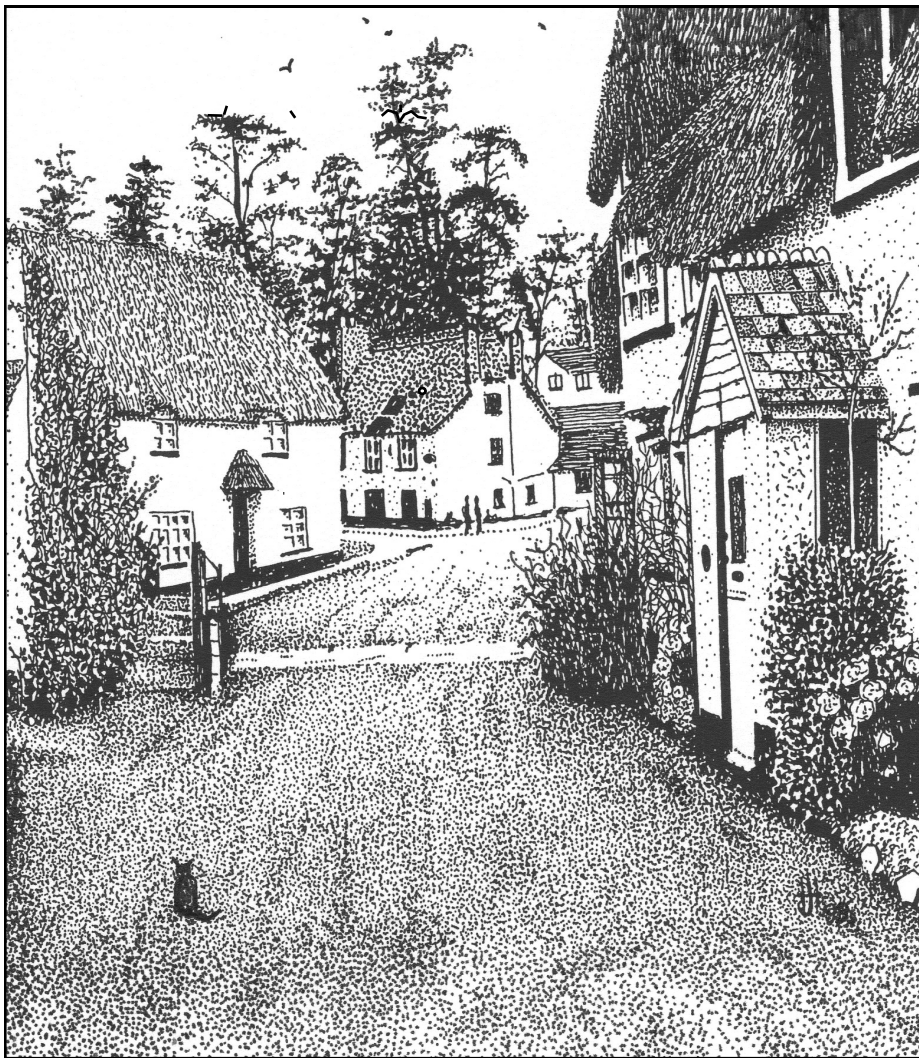


NEWTON WONDER



50p

July 2013

The **NEWTON WONDER** team consists of Peter Hawksley, Daphne Clague Richard Nicholls, Gerry Radford and Anne Rice.

ARTICLES FOR PUBLICATION : Please e-mail to Peter Hawksley, Editor, (newtonwonder@btinternet.com) Tel: 851 269

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ADVERTISEMENTS : Please e-mail to Richard Nicholls (richardnicholls42@hotmail.com) Tel: 851 877

Please include your Business Name, Address, Ad-Size required and Number of Insertions.

Payment is required in advance. Cheques should be made payable to NEWTON WONDER and sent to Richard Nicholls, Landown, Sand Down Lane, Newton St. Cyres, EX5 5DE.

ALL ITEMS FOR PUBLICATION MUST ARRIVE BY THE **15th** OF THE MONTH.

These may be left at the Post Office-Village Store if e-mail is not available.

PLEASE NOTE that we aim to distribute the NEWTON WONDER by the month end but this cannot be guaranteed. We therefore recommend that events taking place early in the month be advertised the month prior.

LOCAL VILLAGE EVENTS WILL BE MENTIONED FREE OF CHARGE

The **NEWTON WONDER** is delivered to local households and businesses at an annual charge of £5.

Additional copies may be purchased from the Post Office-Village Store.

Advertising Rates for the NEWTON WONDER

	1 year
Small (credit-cardish size)	£30.00
Quarter Page	£60.00
Half Page	£100.00
Full Page	£200.00

The editorial team of the NEWTON WONDER does not necessarily agree with the views of contributors contained in their published articles. This is a community magazine and it is our policy to print reports, articles and submissions that might be of interest to the community - provided that we have sufficient space to do so and they are not libellous in content.

A WEEK IN THE PARISH HALL

Mondays (except Bank Holidays)	BINGO	Eyes Down at 7.45 pm	Meat Bingo; Raffles; Snowball
First Monday of Month	PARISH COUNCIL	7.30 - 10.00 pm Club Room	All are welcome
Tuesdays	GENTLE KEEP FIT	9.45 - 10.45 am	Call Jane on 366413 £3.50 per session
Tuesdays	LINE DANCING	7.15 - 10.00 pm	Paula Benford Tel 01392 210 830
Tuesday (Fortnightly)	YOUNG FARMERS" CLUB	8.00 - 10.00 pm	Jon Lee Tel: 01363 772567 Mobile: 07891102268
Last Wednesday of Month	ART GROUP	6.45 - 10.00 pm	In the Club Room
Wednesdays	MOTHER & TODDLER GROUP	9.30 - 11.30 am	Call Hollie Lewis Tel 01392 851 169
Wednesdays Fortnightly	YOUTH CLUB	7.00 - 10.00 pm	Pat Finch, Tel: 851478
Usually 2nd Thurs. of each month	EXE VALLEY BIRD CLUB	Viewing from 6.30 Sale at 8.00 pm	Membership available at door
3rd Thursday of Month	HISTORY GROUP	7.30 - 10.00 pm	Jean Wilkins Tel: 851 337
Last Thursday of Month	GARDENING CLUB	7.30 - 9.30 PM	Call Gail Meldrum Tel 01392 851 377
Fridays	MARTIAL ARTS	6.00 - 7.00 pm	Freephone 0800 0015 853
Fridays	TABLE TENNIS	7.15 - 9.45 pm	Just turn up - £2 per session (£1 children)
Usually 4th Saturday of each month	MINI MARKET	10.30—12.00 pm	Table bookings: Pat Butt: 861 131

The NEWTON WONDER is delivered within the Parish at a charge of only £5 per year. Please contact Gerry Radford on

01392 851 504 or

e-mail paul.radford3@btinternet.com

If you move away it can be posted for an additional £5 pa.

Musing

Sitting wondering where to start this edition of the Newton Wonder I began to muse about the last few months. I have very much enjoyed the writing of our regular contributors who are to be congratulated on their dedication and reliability.

June saw the launch of the Neighbourhood Health Watch as well as the regular coffee morning.

If you are contemplating building an extension or other building work there have been significant changes in the planning rules which are outlined in a Mid Devon DC missive.

There is an article from Lynsay McClean about the work being done to prepare the village for the possible threat of flooding.

Roger Wilkins and some of the History Group are doing a project on the village and the First World War. Details are in this month's Newton wonder.

Up the Creedy?and without a paddle!

These swans were recently spotted by Chris Southcott. They are in the river at the back of the Beer Engine. No-one can remember seeing a brood of cygnets so far up the river.



Sense ultimately Prevails

There are achievements though. Last month's issue complained about the road to Crediton via Camp's Bridge. It was reported that the Parish Council had sought a site meeting with the County Council and Shobrooke Parish Council. Now our Newton Wonder photographer has produced a picture showing that access is now possible. This has been achieved by spreading some of the aggregate which was dumped in a

heap to stop access, being spread over the lane away from the river and some simple earthwork to stabilise the bank. Simple! Why was this not done months ago?



The picture to the left shows the earth bank which is holding the stream away from the road.

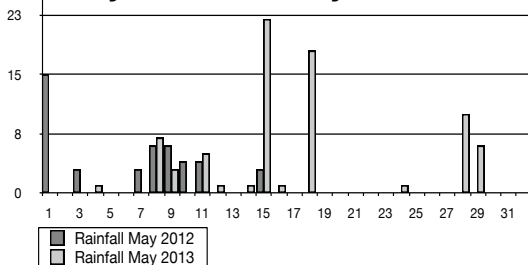
This photo shows that access is now possible for a single lane with care.



Station Garden

The Station Garden has been planted and will again be looking at its best in the middle of the summer. Chris Southcott the gardening co-ordinator wishes to thank the friends of Newton St Cyres station. These are the people who dig, plant, weed and water as well as the sponsors, Mark Westaway (Newton St Cyres Golf Course) and Jan & Mike Tutty (The Beer Engine).

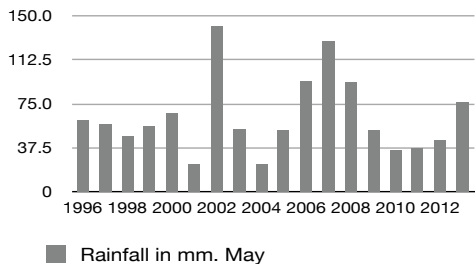
Daily rainfall in May 2012



daily amounts this year and compares them with last year. In addition he shows the monthly totals since 1996 when he began keeping records.

The Weather

Yes, we have had rain again 76mm this month compared with only 44mm. last year. As you will remember last year started off in drought but it did make up for it later. James' charts show the



record courtesy of James Walters

Be Prepared!

