

NEWTON WONDER

THE MAGAZINE & WEBSITE FOR THE COMMUNITY OF NEWTON ST CYRES

£1.00

July 2025



Liz Ouldrige
The new chair
of the Parish Council

www.newtonwonder.net

Whether you're feeding 30 or 170 guests, we've got the perfect cheese celebration cake for your special occasion.

Crafted from the finest artisan cheeses, our cakes are a showstopping alternative (or addition) to traditional event cakes — ideal for weddings, anniversaries, birthdays and gatherings.

Each cake is lovingly named after one of the lush fields on the Quicke's Estate, where our grass-fed dairy herd grazes and our cheesemaking journey begins.

All our cheese cakes are on our website or alternatively do pop into our Cheese Shop to discuss your requirements

www.quickes.co.uk,
Call 01392 851000 or
shop@quickes.co.uk.

HOME FARM,
NEWTON ST CYRES,
EXETER,
DEVON
EX5 5AY



QUICKE'S
EST. 1540



TUCKERS
COUNTRY STORE

**GARDEN . EQUINE
PET . FARM SUPPLIES**

We are an independent company that has been part of the West Country rural community for over 185 years

Branches at Crediton and Ashburton
Commercial Rd, Crediton, EX17 1ER

Call 01363 772202
www.edwintucker.co.uk

Delivery you can count on
A huge Country Store
Tuckers Seeds

Pet Food & Accessories
Garden & Home
Farm & Smallholder
Horse & Rider
Clothing & Footwear
Tools & Hardware
Timber & Fencing
Malt & Homebrew



July

Our cover girl this month is Liz Ouldrige. Ann Quon Cordingley took the picture and interviewed Liz, our new parish council chairperson. See page 12 for the interview.

The village has been busy during the last month, with the highlight the volunteers' tea party. I have only heard people say how much they enjoyed it and what a success it was.

During the last weekend in June the village held an open-gardens event. This followed the event in Sweetham during the pandemic when people were able to visit each others' gardens if not their houses. It was not meant to be a competitive event and nor was the latest, parish-wide, open gardens. Rather it offered the opportunity to be sociable and invite others into our gardens. Jill and I decided to enter, not because our garden is better than anyone else's but because we wanted to share our love of our space which gives us so much fun. The theme of the event was that gardens are havens for wildlife. We agree, but think that it is a haven for us and our family and friends first.

By the time you read this, on 1st July the judges for the RHS Britain in Bloom award will be examining the village. The judges will be deciding on three criteria: horticulture, environment and community.

Peter Hawksley



CELEBRATING?

**CHRISTENING
BIRTHDAY
ENGAGEMENT
WEDDING RECEPTION
WEDDING ANNIVERSARY**

Why not consider the Parish Hall for your venue?
It's local, not expensive, has its own car park, two rooms and a new kitchen.
Also has wi-fi and suitable for club and business meetings
For further details, please contact
Peter Watts, 01392 851369
peterwatts361@btinternet.com

The hall has also been used for Coffee Mornings, Bands to Practice, New Years Eve, Community Kitchen, Folk Festivals, Children's events, Gigs, Silent Disco, Craft Fairs, Church events and more

NEWS FROM THE PARISH COUNCIL June 2025

Road Safety

John Dean, the Parish Council lead for Roads and Transport, together with Parish Council Chair Liz Ouldrige, met with our new County Councillor this month to discuss the main areas of road safety concern. These include:

1. A safe road crossing between the Tytheing estate and Sandown Lane.
2. Improvements on the A377 at Smallbrook to include better road signage and a safe path to the Exeter-bound bus stop.
3. Road signage and lights outside the school
4. A replacement flashing speed sign on the bridge over the A377 in the main village.

John will be obtaining independent cost estimates for these schemes as those being quoted by The County Council seem extravagant.

Discussion with the County Council on funding these improvements will continue. However, it is likely that the Parish will be expected to contribute at least part of the cost.

Children's Playground

Jane Hole, Parish Clerk, has secured a grant of £3,810 to purchase a new swing for the children's playground. She will be organising its installation.

Jane is also working with the Recreation Ground committee to ensure the playground as a whole is refurbished. The PC has already approved a grant of £2,000 for this work.

Community Garden

The PC has agreed to work with the church to create a Garden of Peace and Reflection situated between the church and the arboretum.

The land was given to the Parish Council some years ago by John Quicke for the benefit of the people of the parish.

The plan is, eventually, to transfer ownership of this land to the church as an extension of the churchyard for use as a burial ground.

The PC has agreed that, in the meantime, it can be used as a quiet and, potentially, beautiful contemplative space for the community. The Parish Council has agreed a grant of £1,000 to help fund the creation of the garden, and a private donation of a bench has already been agreed.

Volunteers are required to set up and maintain the garden. Graeme Barnell is leading this project, with Sue Browne from the church.

Graeme Barnell

ROAD TRAFFIC REGULATION ACT 1984

SECTION 14

THE COUNTY OF DEVON (TEMPORARY RESTRICTION) (WEST TOWN ROAD, NEWTON ST CYRES) NOTICE 2025

TEMPORARY PROHIBITION OF THROUGH TRAFFIC

DEVON COUNTY COUNCIL hereby give **NOTICE** that:

From **MONDAY 8 SEPTEMBER 2025**
for a maximum of 5 days

Until **FRIDAY 12 SEPTEMBER 2025** (both dates inclusive)

No person shall cause or permit any vehicle to proceed on the sections of Affected Roads.

Roads affected -

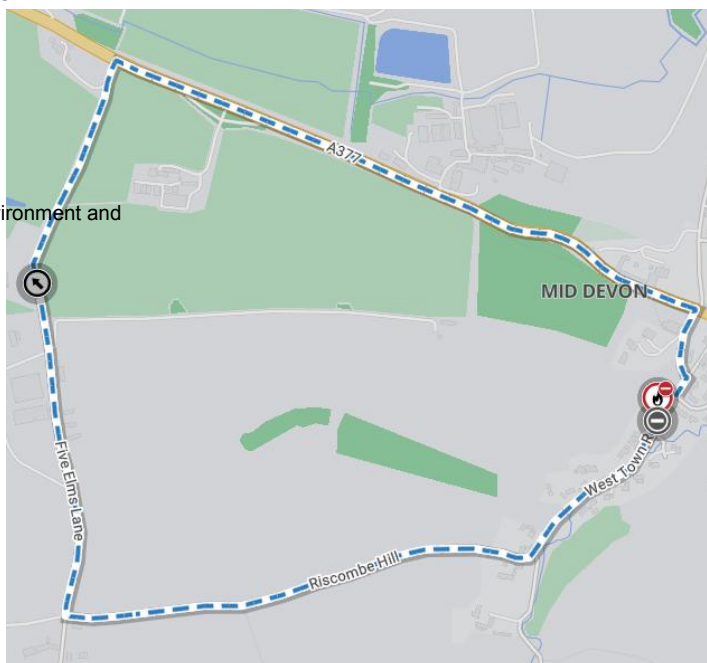
WEST TOWN ROAD, NEWTON ST CYRES

The alternative, signed, route for vehicles will be via - WEST TOWN ROAD>ROAD FROM WOODLEY CROSS TO HALSES WEST TOWN>ROAD FROM FIVE ELMS CROSS TO WOODLEY CROSS>ROAD FROM FIVE ELMS CROSS TO CROWN AND SCEPTRE>WEST TOWN ROAD (VICE VERSA)

This temporary restriction is considered necessary to enable -
NEW GAS CONNECTIONS

For additional information contact:
WALES & WEST UTILITIES

Meg Booth
Director of Climate Change, Environment and
Transport
Devon Highways
Devon County Council
County Hall
Exeter
EX2 4QD



Thoughts for July from Peter Cordingley

I'm sure plenty of locals will be toasting the government's decision to reinstate the winter fuel allowance for pensioners who were stripped of the payment last year. As we all know by now, elderly folk with an annual income of £35,000 or below will once again be eligible for the funds. How many there are in Newton St Cyres, I don't know, but as this is a village of old people, I'm assuming there are quite a few.

More than 10 million people across England and Wales lost the payment, worth up to £300, when the government limited it to only those on pension credit. That decision attracted fierce criticism, including, for what it's worth, from me. It was a crass, insensitive measure that was unworthy of a Labour Party that I have voted for since I progressed from nappies to pull-ups. I was gobsmacked by the stupidity of it all. I still am, though relieved that the government took fright and reinstated it.

But there are so many other ways that the government could have covered the cost of the allowance. One that springs to mind would be to tax the person who owns countless thousands of acres of public land in this part of the world, but who nevertheless charges the nation's lifeboat operators rent for keeping their vessels on his shoreline. That same person also reportedly takes a payment for the government's use of the old Dartmoor prison, even though it's been partly closed for ages because of a radon gas leak. Yes, King Charles. That's you.

Moving on, here's a different idea altogether. In the spending review unveiled last month, Rachel Reeves announced an extra £29 billion for the NHS. That's a lot of money, but it won't go far in a medical system so broken that you can wait a year to see a specialist, or spend a full day on public view in a cot in the corridor of the emergency services.

So, instead of spending the money on projects that will maybe work, but will just suck up funds with no visible short-term improvements, perhaps Ms Reeves can use the money where it's most needed. And by that I mean the Redlands medical practice.

I know, I know. Everybody who works there is doing the best they can in difficult circumstances. I've met quite a few of them, and I can see that's true. But Redlands, for all the good intentions, is falling well short of providing a proper service to the public.

\$29 billion would help a lot. It would certainly help me. I have bad knees, some days so weak and painful that the only way I can get around the house is to stumble from item of furniture to item of furniture. The stairs? You might as well suggest I go up them on a pogo stick.

But when I phoned Redlands for an appointment, I entered another dimension. First, I was told I would have to wait for between five and seven weeks on a pre-waiting waiting list. Not to see a doctor, you understand, but to wait to be put on a waiting list to see a doctor. Following so far? It's a waiting list for a waiting list. I'm now on that second waiting list, but still with another five weeks to go before my appointment.

All in all, it's going to be 11 weeks or more of pain and hobbling around the kitchen before anything happens – and when I say “anything”, I suspect that means there will be a waiting list to see a specialist. How, in the name of Florence Nightingale, did we get here? I know. We all know, don't we.

Peter Cordingley is content editor of the Newton Wonder, However, the opinions expressed in his column are his alone. His views, like all opinions we publish, do not represent the editorial view of the Newton Wonder.

How well do you know your village?

Can you answer the following questions:-

1. WHEN was the picture taken?
2. WHERE was it taken?
3. WHO is in the Picture?

No 98



For a closer look see our website:-www.newtonwonder.net
On the Home Page you will find this picture and a link to all the quiz photos so far and an easy form to submit your answers.

Tea Party for Volunteers in the Parish a Great Success



Photo: Will Goddard, the Crediton Courier

On Saturday afternoon, 14th June, everyone who volunteers in any way in the village was invited to a celebratory tea party. The event was provided by the Parish Council to thank volunteers for their contribution to the wellbeing of the community.

Over 60 people were entertained at Sherwood House by Mark and Nikki Chambers, who very generously provided the venue for the event. The weather was gorgeous and guests were able to explore the beautiful gardens at their leisure.

Chair of the Parish Council, Liz Ouldrige, welcomed the guests and, on behalf of the Parish Council thanked everyone for their contributions to the community.



Photo: Jock Campbell

A feast for volunteers

There are plenty of opportunities for volunteering in the village, from litter picking, helping the road wardens, assisting with sporting activities, organising events, contributing to and delivering the Newton Wonder, helping at the parish hall or the Rec or becoming a parish councillor. There are loads of others too. All offers of help are always appreciated.

There was plenty to tuck into; tea, coffee, soft drinks and Prosecco were provided and a sumptuous feast was cooked and prepared by Jocelyn and her team at the Adonai Kitchen.

