifetime to cheese!"*

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Newton St Cyres History Group

Our thanks go to Nick Baker for coming to speak to us on the evening of Wednesday, 18th November, about Upton Pyne village. Nick knows Cowley, Turlake and Upton Pyne very well and has done a great deal of research over the years into the history of the area. He was able to tell us many anecdotes and stories about the village, based on slides of the places, the census returns, maps and postcards.

He began with Donne's 1760 map of Devon, which clearly shows that there was then no road along the Exe Valley from Exeter to Stoke Canon, only along the ridge via Stoke Hill. Neither was there a road between Brampford Speke and Upton Pyne. Doubtless you could walk between the villages, but it would have not been easy. The later road was built in the C19th, and during question time Nick speculated that it could have been made with spoil from the manganese mines.



Because many inhabitants of Upton Pyne were miners, Nick was able to show from the 1881 tithe map how this affected the lay out of the village. In Brampford Speke, the cottages have the traditional long strip to the rear where they could grow vegetables and keep a pig. In Upton Pyne they have no such land because the cottages were built for miners. However, they were given strips of land and their allotments can clearly be seen on the map, hedged in amongst the fields, half way between the two villages.

The maps also showed where the new rectory was built circa 1800. The old rectory near Quarry Pit must have been demolished and became farm land, but the old walled garden was still visible on the old maps. The new rectory was apparently built using a pre bought set of plans, and it has an old wing which was in less good repair at one time. Nick illustrated the story of the invalid daughter of the popular Reverend Gilbert in the C19th. A windowed balcony room was built for her above the porch so that she could sit to see the view and have some air, with a bell operated by a system of pulleys so she could call for assistance. Both are now gone but the marks on the building remain. The Reverend himself was involved with the local reformatory for boys, near the river, in which he sadly drowned when he travelled to visit there. A local carpenter, William Vickery, made a pair of oak chairs in his memory and they have been in the church ever since. His great-granddaughter has recently paid for new cushions and brass plaques in his memory.

In the old wing of the rectory and in the original service area is an old metal range with 'J E Winson Upton Pyne' embossed on the metal. He was a local blacksmith who grew up in Rewe where his father was also a blacksmith. It was customary for such cast iron stoves to be made in large foundries, in this case in Exeter, and then the local blacksmith, who would assemble and install them, would have his name cast on to one section.

The cottages by the church had been 'poor houses' in the C19th, but it seems that they were probably originally built in the 14th century as cottages for the masons who built the church. Villagers then were responsible for housing the expert builders who would spend 3 or 4 years building a church and then move on to their next job. One of the cottages became a Working Mens' Club and library. What was once the Horse and Groom pub, just next to the cottages, looks like a 1930s house now, but is another old building which has been encased in a modern exterior.

The church itself has needed a great deal of repair work in recent years, and the village has raised the money to repair the tower (over £1 million) and the stained glass windows (£600 each). Now the roof is being done, especially the dangerous gable ends, and so the church is temporarily closed. A brick arch has been noticed at ground level, and though there is no record of a crypt there it may be one, or there may even be a mine adit below the building. In the church is an oil painting of 'The Last Supper' by Jean Jouvenet (1644-1717), brought from Italy in 1710 by Hugh Stafford of Pynes House and presented to the church. The original work is lost, and there was some excitement when a visitor who happened to work at the National Gallery saw the picture, and thought it might be the original. In fact it is a copy made in the studio of Jouvenet, but it has been restored and is still of interest.

Pearce's Farm is very old, and has an Elizabethan window in one of the outbuildings. Another one has been conserved by the museum after it was removed. Robins Cottage was once a row of three cottages, and originally a farm as well. Bidwell Barton is another very old set of buildings, although it is in fact in Newton St Cyres parish and not Upton Pyne, the nearest village.

Nick's talk ended with informal questions and contributions from the audience; it is always interesting to hear from people with such detailed local knowledge.

Meetings will be held on a WEDNESDAY evening

7.30pm in the Village Hall Club Room.

We have no special membership and everyone is welcome.
There is a small charge of £2 which includes tea and biscuits.