Not just the Scout motto. Good advice in general but in particular in relation to the possibility of flooding in the village. There are numerous possible sources of flooding. Station road has been cut off several times in the last twenty years and whilst few houses have been flooded the Parish Council and the Environment Agency feel that there is an increasing risk. Also the possibility of flash flooding of the kind seen in Boscastle a few years ago is always a very real threat.

A working group has been set up in the village which is being chaired by Malcolm Brookes.

In this issue Lynsay McLean, project manager for the South West has written a preliminary review for the village.

COFFEE MORNINGS FOR 2013

The Church and the Gardening Club
will be organising
Coffee Mornings
in the Parish Hall

On the following Saturdays

It is hoped to have other attractions at these events also.

Dates for your Diary are:

Church

Gardening Club

6 July

7 September

9 November

1 June

3 August

5 October

These will all be held in the Parish Hall during the morning.
Please watch Notice Boards and the Newton Wonder for
further details.

NEWTON RAMBLERS

Sunday 21st July

In June we had a most enjoyable walk on the highest points of Dartmoor. The weather did not look promising earlier in the day but cleared up and we even had sunshine before the end.



This month we will be nearer home and intend to walk in Stoke Woods enjoying the views across the Exe valley and visiting the Roman and other historic sites in the area.

We will meet at 10 am in the Newton St Cyres village car park and then share cars for the short trip up to Stoke Woods.

All are welcome. Any queries to Rosemary Chambers on 01392 851400

Please note that anyone joining these walks obviously does so at their own risk.



Shooting with Lasers

A local team competing in the recent Laser shoot and fun sporting challenge run by the Boniface Rotary Club of Crediton at Newton St Cyres Golf Course.

The event raised nearly £400 for Devon Air Ambulance.

Neighbourhood Health Watch Party

On Saturday June 22nd. the Neighbourhood Health Watch Party in the Crown and Sceptre garden was a great success. Simon and Madeline barbecued for the village. As well as a free barbecue there were stalls run by the Craft Group, the Environment agency. the Police, the Ambulance service and Quickes. There was plenty for everyone to enjoy including a Bucking Bronco and plenty of play equipment for the younger children. The arena saw displays from the school children, Crediton Ladies choir and the CEROC modern Jive display.



The idea of a local cycling group was promoted and anyone interested was invited to look at the facebook page:- www.facebook.com/groups/newtoncyclingclub/.

The picture shows Chief Superintendent Paul Davies presenting a cheque to Simon Lovell, local Neighbourhood Health Watch co-ordinator and Jayne Clark the County organiser.

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RECREATION GROUND CLUB

Well half the year is gone and we have only had a few days of sunshine. But wasn't it great? I love the feeling of the sun on me and it came just right to help the vegetable plants get going, and the flowers didn't mind it either. July is a busy month as I have said in previous editions with the Kingfisher Project and the School Sports day and the next week the Football Tournament, will confirm the dates later.

The Cricket continues to keep us busy on Tuesday, Wednesday, Thursday and Friday evenings and alternate Saturday afternoons. **The Archery** group meet Tuesday and Thursday evenings and Sundays from ten to four through the month of August. The Cricket and Archery continue to slow down for the Football season to start on about 28th. I have my fingers crossed we don't have as many clashes at the start of the season for the football as we had at the end of the last season.

I'm sure by now many of you will have enjoyed the **Magic evening** organised by the Football club. We will have had two important **Annual General Meetings** both the **Football Club** and the Rec. were on the 12th and 13th of the month, so I will give a brief report on what happens at our meeting in the next edition.

Well as promised here are the dates for July starting with the **Kingfisher Project** on Wednesday 3rd and the **School Sports** on Thursday 4th or Friday 5th as governed by the weather. Then its a big breath in for the **Football Tournament** on Saturday 13 and Sunday 14th. Again I crave the indulgence of the residents in the Station area on the two mornings while the participants cross from the parking area to the grounds

Well all from me for this month.

Wendy Lewis



Apprentice Required .

Animal Care or Agriculture (min 30 hours per week)

This would suit some one interested in a NVQ in Animal Care or Agriculture at Bicton or Duchy College

The job would involve working alongside the owners /employees main areas of work would be

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- Incubation and hatching and rearing of many species of poultry and waterfowl and rearing of other livestock , goats , deer , wallabies , Mara , pigs (in small numbers)

We are looking for some one who is enthusiastic hardworking , enjoys the outdoors , willing ness to learn , a practical nature , some animal handling experience would be good and an interest in poultry /waterfowl .

Ability to follow instructions and a flexible attitude to work

If you feel you are up for the challenge and intend to go to college to study either animal care or agriculture please contact us at Moon Ridge Farm 01392 851190 speak to Kate or Merv

www.moonridgefarm.co.uk



Newton St Cyres FC

– July Update

We are progressing well in terms of preparation for the tournament which is being held on 13th and 14th at the Recreation Ground. We are on course to welcome around 120 teams over two days so all that's left now is to cross our fingers in hope for dry weather.

We held the Under 16s and Senior section presentations on Saturday 8th June at the Rec Club and this was a great night as the Under 16s celebrated reaching the end of youth football and the seniors both achieving promotion. This moves me on to the end of season review we mentioned in the last edition.

A good starting point to begin to reflect on the season is with our constitution and rules, as a club we aim to:

- promote the Club and association football in the local area;
- assist and encourage teams to compete at the highest level; and
- provide youth team football and football in general.

As a Committee our aim is to support the managers and players as best we can to provide opportunities to members to play football and develop. As a Committee we have seen a great deal of change both in the recent years and over the decades. We have experienced the dark days when we let our ambitions run away from us and were it not for the commitment of a few we may not have made it to this point.

We have also seen the highs, particularly in the 80s and 90s, in what was arguably our most successful period with a number of titles and trophies. It is our opinion that we are close to emulating these great times. The quality of football, ethos of the club and the camaraderie of our members, should ensure the Club can go from strength to strength.

As a Club we firmly believe that we have achieved our aims this season but we are an ambitious Club with an ambitious management and Committee and we will continue to support progress.

(Extracts from Managers reviews)

First Team

The 1st team's aim again this season was to get promotion and continue playing their attractive brand of football along the way.

After a tricky start to the season with notable absentee's we went out of both cups early on dropped a few points, but after a post-match chat at the Dolphin away fixture Harkness said "You won't lose in the next 10 games". Not a bad prediction, we won the next 9!

Due to the poor winter weather over November and December we lost our rhythm and it took us a few games to get back in to our stride, losing games against North Tawton and Newtown. After a slight change of approach (maintaining the underlying club ethics John and Steve had put in place) and a few positive results – notably the world's most comfortable 1-0 win at home to Lymestone, the 1st team again got back in their stride and continued to out pass and out play teams.

From then until the end of the season the team improved and grew into the 'run-in'. A notable addition at the back who added a much needed voice and experience securing a 4-3 win away at Upottery. Promotion came down to a wet Friday night at home to a very 'strong' looking Exeter University team, with a 1-0 win promotion to division two was secured – the second promotion in as many years. Objective achieved, same again next year!

Reserves

Looking back, the turning point of the season was the away fixture against Lymestone. It was our first league win and after that result the team begin to play with more confidence and that reflected in the style of play.

We went on the win 16 of the next 22 games which saw us propel from 3rd from bottom to third from top come the end of the season. Form like this isn't easy to come by and it's been down to the squad of players we have putting in the effort each week that ensured we achieved this.

It has been very rewarding as well to see players progressing throughout the season. It's important to recognise the impact attending training has as on the team's performance on match days as this is when the practice from training is put to good use!

Looking back over the past nine months, it's been a great season for us, and to look at where we have come from to now, everyone has shown signs of improvement and that has made us a stronger team.

Here's to successful 2013/14 league campaign and maybe even a cup run as well?

Under 16s

Initially it looked as if the team would not continue with only 9 players continuing from u-15 side during the summer, but following introduction of a new manager and the existing assistant manager, they increased numbers to 18.

These numbers have been consistent at training sessions as well as matches each and every week. Players have improved during season and stayed out of the relegation zone finishing 7th. This didn't quite reflect the hard work and effort on the pitch with a number of games which could have gone either way.

Hopefully some will stay with us as they move into senior football when pre-season starts at the end of June. Well done to all the players.

Arsenal Soccer Schools

We successfully held two Arsenal Soccer Schools sessions with over 30 children attending each session. As a result of the success of these two sessions, we have agreed for them to return during the summer holidays to provide 5 holiday courses on Thursdays during August. You can find out more information either on our website www.newtonstcyresfc.co.uk or www.playthearsenalway.com.

To attend the full course of five sessions the cost will be £50 per child. Sessions run 10am to 3pm.

Mark Smaldon

Mini Market - a note from Pat Butt

The next Mini Market will be on Saturday July 27th. 2013 from 10:30 am till 12 noon.

Don't forget to come and meet friends over coffee, tea, soft drinks and bacon butties. All the usual stalls:- meat, vegetables, cakes, pasties, plants, hand crafted cards, bric a brac, jewellery and toys (in aid of Cancer Research). There will be a stall from the village school and the Parish Council "surgery".

If you would like a stall or have any other good ideas please contact Pat on 01392 861131.

PAT BUTT and the stall holders

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Frankie's Biscuit Recipe

Ingredients:

115g unsalted butter, softened
100g caster sugar
Finely grated zest of 1/2 an unwaxed orange
1 large free range egg yolk
225g plain flour
Pinch of salt
1/4 teaspoon of baking powder
1/2 teaspoon of ground cinnamon
1 tablespoon of juice from a freshly squeezed orange
And a beaten egg to glaze (optional)

Recipe:

Put the butter, sugar and orange zest in a large bowl and beat together with an electric mixer or a wooden spoon if preferred, until creamy.

Beat the egg yolk and stir with the wooden spoon.

Sift the flour, salt, baking powder and cinnamon into the bowl and add the juice of a fresh orange. Using a wooden spoon, work the ingredients together the use your hands to make a firm dough.