Peter Hawksley

*Use the QR code
to contact the
Parish Council.*



Newton St Cyres 200 Club

The draw for **June 2025** took place at the Coffee morning on 7 June and the winners were:

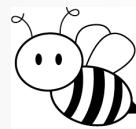
No. 217	C Lawrence	£10.00
No. 38	E Honebon	£10.00
No. 247	M Ormsby	£10.00
No. 31	I Marshall	£10.00
No. 44	M Browne	£10.00

Thank you to everyone who has renewed their subscription – there are few spare numbers if anyone would like one

The club is registered through Mid Devon District Council Licensing Department as a Small Society Lottery under the Gambling Act 2005

Jane Hole
01392 851148

If you have a swarm of bees that you would like to be collected and rehomed
Please contact Chris the bee man at
Orchard View, West Town Road or
Call 07971704793 - 01392851998
email:diver.chris@hotmail.com



Newton St Cyres Tennis Club

Summer is around the corner and so is Wimbledon! Quite a few people I know received tickets through the Public Ballot. Are you going? Even better, come and play tennis with us. The weather is still perfect for tennis!

There are regular sessions for rusty rackets on Saturdays. The person to contact is Sue Bloomfield at sueblmfd03@gmail.com and she can let you know what time the sessions are.



Come and join the other club sessions. They are well attended, and apart from exercise, provide lots of fun and banter. The sessions cover a wide range of abilities and ages so there is something for everybody. So try the club for a couple of sessions and then you can decide to join. Just contact our membership secretary Laura Leigh on 01647 24259.

The summer league is well on its way. There are mixed teams, ladies' and men's team: something to suit everybody.

The Club Tournament has started with a final's day in September, one of the social highlights of the year. Lots of members have entered and it is good fun.

Junior coaching, run by our club coach James Temple, started 3 weeks ago on Wednesdays after school during term time. There are currently a few places available in some of the groups. Please email juniors@newtonstcyrestennisclub.co.uk for further information and to check availability.

Jon Wills offers adult coaching both individually and for small groups, so if you feel you need to brush up your skills just get in touch via our website. www.newtonstcyrestennisclub.co.uk.

The Tennis Club now has a super-duper ball machine, which means you can brush up your skills all by yourself. If you want to try it out, please contact Frederiek at frederiekmaddock@gmail.com

Frederiek Maddock

NEW annual meeting

The **Newton Environmental Wellbeing Group** AGM is to be held on Wednesday 16th July at the Beer Engine, commencing at 7pm. All are welcome

We exist to:

- * Take actions to reduce the carbon footprint of the parish.
- * Take actions that improve the environment and biodiversity of the parish.
- * Take actions to prepare residents for the adaptations and mitigations that climate change will bring to our way of life.
- * liaise with other groups, organisations and bodies (especially the Parish Council) that support these aims

Our current on-going projects include:

- * Community allotment
- * community food larder
- * The village green
- * Orchard fruit trees and re-wilded area
- * Coppicing group
- * Promoting wild-life-friendly gardens

If you would like to hear more about our projects, meet our members, and discover ways in which you can get involved, you are warmly invited to join us.

email: newnewgroup@protonmail.com



And now for the hard part

Leader of the parish council in a village in sleepy old Devon? What could be easier? Not so, says Liz Ouldrige as she discusses her new job in a conversation with Ann Quon Cordingley.

As the new chair of the Newton St Cyres Parish Council, Liz Ouldrige knows she has her work cut out for her. She has inherited an in-tray filled with challenges she can't ignore or put on hold. Among them: not enough councillors to do the work that needs to be done, throttlingly tight finances and a looming local government reorganisation that threatens to offload even more duties onto an already overburdened council – all this while trying to ensure that the basic services that keep village life ticking over are taken care of.

Liz recognises that some of the bread-and-butter issues she faces are long-standing ones that have frustrated previous chairs. Improving road safety, road repairs, clean public spaces, improving local facilities, cooperating with district and county councils and being asked to do more with less are typical problems facing not just Newton but local councils across the country.

Liz was first co-opted onto the council nine years ago and became vice chair two years ago. When then-chair Graeme Barnell announced he would be chair for only two years, she was the obvious choice to replace him when he stepped down in May. Considered to be a safe pair of hands by many, Liz says her leadership style is to listen and build consensus.

"I like everybody to talk. I am not there to have my view prevail. I am prepared to make a case and have it rejected by others because that is what a democracy is all about. I'm not upset if I don't get my own way because that is not why I am there. I am there to steer a group of people. It's a team activity and I am steering the team, not leading the team. I am not at the front of the group going up the mountain. I am probably midway or at the back making sure everybody gets up the mountain," she says.

Sitting in her kitchen with its splendid panoramic view of the surrounding valley, she is clear about her priorities as the new chair. With only six of the nine seats on the council filled, her first priority is to recruit more councillors to spread the workload. "If we can get enough councillors, then things will work better," she says. "I would like to see younger people join because they are the future of the village. But I do appreciate that it is only retired people who have the time. That said, I really do think that if anybody wants to be a councillor, I will work with them," she says.

Her second challenge is finances and ensuring that the council's modest budget is spent effectively. Even though the precept (the portion of council tax that the parish council gets to fund its operations and services) was increased significantly this year – by 15% – rising costs means that it is still not enough to fund everything the council wants to do. Besides routine administration and running costs, there are always ad hoc expenses and unexpected demands for funds, such as the £400 needed to dismantle the dilapidated bus

stop at Half Moon (now removed). “Money is a challenge and we need to spend effectively. We do have a small fund for grants, but that is already gone,” she sighs.

Her third priority is the upcoming local government reorganisation, where the current two-tier system of district and county councils will be combined into one unitary council that will deliver all council public services in future. Under this new structure, Liz says there is no sign that the parish councils will disappear. If anything, they will play an even greater role – but without much increase in funding. “So some of the things that Mid Devon District Council does, such as cutting the grass verges, will probably become our responsibility. And they won’t give us the money to do this, so we will probably have to raise the precept.”

With parish councils set to play a more important role, it will be essential to have quality people on board. “It’s not just a doddery old activity of drinking cups of tea – this is important.”

As she faces these challenges, Liz says she also has to be realistic. “I don’t have grand schemes. I’m a pragmatist. If you get the little things working alright, then the big things can come along, and it’s okay. But you can’t do the big things and ignore the little things.”

Liz was born in Luton (“one of the things I try to hide,” she chuckles), and grew up in Berkshire and Herefordshire. Her father worked for the government supervising electronic engineering in the UK, and her mother was a teacher. Liz studied microbiology at Birmingham University and completed her Ph.D in virology at Leeds University, where she met her husband Martin, who was researching a Ph.D in physics.

Her Ph.D research project involved finding the cause of cervical cancer, which was thought to be caused by a virus. She was a member of one of two dozen teams around the world, assigned to study specific viruses. She is proud of the contribution she made to the research, which led much later to the discovery of the HPV vaccine to prevent cervical cancer. “So my career of 40-plus years spanned the time from discovering what caused cervical cancer to people being vaccinated against it, and there is a strong possibility we can do away with that cancer,” she says.



Photo: Ann Quon Cordingley

Liz Ouldrige

It is not surprising then that her first post-uni job was as a research scientist with the pharmaceutical company Wellcome Foundation (which later became part of the GlaxoSmithKline pharmaceutical giant), where she worked on foot and mouth disease. It was the only place in Europe where the virus was handled in highly secure conditions, she says. Staff had to strip down before and after working in the lab. “I was there for 14 years, and even now when I cross a field and see a cow, I shudder!”

In the end, foot and mouth disease did not become the crisis in Europe that had been feared, and with markets for the vaccine limited, Liz’s company sold off their facility. By that time she had become head of quality control, but decided it was time to move on.

“I was pregnant at the time and decided to go into teaching because I knew a lot about education – my mother and aunt were teachers and my father was involved in education. And it fitted in with having children.”

Meanwhile, Martin was working for the Met Office in Bracknell engaged in research and weather forecasting, while Liz retrained as a teacher and got a job as head of science at a local state-funded school for 11- to 18-year-olds.

During her time there, she left her mark. The state-funded school was a tough environment with students drawn from a poor area and parents with low expectations. “During the time I was there, I got three teams to the national finals of the prestigious Young Scientist of the Year awards, and once we actually won. Another team won the science communicators’ award, which was absolutely brilliant.”

After 26 years in Bracknell, the Met Office moved its headquarters to Exeter in 2003, so Martin and Liz moved here with their two sons (now grown up with families of their own). “We decided it was easier for me to get a job as a teacher,” she says. While Martin resumed his work at the Met Office in Exeter, she found a job at the top-ranked independent Maynard School for girls in Exeter as Head of Science and deputy head of sixth form.

Shortly after settling in Newton St Cyres in 2003, both Liz and Martin got involved in village activities, first with the village Twinning Group (the village is twinned with Rots, in France) where Martin and then Liz were treasurers. They also volunteered to help out with the railway station gardens. (Next time you visit the gardens, check out the two herb beds that Liz started). “Then there was a vacancy on the Parish Council and Chris Southcott persuaded me to join,” she says. That was nine years ago.

Liz and Martin retired from their professional careers in 2015, during which time her parents moved to Exeter to be closer to them. Keen cyclists and walkers, the retired pair spent their time pedalling around the UK and Europe, with Liz taking photos that she would carefully compile into annual calendars for the family.

However, five years into their retirement, tragedy struck. Martin was diagnosed with myeloma, a blood cancer that develops in plasma cells in the bone marrow. It is incurable.

The first year of treatment made Martin terribly ill, but thankfully, was followed by a year of good health. But that was the lockdown year and as he was classed as vulnerable, he and Liz had to live separately. “So for a year we were isolated. If I feel angry about anything, it was that the year he had good health, we couldn’t make use of it because of Covid.”

During this period, Liz’s parents also became ill, so she was caring for both of them and Martin. Despite the costly treatments and tireless efforts of the dedicated NHS staff, they ran out of treatments for Martin two days before Liz’s father died. “And there I was caring for my dad, so it was quite a tough time,” she says.

It has been two and a half years now since Liz’s father passed away and one and a half years since she lost Martin – both at Christmas time. “I used to love Christmas but am not so keen anymore,” she says wistfully. Last Christmas, the health of her now 99-year-old mother, who had been living independently with support from Liz and carers, took a turn for the worse and she is now in a care home.

Despite what was going on in her personal life, Liz did not give up her council work. “I stayed on for continuity, even though Martin was quite ill. As Graeme [Barnell] said he was only staying on as chair for two years, there was nobody left but me,” she says.

Those who know Liz say they admire her for her grit – that strong sense of purpose and perseverance that seems to underpin everything she does. And you feel it when you talk to her.

As she looks ahead to the next two years as chair, Liz says she will rely on her management skills to get things done, particularly in building teams that work well together. Often, when a team leader leaves, she says, the group falls apart unless there is someone equally capable to take over. “We need to make sure there is succession and that when somebody leaves, they are not irreplaceable. All organisations do this. It’s not a question of personality or anybody’s fault. It’s the way teams work, and what you have to do is make sure you can replace that person.”

Liz says she also wants to strengthen relations with other organisations in the village, some of which, she acknowledges, have suffered due to a lack of enough councillors to maintain relationships.

How will she attract capable but busy residents to join the council? “You have to go out and talk to people and make personal contact, she says. “That’s why I would like to reach out to all the volunteers in the village because they might be interested or know people who are interested.”

Does she have a message to residents? “Yes, do me out of a job and become a councillor!” she says.

Interested in joining the Parish Council or getting involved in village activities? Here’s the email address. parishclerk@newtonstcyres-pc.gov.uk

Neighbourhood Watch – Serving the Community

Every month the Newton Wonder publishes a list of the Neighbourhood Watch deputies, but what is it that we do? Neighbourhood Watch is a community-based crime prevention initiative where neighbours work together to reduce crime and enhance safety in their local area. It involves residents keeping an eye out for suspicious activity, sharing information with each other and the police, and promoting a sense of community and neighbourliness.