For further information contact Jean 851337 Isobel 851351

2016

Feb	17	Lynda Pearce	Animals in War
March	16 th	Isobel Hepworth and Jean Wilkins	Some history of two properties – Hayne and Coldharbour
April	20 th	Simon Dell who is an excellent speaker and expoliceman will speak on	"Murders in Devon"

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email : jackieenright12@gmail.com.

All proceeds will go towards
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FEBRUARY ON THE FARM

When I was a child, it felt like we always had two good weeks of frost in February. That desiccates diseased leaves, so plants are healthier. The soil structure gets shattered with the frost, giving lovely friable tilth. And the slugs and slug eggs, bugs and bug eggs freeze, the weakest wild creatures starve, giving a clean start to the Spring.

Recently, we've had a warm run of Februaries – slugs, bugs, the weakest young and molds all survive, giving more mouths for our crops to feed. So we are looking forward to some promised cold weather. No doubt we'll complain when it's here.

The warm mid-winter kept everything growing. The pastures kept the luminous green of active growth. My damson tree flowered. The bumble bees kept buzzing. It feels like all that growth is over-hopeful, skipping unwarily into the jaws of the frost that must surely come, a ravening wolf from the Arctic behind the wandering jet stream. And the later the frost, the shorter the cold time, as the lengthening days coax warmth back into the soil and water.

CROPS – The new life promised in the warm winter may get singed by cold, and it will recover. The wheat and barley are hardy troopers, frost resistant until they flower. The oilseed rape may put out a flower or two, and those flowers are so sweet they can stand a little frost. As the soil warms up, their roots will go foraging for nutrients to feed the growth in readiness for spring. Waterlogged soil cramps the roots, so we'll see if our soil care was sufficient to keep the roots healthy from the wet of last month.

GRASS – The grass, with all its established roots and more robust soil structure, grows as soon as we are free of frost. The grass grew so actively through the winter, it'll be interesting to see how it comes through. Actively growing grass will resist the frost, and we want it to leap into action, to feed the freshly calved cows.

COWS – The Spring cows are popping – first slowly, a few early birds, producing little calves that we nurse along. By



the middle of the month, there are calves everywhere, the farm suddenly full of that distinctive 'blart' of a calf making its feelings known. Our little crossbreed cows calve easily, and the calves are vigorous. The new Jersey cross-breds in particular are bursting with life and vigour. It's so satisfying to see a calf hit the ground, given a lick from its wondering dam, take that first breath (I notice myself holding mine till it does), then marshalling its unwieldy legs, teeters itself upright, then nudges its way around till it finds what? Aaaaaah, suck, slurp, that's what's I'm looking for. Then no more than twenty four hours together, to avoid a too-sad detachment, and calves go to join their herd-mates, little subdued creature, within a day skipping and bonded. The cows go to join their herd, again bruised then a welcome recovery, within earshot of their young.

Those first milking's are tough. Like people, their udders fill up with 'nature', that sore firmness that sets the milk flow off. There you are, battered and bruised by calving, missing your calf, sore and swelling udders and someone puts a milking machine on you. The older cows have seen it all and know the relief that milking brings. The first-time heifers can't know, and it takes a little while to gain their trust (lack of trust expressed by some sharp little kicks, painful if you are in the way. And by the third milking, they too learn to love it. In French, the milking parlour is the 'salle de traite', the treatment room, a place of relief and quiet intimacy.

Then there is the magic day when the cows go out to grass. They skip, buck, charge and butt each other in delight, then settle down to the serious business of harvesting the delicious leaves.

CHEESE - In the cheese dairy, we watch to see how the milk is, and immediately that next milking after the ladies go out, the flavour and aroma changes, taking on notes reminiscent of a cow's breath: warm, animally and utterly gorgeous.

Now the work start as at first a handful of fresh calved cows' milk comes in, then a torrent. We finish off the jobs of the quieter time, cleaning and repairing racks, in readiness for the labours to come over the next few months.

Permissive footpaths closed Tuesday 9th February.

As every year, we close the permissive footpaths on the Quicke Estate for one day, normally the second Tuesday in February. Normal footpaths are unaffected. Look on www.quickes.co.uk for a printable map of the footpaths, maps are available in our shop and kitchen.