Wrap the dough in cling film and chill in the fridge for 15 minutes until firm enough to roll.

In the meantime, preheat your oven to 180C/ 350F/ gas mark 4

When your dough is firm after 15 minutes, roll out the dough (to the thickness of a pound coin) on a lightly floured worktop. Cut the shapes within the lightly floured cutters. Arrange the shapes, slightly apart, on lined baking sheets or a greased tray.

Beat an egg and coat the biscuits, so they are golden brown after baking. Bake the biscuits for 10 - 12 minutes until lightly golden. It may be a good idea to rotate the baking tray, to ensure that each biscuit will cook evenly.

Then leave the biscuits to cool on a wire rack.

When the biscuits have cooled down, you may want to decorate them with caster sugar, or lightly dust with icing sugar.

These biscuits are great to have with a cup of tea and share with your friends!

Enjoy!

Newton St. Cyres Parish Hall

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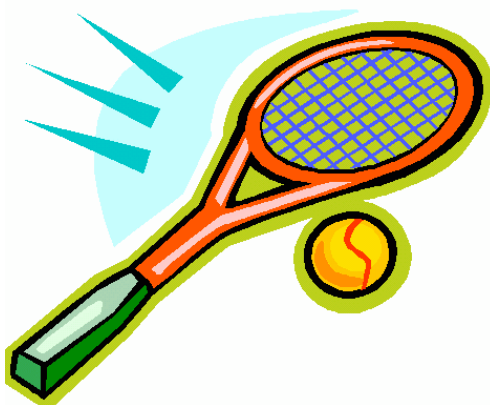
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Newton St Cyres Tennis Club

The Club Championships kicked off on Sunday 2nd June, with qualifying for the Ladies and Mens Doubles competitions, followed by the Mixed Doubles the following Sunday. The Singles qualifying competitions take place on the 6th and 7th of July. The Junior Singles tournament is currently being scheduled, and full details will appear on the website in due course. Finals Day is Sunday 21st July.



Our seven league teams have been making the most of a fine spell of weather, and have achieved some great results so far this season.

Our strongest adult club sessions are on Sunday afternoons from 2pm and Thursday evenings from 6.15pm. More relaxed daytime sessions continue to run on Tuesdays at 10am and Fridays at 2pm, and all adults are welcome. We are also introducing a new Saturday morning adult session, for 'rusty returners' – those who have not played for a while and would like to test their tennis legs before coming along to one of the main club sessions. Full details on the website.

All up to date information can be found on our website – www.newtonstcyrestennisclub.co.uk.

Alternatively you may call our Membership Secretary Laura Leigh on 01647 24259.

Newton St Cyres 200 Club

Hurray! The 200 club is once again fully subscribed so we are off again for a new year and the first draw took place at the Coffee Morning in the Village Hall on 1st June 2013 and the winners

are:	No	132	T Sedgwick	£10
	No	48	Mr & Mrs Carrotte	£10
	No	171	J Enright	£10
	No	140	J Salter	£10
	No	152	P Taylor	£10

Thank you all for subscribing and a big thank you to the collectors for all the hard work getting the money in on time. Also to everyone who has helped me throughout the year.

Good luck to you all.

Daphne 01392 851639

Parish Council report June 2013

All nine Councillors and one member of the public attended the June meeting of the Parish Council and were joined by Peter Hare-Scott (MDDC) and Mrs Margaret Squires (DCC).

Neighbourhood Health Watch equipment. New IT equipment had been purchased with the money donated by the Police and TAP funding and an agreement was drawn up between the Parish Council and the NHW group so that the equipment still belonged to the Council and would be covered by their insurance. This equipment will be based in the Crown & Sceptre and can be taken out to people's homes for them to access emails, the internet, Skype etc. Simon in the Crown & Sceptre will be the contact for this.

War Memorial. Discussion took place on the fact the NSC does not have a war memorial but a plaque inside the Church which lists those who gave their lives in the 1st and 2nd World Wars. It was agreed to place a note in the Newton Wonder asking for thoughts and ideas for commemorating the fallen in the village.

General maintenance. It was agreed that the seats in the village need a coat of varnish to preserve them and the bus shelters need cleaning. Cllrs responsible agreed to do the seats and a quote would be obtained for cleaning the bus shelters. The flower baskets along the bridge in Pump Street and round the pump had been planted up and residents had offered to keep them watered. The grass on the village green had been cut again after a small delay and the Council was informed that the delay was due to illness in the family of the contractor.

New dog waste bin and signs. A site for the new dog waste bin had been agreed in Tytheing Close and signs warning dog owners about the penalties for leaving dog waste have been put up around the parish. It was reiterated that it is illegal to allow dogs to foul anywhere on the highways. If the owner can be identified then a fine of £1,000 can be imposed.

Highways matters. Cllr Squires has been following up various highways matters and was able to report back that many of the issues are in the system. The problem of the road being closed at Camps Bridge was raised again and the Council pressed for a site meeting together with representatives from Shobrooke Parish Council to see if the problem can be solved urgently.

Light in car park. The Parish Hall committee were in talks with MDDC about the maintenance and repair of the light at the entrance to the car park and hoped to be able to come to some agreement over the cost of this.

The next meeting of the Parish Council will be on Monday 1st July in the Clubroom of the Parish Hall at 7.30 pm. The Council welcomes members of the public to attend and raise questions and queries.

The next Parish Surgery will be held in conjunction with the Mini Market on Saturday 27th July (10.30 am to 12. noon). Please come along and meet your Councillors and collect any of the free leaflets and enjoy the stalls and food on offer at the Market.

Cllr. Jill Baker, Press Officer

The problem of dog fouling in the parish

At the recent Parish Council meeting the age-old problem of dogs fouling in the parish was raised once again. The Chairman reported that he had met with Mid Devon District Council and had agreed where the new dog waste bin should be placed in Tytheing Close and had also placed a number of signs on posts around the village.

It is important that residents in the parish are aware of the changes in the rules regarding not picking up waste left by their dog. It is illegal to leave dog waste **anywhere** on the highway – not only within the 30mph limits as was the previous ruling.

If a dog owner is seen leaving the dog waste on the ground and not picking it up, then they will be reported and fined. These fines can be as much as **£1,000** and please remember that many people now have a mobile phone which will take photos and therefore it would be very easy to identify the problem dog walkers.

One solution may be to find a volunteer who would act as a Dog Warden and who would walk the area on a regular basis and warn the dog walkers of the penalties. Are there any volunteers out there who would be prepared to do this? Please contact the Clerk of the Council, Jane Hole if you would like to help in this way.

Follow the law and keep our towns clean

Mid Devon residents are being reminded to follow the law and keep our streets clean by putting litter in bins and not smoking in public places.

Last week, the council secured two convictions against this sort of behaviour. On Wednesday 29 May, a conviction was secured against a taxi driver for smoking in his taxi, which is designated a public place. He was fined £250 and ordered to pay £186 in costs and a victim surcharge of £25. On the same day, another conviction was secured against a person who littered by discarding a cigarette butt. That person was fined £200, and ordered to pay £186 in costs and a victim surcharge of £20.

Marjory Parish, Licensing Manager, said: “These convictions see the council sending out the strongest possible message – we will not tolerate this sort of antisocial behaviour. If people choose to smoke in smoke-free places, they can expect to be taken to court by the council. Anyone travelling in a taxi would not want to smell of smoke, let alone find the driver to be smoking, and they would expect us to take steps to stop it.

“We take seriously any violation of the law regarding licensing and environmental health. It makes our towns less pleasant places to be and increases the amount the council has to spend on cleaning and litter picking.”

Jan Norman, Environment and Enforcement Manager, added: “If any member of the public witnesses litter-dropping and is willing to make a statement and stand up in court, we will be able to enforce the law.”

Changes to permitted development rights for house extensions and businesses

For a period of three years, between 30 May 2013 and 30 May 2016, householders will be able to build larger single-storey rear extensions under permitted development, without the need to apply for planning permission. The size limits will double from 4 metres to 8 metres for detached houses, and from 3 metres to 6 metres for all other houses. Occupiers of adjoining properties will be notified and given the opportunity to object. Work may go ahead if no objection is received or having taken account of any objection, Mid Devon District Council (the Local Planning Authority) considers that the effect on adjoining properties is acceptable.

In order to benefit from these permitted development rights the extension must be completed on or before 30 May 2016. The developer must notify the Local Planning Authority in writing in advance and when works are complete.

From 30 May 2013 a range of other permitted development rights relating to changes of use also came into force. These include the ability to do the following without planning permission:

- i) Change the use of certain agricultural buildings to a range of other uses including a café, office, warehouse or cinema;
- ii) Change of use of offices to dwellings;
- iii) 'Flexible uses' allowing changes between use including shops, estate agents, restaurants and offices for up to two years.

In some instances a prior approval process is still required.

Richard Chesterton, Cabinet Member for Planning and Economic Regeneration said 'These changes reduce the need for home owners and local businesses to get planning permission in certain instances. It will help free up opportunities for home extensions, businesses and can be used to reduce vacant shops in our town centres. This can only be for the good of the economy of Mid Devon'.

Limitations and conditions still apply and approval under the Building Regulations and Party Wall Act may still be needed. More information is available at <http://www.middevon.gov.uk/index.aspx?articleid=9735> We recommend that advice is sought from Planning Officers on a case by case basis to check if proposals benefit from these changes. A Duty Planning Officer is available between 9am – 12 noon Monday to Friday by phone 01884 234260 / 234262 or in person at Phoenix House in Tiverton.