Here's a more detailed look at what Neighbourhood Watch does:

Crime Prevention

- Neighbourhood Watch schemes help to reduce crime and the opportunities for crime by encouraging residents to be vigilant and report any suspicious behavior.
- **Community Engagement**
It fosters a sense of community and neighbourliness, encouraging residents to look out for each other and build stronger relationships.
- **Information Sharing**
Neighbourhood Watch groups often share information about local crime trends, scams, and safety advice with their members and the wider community.
- **Liaison with Police**
While independent, Neighbourhood Watch groups work with local police to address community safety concerns and report incidents.
- **Community Projects**
Some schemes may also undertake community projects, such as running awareness campaigns, organising social events, or participating in local clean-up initiatives.
- **Reassurance**
By creating a more connected and vigilant community, Neighbourhood Watch can help to reduce the fear of crime and increase residents' sense of safety and security.
- **Vigilant, not Vigilante**
Neighbourhood Watch emphasises observing and reporting suspicious activity, rather than taking law enforcement into our own hands.

At the moment, we are looking for residents of Woodlands, Tyething Close and Kingfisher Close to join the group. If you are interested, please either contact me or a fellow member of the group, and have a look at the official website www.ourwatch.org.uk

As a group we are considering an ad hoc series on crime and fraud as it affects all of us in our daily lives. Next month: **‘Don’t get hooked: new warning urges the public to continue reporting phishy emails’.**

Finally, the Parish Council wishes to acknowledge the contribution of Alan Hancock, who is retiring. Thank you, Alan, for being there for your community. We know you will continue to keep your eye on us.

Monika Herpoldt-Bright

monikaherpoldt-bright@newtonstcyres-pc.gov.uk

A White & Sons Ltd **Funeral Directors**

Albert Road, Crediton, Devon, EX17 2BZ
whitesfs@btconnect.com

(01363) 772043

www.ahwhiteandsons.co.uk

*Members of the N.A.F.D and S.A.I.F
Prepayment Plans Available*

COMPUTERS

Mended – Upgraded – Replaced

Desktop, laptops, printers, wi-fi, networking,
broadband – supplied, installed, checked, changed,
demonstrated.

Changeover service to help you move from an old
to a new computer.

A friendly, professional, unbiased service.

Home visits or remote link-ups to suit you.

Ian Gunter : (01392) 851841

CENTRAL HEATING **and DOMESTIC PLUMBING** **N.A.GUPPY Ltd**

General plumbing and small-bore heating
(gas, oil or solid fuel).

Large or small contracts.

Inquiries invited. Estimates free.

Specialists in lead work.

Please contact : **Mr N Guppy**

Croyland, Brampford Speke, Exeter

Tel : 01392 841 336

Something to Sell

Put your small advert here

Free for Residents of
Newton St Cyres

ST CYRES COFFEE MORNING



**Come and join us on July 12th
Newton Parish Hall
10.30-12
Stalls and Raffle
In aid of Church**

White Rabbits

If you thought that you were seeing things - you probably were!

There have been several sightings of white rabbit(s) on the station and at the Rec.

No -one has claimed to have lost a tame rabbit so it is possible that it (or they) are wild.

Chris Southcott caught this picture in the playground at the rec and thought that he might be on the way to a cricket match, or a date with Alice.



VILLAGE LUNCH

Thursday 17th July 2025 12-12:30 pm

THORVERTON ARMS

2 courses + tea/coffee £15

MAIN COURSES:

Thorverton Arms Salad Bowl with Grilled Chicken Wrap
Yorkie Wrap with Beef, Turkey, Pork or Veggie
Steak Pie, Mash, Seasonal Veg & Gravy
Liver & Bacon, Mash, Peas & Gravy
Veggie Lasagna & Chips
Fish, Chips & Peas
Lasagna & Chips

DESSERTS:

Lemon Curd Cheesecake
Chocolate Brownie
Eaton Mess
Ice Cream

To book, please ring **JOHN or CHRIS SALTER, 851 346**
by Sunday 13th with Names & Menu Choices



Demonstration by John Hoar

John Hoar completed two paintings for us: a landscape in watercolour and a view of cottages and the church in Newton St Cyres, using pen, ink and wash. John used Fabriano and not paper, with a limited palette, and a small range of brushes, including a

swordliner and a rigger – plus a sharpened matchstick inserted into a piece of bamboo for the Indian ink, as it is unpredictable and produces less rigid lines.

It was a pleasure to watch an accomplished, confident artist at work.

John advised using lots of water, leaving white areas of paper, and paying attention to tone – plenty of contrasting darks and lights, as well as including both hard and soft edges. Dark accents around buildings helped them to stand out. Windows were minimally suggested rather than painted in detail.

John doesn't use photos for reference, preferring a sketch, which doesn't include a lot of detail. He began both paintings with the middle ground, rather than the sky, reminding us not to forget to put in people, cars, telegraph poles and wires!

Jenny Hallam



Friends of the Arboretum

Annual General Meeting

The Friends of the Arboretum held their AGM, with a walkabout, on 11th June. About 20 people attended and enjoyed a tour of the arboretum with Cathy Horsley from Devon Wildlife Trust.



Cathy Horsley (R) with friends of the arboretum

Cathy praised the arboretum for its aim of promoting wildlife and biodiversity. Many different native meadow grasses were found, and she explained how each supported different insect types.

The introduction of yellow rattle has weakened some grasses and allowed native wildflowers to thrive. Keeping areas uncut helps butterflies and moths, and allowing fallen timber to rot in situ encourages insects, worms, small mammals and eventually larger predators such as owls to flourish.

After the tour, drinks and biscuits were enjoyed in the Parish Hall before the formal AGM.

Andy Gee

LETTER TO THE EDITOR

Rubbishing the village

While walking the lanes around our village, in the beautiful countryside with our dog Minnie, I note that, sadly, it's all too often spoilt by the sight of litter.

I'm inclined to pick it up and drop it in a bin or occasionally bring it home in a dog-poo bag, along with a collection of other discarded items.

I have observed that there is often a theme to the rubbish. The bulk of it appears to be either drinks cans, sometimes bottles, of which many are alcoholic products or the ubiquitous Cola drink. Then there are the usual sweet and snack wrappers. More often than not, these are plastic.

More recently there does now appear to be another kid on the block. Dare I mention ... drum roll... McDonald's rubbish, or should I refer to it as trash?

Yes, I'm well aware that this new, so-called restaurant provides many jobs, but there's one job I wish I didn't have – yes, you've guessed correctly, picking up McDonald's takeaway packaging.

The upside is that a lot of their packaging is recyclable. I'm not sure that ever happens, but the paper and cardboard will eventually just rot down, I suppose. My guess is that it gives the impression that McDonalds do care for the environment. If only.

If they do care, would they be good enough to remind their customers to do the right thing and take the trash home or put it in a bin? As well as "Have a nice day" or "Enjoy your meal". If only.

I spotted this along Station Road, just beyond the entrance to Newton House, and, yes, I did put it in the bin.

Meanwhile, I'm so glad there's only one KFC in Newton St Cyres.

Mark (My Word) Phillips
Kingfisher Close



NEWTON RAMBLERS

Sunday 20th July

This month's walk is set in East Devon and takes in part of the East Devon Way.

The start of the walk is at Dawlish Countryside Park, Exeter Road, Dawlish. Postcode EX7 0PA. We will leave Newton St Cyres Parish Hall car park at 9.30am for the start at 10.15 am.

We will be walking through fields towards Dawlish Warren, where there are toilets. From there we walk along the sea wall to Dawlish, experiencing lovely views. The walk continues through Dawlish to see the swans etc. At this point we could have coffee or an ice cream. Then we will go back along the sea wall or take a coastal path back to the park.

All are welcome to join this walk. If you need a lift or have any questions, please contact Nigel or Rosemary Chambers on 01392 851400.

Please note that anyone joining us on these walks obviously does so at their own risk.



Newton St Cyres toddler group

Come along and join us every Wednesday in term time, lots of great toys to play with. Stories to enjoy, craft session and activities to try.

It is great family fun.

Our family sessions are £2 a time and run from 9:15 - 11:15 am. The price includes a drink and a snack.

We would love you to join us at Newton St Cyres Primary School



see our facebook page
Newton Nappies
Contact the School on
01392 851267

Bert Jewell writes Rhymes and Ways about Gardens and Gardening

July

A couple of months ago my poem was all about holidays. Well, Margaret and I have just spent four nights in a hotel on the East coast. Thoughts:

The holiday was booked for the 26th May,
We didn't stop to think, was it a Bank Holiday.
So with the car all loaded, the suitcase in the boot,
Our son had kindly printed out a copy of our route.

With seatbelts on, it was half past nine,
The weather breezy, but it turned out fine,
As we headed off East, leaving Devon behind,
Southampton then Portsmouth, we were doing just fine.

With the traffic getting heavier the further we drove,
The last place we passed was Brighton and Hove,
And then in the distance our hotel by the sea,
It looked a little tired between you and me.

The mattress was lumpy, the TV quite small,
The bathroom basin held no water at all.
But the food was ok; it was different each day
and then it was Friday, time to make our way.

Back on the road, past Brighton and Hove,
The traffic getting lighter the further we drove,
Passing by Exeter, with Crediton in sight,
Our mattress is waiting to bid us goodnight.

Things to do in the garden

About our holiday, Bank Holiday Monday was not a good time to travel 200miles by road, but we did it in 7 and a half hours. We found that the hotel was surrounded by roadworks, and on one side they were turning a street into a pedestrian-only area, while at the front old flower beds were being removed. Large areas were planted out with a variety of plants that all have the same growth habit. These beds became infested with a variety of Oxalis. Some Oxalis have attractive leaves with smallish single flowers, some have rhizomes, some are tuberous and some have fibre roots.

But the Oxalis we find growing wild in our gardens are members of the wood sorrel family. Some of these have a small tap root and some have a small bulb. It's nearly impossible to rid your garden of these, so we decided to dig out all the soil and start again. It should look good when finished.

Right now, let's get out in the garden and prune the wisteria if you have one. July is the best time to cut all the new whippy tendrils back to about 6". This will stop the plant going wild and help to build up short flowering spurs.

If your plant puts on lots of growth but few flowers, it may be the soil is too rich. Feed it once a month with liquid potash until September and again in early spring.

Raise the cutting height of the lawnmower during hot dry spells. The grass will be under stress and the longer grass will help shade the roots.

Another important and worthwhile job is deadheading the roses. This will keep the plants looking tidy and will help prolong the flowering period. Roses would also benefit from a potash feed.

In the veg garden, you can still sow carrots, early peas, spring cabbage, lettuce and radish. Harvest vegetables as soon as they are ready and enjoy food that you have grown. The taste is something else. We have had a good crop of strawberries this year and the taste is completely different to the ones you buy in the supermarket.

Plant of the Month

"Penstemons"

There are lots of different varieties of Penstemons, but they all have trumpet - shaped flowers. Some are large, vigorous plants, and some can appear to be timid and slow to grow. It's wise to take cuttings of the ones you like, although they are mostly hardy. Plant in well-drained soil in a sunny spot and dead-head regularly. I will tell you how to take cuttings next month.



Enjoy your gardening

July on the Farm

Meet our Quality Manager, Jack Penny

How long have you worked at Quicke's?

1 year, 3 months – although it's gone by very *Quickly*!

What part of your job do you enjoy the most?

Learning all about the cheesemaking process; from following the milk from our own herd to seeing it become the award-winning cheddar we produce. I especially enjoy ensuring everything we make is of the highest quality and safe for everyone to enjoy.

Favourite Quicke's cheese?

Our Extra Mature Cheddar, which is rich and full of character. I make a lot of pizzas at home, and our Devonshire Red is my favourite cheese to add to pizzas – not only does it melt very well, it also adds a great pop of colour to the pizza.



Jack Penny

What's the most interesting part of your job?

Understanding all the microbiology and external factors that influence our cheese, from milk quality to parameters, handling, and how it's matured. Even the smallest changes in our process can create fascinating differences in flavour and texture.

How did you become the quality manager?

I worked for a large pharmaceutical company before working in Quality. I wanted a new challenge and looked at a large range of quality roles. When I spotted Quicke's cheese and the estate it resides upon, it gave a very unique 'flavour' to the normal quality roles available. Following my interview and the interactions I had with the staff, coupled with the beautiful landscape, I thought this was a great place to work.

What does a typical day look like for you?

Most mornings are spent reviewing food test results and answering customer queries. I'm constantly looking at ways to improve our quality assurance systems while staying true to our traditional values. I also liaise with suppliers and auditors to implement improvements. Behind the scenes, we're always working on new product ideas, which keeps every week exciting!