Why not stroll through the Arboretum, along the Church Path, crossing with care at the bus stop, and visit the Farm Shop (open 7 days) and Kitchen (open Wednesdays to Sundays).

This month's recipe is on the next page

RECIPE – Nick's French Onion Soup with Quickest cheesy crouton

Nick is our star chef in the Kitchen. On the cold days, I've enjoyed his gorgeous soups, and I found this one particularly luscious, with long cooking time giving it an unctuous quality that perfectly marries with the rich cheese-encrusted crouton.

1.5kl Brown Onions
finely sliced
50 gm Unsalted butter
2tbs Olive Oil
50 gm caster sugar
250 cl White wine
100 cl Sweet Sherry
500 cl Beef Stock
Fresh ground Black pepper
Salt

Finely slice the onions, heat the oil and butter in a large pan or casserole, add the onions and stir until just catching and starting to brown. Turn heat right down, add sugar and gently cook for 30 mins until the onions are well caramelised, stir every now and then. Add wine, sherry and seasoning, bring to boil and then gently simmer for another 30-45 mins. The resulting soup should not be too watery and have taken on a deep brown colour. Reduce by more if necessary and adjust seasoning to taste. At this stage I have sometimes added a shot of Balsamic vinegar, a bit Off Piste, but adds to the depth. Worcestershire sauce achieves the same.

For the crouton, cut a large round from a slice of your favourite bread, bake until dry, cover with finest QUICK'S cheese and bake again until the cheese is just melted, serve floating on top of the bowl of soup.



Mary Quicke



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Monthly Gardening notes for February from Bert Jewell

My journey so far has focused on life while I was at Primary school. I know that I should be moving on, but there is one more tale to tell before I head off to Secondary school.

The school had a new teacher while I was in my last year. She was called Ann and her husband was Frank. He drove a small car, I forget what make. I met him by accident, well, not quite. Sometimes during the school holidays two of us would fetch the water and we had found an old car tyre thrown into a gully. We would roll the tyre down the hill, it would normally veer off the road or stop when it reached the bend. We would then roll it back up the hill and hide it in the bushes beside the road ready for next time.

This particular day, we watched as the tyre hurtled down the hill, and were excited by the way it was keeping to the middle of the road. When it was halfway down the hill, we saw a small car come around the bend at the bottom. The car stopped, the driver was looking up the hill at this out of control tyre hurtling towards him. Luck was on our side, the tyre passed his car by a whisker. Frank got out of his car, told us who he was and gave us a good telling off.

Also during that school holiday, my father had an argument with a lady from the village as she pushed her bicycle past our house. On returning to school after the holidays, the lady's son picked a fight with me because of what my father had called his mother.

Both of us had to stay in during break time and do writing, not a good start at her new school.

She soon settled in to village life and got on well with the children. There were four of us in our last year at Primary school, but before we left she took us on a day trip to London by train, to see the underground and visit Madame Tussauds. It was a good day out and we had to write about it when back in school.

Now lets see what to write about in the :-

Vegetable garden

The heavy rain during the early weeks of January has left the soil waterlogged, not just in the veg patch, but all over the garden. If your garden is well drained you could plant your Shallots at the end of the month. Trim off any old shrivelled up leaves with a pair of scissors before you plant them, if left, they look like worms and the birds will pull them up. Take out a small hole with a trowel and plant the shallot so that the top is just below the surface. If you push them in, you can compact the soil and the roots may lift the bulb out as they develop.

Flower garden

Its time to start cleaning up the flower beds and borders ready to enjoy the Spring Bulbs and the early flowering Perennials. Wait until the end of the month before you

cut down the old stems of Ornamental grasses and the old flower stems from Perennials, other than Penstemon, Sedum and Ceratostigma (Hardy Plumbago), these are best cut down the end of March / early April.

We have enjoyed watching the Gold Finches over the winter months eating the seeds from these old stems, especially the Eryngium.

Lawns

Most of the lawns that I've seen are in need of cutting, but try not to get too impatient, wait until things dry out a bit, and then cut it with the mower deck raised to its highest position. A scalped lawn at this time of year will encourage weeds and moss to get established.

Trees, Shrubs and Climbers

I love this time of year. To see the leaves and flower buds developing, waiting for the first leaf to unfurl, or the first flower to appear on bare stems. Spring is just around the corner, but before it comes we need to prune the large flowered hybrid Clematis.