For more information please contact:

Jonathan Guscott
Head of Planning and Regeneration
Mid Devon District Council
Tel: **01884 234 938**
Email: jguscott@middevon.gov.uk

or

Andrew Lacey
Communications Manager
Mid Devon District Council
Tel: **01884 234232**

Email: alacey@middevon.gov.uk

The Parish Church of St. Cyr and St. Julitta

Newton St. Cyres

Summer Concert Series 2013

Thursday 8th August

**Leonie Jones – Flute
With Andrew Daldorph – Piano/organ**

Over the years, the Summer Series has been fortunate enough to feature concerts by a number of very talented young local musicians, and in this concert we are thrilled to welcome flautist Leonie Jones. Leonie is 17 and attends Guildhall School Music and Drama (Junior Guildhall) on Saturdays with flute as her first instrument.

Along with accompanying Leonie playing pieces including works by Widor and Fauré for this recital, Andrew will also include solo piano and organ items.

Tuesday 27th August

**Lucy Bray – Soprano
With Andrew Daldorph – Piano/organ**

Our final concert of this year's Summer Series welcomes another exceptional young local musician, Lucy Bray. Having completed A Levels at Exeter School in 2012, Lucy is planning to take up a place at Music College this autumn.

Lucy has performed solos for both Exeter School and East Devon Choral Society, and has performed recitals with Andrew in venues including Sidmouth Parish Church.

Tickets £5 (children free).....Available on the door

All concerts start at 7.30pm and are in aid of the Newton St. Cyres Church Organ Fund.

.....
Date for your diary

The Tamar Valley Male Voice Choir will be performing in Newton St. Cyres on
8th March 2014.

Further details available locally soon!

Do You Remember July?

July 1973

The Church was appealing for new bell ropes.

At the Parish Council meeting Mrs Hazel Down was elected as Chairman.

The problem of cars dropping off children was discussed and it was hoped to have a car park in Tytheing Close.

Hetty Noye had passed away.

New charges for use of the Parish Hall were introduced and the main hall for village use was 80p per hour.

Old Time Dancing sessions were being held in the Hall

There was a cloudburst reported where the Shuttern Brook rose to the doorstep of Old Beams within 30 minutes.

It was reported that Norman Down was elected as District Councillor.

The Football Club AGM was reported and Mr W Boud was elected as Chairman, Ray Casling as Secretary and Bill Holt as Treasurer

July 1983

The Twinning visit to Rots reported an excellent welcome and charters were signed by two people from each community.

Saturday Markets were advertised to take place in the Hall.

At the Parish Council, there were 5 candidates for one vacancy and the winner was Peter Watts.

The Show at the Recreation Ground made a profit of £600

The W I heard a talk by the Deputy Governor of Exeter prison and on show were their Devon Show exhibits.

The Afternoon Club had an outing to Sidmouth and to Shute for tea with Mrs Ayre.

BBC Radio Devon broadcast an item by Chris Lee on Newton St Cyres bell's 250th birthday peal.

Bill Holt raised £118.48 running the London Marathon of which 50% went to the School and 50% to Cancer Research.

July 1993

Adverts for the Dog Show, Car Boot Sale and Horse & Summer Show appeared this month

The Recreation Ground AGM elected President Mary Quicke, Vice Presidents John Harris, John Durrant and Henry Gliddon, Chairman Joyce Rook, Vice Chairman R Dymond, Treasurer Nicky Teague and Secretary G Harris.

Annuals and containers were the subject of the Gardening Club article by Liz Mitchell.

A Clay Pigeon Shoot was planned at the Recreation Ground

A Hospice Care Walk by 35 people raised £400

July 2003

The Rev. and Mrs Potter celebrated their Ruby Wedding anniversary

The Beer Engine had been voted CAMRA Pub of the Year

At the Recreation Ground AGM, Sheila Ward retired as secretary and David Baker was elected.

Chris Southcott also returned to the committee

Nick Lee wrote his first article after being elected as District Councillor and promised to work for the benefit of the parishioners.

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- Advise on your computer security.
- Prepare your old computer for scrapping.

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Newton St Cyres History Group



On Thursday 16th May we were pleased to welcome back Colin Hart. He is an experienced and knowledgeable metal detector, and we spent an interesting evening looking at and discussing more of his finds.

He had arranged and laid out all manner of objects, some very old and some more recent, which he has discovered in locations all over the country but mainly in the south west. The collection of 'crotal bells' related to our previous evening on bell founding, because they were made by bell founders for keeping track of cattle and other animals, from the late 17th Century onwards. If they had metal peas inside then they rusted, but if they had clay baked peas, they survive and the bells still ring! Another

animal related item was a horn protector, used to put over the point of an animal's horns, usually after it had been cut off, for safety.

Trade weights were used to try to prevent cheating before measures were standardised. Colin had one with 'Exon' and a dagger, the city's symbol, inscribed on it. Also involving the world of commerce were examples of trade tokens, used instead of money in an employer's shop, but which entered the general monetary system when there was a shortage of small coinage. He also had coin weights, which were used to stop people clipping coins for the value of the metal, as well as pre-decimal coins - sixpences, shillings, 2 shilling pieces etc.

Seals of various kinds tell a story of trade and imports and exports, of guano, used as a fertiliser, of flax from Russia, and of the cloth trade, when the seals were often stamped with the yardage and put on the bale. Even old GPO seals, threaded with a wire to hold them on to the mail bag, have been found. Buckles and buttons of all kinds often turn up, which have come from boots and shoes, belts, horse and animal harnesses, hats and sword belts, or from military uniforms, livery belonging to family servants, or uniforms of midwives, the RAC, the Fire Service etc.

Miscellaneous items such as thimbles, jewellery, clock winders are clear, but some things can not be identified. We were all foxed by metal shoe pattens (to keep one's shoes out of the mud), a calf weaner, and a sheep worm fluke dispenser!

It was interesting to hear that the sanitary arrangements of the past are one of the main reasons for the finds made in fields. Night soil was collected in the towns and piled up outside the cities where a large manure heap would result. This was then carted out to the country farms and spread on the fields, and thus lost domestic items can lie underneath the ground for years until someone finds them.

Colin explained how the signal received through the metal detector can vary according to the size, depth

and angle of the buried object, and also whether the soil is wet or dry. He is very experienced in interpreting the sound he hears, but it was clear that a great amount of digging is required to be a successful metal detectorist!

Meetings are usually on Thursday evenings in the village hall club room and start at 7.30pm. Everyone is welcome. There is a small charge of £2 which includes tea and biscuits. For further information contact Jean 851337 Isobel 851351
Next meetings

Sept 19th Helen Turnbull - The Story of a Manor – Chudleigh 1050-2012

Oct 17th Lynda Pearce - Pictures from the Past, Newton St Cyres

Nov 14 Shobrooke Local History Group - Fun with History in Shobrooke

Dec 12th Christmas meeting

We have no special membership arrangements. Everyone is welcome. If you would like further details ring Jean 851337 or Isobel 851351



Wanted: Memorabilia from World War One

Do you or your family have any **medals, pieces of uniform, postcards, photographs, newspaper articles** or other items from this period – **even grenades, shells or bayonets?**

If so, it would be great if you could lend the items (or allow them to be photographed) for a small exhibition that will be put on at the **Flower and Produce Show on Saturday 14 September**. This will be the first part of the History Group project on the impact of the War. Although the main study will concentrate on Newton St Cyres, for this initial exhibition, we would welcome material relating to anywhere in the country or the war zones.



If you have any items please get in touch with Jean or Roger Wilkins (01392 851337; jeanwilkins1@btinternet.com; rogerwilkins1@btinternet.com)

War Memorial

Newton St Cyres does not have a specific War memorial in the parish. There is a plaque inside the Church which details all those who gave their lives in the two World Wars. If the Church was ever to close the memorial plaque would not be available for relatives to visit or yet for any other names to be added should the occasion arise.

The Parish Council are inviting comments from parishioners on whether the village should have a Memorial or whether they feel another form of memorial (such as an engraved board in the hall) would be appropriate. Please let any member of the Parish Council have your comments / ideas or email the Chairman, David Baker on davidbaker687@btinternet.com

Beer Engine Quiz Team triumphs in Rotary interpub event.



Pictured above is the recently successful quiz team with Jan Tutty receiving the winners shield and handing over a cheque to the organiser from the Boniface Rotary Club.

Jane Austen Day

A full day of Austen activities • 10am – 5pm • Sunday 14 July

Includes visits to Pynes, Woodrow Barton and Upton Pyne Church

Delicious Devon cream tea

Tickets £15 from Linda Findlay 01392 841402 / friendsofuptonpyne@yahoo.co.uk



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Newton St Cyres Community Flood Plan

We all know that planning and working together can help us as individuals, families and communities to cope with the unexpected. Most of us take steps every day to minimise risks. E.g. looking both ways before crossing the road and putting your seat belt on in the car. Smoke alarms help warn us of fire and Neighbourhood Watch schemes help us and those close to us feel safe. We often refer to this as planning for a rainy day. Acknowledging your flood risk is simply one of the tools in life's survival kit.

Why Newton St Cyres?

The Environment Agency have recently undertaken a study to identify areas at risk of flash flooding and we have identified that Newton St Cyres, due to its local topography makes it especially vulnerable to a flash flood incident should intense rainfall occur over the area.

What is Flash Flooding?

Flash flooding is caused by intense rainfall. It occurs suddenly, with little or no warning – often before emergency services arrive. Flash flooding can be very destructive: flooding homes, moving rocks, tearing out trees, sweeping away vehicles and damaging buildings, walls and bridges. Flash flooding can also happen where drainage systems are unable to cope with extreme rainfall. Although rare, flash floods have the potential to be very destructive such as the floods in Boscastle in 2004. Precisely where and when flash floods will strike can be difficult to predict accurately and they can occur in places with no recent history of flooding.

What are we doing?

Newton St Cyres Parish Council and Flood Group is working with the Environment Agency and Devon County Council to help the community become resilient to the risk of flash flooding. A Community Flood Plan aids an organised response should flooding occur. The plan will be owned by you and supported by us. It will help you to:

- clarify roles and responsibilities;
- work in an organised way to respond quickly should flooding occur;
- identify safe places for people to go for shelter;
- understand how to manage simple but effective communications;
- identify vulnerable people that may need extra help and;
- ultimately save lives and homes.