Rachael Kinsella

POST OFFICE NOW OPEN

Tuesdays from 9.00am to 11am

Full PO Service

**Selling some household requisites,
confectionery and magazines**

Access by gate at far end of the
Newton St Cyres Village Hall (coming from A377)



creditonarts
centre
Theatre, Film, Music, Classes

01363 773260

East Street, Crediton, Devon.

JULY PROGRAMME

17th JULY - 7.30pm

A Complete Unknown

A film about Bob Dylan's early
days in New York City.

Tickets: £5 - BAR



18th JULY - 7.30pm

A Year and a Day

Chris Sainton-Clark's poignant
and darkly comic solo show is
sure to keep you on the edge
of your seat.

**Tickets: £13/11
BAR**



19th JULY - 7.30pm

Let It Bring Hope

David Heathfield returns with another
magical evening of stories from Gaza,
All proceeds to Gaza family fundraising



31st JULY - 7.00pm

The Royal Tenenbaums

Wes Anderson's tragic-comic masterpiece

£5 to include themed pudding



20th JULY

Check website for times

Share in the Square

The popular music event
returns with summer
sunshine performances
from Whittall & Cookson,
David Treadaway,
Etchecuria, Seraph and
Pauper's Fortune.



**Tickets through the Arts Centre, ring or go to
[www.ticket source.co.uk/creditonartscentre](http://www.ticketsource.co.uk/creditonartscentre)**

**Full Details and Tickets - www.creditonartscentre.org
info@creditonartscentre.org**

Newton St Cyres Gardening Club

Thank you to all the helpers and those who attended to Garden Club Coffee Morning & Plant Sale on 7th June. It was lovely to see so many there and what a selection of plants, raffle prizes, books and bric-a-brac there was to look at while enjoying a tea or coffee and homemade cakes. Thank you also to John and Chrissie, who provided the regular Tombola – always a favourite. Monies raised will go towards payment for speakers at our evening meetings.



Helpers on the plant stall: left to right Jane, Chris & Karen

We will soon be planning our speakers for 2026, so if you know of a speaker or have a particular topic that you would be interested in, do let me know.

When adding colour to a summer garden, either as bedding or containers and hanging baskets, people often choose Geraniums. However common names can cause mix-ups. ‘Geranium’ is the name most people use when talking about Pelargonium, but Geranium is actually a different plant genus. So, to help avoid confusion, some refer to Geranium as ‘hardy geraniums’, and Pelargonium as ‘tender geraniums’. Pelargonium frequently have rounded clusters of vivid red or orange flowers and bushy leaves, often strongly marked with purple or red. Trailing types have green ivy-shaped leaves and others may have wavy-margins. Some may have rose- or lemon-scented leaves with flowers that vary from pure white through to pinks, reds, mauves and deep purples, and some can have a contrasting dark blotch.

All pelargonium love a warm spot, whether in a pot or the ground. They prefer free-draining soil or an open compost. If planted in containers, make sure that excess water can drain away and that they have plenty of space to grow. They store moisture in their fleshy leaves and stems and can survive short periods of drought. However, they do need regular watering to ensure prolific flowering, especially on hot days. Morning and evening watering is good, preferably with rainwater & it is important to make sure there is no standing water, as wet roots will cause damage.

To ensure continuous flowering, they need feeding, and from the summer onwards should be fed with additional nutrients, as those in pre-fertilised compost used in containers are usually depleted by this time. A commercial liquid fertiliser for flowering plants will ensure they continue to look their best. It is also important to



Pelargonium inquinans



Pelargonium cucullatum

remove faded blooms regularly to ensure the energy goes into stimulating new flower growth. Some plants may automatically drop their dead flowers, but dead leaves need to be removed by hand.

Last July, we visited Stourhead (National Trust). Henry Hoare II's grandson, Sir Richard Colt Hoare, inherited the garden in 1783. He had a great interest in pelargonium and by 1821, he owned over 600 varieties. Many of these he had cultivated himself, using cuttings and other propagation techniques. He had a

conservatory built parallel to the library at the west corner of the house, in which he could work. The original structure is gone, but his pelargonium house has been revived in the Lower Walled Garden, where more than 100 types of pelargonium are still grown there today. The collection is displayed according to the date of introduction, including *Pelargonium inquinans* 1714 and *Pelargonium cucullatum* 1687. It is fascinating to study.

Pelargonium are not hardy, but can overwinter in frost-free conditions. Later in the year, I will give details of how you can do this.

Do you drink tea? The probable answer is yes, made using the dried leaves of *Camellia sinensis*. There are now a wide variety of fruit and herbal teas available in the supermarkets, but why not grow and make your own aromatic infusion or tisane, as they are known. Plants that can be grown in your garden easily include German Chamomile, *Chamaemelum nobile*, Moroccan Mint *Mentha spicata* var *crispa* 'Moroccan', Lemon Verbena *Aloysia citrodora* and Lemon Balm *Melissa officianalis*. Here are details of a few infusions that you can try.

- **Grapefruit Mint** will grow in part shade or full sun in a moist but well-drained soil. As with all mints, it is best grown in sunken pots to prevent spreading. Infuse a few fresh leaves for 3-5 minutes to give a citrus flavoured mint infusion.
- **Rosemary** grows in a sunny location in well-drained soil and will give a mild woody pine flavour when a small sprig is steeped in hot water for at least 3 minutes. Leaves & flowers can be used.
- **Lemon Verbena** prefers a sheltered spot in full sun. It should be hardy in our gardens. Infuse 3-5 leaves for 3 minutes to give a refreshing strong citrus flavour.
- **Pineapple Sage** likes a sunny, sheltered spot with well-drained soil. It is not fully hardy so may need some protection. The leaves and bright red flowers can both be used. Infuse 5 leaves/flowers for 5 minutes to give a subtle tangy fruity flavour.
- **Orange-scented Thyme** grows well in poorer soils (you can add grit) with full sun. Brew 1 teaspoon of leaves for 3-5 minutes and this will give a warming aromatic orange infusion.
- **Rose-hip** infusions have a sweet and tangy flavour, with a hint of rose. To make this infusion, halve the hips and remove the seeds, then simmer 4 chopped halves for 10-15 minutes and strain before drinking.

Most herbs can be dried for use throughout the year, and this will result in a stronger taste when infused. Drying can be done in an oven, with a food dehydrator or by hanging them up to dry naturally. They will then keep for several months through the winter.

Have you had a problem with your Buddleja this year? Since 2023, the RHS have received reports of buddleja plants showing unusual puckering and discolouration of leaves, caused by aphids feeding on the undersides of the leaves. Over time, the damage curls the leaf and can create pale patches that look similar to disease symptoms caused by a virus. In 2024, 67 reports were received, with aphids being found on the plants in most cases. RHS entomologists worked with aphid experts at the Rothamsted Insect Survey to obtain a tentative identification of melon-cotton aphid (*Aphis gossypii*) from a sample of buddleja at RHS Wisley. The RHS are now asking gardeners to report sightings of aphids on their buddleja, by taking photos of the upper and lower sides of the leaves and submitting them, with other relevant details, to help them investigate. For full details of the survey, go to www.rhs.org.uk/biodiversity/aphids-on-buddleja

A FEW JOBS FOR JULY(there are lots more)

- Check clematis for signs of clematis wilt
- Pick courgettes regularly or you will have marrows!
- Pick tomatoes as they ripen, and continue to remove sideshoots, feed and water the plants
- Clear algae, blanket weeds and debris from ponds, and keep them topped up.
- If you grow fruit, harvest apricots, peaches and nectarines

WHAT'S ON?

Sunday 6th July 12.30pm-4.30pm Ashley Court, Ashley, Tiverton

EX16 5PD. NGS Ashley Court is a small Regency country house with an historically interesting walled kitchen garden currently undergoing restoration. It is unusually situated in a deep valley and has a frost window and the remains of several glasshouses and cold frames. View the apple loft, root stores, stable buildings, woodland walk and lawns, borders and beautiful mature trees. A walk through discovery and history. Admission Adult £6 Child Free. Refreshments: Speciality teas include many delicious Vegan recipes and cakes containing fruits and vegetables from the walled garden.

Continuing until Sunday 13th July RHS Rosemoor Festival of

Roses. Enjoy the scent and sight of thousands of rosebuds and blooms. Boasting one of the UK's largest collections of roses, Rosemoor is home to more than 200 different varieties and over 2,000 specimens, ranging from traditional cottage garden climbers to modern varieties, all planted in different settings and combinations in the garden. Join one of the weekly tours scheduled for every Tuesday at midday throughout the festival, to learn more about these beautiful blooms.

Saturday 26th & Sunday 27th July RHS Rosemoor Vintage

Weekend. A large selection of classic cars, motorcycles and tractors on the lawns of the arboretum. Enjoy a milkshake created by Vintage Ruby's, a delicious ice cream from Hockings, or a tasty treat from Fire Dining caterers. Have a go at 1950's swing dancing, or sit back with a cocktail from Olive or Twist and listen to the sounds of Fine Whines, Gemma Ruby and The Hummingbirds. Enjoy family fun with Punch and Judy shows, steam rides and retro games from 10am-4pm in Lady Anne's garden.

Sunday 27 July 2025 2pm-5pm The Linhay, Stockleigh English,

Crediton EX17 4DD. A fairly level 1 acre plot with beautiful views towards Raddon Top. A gravelled walled garden, a courtyard to rear, a cutting garden with mature trees and a paddock, which is left uncut. **Admission:** Donation at entry Parking: On a paddock by the gardens. Refreshments: Tea, coffee and cakes – cash only. Wheelchair Access: No access to rear courtyard, level access to all other areas, but please note it is all either gravel or grass i.e. no hard pathways Dogs: Welcome on leads. No toilets. For more information, please contact: dee@thelinhay.net

Happy Gardening

Nicola Baker



GET GARDENING
with
Bernaville Nurseries

SCAN TO SIGN UP TO OUR
LOYALTY CARD FOR EXCLUSIVE
OFFERS AND 10% OFF PLANTS
EVERY TUESDAY & WEDNESDAY

FIND US JUST PAST COWLEY BRIDGE, EXETER • WWW.BERNAVILLE.CO.UK • OPEN 7 DAYS A WEEK

Sandford Summer Show – 10 August 2025, Parish Hall at 2pm

It's July and only six weeks to go until the Sandford Summer Show on Sunday 10 August. Our show is a bit earlier this year so hopefully you growers will have heat loving crops in abundance.

The judges are on standby and we are busy polishing the cups and getting the prizes ready. The organisers are just itching to see all the wonderful entries from everyone who has been growing, cooking, baking, crafting and taking photographs. We are especially keen to see the children's contributions, but you can be any age to join in!

It promises to be a great afternoon out, whatever the weather. There will be tea and homemade cakes on sale, a plant stall and a grand prize draw.

There is still plenty of opportunity to participate in the competition with entry forms available in Sandford Community Stores or via email at sandfordsummershow@gmail.com Entry forms must be handed into Sandford Community Stores by midday on Thursday 7 August.

See you all there!

On behalf of the Sandford Summer Show Committee

**Consistent
quality care at
every visit**



Your Care | Your Choice | Your Hub

Tell us the
support you're
looking for



Review the
profiles we
send you



Choose who
you feel is the
best for you



01392 982 832

exeter@hubcaresupport.co.uk



Ed Rogers

07717 845 184

info@ed-rogers.co.uk

Established 2004. Services include:

Landscape Construction | Groundworks

Digger/Plant + Driver Hire

**Experienced professional landscaping
and groundworks services for
residential and commercial properties
across Exeter, Mid and East Devon**

Landscape Construction + Groundworks



ed-rogers.co.uk



@edrogersofdevon



/edrogerslimited

LEWIS'S
OF CREDITON LTD

Lewis's of Crediton Ltd is one of the largest dealers of electrical appliances in the local area. Serving clients across Crediton and the surrounding areas.