1. The type that flowers in early summer and then again in late summer, just need to be lightly pruned. Cut out any dead bits and wayward growth that can't be tied in.
2. The type that starts flowering in June and keeps flowering until September, can be pruned back to a nice fat bud, 2' to 3' from the ground. This will encourage strong growth from the base and keep the flowers down where they can be seen.

Fruit

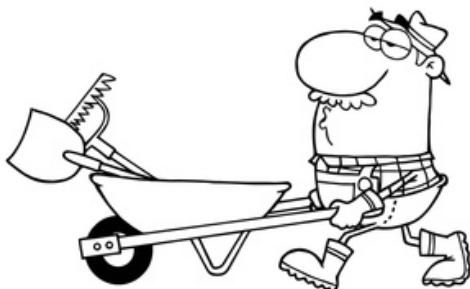
The pruning of Apple and Pear trees should be finished by now, but don't worry if you haven't, so long as its done by the end of February.

Another job this month is to prune the Autumn Raspberries. Cut all the canes down to about an inch above ground.

Plant of the month

"Hellebores"

Probably better known as the "Christmas Rose" or "Lenten Rose".
Ranges in colour from purple to green to yellowy cream, sometimes speckled.
The flowers of some are not tall enough to be seen above the foliage, so cut off some older leaves at ground level. Mulch with garden compost after flowering and watch for slugs in Spring. Grows best in partial shade.



Enjoy your gardening



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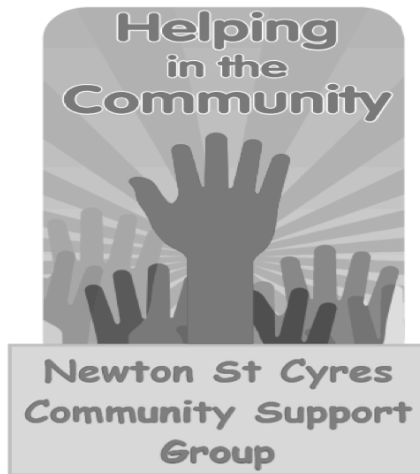
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- ⇒ Listening/companionship/reading
- ⇒ Lifts to and from shops/medical appointments
- ⇒ Collection of groceries/collection and return of library books
- ⇒ Gardening / DIY / watering plants / small household chores
- ⇒ Assistance with reading meters
- ⇒ Cooking e.g. plated meals
- ⇒ Practical help including form completion, letter writing etc.

So what can we help you with?

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	1		3			7		4
		8		7			3	6
	8		1		6			3
3		9				1		8
1			8		5		2	
8	4			1		6		
9		6			7		1	
	7	1						

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Quiet Day on Ash Wednesday 10th February led by Bishop Richard Hawkins. A day to soak up the silence (chapel, library and grounds) interspersed with 4 addresses by the speaker. £20.

Labyrinth Taster Day on Monday 4th April led by Rev Maureen Douglas. Sheldon's replica Chartres labyrinth provides a beautiful and ancient tool for walking prayer, helping to quiet and focus the mind and open the heart. £35.

Fun with Words on Wednesday 6th April led by Dr Richard Skinner. For novice writers and experienced ones who want to expand their repertoire for writing as a spiritual resource but without taking it too seriously. £35.

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Oooh Yum

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Counselling and Christianity

I've been reading a book. I saw it and thought immediately that it had some of me in it. It's called "How to be a bad Christian ...and a better human being" by Dave Tomlinson. He's a Vicar who founded Holy Joe's, a church for disaffected Christians, in a pub in Clapham. It has a Bishop's recommendation on the back, so it can't be completely beyond the pale. If you, like me, sometimes struggle with the more dogmatic aspects of church and churches, why not read it.

As some of you know, I have been training to be a counsellor (therapist) for the last two and a bit years. I am currently working for Counselling for Carers, but, once qualified, I have a dream of setting up a counselling service in our Mission Community. I am also keen to share some of what I have learnt.