This will give valuable time for action to be taken to minimise the affects of a flash flood and this is made much easier by the use of a pre-written Community Flood Plan.

Currently the Environment Agency's Flood Warning network is only designed to alert for the risk of flooding from large rivers such as the Creedy and the Exe, as well as from the sea. Due to the speed at which flash flooding occurs we do not have the capacity to issue warnings using traditional means of river level monitoring stations.

As Flooding in Newton St Cyres can be caused by a combination of fluvial flooding and surface water runoff from the valley sides, we are currently exploring what innovative tools can be used to trigger the Community

Flood Plan and warnings to residents and businesses to prepare for flooding. In addition we are looking at what other resilience measures, such as sandbag stores can be located within the community. We will keep you updated on the progress with this.

What can you do?

In the meantime, there are lots of things you can do to prepare for flooding to minimise the risk to people and property e.g. moving

valuables and family mementos upstairs, moving cars to higher ground, or for businesses, moving stock and equipment to protect it from floodwater. You could also prepare a flood kit in advance.

For further information, you can visit the Environment Agency's website, email dc.flood@environment-agency.gov.uk or speak to us by phoning 03708 506 506 and ask to speak to 'Flood Resilience Devon'.

Flood Kit:

- Important documents - such as passport and insurance certificates. Some documents are expensive to replace. Having these in your kit will keep them safe and to hand.
- Torch - in case it floods at night and your power is affected.
- Radio - a wind-up or battery radio will help you monitor local news and weather broadcasts for the latest flooding situation.
- Batteries - have spare batteries available to power your torch or radio.
- Blankets or warm clothing - it may be cold and you could be without power for some time.
- First aid kit - keep a first aid kit to hand in case of minor injuries. Put any prescription medication in your kit so that you have easy access to it.
- Bottled water - flood water can contain sewage, chemicals and animal waste. Drinking bottle water will keep you hydrated and make sure your water hasn't been contaminated by the flood water.
- Tinned food - you don't know how long the flood will last. Have tinned and non-perishable food available for you to eat.
- Personal items - some items are irreplaceable. Put items of personal value such as photos, family videos or treasured mementos in your flood kit so that they are safe.

Exeter & District Fuchsia Society.

FUCHSIAS SHOW

Newton St Cyres Parish Hall.
on

Sunday 21st July. 1.00pm to 4.00pm.

Plant Stall,

Refreshments

Book stall,

Tombola,

Cards,

Admission £1

Garden Club News



Have your beetroot bolted, carrots been devastated, parsnips and brassicas failed or courgettes rotted? Keep calm and read on for more tips from professional gardener John White. Then look forward to a fabulously productive vegetable plot next season.

It all starts with your seed selection. John says for best results buy vegetable seed rather than try to save your own. The only exceptions being peas and beans which you should thoroughly dry and store in an airtight tin. F1 seeds give better flavour, crop uniformity and a higher yield but do tend to have a shorter harvest window. Planting multiple varieties which crop at different times will extend the growing season.

Limit the build-up of disease in the soil with a 3 year crop rotation. So start with roots then legumes followed by brassicas. However runner beans can be grown in the same well prepared trench for many years. As with so many things in life preparation is the key to success. John says, "Don't stint on this". You should aim to dig to a depth of 15cm. Do a bit at a time and it won't be such a chore. I suggest you look on it as a workout for the heart, body and soul. What better way to spend a few hours on a sunny winter's day in late autumn or early winter. Leaf mould or compost can be dug in as you go but farmyard manure should be placed in a trench and covered to rot.

Granular fertilisers contain phosphoric acid which will result in the soil becoming more acid over time and this is not conducive to growing brassicas. So if your brassicas are failing you may want to purchase a test kit to check the pH of your soil. If found to be acidic then spread ground limestone over the surface in the winter and allow the rain to wash it in to neutralise the soil. In early spring prepare your seed bed by breaking up the soil to a depth of 10cm making the surface into a crumbly tilth. If the surface is too fine the soil will form a crust after heavy rain which the seedlings will not penetrate.

To stop beetroot bolting grow variety "Boltardy", it should germinate in 2 weeks. Being a large seed it is easy to sow accurately 2.5cm deep, 10cm apart and 30cm between rows. But remember beetroot will deform in stony ground.

Carrots also germinate in 2 weeks. Sow in drills 1.5cm deep, and thin to 5cm apart and allow 20cm between rows. Carrots do not like to grow on manure. Stop the carrot fly in its tracks by planting your carrots in a windy position (the carrot fly is not a strong flyer). Try to sow the seed sparingly to avoid the need for thinning. If you need to thin the row do so in the evening when the carrot fly are less likely to notice, as they rely on the scent of the carrot to locate their forage. Any thinnings should be taken away and burnt. Firm all remaining carrots well and earth up around their collars to prevent them going green.

Parsnips germinate in 5-6 weeks. Buy fresh seed yearly to maximise germination. Plant before mid April 1.5cm deep and thin to 15cm apart. They will fan if grown on freshly manured ground.

Courgettes have large seed and should be sown in pots. Place the seed diagonally in the pot with the point downwards 2.5cm deep in early April. They should germinate in a week. Plant out in June on a shallow mound of well-rotted manure or compost allowing 60cm between plants. Bear in mind that one plant will grow 12-16 fruits. Towards the end of the growing season the courgette leaves will discolour. Do not cut them off as this allows the water to go down through the hollow leaves and rot the crown killing the plant. Harvest when fruits are 10-13cm long taking care to search for hidden fruits avoiding marrow size courgettes which will stop the plant in its tracks.

Sprouts need 1 metre between plants and will not grow on acid soil. Extend the growing season by planting early and late varieties, then you can harvest between October and March, start picking the sprouts from the base of the stem and work upwards. Sprout plants may need staking or stabilising by earthing up to the level of the first sprouts.

So just order the bird, dig the spuds and there you have it Christmas dinner sorted!

Enjoy your garden

Anne Rice.

If you have enjoyed reading this why not come along to the next meeting in the Village Hall at 7.30pm Thursday August 22nd. Only £1.50 to include a hot drink and biscuit. The speakers Bert Jewell and Jane Bailey will be giving us tips on showing in preparation for our produce show on 14th September. We look forward to seeing you there.

Monthly Gardening notes for July from Bert Jewell

General garden tasks.

1. Prune shrubs that have finished flowering.
2. Dead head bedding plants and perennials
3. Pick fruit when ready.
4. Trim lawn edges.
5. Sow spring cabbage seed.

Trees, Shrubs and Climbers.

Early summer flowering Shrubs such as Philadelphus (Mock Orange) will benefit from pruning once the flowers have finished, trace the stems that have flowered back to a side shoot that has not flowered and cut off the stem just above that side shoot.

When the pruning is finished give the Shrub a good watering with a balanced liquid feed.

Trim long tendrils on the Wisteria back to six to ten inches and tie in any shoots that are left to build up the framework of the plant.

Continue to trim hedges of Privet, Box and

Lonicera, but leave the Beech until August.

Flowers.

If you grow Cluster or Floribunda Roses you can dead head by removing each flower as they fade until each head has gone past its best. Then remove the stem by cutting back six to eight inches just above a healthy leaf. Remove the same amount of stem on H.T. Roses. Roses will benefit from a feed after their first flush of flowers with either a Rose food or a general purpose feed.

Continue dead heading around the garden. Plant Autumn flowering bulbs.

Fruit.

If you want to increase your Strawberry plants you can propagate your own by filling small pots with multi purpose compost and inserting the pots in the ground around the bed, peg the small plantlets that form on the end of the runners into the pots. Pegs can be made using short pieces of bent wire. Don't cut the runner off from the parent plant until it has rooted.

Lawns.

If the weather turns hot and we have no rain for a while, (now there's a thought) raise the deck of the mower to help keep the lawn looking green. Keep the edges trimmed to make it look cared for. Don't get out the hose pipe unless it's a new lawn, then water sparingly just to keep it ticking over until the late summer early autumn rain.

Vegetables.

Runner beans should now be in full growth but they are thirsty plants and if it becomes dry water the ground well and then put down a mulch of garden compost or black polythene to conserve the moisture. Spray over the flowers with plain water to help with the setting.

If growing Tomatoes in pots, try to water them at the same time each day, this will help to stop the fruit from splitting .

Plant out winter Greens.

Plant of the month.

Hebe.

These used to be called Shrubby Veronicas. They have bottle brush like flowers from July to September / early October. The small leaved varieties are the hardiest and they are loved by the bees when in flower.

Friend or Foe.

Hedgehog.

Can grow to about 10 inches long with about 6000 spines. It eats worms, slugs and fallen fruit. Why not make a hedgehog box for one to hibernate in over winter?

Rainfall in our garden during May was 58 mm. and the lowest temp was 3°C.

Enjoy your gardening.

Cheriton Fitzpaine and District Ploughing Association

68th ANNUAL PLOUGHING MATCH AND COMPETITIONS

to be held at

Downes Home Farm, Crediton

This year celebrates our 68th Annual Ploughing Match and Competitions which is to be held at Downes Home Farm by kind permission of Mr Henry and Mrs Susan Parker and Mr & Mrs Graham Kerslake. We are very fortunate to have a prominent site and, if last year is anything to go by, should attract many local people and passing passengers to come and share a rural day out in our glorious countryside. The date for your calendar is Sunday 15th September 2013, the time 10am through until 4pm. We hope to have the ploughing horses attend this year again which adds great excitement and spectacle.