Collection and delivery. We deliver and install the new appliance for you, as well as taking away your old appliance, providing you with a convenient service.



euronics

Contact 01363 773 246

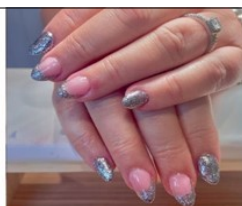
info@lewiselectronic.co.uk

www.lewiselectronic.co.uk



THE RETREAT

NAILS & SKINCARE



Manicure Nails
Pedicare Facials
Skincare advice &
classes

Templespa stockist

Jess - 07377 519919 /
jessoleach1@gmail.com

Newton St Cyres



Do You Remember....July?

July 1975

Devon County Council had blocked the idea of double white lines through the village but Tiverton District Council were still pressing for them. DCC said that lines were not generally used in built up areas and where visibility is adequate. The Church Walkabout raised about £200.

Newton Fair had been a successful day with maypole dancing and dragons (one breathing fire created by James Walters.)

The Parish Council were concerned about pollution in Shuttern Brook and 2 DCC workmen had been seen emptying raw cement into the brook.

The Water Authority had come out immediately!
The Parish Council were asking for a bus bay at Half Moon.

The NSC Players held a successful Treasure Hunt which was won by Eddie and Muriel Whiddon. The Players were appealing for more members.

July 1985

The Parish Council had been informed that all consumers wishing to use a water sprinkler must have a water meter.

Most of the footpaths in the parish had been cleared.

The Twinning Group held a barbecue at Sherwood House.

The School were looking into the possibility of twinning with another School.

Young Farmers had been entertaining young farmers from Lancashire, visiting local farms and places of interest.

The Primary School had been completing a project on present day Newton St Cyres. The information collected was put on a disc for future reference. 50% of the forms returned mentioned the A377 being a problem.

Doreen Hammond retired from the School after 17 years.

July 1995

An Art and Flower Festival was held in the Church with a Craft Fair and Refreshments in the Parish Hall. It was launched by a service of 'Songs of Praise'.

It was also a chance to meet the new Vicar, Rev. Ralph Weston. Esther Hiscocks was encouraging patients of Chiddenbrook Surgery to join their League of Friends.

The Afternoon Club had been re-started under the chairmanship of Mrs Goldsworthy. Meetings are held on the 2nd and 4th Tuesday from 2.00pm to 4.00pm.

The Church were collecting old newspapers for Church funds. Cancer Research organised an 'Exemption' Dog Show at the Recreation Ground.

The cost of the Newton Wonder was £3 per year.

July 2005

The Recreation Ground hosted the Kingfisher Awards with local Primary Schools involved in a nature study project. They also hosted the 5-a-side Youth Football Tournament, a Charity Cricket Tournament and were looking for sponsorship for the Firework Display later in the year.

The hall were advertising a Table Top Sale in aid of Emily Joll's visit to Nepal.

A list of Useless facts were published, such as: Fingernails grow nearly 4 times faster than toenails; more money is spent on gardening than any other hobby; Rice paper does not have any rice in it.

A Garden Party in aid of 'New Faces' Young Stroke Group in Exeter was held at Weirholme, Half Moon and cost £3 to include a cream tea.

An article appeared on Newton Fair which used to be held on the first Monday after the 18th June and the account of the fair in 1864 included a report on the dancing, sweet stalls and cattle sale.

July 2015

The bridge over the River Creedy was closed for five weeks for strengthening.

The Newton Wonder website was being set up. The editor stated that he was in need of some learning.

The Twinning Group entertained the French from Rots and on the Saturday evening held a ceilidh and served fish and chips.

Six young farmers completed the three peaks challenge, raising funds for the Farming Community Network.

Quicke's Open Farm Sunday had over 2,500 visitors. There was a variety of activities to enjoy including tractor and trailer rides, cheese making demonstrations, cow milking and Manitou driving to name a few.

British Transport Police (BTP) officers were appealing for information following a series of incidents where objects deliberately placed on the railway were struck by trains. The incidents all took place in and around the village of Newton St Cyres in Devon.

Peter Hawksley

CONNECTING WITH THE POWER OF PLANTS

At the time of writing, we have just experienced significant rainfall after a very dry start to the spring. Met with moisture, the surge of growth towards the summer begins.

One of my favourite plants at this time of year is the common foxglove (*Digitalis purpurea* L.). Found in clearings and on the edges of woodland, heathland, and roadside verges, and self-seeded in our gardens, this statuesque beauty is the original source for one of medicine's important heart drugs: digoxin. This is synthesised from the active phytoconstituent digitoxin.

Its health-improving qualities were first realised in 1785 when Dr William Withering, an English country physician carried out ground-breaking research into the plant's efficacy in the treatment of



Digitalis Purpurea

heart failure. This was the first time an effective treatment for this condition had been found. Put simply, it works by intensifying the force of the myocardial contraction, improving ventricular filling, and increasing pumping efficiency. However, it is important to note that the plant is **poisonous** if consumed directly.

Elder (*Sambucus nigra* L.) is known as the 'medicine chest of the people' because of its diverse array of medicinal properties. Elder opens the body's channels of elimination, cleansing the system and promoting flow. Interestingly, its own stems and branches are hollow. The diaphoretic action relaxes blood vessels and promotes circulation, thus raising body temperature and causing sweating which may be useful when treating fevers. The diuretic action will increase urination, helping to detoxify through the kidneys.



Sambucus nigra

In the respiratory system, it is anticatarrhal, helping to break up mucous and aid in its elimination. One of my favourite remedies as part of a full treatment plan for sinusitis is a steam inhalation of an infusion including plantain (*Plantago lanceolata* L.), eyebright (*Euphrasia officinalis* L.) and elder. Or, as part of a tincture mix for hay fever.

To finish this month, a recipe for elderflower, nettle (*Urtica dioica* L.), plantain, and honey ice lollies. These can be very soothing for a hay fever sufferer as well as combining the antiallergic effects of the herbs.

Ingredients

2 tablespoons of dried nettle leaf
2 tablespoons dried plantain leaf
300ml boiling water
2 tablespoons local honey

Method

Make a strong tea infusion of nettle and plantain. Place the herbs in a bowl, pour over the boiling water and leave to infuse for 15 minutes, then strain into a jug.
Stir in the elderflower cordial and honey.
Pour this mixture into ice-lolly moulds and leave until completely cold.
Put them in the freezer once cold until frozen solid.

To use, eat one ice-lolly per day, as and when required. Will keep up to 1 year in the freezer.

Tasha Humble

Reaching a Grand Age

Many people in Newton St Cyres know Beryl Peck, who came to live in Newton St Cyres back in the 1980s.

On 5th June this year she celebrated her 100th birthday with her family and friends, in the care home in which she now lives.

CONGRATULATIONS, Beryl,
and our Best Wishes.

Mary Long



Exeter's Traditional Family Independent
Funeral Directors For Over 100 years

M. Sillifant & Sons

Martin Sillifant & Son

A phone call will obtain our personal attention

01392 272688



19-20 Holloway Street,
St Leonard's Exeter. EX2 4JD



www.sillifantandsons.co.uk



All Aspects of Garden
Maintenance Undertaken

Services include
•strimming
•hedge cutting
•grass cutting
•pruning
•most aspects
of gardening
•large clearances
undertaken!

07713 618057
01363 77487



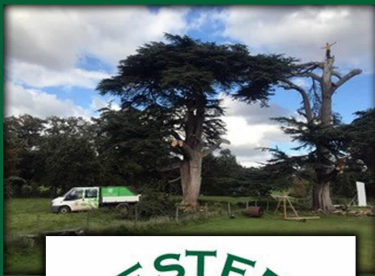
Little Explorers Day Nursery

We are based at

Bernaville Nurseries, Cowley EX5 5EU.

Monday to Friday 7:45am-6.00pm,
Age range from Birth to pre-school.

please contact us on 07598527713
or Email Littleexplorers16@mail.com



All Work Completed to British
Standard BS3998

BRUCE KERRY

07779 995720

Brucewtw@gmail.com

www.westerntreeworks.co.uk

Experienced, Professional Tree Surgeons

Able to complete a wide
range of services including

- Dismantling Felling
and Removal
- Garden Clearance
- Ongoing Tree
Maintenance
- Veteran Tree Care
- Hedge Cutting
- Woodland
Management
- Tree Surveys
Arranged
- Working Locally in
The Crediton Area



WE ALSO SUPPLY WOODCHIP AND LOGS

**Creedy
Kitchen**

Est. 2022

*Step into Creedy Kitchen Bakery
and indulge in our heavenly treats!*

*Gluten Free • Mystery Boxes •
Brownies • Blondies • Brookies •
Flapjacks • Cookie pies & more*



Shop online now: www.creedykitchen.co.uk
Call: 07710519171 Email: creedykitchen@gmail.com



**SPECIALIST IN
STONE SOILS • CONCRETE
SANDS • AGGREGATES
CERAMICS • GLASS**

Sorry – No Plastics • Domestic Waste
Tyres • Hazardous Waste

Email oaktreeskipandrecycle@gmail.com
Find us on Facebook ([https://
www.facebook.com/oaktreeskipandrecycle](https://www.facebook.com/oaktreeskipandrecycle))

Registered Waste Carrier CDBU4oa323

**OAK
TREE
SKIPS**
Mid Devon

**01363 884284
07773 328514**



**GOOD FOOD
GOOD DRINK
GOOD COMPANY**

**THE
BEER ENGINE**
BREWERY PUB • NEWTON ST CYRES EX5 5AX

Monday/Tuesday/Wednesday
Pub: 16:00-20:00 Kitchen CLOSED
Thursday/Friday/Saturday Pub: 12:00-23:00
Kitchen: 12:00-15:00 and 17:00-21:00
Sunday Pub: 16:00-21:00 Kitchen CLOSED

Newton St Cyres, Devon, EX5 5AX
01392 851282

Sandford Summer Show

After a hugely successful return last year, Sandford will again be holding a Summer Show. The date: Sunday 10th August in Sandford Village Hall.

Now is the time for all you keen gardeners to be thinking about sowing seeds and growing lots of flowers and vegetables ready for the competition.

For the crafters, artists and photographers among you, time to plan your creative project to show in the competition.

Entry forms will be available as hard copy in Sandford Stores or via email from sandfordsummershow@yahoo.com We will keep you updated on when these are ready but categories will be the same as last year.

More updates to come, but remember you are all the stars of the show and we look forward to seeing you produce your very best!

On behalf of the Sandford Summer Show Committee

UPTON PYNE & DISTRICT GARDENING CLUB

Events are held in the village hall - Contact June Nicks 01392 841272

Annual membership £15 Non-members welcome at all events (£4 per talk)

MONDAY 15th SEPTEMBER

Exeter based Historian and Author

Dr TODD GRAY

tells us about one of his many books

African Slavery &

Emancipation in Devon 1839



MONDAY 20th OCTOBER

Our own JANE KING and the **FLORES IN THE AZORES**

'A traveller's view of the ISLANDS'



SATURDAY 22ND NOVEMBER 7.00PM - 7.30PM

ANNUAL GARDEN CLUB XMAS DINNER

(Please reserve your place with June 01392 841272)

Welcome Drink - Buffet Menu - Raffle - Quiz

MONDAY 1ST DECEMBER 10.00am

CHRISTMAS WREATH MAKING

@ the Village Coffee Morning (Details nearer the time)



Volunteering as a Career Move

Whether you are looking for your first job or you are a pensioner seeking to top up your income, finding a job can be really challenging.

Undertaking unpaid work can be a good way to plug gaps in your CV and get a taste for different types of jobs. These roles usually come in the form of volunteering, work experience, or internships. If you are in receipt of welfare benefits you will need to check to see if your benefits will be affected if you take on unpaid work. [How volunteering affects your benefits - overview - Citizens Advice](https://www.citizensadvice.org.uk/benefits/benefits-introduction/how-volunteering-affects-your-benefits) (<https://www.citizensadvice.org.uk/benefits/benefits-introduction/how-volunteering-affects-your-benefits>).

Rules around unpaid internships are complicated, so get advice on being paid less than the minimum wage before applying. Volunteer roles are usually well defined, exposing you to specific types of work whether you are looking for office experience or something more practical like supporting people in your local community. Volunteering is also a great way to build confidence in a work environment, provide structure to your day or week and learn new skills which may be transferable to paid work. It also gives you the opportunity to brush up existing skills, like typing and general computer skills.