The connection between these two paragraphs is that I was surprised how much of the Tomlinson book would not have been out of place in a book on humanistic counselling. It encourages people to look within themselves to find their own way. It teaches mindfulness and living in the here and now. It advocates unconditional positive regard for all people whatever their religious faith (or lack of it), gender or sexuality. Not surprisingly, it focuses on the central Christian teaching of having compassion for others and ourselves. These are all important aspects of counselling practice.

One surprising thing I learnt from the book is that metanoia is the Greek word in the New Testament which is often translated into English as "repentance", but its actual meaning is "to see more widely". Looked at in that way, the Biblical call to "Repent" might be thought of as an

invitation to step back and look more carefully at the realities of our lives and relationships. Interestingly, the term “Metanoia” is used by some schools of counselling to mean the profound change of heart which is sometimes the outcome of therapy. So maybe we counsellors have something in common with fire and brimstone preachers: we are all encouraging our clients to repent!

I think not. For one thing: counsellors encourage, whereas some preachers tell. For another: counsellors should be humble enough, and respectful enough, to allow the client to find their own way. I’m not sure about the fire and brimstone preachers – but this humility is also a quality I have observed in the priests I have respected most.

Royston Kershaw

Churchwarden Thorverton

LENT TABLE TALK

This year, during Lent, there will be a series of five “Table Talk” sessions to which everyone in the Mission Community is invited.

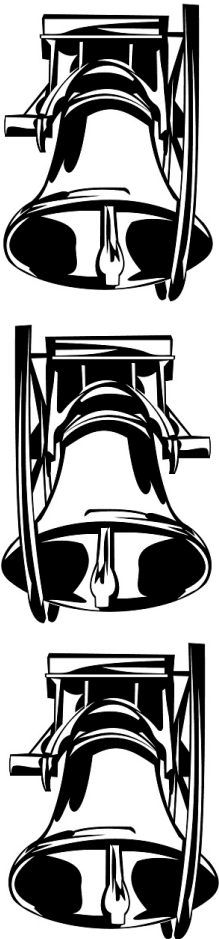
These will be stand alone events that you can turn up to whenever you can and for as long as you want to. Attend just one session, all of them, or as many as you like.

The sessions will be very informal and are intended to bring people together in a warm, supportive and relaxing environment to discuss topical issues and to stimulate conversation there will be “Table Talk” cards available.

At each session there will be refreshments available and the dates and times are as follows:

- Wednesday 17 February 7:00 pm Bridge Centre, Stoke Canon
- Wednesday 24 February 7:00 pm Bridge Centre, Stoke Canon
- Wednesday 2 March 7:00 pm Memorial Hall, Thorverton
- Wednesday 9 March 7:00 pm Bridge Centre, Stoke Canon
- Wednesday 16 March 7:00 pm Bridge Centre, Stoke Canon

We hope that you will be able to find a little time to come and join us one evening.



Services in the Netherexe Parishes

Your parish churches aim to provide a variety of service types to meet the needs of the whole community. Most Sunday services except those early in the morning include hymns and music. Everyone is welcome at all services

Service With A Smile ☺ These services are designed for all ages and with the needs of young children especially in mind. They are informal and contemporary in style often including a children's activity at the beginning; without communion and are led by lay teams. Services usually last about 35 minutes and are followed by refreshments

Family Service Family services are suitable for all ages, may be with or without Holy Communion, are contemporary in style and are often followed by refreshments

Holy Communion [C] Traditional service in contemporary language [one hour]

Holy Communion [BCP] Traditional service in traditional language [one hour]

Morning Prayer [BCP] Traditional Morning Service [Mattins] from the Book of Common Prayer [about an hour]

Evening Prayer [BCP] Traditional Evening Service from the Book of Common Prayer [about an hour]

Common Worship [CW] Common Worship Service

Daily Morning & Evening Prayer in the Netherexe Parishes

For daily services the format is generally Book of Common Prayer at Thorverton and Common Worship elsewhere, and the timing is about 20-30 minutes. All are welcome.

Morning Prayer is said on Mondays at 9.10pm in Stoke Canon church (during the school term, this takes the form of Collective Worship for Stoke Canon C. of E. School); on Tuesdays at 9.15am in Stoke Canon Chapel

Evening Prayer is said on Thursdays at 5.00pm in Newton St Cyres church.