Many people are not aware of what goes on at a match and we would love to have as many people present as possible, **everyone is very welcome**. But this year we want to widen the net for entrants to the classes to the craft, produce and junior classes. Entry is only 50p per adult class to enter but the children's classes are free to enter – what a great way to get them to do some handiwork or craft which is both fun and productive but could also earn them a little pocket money if they should be the lucky winner of their individual class. There must be plenty of green fingered home gardeners and kitchen bakers who may like to enter. Do contact our match secretary Julie Davie 01363 772309 or email: juliedavie@outlook.com for a schedule / entry form or for further queries and information. Please remember– you can just drop your entries on the day if you are unable to attend the event as you don't need to attend the day, just liaise with our secretary and we will be pleased to help.

Entries close Friday 6th September so plenty of time to book your class and practise your entry in the mean time. Everyone welcome, please come and join us. If anyone would like to get involved and help out on the day you would be warmly welcomed.

The classes are listed on the next page.

**PRODUCE-----
entry fee 50p.**

40 Plain Victoria Sandwich (jam filling)

41 Lemon Drizzle Cake (recipe supplied)

42 Chocolate Swiss Roll

43 Tropical Fruits Cake (recipe supplied)

44 Cherry Shortbread

45 An individual Pasty

46 A quiche (any variety)

47 Individual Trifle

48 4 Chocolate Brownies

49 Tea Loaf

50 4 Flapjacks

51 1/2lb box of confectionary

52 Picnic for two (at least 2 savoury, 2 sweet homemade items)

53 Soft Fruit Jam (12-16oz approx)

54 Stoned Fruit Jam (12-16oz approx)

55 Jar of Chutney (12-16oz approx)

56 Jar of Pickled Onions

57 Jar of Lemon Curd

58 Jar of Marmalade

59 Bottle of homemade drink

60 Something new from something old

61 Home made 21st Birthday Card

62 Any item made as a hobby

63 A Doorstop

64 Five Dessert Apples

65 Five Cooking Apples

66 Six Runner Beans

67 Five Round Potatoes

68 Five Kidney Potatoes

69 Three Onions

70 Two Courgettes

71 Animal made from Fruit or Veg

72 Longest Runner Bean

73 Three brown eggs

74 Collection of four kinds of veg and/or fruit three of each

75 One specimen rose

76 Five stems of garden flowers

77 Five Chrysanthemums

78 Arrangement in a cup & saucer

79 A Buttonhole

80 A Table Flower Arrangement for romantic evening, not to exceed 18"

81 Pot plant – Foliage

82 Pot plant - Flowering

83 One mounted photo Celebration- (2014 "Naughty")

84 One amusing photo with caption

Prizes (Adult) 1st £3 2nd £2 3rd £1

JUNIOR CLASSES

----- no entry fee

85 4 Home made food items for teenagers party 12-16 yrs.

86 A Non Alcoholic Cocktail 12-16 yrs.

87 A Rhyme - 'My Friends' 12-16 yrs

88 A Decorated Glass Bottle 12-16

yrs

89 4 Cookies (any Variety) 8-11 yrs 90 A

Decorated Welly Boot 8 - 11yrs

91 Handwritten Harvest Hymn 8 - 11yrs

92 Vehicle made from fruit & veg 8 - 11yrs

93 4 Rocky Roads 5 - 7 yrs

94 Decorated plate — Animal Mask 5 -7 yrs

95 Picture of a Clown 5 - 7 yrs

96 Animal made from Fruit and Veg 5 - 7 yrs

97 Decorated Bun 4 and under

98 Potato Printing Picture 4 and under

99 A Decorated Paper Plate — Face 4 and under

100 Decorated kitchen roll tube - 4 and under

101 Photo 'Summertime' 16 and under

102 Longest stinging nettle 16 and under

Prizes (junior)

1st = £1.20 2nd = £1 3rd = 60p

Late entries (after 6th September) = 20p

Contact us for an entry form now and do have a go. We look forward to having you on board!!

Cheriton Fitzpaine and District Ploughing Association

**Does your home need essential repairs, updating or adaptations?
Or are you a first time buyer hoping to get on the property ladder?**

Mid Devon District Council, in partnership with not-for-profit organisation Wessex Home Improvement Loans, can provide homeowners, park home owners, landlords and first time buyers with subsidised finance to carryout essential repair works to their homes and to fund a deposit for first time buyers. Works are assessed by the Council and include boiler repair, replacement or heating installation, damp repair, structural works including roof/thatch repair, electrical and plumbing works, rotten windows replacement, or upgrades to bathrooms and kitchens over 15 years old and in need of repair. Eligibility is wide to catch people who own their owns homes who may have savings and an income but who wouldn't be able to afford repairs. Call Mid Devon District Council on 01884 244609 or visit www.wrcic.org.uk.

Community Support Group

The recent NeighbourhoodHealth Watch coffee morning, held on the 15th June, began with a report that the computer equipment has now been purchased and is ready to be used by anyone interested.

The Vodafone system mentioned previously, is now up and running, mobile phone reception has been enhanced across all networks. It may be necessary to advise your provider to enable you to benefit from the improvement.

Since the last meeting the health watch group had received considerable publicity. The stand at Devon county show was very successful in promoting the idea and the progress of the scheme in the village was also the subject of recent local radio and television. This developed interest across the locality and much wider afield.

Also discussed in previous meetings was the issue of funding. One idea was the possibility a collection at Tesco at Christmas.

Jane said that the scheme was now out of the pilot stage and its future needed to develop independently. It was suggested that a small group from within the Neighbourhood Health Watch group could be set up to look at how the project should develop. This would be the subject of a future meeting and it was emphasised that the project is open to all. We always need more volunteer members, and more ideas.

A village diary was suggested, and it was agreed to be something which would help to organise the Health Watch and village affairs – and most probably to be kept at the Crown and Sceptre

A request was raised by Simon regarding someone in the village who needs company was volunteered by one of our members during the meeting. This is a pure example of how well the scheme is working, and as a village how our communication with one another has helped to bring people together and allowed us to become more confident in asking for help, whether it be via Simon or between two villagers. The NHW is helping to bring people together again, and this is inspiring other communities around the country to also get involved in similar schemes.

Again raised in the meeting was the number of people in the village ranging from young and old who may be requiring help for various things, such as lifting heavy objects or someone to talk to if you are lonely or living on your own and in want of a human voice. The members were all agreed that if there are people who are in need of help or support the NHW is always welcoming to anyone seeking any kind of assistance.

If you do find yourself in any difficulty, please do not hesitate to contact Simon at the Crown and Sceptre who will put you in touch with the appropriate help.

Leaflets concerning free hearing tests, have recently been dropped into Simon for distribution..

The meeting was accompanied by coffee, tea and buns made by Chris Lee who will be holding an afternoon tea on August 10th at 2pm. If you would like to attend, please contact Chris or David Baker.

The next meeting will be held on Saturday 13th July at 10.30am.

Sophie Ward

JULY ON THE FARM

The summer is slowly cranking up – we are past the longest day. The mad rush of spring catching up on lost time after our extended winter - everything from March to June happening at once - has quieted. Now we want the sedate and orderly progression of seasons. As farmers, we are so reliant on the weather happening at the right time in the right order. We sit on top of natural processes, imagining we control them. The weather gave us a little slap to remind us who's boss.

Last month, we had a lovely Open Farm Sunday. Thanks to everyone who came, we all enjoyed showing off what we do on the farm. The highlight was when three children told Hamish they wanted to be farmers when they grew up: made it all worth it, as he said. It's a huge privilege for us to grow delicious food in a lovely place, with the endless fascination of working with those natural processes.

I saw a big dog fox ranging the long grass of the cow pastures: he looked round at me to see if I posed any risk, then went on his way. On the other side of the copse, moments later, I saw a half grown fox cub skittering around in dust and sunbeams. He saw me & dashed into the bushes. I had a watched feeling as I went past, as if he were in there, learning where to put me: threat, fun or food.

CROPS - we are looking at the hangover from the difficult weather. All the winter and early spring sown crops look mangy, gaps where there should be crop, fields ranging from almost OK, to gappy, to one field with almost total crop failure. It doesn't help that we've counted more deer than we've ever seen, 200 red deer in one field at the top of the farm – a lot of extra mouths for the farm to feed. Yields

will be down – what gives yield is all the ears looking regular and orderly, the field looking replete and full. We've also sown spring barley where we couldn't get the winter wheat in, and the shorter growing period gives a lower yield. The rest of Europe sounds like the crops are doing well, so prices are dipped too – hey ho, no-one said it was easy.

The maize is the bright spark – fields looking even, a beautiful carpet of pale green against the soil, gradually filling in the gaps till there is a forest you can sit under, broad leaves almost visibly and audibly growing. It reassures us that we can get things to grow – it knocks your confidence in yourself when try as you might, it doesn't work.

The grass is growing, and we're hoping the lack of a peak for growth in May will give us longer spring-like growth to refill our silage stores. The first cut of silage normally fills several bays – this year, it was a little sparse, so we will look to harvest a second cut this month. Our plans for the future are to grow more grass on the same area and stock more tightly with more dairy heifers (breeding less beef animals from our dairy cows). So we are slowly improving our fencing and sharpening up our grass management to take us forward.

HEIFERS - The dairy heifers are catching up from their lacklustre growth over the last year. We are weighing them to be sure: they all have shiny coats, a good sign, but it's good to cross check with what is actually happening.

COWS - We weighed the cows, too and discovered the spring herd is a little lighter than we thought they were – partly the late spring, but largely we have bred them a little smaller over the years to be happy with

grazing early and late in the season. Smaller cows are hardier, and lighter cows put less pressure on the ground at muddy times of year. We had a visit from some dairy farmers from Pembrokeshire, where they know about cows and grass, and they praised how our cows looked. Again, good to have that affirmation when it's been a tricky year. The cows are carrying on milking well – like the grass, a lower peak, but more persistent.

CHEESE - We've done some work on our milk to handle it more gently, pumping it more evenly out of the parlour and bottom filling the milk tank rather than dropping it from the top. The milk doesn't foam up, which was a sign that the fat particles are getting damaged. The milk is making well into cheese, so I'm looking forward to tasting the cheese when it comes through – I will look for greater roundness and balance in the flavour at the end of the flavour.