Citizens Advice Torridge, North, Mid & West Devon always welcomes volunteers who all get comprehensive training and ongoing support. Not all volunteers want to be advice giving; some will fill in forms which, to the uninitiated, can seem very daunting at first sight. Some volunteers take on administrative roles and the beauty of volunteering with CA TNMWD, is that there are opportunities to apply for paid positions within the charity so if you are ultimately looking for paid work, volunteering with us can be a useful stepping stone. Even if you don't end up working in a paid position with us, when applying for jobs elsewhere, as a volunteer you are demonstrating a commitment to utilising your time effectively, a willingness to undergo training and perhaps develop new skills and whether this is going to be your first paid job or you have retired and been out of the working environment for some time, as a volunteer, you will have been used to being in a work environment so should adapt easily. So aside from the knowledge that you are making a valuable contribution to the wellbeing of your local community, there are other benefits too!

If you would be interested in volunteering with us, take a look at our website <https://www.citizensadvicetnmwd.org.uk> and contact recruitment@citizensadvicetnmwd.org.uk for more information.

Rosanna Teale



Orchard End
Kennels & Cattery



On site Grooming Salon
5 Acres of Exercise Fields
Fully Heated
Accommodation for all Small Animals
Collection & Delivery Available



Orchard End Kennels, Black Dog, Crediton, EX17 4QE
01363 877371
orchardend@hotmail.co.uk
www.orchardendkennels.co.uk.

PIF
PET INDUSTRY FEDERATION

License No. AWL0004



**ELECTRICAL
SERVICES**

Your local Electrician

With over 15 years experience as a domestic electrician,
I offer an exceptional service, attention to detail and
high quality finish in the work that I do.

A personal reliable service with excellent communication.

Fully accredited member of NAPIT and fully insured.

☎ 07725 108 319 ✉ hmelectricalservices@yahoo.com
🌐 www.hmelectrical.uk

Interior & Exterior Lighting	Consumer Units
Re-wire Specialist	Testing & Inspection
Kitchens & Bathrooms	Improvements & Upgrades





Jonathan Wood Veterinary Surgeons.

Mixed animal veterinary practice, with our heart in the community.
We treat your animals as we would our own.
RCVS practice standards accredited
Cat Friendly accredited clinic

www.jwoodvet.co.uk hospital@jwoodvet.co.uk
Call 01363 7723119 24hr Emergency Service



SEASONED LOGS

5m³ DOUBLE LOAD £460 <i>loose tipped</i>	3.75m³ 1 ½ LOAD £350 <i>loose tipped</i>
2.5m³ FULL LOAD £240 <i>loose tipped</i>	1.25m³ ½ LOAD £130 <i>loose tipped</i>
o.625m³ BULK BAG £75	

PART SEASONED LOGS

5m³ DOUBLE LOAD £420 <i>loose tipped</i>	3.75m³ 1 ½ LOAD £320 <i>loose tipped</i>	2.5m³ FULL LOAD £220 <i>loose tipped</i>	1.25m³ ½ LOAD £120 <i>loose tipped</i>	o.625m³ BULK BAG £70
--	--	--	--	---

Part seasoned logs will be ready to burn from autumn onwards if bought in spring/early summer and stored off the ground in airy conditions, e.g. log store.



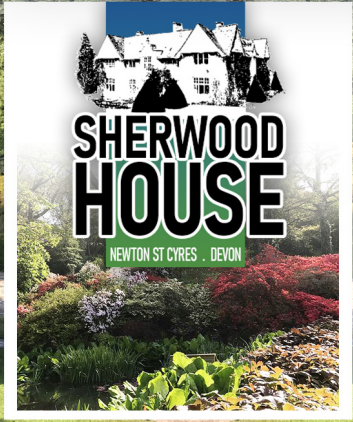
To place your order, contact **Martin Newbery**
 **07967 219559**
 **martinjohnnewbery@hotmail.co.uk**
 **newberyfirewood.co.uk**



ALL PRICES INCLUDE VAT@5% & DELIVERY

Nikki and Mark Chambers would like to invite you to come and walk around our beautiful 25 acre gardens.
STURDY FOOTWEAR REQUIRED . Space for 20 cars, so first come first served!

Parking at own risk No Charge for parking **NO DOGS**



Call us on **07702 895435**
Open 10am to 1pm, Every Wednesday
Sherwood House, Newton St Cyres, EX5 5BT





F. J. STEVENS & SON Ltd

MONUMENTAL MASONS

Crediton: 01363 776816

Barnstaple: 01271 861624

Email: fjsmemorials@outlook.com

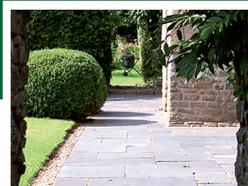
Website: www.fjsmemorialsandheadstones.co.uk



MID DEVON
AND EXETER
FULLY INSURED



Northfield
GARDENING & LANDSCAPING



TERRACES • WALLS
STONE WORK • PATHS
WATER FEATURES
BLOCK PAVING
FENCING • PERGOLAS

Tel: 01363 773 727 • Mobile: 07709 206 150
www.landscapegardenerexeter.co.uk



Smart Drainage

PREMIER DRAINAGE SPECIALIST

Tank Emptying Services

Sewage Treatment Plants, Septic Tanks, Cesspits,
Grease Traps, Oil Interceptors etc. all emptied.

***We offer reduced rates for you and your neighbours
when you have your tanks emptied at the same time***

01383 57 66 66 | enquiries@smart-drainage.co.uk
www.smart-drainage.co.uk



Nick Baker Local History Essay Competition 2025

Two Prizes of £100

This competition was established to commemorate the life of Nick Baker, an avid local historian, who was always keen to share his knowledge and expertise with others.

Entries are now warmly invited for 2025.

Summary of Rules

1. The competition is open to all residents of the parishes of Brampford Speke, Newton St Cyres, Thorverton, and Upton Pyne and Cowley
2. Entries should consist of an essay of 1,000 to 2,000 words on a topic clearly connected to one or more of the parishes — for example: a local person, event, place or building. Associated illustrations are welcomed.
3. There will be two prizes — one for entrants up to the age of 18, and one for those aged over 18, with age taken as at 1 December 2025. If you are 18 or younger, please state your age, as this will be taken into account by the judges.
4. Entry to the competition is confirmation that you consent to your work being published by the three parish magazines at the discretion of their respective editors in

This competition is run by Newton Wonder in association with Focus on Thorverton

The prizes are wholly funded by Nick's family and friends.

How much would you like to know about the past in Newton St Cyres?

Newton St Cyres History Group has a growing library of publications.

- **Newton St Cyres – A Village Story (£5)**

Compiled by residents of this village in 1999 (the green 'millennium book') containing a wealth of reproduced photographs.

- **Newton St Cyres Historical Village Walks (£1)**

Four brief walks around the Village, the Western Bluff, West Town and Station Road with maps and an explanation of the road cuttings, levelling and straightening.

- **Newton St Cyres Mining and Miners (£1)**

Our mining heritage, both manganese, claimed to be "*the first commercially successful manganese mines in the world!*", and lead & silver up on Tin Pit Hill that may go back to Roman times.

- **Newton St Cyres Church – Statement of Significance (£2)**

Describes the history and most important features of the church, dedicated to St Cyr and St Julitta.

- **Memories of Boyhood in a Devon Village (£3)**

Written by Alfred Abraham, born in Newton St Cyres in 1893. He shares his memories growing up in the village at the beginning of the 20th century.

- **Newton St Cyres in the 1940s & 1950s (£5)**

Written by Stella Cork, born in Newton St Cyres in 1934 and the daughter of the village postmaster. She gives a remarkable description of families in the village and an insight into village life.

- **Newton St Cyres and The Civil War 1642-46 (£5)**

Written by Jean Wilkins. The story of grief, hardship and a little excitement for those living in the village almost 400 years ago during the English Civil War supported by coloured photos and maps. Would you have been a Roundhead or a Cavalier?

- **Newton St Cyres in the WW2 Years (£5)**

Written by Roger Wilkins, The contributions of the village to the war effort are described, as are impacts on village activities and businesses.

- **Newton St Cyres & the A377 (£5)**

Written by Jean Wilkins, A window into the history of transport into and through the village and the development of the A 377.

Also visit **newtonwonder.net** where you will find data and analyses on:

Births, Deaths and Marriages in Newton St Cyres (16th–18th century)

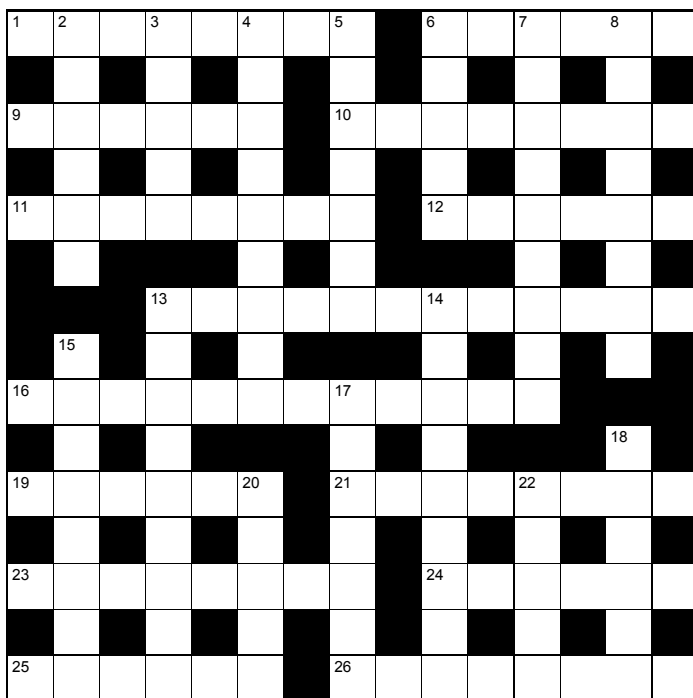
UK Censuses on Newton St Cyres (1841-1911)

Newton St Cyres Tithe Map of 1843

Copies can be purchased by contacting

Jean Wilkins 01392 851337 jeanwilkins1@btinternet.com

Cryptic Crossword



ACROSS

- 1 Fought when thrown out (8)
- 6 Architectural style from Morocco losing initial character, possibly (6)
- 9 Hollywood actor's pleasure trip (6)
- 10 Paper money's first counted out (8)
- 11 He links criminal to one capital city (8)
- 12 Arouse excitement of purist (4,2)
- 13 Oriental shaman finally in control of religious group (12)
- 16 Obtuse Clancy novel providing fun for kids (6,6)
- 19 A single drink for Eugene (6)
- 21 Dictator beheaded poor youth leader – terrible act (8)
- 23 Norm takes one lover then another (8)
- 24 Revealing title of novel carried by agent (6)
- 25 Is scornful, upsetting Rene's son (6)
- 26 Bet placed in 30 seconds? Wrong (8)

DOWN

- 2 Opera for motor mechanics? (6)
- 3 Boxer wants a second assumed name (5)
- 4 When one's expecting, say, to be taken on by PR woman (9)
- 5 Lawyer is mad about art movement (7)
- 6 Competitions for more than one nation (5)
- 7 Board for one in mental hospital? (9)
- 8 He knows tricks to deceive one serving in court (8)
- 13 Belittle Ted in rage, stupidly (9)
- 14 They barely exist (9)
- 15 Horse has a fashionable height (8)
- 17 Shortest gent is one of the strongest (7)
- 18 Essential office item (6)
- 20 Retreats without authorisation by chief of staff (5)
- 22 Companion at home needs a mate (5)

Set by Alberich

Sudoku

All you have to do is fill in the squares so that each row, each column and each square contain all the numbers from 1 - 9.