Variations: None

Who's Who? Abbreviations Key

	Vacancy	Rector	
SS	Revd Preb Sue Sheppard sue.sheppard@netherexe.org	Associate Minister	01392 861022
LF	Mrs Laura Ford aura.ford@netherexe.org	Reader	01392 841753 I
TBC	To be confirmed		

Associate Ministers

MSS Revds.' Michael & Sharon Simpson

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For more information about the Netherexe Parishes please see www.netherexe.org or contact:

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Tel: 07594 714590 - Tuesday & Thursday [08:30 – 16:30]

Email: margaret.admin@netherexe.org

Correspondence: The Netherexe Parishes, PO Box 734, Stoke Canon, Exeter, EX5 4WP.

Would you like a lift to church? May we offer you a lift to the parish church or to a joint service elsewhere?

For transport to Sunday services from locations in Thorverton parish, please ring Steve Rendell on 01392 860780.

For transport from Rewe parish please contact Guy Sheppard on 01392 861022

Newton St Cyres Parish Church Rotas February 2016

Week Ending	Flowers	Cleaning	Brass
February 7 th	S. Munday	R. Dowle	J. Ward
14 th	M. Walters	S. Browne	J. Furniss
21 st		-	
28 th	A. Ward	P. Burt	L. Shrimpton

Sidespersons

February 7 th	9.30 a.m. Family Service Lay-led	C. Lee	O. Cheriton
14 th	5.00 p.m. Evening service (LF)	P. Burt	J. Holt
21 st	-	-	-
28 th	9.30 a.m. Holy Communion	W. Hough	T. Hough

FEBRUARY 2016 SERVICES & INFORMATION

The Netherexe Parishes - A Mission Community in the Diocese of Exeter

Sunday 7 February 2016 Sunday before Lent

09:30 am	Family Service		Newton St Cyres	Lay Led
09:30 am	Holy Communion	[C]	Thorverton	D Francis
10:00 am	Service with a Smile	☺	Brampford Speke	LF
10:00 am	Service of the Word		Cadbury	Lay Led
10:00 am	Service of the Word		Stoke Canon	Lay Led
11:15 am	Coffee, Cake & Company		Rewe	
05:30 pm	Holy Communion	[C]	Poltimore	MSS

Wednesday 10 February 2016 Ash Wednesday

7:30 pm	Holy Communion	[C]	Newton St Cyres	MSS
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Sunday 14 February 2016 Lent 1

09:30 am	Sunday Service		Brampford Speke Baptist Chapel	BOF
09:30 am	Holy Communion	[C]	Huxham	HW
09:30 am	Open Church		Thorverton - -	
10:00 am	Informal Gathering		Stoke Canon	
11:15 am	Service of the Word		Rewe	LF
05:00 pm	Evening Prayer	[CW]	Newton St Cyres	LF

Sunday 21 February 2016 Lent 2

08:30 am	Holy Communion	[C]	Brampford Speke	A Geering
09:30 am	Open church followed by		Thorverton	
10:00 am	Family Service		Thorverton	Lay Led
10:00 am	Holy Communion	[C]	Cadbury	SS
10:00 am	Service of the Word		Poltimore	Lay Led
11:15 am	Coffee, Cake & Company		Rewe	
05:00 pm	Holy Communion	[C]	Stoke Canon	MSS

Sunday 28 February 2016 Lent 3

09:30 am	Sunday Service		Brampford Speke Baptist Chapel	BOF
09:30 am	Holy Communion	[C]	Newton St Cyres	MSS
10:00 am	Messy Church		Stoke Canon	Lay Led
11:00 am	Joint Service		Thorverton Baptist Church	BOF
			Joint with Parish Church	
11:15 am	Holy Communion	[C]	Rewe	HW
05:00 pm	Taizé Service		Cadbury	Lay Led
			Joint with Thorverton	
05:30 am	Evening Prayer	[BCP]	Huxham	D Gunn-Johnson