PRIZES - Great start to the year.

Devon County Show

Reserve Show Champion – Vintage

Best Dressed Cheese

1st Mild

1st Extra Mature

1st Oak Smoked Cheddar

Bath and West Show

Best Traditional Cheese - Mature

Gold - Mature

Gold – Mild

Bronze – Vintage

3rd Mature

RECIPE - Janine Watkins www.webakelove and @webakelove, food writer and great cook from Worcester gave me this recipe – I love the way she gives you hints and tips as well as the recipe. .

Cheese and Herb Scones

- * 350 g of Plain flour
- * 100 g of SR flour
- * 1 teaspoon of baking powder
- * 60 g Quicke's butter, cold, cubed
- * 50 g of grated vintage Quicke's cheddar
- * 1 spring onion chopped
- * 1 tablespoon of seasonal herbs- parsley, wild garlic, chives, thyme
or sage would all work well
- * 150ml milk, plus extra for milk washing

Method

Rub the butter into the flour until resembling breadcrumbs.

Add the baking powder and mix.

Add the cheese, onion and herbs and mix.

Add the milk until the mixture just comes together, then tip out onto a floured surface and form a rectangle by pushing the mixture together. Cut into regular squares by cutting in half lengthways then horizontally into equal size squares.

Pop on a lined baking sheet, brush with milk and bake at 200°C for 12-15 minutes until golden brown.

Yum, best enjoyed fresh from the oven with butter and ham. Or can be kept till the next day. A quick 7 seconds in the microwave will freshen them up.

Tip with scones the less you handle them the better, if you overwork them they may become heavy and pastry like. You want all the lovely air bubbles created from the baking powder reacting with the milk to stay in the mixture and to create air pockets with baked, creating light, fluffy scones.

Mary Quicke

Twitter: @maryquicke

Facebook: /quickestraditional

THE HOT SUPPER CLUB

The Hot Supper Club, which meets at Upton Pyne Village Hall, is taking a break for the Summer after two sell-out evenings which raised just under £1,000 for the maintenance of Upton Pyne church and its grounds.

Our next meeting is on **Friday 20 September** when Lily Neal, of Topsham Bookshop, will be talking about Shanghai and the supper will be Chinese. **On Friday 15 November**, traveller and photographer John Spivey will show A Hebridean Journey followed by a traditional Scottish supper. David Carrington will be talking about the weather on **Friday 24 January** with an English supper rounded off with thunder & lightning ice-cream, of course.

For more details or to make reservations call Linda on 841402, or email friendsofuptonpyne@yahoo.co.uk.



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Sudoku

1				2			8	
6				4				9
				7			4	6
	2				4		5	
		1				7		
	9		6				2	
9	5			3				
2				9				8
	7			6				5

Puzzle by websudoku.com

All you have to do is fill in the squares so that each row, each column and each square contain all the numbers from 1 - 9.

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THE EXE VALLEY FILM SOCIETY PROUDLY PRESENTS

The Rocky Horror Picture Show

GRAND OUTDOOR SCREENING

This funny, zany film with great performances from Tim Curry, Richard O'Brien, Susan Sarandon and Meat Loaf is best summed up by the wonderful Transylvanian dancers performing "The Time Warp" so get your fancy dress on and come to Station House, Brampford Speke on Thursday 25th July. Vegetarian supper available from 6.30pm. Film starts around 8pm. Please bring your own drinks, plate, glass and rug/chair - and warm clothes! Raffle and fancy dress prizes.

Tickets £10 from Hillcott, Brampford Speke 01392 840072 marygreener@outlook.com



EMMAUS – A JOURNEY INTO FAITH

Ever find yourself wishing you had a belief
that makes a difference
and gives more meaning to life?
Or do you wonder about the faith you already
have
and where it might be leading?

Or Is Confirmation an option you are
considering?

EMMAUS is a course for anyone wanting to know something or more about
Christian faith, a chance to question and learn with no strings attached.

It will be happening once a week for ten sessions in a small group led by members
of a friendly team from your local Church of England parish churches, in a
comfortable and informal setting.

You are very warmly welcome to a 'taster' session on Monday,
October 31st from 7.30 to 9 pm .

For further information, please contact Bridget Boxall at Poltmore on

Change - challenge or opportunity?

This month is a month of change for many people; a time of endings and of looking towards new beginnings. Children finish school for the summer holidays, and some of them will not be returning after the summer. They may be moving on to a new school or college. Some may be moving into the workplace, and some may be wondering whether they will find a workplace. The Bishop of Exeter begins his retirement this month, and the Church begins a search for his replacement.

Whenever there is a major change which affects our own little worlds, we seem to look anxiously at it, as if the whole world will fall in on us and we will be abandoned to a fate we could not bear. Why is this? What is so frightening? It is the unknown, and for some reason we always believe it is cloaking danger or monsters or even death. In some ways this is an understandable reaction. What is unknown is hidden, in the dark, and that is where the bad things in life come from. Some children think the dark space under their bed harbours dragons or monsters. As adults we talk about things hidden in closets when we mean someone has a shameful secret. We naturally hide what we are ashamed of and do not want others to know, so we make an assumption that everything we cannot see is bad or dangerous,

There is another way of looking at life though, and that is through the eyes of faith. Knowing that there is a God who loves us very much, who is all powerful and wants the best for us, makes a lot of difference to the way we approach changes in our lives. It does not mean that life will always be wonderful, and we will feel no pain, but it does mean that we will be able to cope with any difficulties along the way. We all need to know we are not alone, that we can share our needs, and that there is someone who is listening and can meet them. To have someone in whom we can put our complete trust lifts a huge weight off our mind. But we may be accused of living in a fantasy world. If we tell ourselves something often enough we might just believe it, but that does not mean it will be true. It is only worth trusting in something which has true substance, we cannot fool ourselves with our imaginations alone.

Jesus Christ is the substance in which we can have tangible trust. He lived as one of us, and he suffered just as we do, through injustice. He was killed by crucifixion, though an innocent man, and he died. Jesus did this willingly for us. He trusted God and lived his life in a way that showed everyone around him that he was at one with God. They could recognise in Jesus the word of God living in front of them. He rose from the dead. God overcame the bonds of death through love for the one person who was acceptable to His eyes.

'Well bully for him, he was special. That is not me.' we might say. But we didn't have to do it, he did it for all of us. Now we only have to accept it was for us too. We can claim a part of that victory over death for ourselves too. If we really accept it, it will change our lives, and we too will be able to live with the unexpected, the unknown and the changes which come into our lives, unhindered by anxiety, because we trust in the love of God to protect us.

In practice we should not be looking at trouble, but for the opportunities God will have lined up for us as things change. We need to be open to seeing new friends, learning more

about our world in which we are placed, noticing the beauty, joy, creativity, peace, love and hope it can bring.

Of all those I listed at the beginning, who face change, it will be the young children who will be least affected. Why? Because they are innocent, they are closer to God. It is only as we encounter those who would attempt to rival God, that we begin to lose faith, and believe that bad things will trap and destroy us. But as Jesus said, we need to become as little children if we are to come into God's kingdom, the place of eternal life.

So my challenge to you is, next time you face a change in your life which you see as a frightening place, speak to God, pray, ask to be protected from this fear and to be able to see God at work in your life. It will bring you joy and hope. You will begin to recognise the love God has for you.

Revd. Julia Dallen

Society of Mary and Martha at Sheldon, Dunsford, Exeter, EX6 7LE Sheldon Open Air Theatre

Family-friendly and with a festival-style atmosphere. Who would have expected to find Devon's oldest open air amphitheatre tucked away in the grounds of a retreat centre?

Every year the Sheldon Centre opens its gates to hundreds of concert-goers for more magical nights out under the stars. All proceeds in aid of the Community Green House project at Sheldon.

July 12 : Joey the Lips, 13 : Suspiciously Elvis, 17 : The Great Pretender, 19 : Abba Magic, 20 : The Take That Experience 24 : The Fab Beatles.

Tickets £11/£13 in advance.

Full details at www.sheldon.uk.com/theatre or phone 01647-253916.

Quiet Day

To experience Sheldon's quieter side, book for 10th October when Archdeacon John Rawlings will lead a day in silence with addresses. Space to explore the grounds, chapel and library. A good lunch is included in the £18 ticket.

Full details at www.sheldon.uk.com or phone 01647-252752

Newton St Cyres Youth Club

We meet Wednesdays fortnightly from 7pm to 9pm at the Village Hall

Ages from 10 to 15

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For further information contact Pat Finch

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Charlotte's Summer Lunch

Court Barton, Newton St Cyres

Saturday 13th July

12 noon

Adults £9, Children under 10 £4
(Wine / fruit juice by the glass available to buy)

Please sign up in Church
or Village Stores

In aid of Church funds

Newton St Cyres Parish Church Sidespersons

July	7th	8am 6.30.pm	J.Hiscocks S.Browne	O.Cheriton
	14th		C.Lee	A.Dowle
	21st			
	28th		W.Hough	A.Hough
	30th	----		

DIARY DATE

18th August at 3:30pm. Cream Teas in the Village Hall.
Further details in next month's NW.

Services in the Netherexe Parishes

Your parish churches aim to provide a variety of service types to meet the needs of the whole community. Most Sunday services except those early in the morning include hymns and music. Everyone is welcome at all services

Service With A Smile

**Brampford Speke & Stoke Canon
And Family Service Thorverton &
Newton St Cyres**

These **Family Services** are designed for all ages and with the needs of young children especially in mind.

They are informal and contemporary in style often including a children's activity at the beginning; without communion.

Services usually last about 35 minutes and are followed by refreshments.