		3						1
			5	4	6		3	7
	4					6		
8					3	9		
		4		7		5		
		7	9					8
		5					8	
4	2		1	9	5			
9						4		

© Web Sudoku 2025 - www.websudoku.com

Solution to June 2025 Cryptic Crossword

	1		2		3			4		5		6							
	L		D		L			E		T		T							
7	C	A	R	E	L	E	S	8											
	T		F		G		P	10											
11	L	I	B	E	R	A	T	E		12	C	H	A	P	E	L			
	N		A		L		A		T		T		H						
13	L	O	14	A	T	H	E		15	K	I	S	H	I	N	E	V		
			L				S		O					S		E			
	16	A	B	17	O	V	E	O	N	E	18	S	H	E	19	A	D		
		N		U					E		M			S					
20		D	I	S	T	21	E	S	S		22	A	A	23	C	H	24	E	N
		M		S		L			M		R		A		L				
25	T	A	T	T	O	O			26	I	N	T	E	R	V	A	L		
	T		R		27	P	A	N		E			O		P				
28	V	E	N	I	C	E			29	D	I	S	C	L	O	S	E		
	D		P		S						T		S			E			

ST. DAVID'S SINGERS

Choral Colours

A vocal voyage from sacred classics to spirituals and popular arrangements in close harmony.

DIRECTOR - STEPHEN TANNER

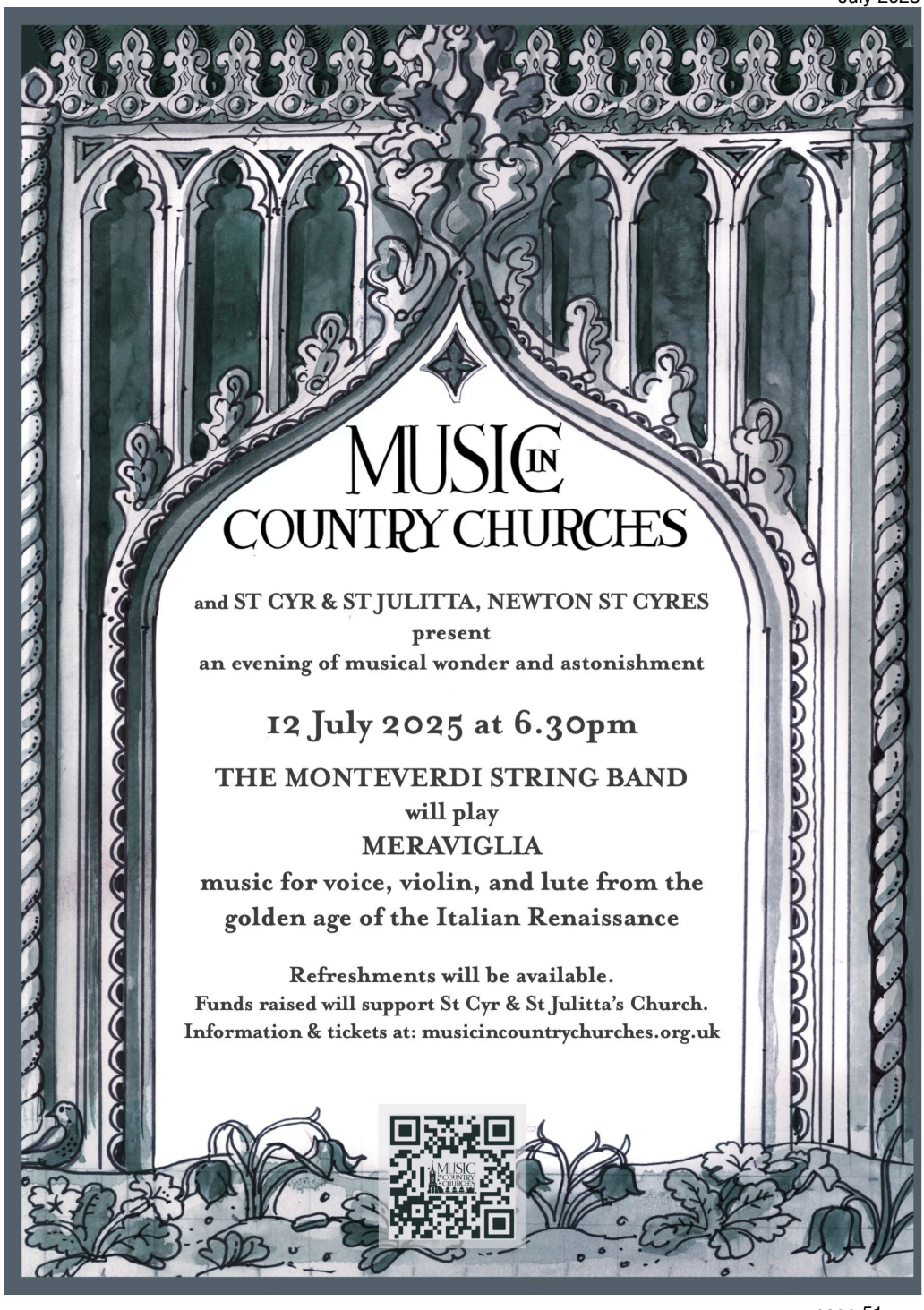


**Church of St. Thomas of Canterbury
Thorverton, EX5 5NU**

Friday 4 July, 2025 at 7.30pm

FREE ADMISSION

RETIRING COLLECTION



MUSIC^{IN} COUNTRY CHURCHES

and ST CYR & ST JULITTA, NEWTON ST CYRES

present

an evening of musical wonder and astonishment

12 July 2025 at 6.30pm

THE MONTEVERDI STRING BAND

will play

MERAVIGLIA

music for voice, violin, and lute from the
golden age of the Italian Renaissance

Refreshments will be available.

Funds raised will support St Cyr & St Julitta's Church.

Information & tickets at: musicincountrychurches.org.uk



Bring & Share Pudding Party

Where? The Rectory Garden
School Lane
Thorverton

When? Sunday 13th July

Time? 3pm – 5pm



Do come and enjoy sharing food, chat, fun and games. All welcome. Refreshments available
RSVP: tim.collins@netherexe.org
01392 860767

Pentecost – Happy Birthday!

The monthly mid-week communion services at the Farm Shop have become times of worship and fellowship – and excellent breakfasts! When Rev. Julia Dallen realised that Pentecost fell only a few days after the regular Wednesday service, she decided it was too good to miss. So invitations were sent out, to ‘bring a friend’ and to wear something red if possible.

On 4th June we met, in an upstairs room, at the Farm Shop. We had to walk through the cafe to get there and seeing tables with flame shaped balloons floating above them ensured that we remembered we were going to be celebrating the arrival of the Holy Spirit.



As we listened to the reading of nations coming together and hearing a language all could understand, we were reminded of how we, in our own small way, were doing just that: we had come together from different villages and from Exeter, to share bread and wine in communion and to share stories and laughter over breakfast afterwards.

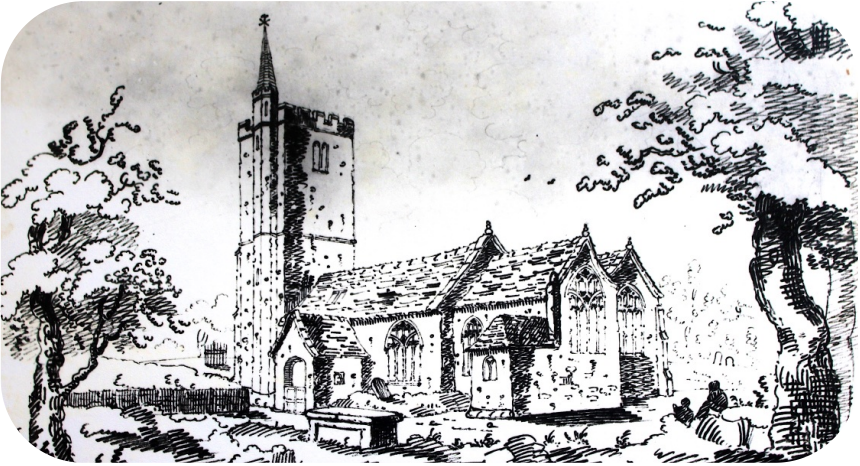
Thank you, Julia, for our pre Pentecost Pentecost, for worship and fellowship. Thank you, Farm Shop, for your ‘Upper Room’ and for tasty breakfasts – and not minding us all apparently choosing something different to eat and drink!

Thank you, Holy Spirit.

I will look forward to the next service in July.

Morag Lobley

The Parish Church of St Cyr and St Julitta



Wedding Season in the Netherexe Mission Community

It is wedding season! Summer weddings are popular because of good weather, school holidays, and increased guest availability. Just as there are many different styles of weddings, our nine beautiful churches all offer something unique when it comes to getting married. Though every wedding is different, all have one thing in common – at heart, weddings are about celebrating love.

When preparing people for marriage, we refer to a book called *The 5 Love Languages*, which describes five distinct ways individuals express and receive love: words of affirmation, acts of service, gift-giving, quality time, and physical touch. Understanding these languages can help partners, and people in general, connect more deeply by recognising their individual ways of showing love.

For example, my main love language is acts of service, but my husband's is words of affirmation. I usually cook the dinner, because that's how I show love. However, what he's really waiting for is me to say, 'I love you'. Equally, he might tell me I look lovely, but all I am really interested in is whether he takes the bin out. I don't always notice if he says nice things, I just want him to do the things that help me! That's what makes *me* feel love. Because we know this about each other, we can try to try to speak in each other's love languages.

We are all different, aren't we? I remember the Covid lockdown being much harder for people who needed and valued a hug, when that was against the rules. And we are all complex human beings, so show and receive love in a variety of ways. Whilst I appreciate my husband taking out the bins, I also feel very loved when he brings me home a bunch of flowers.

One of my favourite Bible verses is Jesus' commandment, "Love one another, as I have loved you". This illustrates how Christians should mirror Jesus's love for others. What were Jesus's love languages, then?

Well, he certainly topped the list with acts of service. He healed the sick, cared for the needy, and washed the feet of his disciples. However, he also loved spending quality time with people. He was a companion to his friends, offering guidance and support.

Jesus spoke words of encouragement, truth, and peace to those around him, affirming their worth. He spoke up for the poor, for women, for the sick and the marginalised. He healed people through physical touch, symbolising his love and compassion. He touched lepers, women and other outcasts. While he didn't seek material gifts, I am reminded of the expensive perfume someone poured on his feet in an act of devotion. Just as worthy, the bread and fishes given to Jesus that were miraculously multiplied. And he was of course a gift in himself, the ultimate gift from God of his own son.

So, Jesus's love wasn't solely expressed through one specific language, it was multifaceted, and evident in his actions and teachings. I think that validates us all – different as we all are.

This wedding season, may we all notice the love that is shown in our relationships with our family and friends. May we show love to each other not just in words, but in actions and attitudes.

Deborah Leighton Plom – Curate, Netherexe Mission Community

The Great Netherexe Bread-Making Competition.

Calling all bakers and bread-makers

- an opportunity to showcase your **GBBO** aspirations!

There are two categories:

Hand Made Cottage Loaf

and with a nod to technology and modern living:

Machine Made Cottage Loaf

All loaves being judged to be entered by 1pm Please bring to the Food Tent

Saturday 9th August 2025

For more information: Revd. Tim Collins:

Phone: 01392 860767 Email: tim.collins@netherexe.org

SERVICES & INFORMATION JULY 2025

The Netherexe Parishes - A community of Anglican churches in Devon

Please see our website at www.netherexe.org under “Services” section.
We also have a calendar for services & latest events are under “news”.

Wednesday 2 July

09:30 am	Mid-week Holy Communion	Thorverton [Exe Valley Farm Shop]
----------	-------------------------	--------------------------------------

Sunday 6 July

10:30 am	Coffee & Chat	Newton St Cyres
11:15 am	Service	Cadbury
11:15 am	Café Church	Rewe
05:00 pm	Communion	Stoke Canon

Sunday 13 July

09:30 am	Communion	Thorverton
10:30 am	Communion	Upton Pyne
10:30 am	Baptism Service	Newton St Cyres

Tuesday 15 July

09:30 am	Chattertots	Thorverton
----------	-------------	------------

Sunday 20 July

09:30 am	Communion	Brampford Speke
09:30 am	Bubble Church	Thorverton
10:00 am	Family Service	Stoke Canon
11:15 am	Communion	Cadbury

Sunday 27 July

09:30 am	Communion	Newton St Cyres
10:00 am	Coffee & Chat	Stoke Canon
11:15 am	Communion	Rewe

Every Tuesday at 6:00pm we gather for prayer in Rewe Church

At **Communion** services we share bread and wine: you are welcome to join us for the service and to share communion if you wish. A lay minister occasionally leads this service.