Sunday 6 March 2016 Sunday Lent 4 & Mothering Sunday

09:30 am	Family Service		Newton St Cyres	Lay Led
09:30 am	Family Service & Holy Communion	[C]	Huxham	M Hall
09:30 am	Open Church followed by		Thorverton	
10:00 am	Family Service		Thorverton	Lay Led
			Joint with Baptist Church	
10:00 am	Service with a Smile	☺	Brampford Speke	LF
10:00 am	Service of the Word & Baptism		Cadbury	B Dugmore
10:00 am	Service of the Word		Poltimore	Lay Led
10:00 am	Service of the Word		Stoke Canon	Lay Led
11:15 am	Service of the Word		Rewe	Lay Led

WHO'S WHO IN THE VILLAGE

Priest-in-Charge	Vacancy	01392 860 332
Church Wardens	Sue Browne, 1 Glebeland Villas	01392 851460
PCC Hon Secretary	Pita Burt pitaburt@gmail.com	01392 851410
PCC Hon Treasurer	Clive Lawrence, Elm Cottage, Pump Street	01392 851 406
Electoral Roll Officer	Jen Holt, 21 Woodlands	01392 851 521
Tower Captain	Mary Quicke -mary@quickes.co.uk	07729 844 945
<u>DOCTORS (Crediton)</u>	Newcombes Surgery, - Drs Hall, Saunders, & Harris	01363 772 263
	Chiddenbrook Surgery - Drs Twomey, Murphy, Braddock & Kirwan.	01363 772 227
<u>NEWTON WONDER MAGAZINE</u>	Editor – Peter Hawksley Email: editor@newtonwonder.net	01392 851 269
<u>PARISH COUNCIL</u>	Chairman - David Baker Clerk - Jane Hole	01392 851752 01392 851148
<u>PARISH HALL</u>	Chairman - Roger Wilkins, Coldharbour, Sand Down Lane Booking Sect - Mary Long, Email: maryglong@btinternet.com Caretaker - Chris Barlow	01392 851337 01392 851 624 01392 851125
<u>PRIMARY SCHOOL</u>	Head of Teaching – Glynis Harris Senior Administrator - Madeleine Tucker Administrator - Maxine Bone	01392 851 267 01392 851 267
Newton Nippers	Helen Grigg (or contact the school)	01392 851 522
Newton Nappies	Alissa Haward	01392 851591
<u>RECREATION CLUB</u>	Chairman - Tony Lewis, 80 Wrefords Lane, Exeter Booking Secretary - Mrs Wendy Lewis, 80 Wrefords Lane, Exeter	01392 432 287 01392 432 287
Art Group	Debbie Allerton	01392 462655
Neighbourhood Watch	Jacqui Ward jacquiward30@yahoo.co.uk	01392 851918

Newton Revels	Jim Enright, Chairman	01392 851859
Cancer Research UK	Jean Wilkins, Coldharbour, Sand Down Lane	01392 851 337
Cricket Club	David Vallance, Manesty, Sand Down La	01392 851 266
Community Policeman	PCSO Lisa Crocker, Crediton	Dial 101
District Councillor	Peter Hare-Scott	01363 776 409
County Councillor	Margaret Squires	01363 84337
Local MP	Mel Stride Em: mel.stride.mp@parliament.uk	01392 823 306
Football Club	Mark Smaldon	07733 455 177
Friends of NSC Station	Chris Southcott	01392 851 569
Luncheon Club	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851 460
Newton Ramblers	Rosemary Chambers	01392 851 400
Tennis Club Secretary	Laura Leigh	01647 24259
Twinning	Lorraine Mitchell	01392 851596
Upton Pyne PC	Jacqui Ward	clerkuppc@yahoo.co.uk
Young Farmers	Millie Murphy	07955 686719
Archery	Alison Couling	01392 841 282
Gardening Club	Jane Timlett	01392 851361
Honky Tonks Line Danc-ing	Paula Benford	01392 210 830
History Group	Jean Wilkins	01392 851 337
Table Tennis	Roger Wilkins	01392 851 337
Youth Club		
Friends of the Arboretum	Roger Wilkins	01392 851337
Saturday Market – 4th Saturday of the month	Ann Pearce-Mariner	01392 668603
Community Support Group	Please ring one of the numbers and your requests will be dealt with.	07749 813244 07749 813233
Crediton Citizen's Advice Bureau	Adviceline (10.30am - 3.30pm) Crediton Office (Please leave message requesting ring back)	03444 111 444 01363 776210