Holy Communion	[C]	Traditional service in contemporary language [one hour]
Holy Communion	[BCP]	Traditional service in traditional language [one hour]
Service of The Word	[SW]	Morning or Evening Service [without communion] in contemporary language, often Lay-Led
Morning Prayer	[BCP]	Traditional Morning Service [Mattins] from the Book of Common Prayer [about an hour]
Evening Prayer or Choral Evensong	[BCP]	Traditional Evening Service from the Book of Common Prayer [about an hour]

Daily Morning & Evening Prayer in the Netherexe Parishes

For daily services the format is generally Book of Common Prayer at Thorverton and Common Worship elsewhere, and the timing is about 20-30 minutes. All are welcome.

Morning Prayer is said on Mondays at 9.10pm in Stoke Canon church (during the school term, this takes the form of Collective Worship for Stoke Canon C. of E. School); on Tuesdays at 9.00am in Stoke Canon Chapel; In Thorverton at 7.30am on many weekdays and at 9.00am on Saturdays. For a list of the days this month on which Morning Prayer will be said at Thorverton, please see the notice posted in the church porch at Thorverton and on the website [go to churches section then select Thorverton]

Holy Communion [BCP] is celebrated on one Wednesday in each month at Thorverton at 9.30am; please see the notice in the church porch at Thorverton and on the website for this month's date

Evening Prayer is said on Tuesdays at 6.00pm in Rewe church and on Thursdays at 5.00pm in Newton St Cyres church..

Variations:	Mon 22 Jul	Morning Prayer in Stoke Canon Church 09:00 am
	Mon 29 Jul	Morning Prayer in Stoke Canon Church 09:00 am

Who's Who? Abbreviations Key

DD	The Revd Preb Douglas Dettmer	Rector	01392 860332
SS	The Revd Preb Sue Sheppard	Associate Minister	01392 841284
JD	The Revd Julia Dallen	Assistant Curate	01392 861145
DC	The Revd Dave Carrington	Assistant Curate	01392 841275

Family Services of the Word marked ☺ are led by Lay Teams

For more information about the Netherexe Parishes please see www.netherexe.org or contact:

Mrs Margaret Lowe [Administrator]

Tel: 07594 714590 - Tuesday & Thursday [08:30 – 16:30]

Email: margaret.admin@netherexe.org

Correspondence: The Netherexe Parishes, PO Box 734, Stoke Canon, Exeter, EX5 4WP.

In Touch: Each month we publish details of all church services, events and activities in our information leaflet called "In Touch". It is free and printed copies can be found in all of our churches but it is also available on-line from our website at www.netherexe.org or if you would prefer to receive a copy by email, simply send your details to our Administrator

Margaret Lowe at margaret.admin@netherexe.org and you will be added to the monthly email distribution list.

Would you like a lift to church? May we offer you a lift to the parish church or to a joint service elsewhere?

For transport to Sunday services from locations in Thorverton parish, please ring Steve Rendell on 01392 860780.

For transport to weekday Holy Communion at Thorverton please ring Margaret Turner-Warwick on 01392 861173

For transport from locations in Newton St Cyres parish please contact Mrs Charlotte Dyer on 01392 851618

For transport from Rewe parish please contact Guy Sheppard on 01392 841284

NEWTON ST CYRES CHURCH ROTAS - 2013

Week Ending	Flowers	Cleaning	Brass
July 6	A Page	A Mitchell	P Burt
13	P Boother/E Temby	R Dowle	J Ward
20	C Dyer	S Browne	J Pyle
27	O Cheriton	P Burt	A&W Hough
August 3	S Munday	M Walters	C Dyer

JULY 2013 SERVICES & INFORMATION

The Netherexe Parishes - A Mission Community in the Diocese of Exeter

Sunday 7 July 2013 Trinity 6

08:00 am	Holy Communion	[BCP]	Newton St Cyres	DC
10:00 am	Service With A Smile	☺	Brampford Speke	Lay-Led
10:00 am	Holy Communion	[C]	Poltimore	SS
10:00 am	Service of The Word & Baptism		Stoke Canon	DC
10:00 am	Holy Communion	[C]	Thorverton	JD
11:15 am	Holy Communion	[C]	Rewe	Michael & Sharon Simpson
06:30 pm	Evening Prayer	[BCP]	Cadbury	JD
06:30 pm	Songs of Praise		Newton St Cyres	Lay-Led

Sunday 14 July 2013 Trinity 7

10:00 am	Family Service of The Word	☺	Newton St Cyres	Lay-Led
10:00 am	Holy Communion	[C]	Stoke Canon	DC
11:15 am	Morning Prayer	[BCP]	Upton Pyne	DD
	<i>Jane Austen day at Upton Pyne</i>			
12:00 noon	Baptism		Brampford Speke	DC
06:30 pm	Evening Prayer	[BCP]	Huxham	DC

Sunday 21 July 2013 Trinity 8

09:00 am	Holy Communion	[C]	Brampford Speke	DD
10:00 am	Holy Communion	[C]	Cadbury	DC
10:00 am	Service of The Word		Poltimore	Lay-Led
10:00 am	Family Service & Holy Communion	☺ [C]	Thorverton	DD
			<i>Joint with Baptist Church</i>	
11:15 am	Holy Communion	[C]	Rewe	JD
05:00 pm	Holy Communion	[C]	Stoke Canon	JD

Wednesday 24 July 2013

09:30 am	Holy Communion	[BCP]	Thorverton	DD
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Sunday 28 July 2013 Trinity 9

09:00 am	Holy Communion	[C]	Huxham	DD
10:00 am	Service of The Word		Cadbury	Lay-Led
10:00 am	Holy Communion	[C]	Newton St Cyres	A Simmonds
11:15 am	Service of The Word		Rewe	Lay-Led
03:00 pm	Baptism		Upton Pyne	DD
06:30 pm	Songs of Praise		Poltimore	DD
06:30 pm	Evening Prayer	[BCP]	Thorverton	A Simmonds

Sunday 4 August 2013 Trinity 10

10:00 am	Service With A Smile	☺	Brampford Speke	Lay-Led
10:00 am	Holy Communion	[C]	Poltimore	JD
10:00 am	Service of The Word		Stoke Canon	Lay-Led
10:00 am	Holy Communion	[C]	Thorverton	DC
11:15 am	Holy Communion	[C]	Rewe	SS
	<i>Lammastide Service</i>			
06:30 pm	Evening Prayer	[BCP]	Cadbury	JD
06:30 pm	Evening Prayer	[BCP]	Newton St Cyres	DC

WHO'S WHO IN THE VILLAGE

Priest-in-Charge	Rev Douglas Dettmer, The Rectory, Thorverton	01392 860 332
Church Wardens	Charlotte Dyer, Court Barton Bill Holt, 21 Woodlands	01392 851 618 01392 851 521
PCC Hon Secretary	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851 460
PCC Hon Treasurer	Clive Lawrence, Elm Cottage, Pump Street	01392 851 406
Electoral Roll Officer	Jen Holt, 21 Woodlands	01392 851 521
Tower Captain	Bob Coates, Little Beams, Pump Street	01392 851 468
<u>DOCTORS (Crediton)</u>	Newcombes Surgery, - Drs Hall, Saunders, Mays & Harris	01363 772 263
	Chiddenbrook Surgery - Drs Shorney; Twomey, Murphy & Braddick	01363 772 227
<u>NEWTON WONDER MAGAZINE</u>	Editor – Peter Hawksley Email: newtonwonder@btinternet.com	01392 851 269
<u>PARISH COUNCIL</u>	Chairman - David Baker Clerk - Jane Hole	01392 851752 01392 851148
<u>PARISH HALL</u>	Chairman - Stuart Dowle, 1 West Holme Cottages Booking Sect - Mary Long, - mary-glong@btinternet.com Caretaker - Roy Beckett	01392 851536 01392 851 624 01392 851 730
<u>PRIMARY SCHOOL</u>	Head of Teaching – Glynis Harris Senior Administrator - Madeleine Tucker Administrator - Maxine Bone	01392 851 267 01392 851 267
Newton Nippers	Julie Murphy & Helen Grigg	01392 851 522
Newton Nappies	Holly Lewis	01392 851 169
<u>RECREATION CLUB</u>	Chairman - Tony Lewis, 80 Wrefords Lane, Exeter Booking Secretary - Mrs Wendy Lewis, 80 Wrefords Lane, Exeter	01392 432 287 01392 432 287
Art Group	Daphne Evans	01363 774 064
Neighbourhood Watch	Tim Sedgwick	01392 851223

Cancer Research UK	Jean Wilkins, Coldharbour, Sand Down Lane	01392 851 337
Cricket Club	David Vallance, Manesty, Sand Down Lane	01392 851 266
Community Policeman	PCSO Lisa Crocker, Police Station, Crediton	Dial 101
District Councillor	Peter Hare-Scott	01363 776 409
County Councillor	Michael Lee	01363 772 671
Local MP	Mel Stride Em: mel.stride.mp@parliament.uk	01392 823 306
Football Club	Mark Smaldon	07733 455 177
Friends of NSC Station	Chris Southcott	01392 851 569
Luncheon Club	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851 460
Newton Ramblers	Rosemary Chambers	01392 851 400
Tennis Club Secretary	Laura Leigh	01647 24259
Twinning	Lorraine Mitchell	01392 851596
Upton Pyne PC	Jacqui Ward	clerkuppc@yahoo.co.uk
Young Farmers	Jon Lee	01363 772567
Archery	Alison Couling	01392 841 282
Gardening Club	Gail Meldrum	01392 851 377
Honky Tonks Line Dancing	Paula Benford	01392 210 830
History Group	Jean Wilkins	01392 851 337
Table Tennis	Roger Wilkins	01392 851 337
Youth Club	Pat Finch	01392 851478
Friends of the Arboretum	Roger Wilkins	01392 851 337
Saturday Market – 4th Saturday of the month	Pat Butt	01392 861 131
Neighbourhood Health Watch	Simon Lovell, Crown and Sceptre	01392 851278