At **Coffee and chat** we enjoy time together in conversation with coffee and cake to hand.

At **Services** we share together in song, prayer and the bible. Special services are noted in the description.

Bubble church is for young families and **Messy Church** for families who enjoy craft.

If you would like to know who is taking any service, please email administration@netherexe.org

Rev'd Tim Collins [Rector] Tel: 01392 860767 tim.collins@netherexe.org

For more information about the Netherexe Parishes please see www.netherexe.org or contact:

Juliette Lea [Administrator]
Tues & Thurs [09:00 – 15:00]
Tel: 07594 714590
Email: administration@netherexe.org

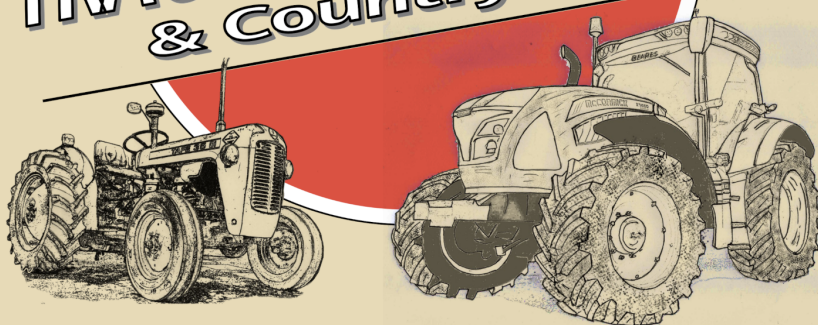
Peter Shepherd [Administrator]
Mon [09:00 – 11:00] & Wed [09:00 – 13:00]
Tel: 07551 844321
Email: administration@netherexe.org



Free Entry!

FCN | THE FARMING
COMMUNITY
NETWORK

The Netherexe TRACTOR JAMBOREE & Country Fair



Saturday 9th August 2025

11 am - 5 pm Thorverton, Exeter EX5 5LZ - Exe Valley Farm Shop

Tractors old and new ~ Tractors large and small

A great day out for the whole family!

- Exeter Miniature Railway
- Dog Show
- Craft fair
- Children's Competitions & Activities
- Metalworking/farrier
- Fly Fishing Demonstration
- Beers & Ciders
- Bread Making Competition
- Wellie Wanging & Skittles
- Cider making demonstration

For more information:

Rev. Tim Collins: Phone: 01392 860767

Email: tim.collins@netherexe.org

The Netherexe Parishes

www.netherexe.org

WHO'S WHO IN THE VILLAGE

Priest-in-Charge	Rector: Rev. Tim Collins	
Church Wardens	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851460
PCC Hon Secretary	Pita Burt pitaburt@gmail.com	01392 851410
PCC Hon Treasurer	Jackie Enright	01392 851859
Electoral Roll Officer	Jen Holt, 21 Woodlands	01392 851521
Tower Captain	Mary Quicke - mary@quickes.co.uk	07729 844945
Doctors (Credition)	Redlands Primary Care Joseph Locke Way, Credition, EX17 3FD https://www.redlandsprimarycare.nhs.uk/	01363 727111
Newton Wonder Magazine and Website	Editors:-Peter Hawksley - editor@newtonwonder.net Peter Cordingley. - cogscord@outlook.com	01392 851269 01392 851778
Parish Council	Chairman - Liz Ouldrige lizouldridge@newtonstycyres-pc.gov.uk Clerk - Jane Hole	01392 851308 01392 851148
Parish Hall	Chairman – Nigel Chambers nchambers@ctc.uk.com Booking Sect - Peter Watts, peterwatts369@btinternet.com	01392 851400 01392 851369
Primary School	Head of Teaching - James Akhurst School Office	01392 851267 01392 851267
Newton Nippers Pre-School	Contact the school	01392 851267
Newton Nappies Toddler Group	Kelly Berry	07890313010
Recreation Club	Chair- Carrie-Ann Finning - email: finning-newtonstycyresrecreationalclub@outlook.com Bookings - Claire Digby - email: newtonrecbookings@outlook.com	07834764471
Art Group	Jenny Hallam:- jennyhallam6@gmail.com	7787383658
Neighbourhood Watch	Monika Herpoldt- Bright. monikaherpoldt-bright@newtonstycyres-pc.gov.uk	
Footpath Warden	Graeme Barnell	01392 851308
Newton Environmental Wellbeing Group	Andrew Broadhead, newnewgroup@protonmail.com	07813 532544

Community Police	PCSO Nicola Payne, Police Station, Crediton Nicola.payne@devonandcornwall.pnn.police.uk	Dial 101
District Councillors	Sandy Chenore:- schenore@middevon.gov.uk Martin Binks:- mbinks@middevon.gov.uk	
County Councillor	Steve Keable steve.keable@devon.gov.uk	07967 655045
Local M P	Mel Stride mel.stride.mp@parliament.uk	01392 823306
Football Club	Mark Smaldon	7733455177
Friends of NSC Station	Chris Southcott	01392 851569
Luncheon Club	John Salter, Hill Park	01392 851346
Mah Jong Club	Geoff Jackson _megalops@btinternet.com	01392 851551
Newton Ramblers	Rosemary Chambers	01392 851400
Tennis Club Secretary	Laura Leigh	01647 24259
Young Farmers	Harry Grigg harrygrigg456@gmail.com	7453034637
Archery	Alison Couling	01392 841282
Gardening Club	Nicola Baker	01392 851985
History Group	Jean Wilkins	01392 851337
Table Tennis	Roger Wilkins	01392 851337
Friends of the Arboretum	Roger Wilkins	01392 851337
Adonai Community Kitchen	Jocelyne Whittaker	07508 871172
Community Allotment	Gail Meldrum meldrumgail@gmail.com	07999 958799
Crediton Citizen's Advice	Adviceline (10.30 - 3.30)	03444 111444

The **NEWTON WONDER** is delivered within the Parish at a charge of only **£10.00** per year(in 2025. Subscriptions are due in January).

Please contact Gerry Radford on 01392 851504 or email paul.radford3@btinternet.com.

To pay online/by BACS please ensure that payment is made to
"Newton Wonder Community Magazine"

Sort Code: 30-93-14 Account Number: 05351394

Please add your address(abbreviated if necessary) as the reference
if you move away the magazine can be posted or

The Newton Wonder is also available online at an annual charge of £5

Please contact editor@newtonwonder.net

Neighbourhood Watch Deputies

Sue Gee	Church Area	Glebe House	851164	asgee@btinternet.com
Tom Dowle	Court Orchard	24	851704	tomdowle@live.co.uk
Chris Lee	Langford Road	Greenlands	851280	
Mike Kersey	Half Moon	12	851603	
Penny Pearkes	Newton House	9	851517	pearkes4@gmail.com
Wayne Meeton	Norton	Glenacre Sweetham	851954	wayne@wvmstudio.com
Derrick Rhydderch-Evans	Pump Street	Old Beams	851443	derrickrevans369@btinternet.com
Anna Mace-Leska	Sand Down Lane	Compass House	851441	leska@btinternet.com
Jacqui Ward	Smallbrook	2 Broadgate Cottage	851918	Jacquiward30@yahoo.co.uk
Jill Hawksley	Sweetham	Station Cottage	851269	peterbrew@aol.com
Clive Wootton	West Town	4 Meadowlands	851428	hollywallydoda@outlook.com
Alan Hancock	Woodlands		851744	
Vacancy	Tytheing Close			
Geoffrey Jackson	"The Village"	Shaplands Cottage	851551	megalops@btinternet.com

For help, further information or to submit a report please go to the Parish Council website or contact the NSC Parish Council Co-ordinator, Monika Herpoldt-Bright
monikaherpoldt-bright@newtonstcyres-pc.gov.uk, 07834 76447

Newton St Cyres Parish Hall

Available to rent for children's parties, dances, classes, wedding receptions and meetings. It has kitchen facilities and disabled parking. Very competitive rates which have not been raised for nearly 5 years.

UP TO HOURS 3 6 9 12

VILLAGERS

Main hall	£24	£36	£47	£59
Club room	£13	£19	£25	£32
Both rooms	£37	£55	£72	£91

NON VILLAGERS

Main hall	£36	£54	£71	£88
Club room	£19	£28	£38	£48
Both rooms	£55	£82	£109	£136

Bookings Secretary, Peter Watts: peterwatts369@btinternet.com: 01392 851369

A WEEK IN THE PARISH HALL

If you wish to book the Hall or learn more about the facilities, please contact our Bookings Secretary, Peter Watts at peterwatts369@btinternet.com or by phone at 01392 851369

Nigel Chambers, Chairman, Hall Management Committee

Tuesday (weekly)	Line dancing	7.30 pm	Paula Benford	01392 210830	pbenford45@gmail.com
Tuesday (weekly)	Adonai Community Kitchen	12.00 - 2.00pm	Jocelyne Whittaker	07508 871172	TheAdonai-CKitchen@outlook.com
Tuesday (fortnightly)	Young Farmers Club	8.00 pm	Katie Davie	07706 760500	kmdavie@gmail.com
Wednesday (weekly)	Adonai Community Kitchen	12.00 - 2.00pm	Jocelyne Whittaker	07508 871172	TheAdonai-CKitchen@outlook.com
Wednesday (monthly)	History Group	7.30 pm	Jean Wilkins	01392 851337	jeanwilkins1@btinternet.com
Thursday (weekly)	Pilates (from 18th Jan)	11.00 am	Becky	07392 480974.	ivegotyourbackuk@gmail.com
Thursday (Twice per month)	Mah Jong	2.00 pm	Geoff Jackson	01392 851551	megalops@btinternet.com
Thursday (2 nd in month)	Exe Valley Bird Club	7.00 pm	Kevin Smaldon	07710 427817	kevin.smaldon@btinternet.com
Thursday (weekly)	Table tennis	7.00 pm	Roger Wilkins	01392 851337	rogerwilkins1@btinternet.com
Thursday (monthly)	Parish Council	7.00 pm	Jane Hole	01392 851148	parishclerk@newtonstcyres-pc.gov.uk
Friday (some weeks)	Art class	10.30 am	Sue Rose	01363 772284	suerose9@hotmail.com
Saturday (second in month)	Village Coffee morning sponsored by various organisations	10.30 am	Church Sue Browne	01392 851460	suecbrowne@gmail.com
			Others Roger Wilkins	01392 851337	rogerwilkins1@btinternet.com
Saturday (some months)	Model train group	2.00 pm	Ann Feetham	01392 215837	annfeetham@virginmedia.com

The **Newton Wonder** team consists of Peter Hawksley and Peter Cordingley (editors). Mark Phillips, Sue Phillips, Martin Taylor and Gerry Radford.

Articles for Publication: Please email to Peter Hawksley, editor@newtonwonder.net. Tel: 01392 851269

Notices of Local Events: Please email to Peter Hawksley as above.

Local voluntary Village events are included free of charge.

Advertisements: Please contact **Marketing and Advertising**, email **thenewtonwonder@gmail.com** in the first instance. Please include your business name, address, ad-size required and number of insertions. **Payment in advance:** cheques or online payments to **Newton Wonder Community Magazine** - Sort Code: 30-93-14, Account Number: 05351394 Please use your business name as the reference.

Advertising Rates for the Newton Wonder

	Black & White	Colour
Small	£40	£50
Quarter Page	£70	£80
Half Page	£110	£120
Full Page	£200	£240

All items for publication must arrive by the 15th of the month before publication. Please send by email wherever possible otherwise they should be sent to the Editor at Station Cottage, Newton St Cyres EX5 5AS

We aim to distribute the **Newton Wonder** at the beginning of the month but this cannot be guaranteed. It is recommended, therefore, that events taking place early in the month be advertised the previous month.

The **Newton Wonder** (Monthly except January) is delivered to local households and businesses at an annual charge of £10

The editorial team of the **Newton Wonder** does not necessarily agree with the views of contributors contained in their published articles. This is a **community magazine** and it is our policy to print reports, articles and submissions that might be of interest to the community - provided that we have sufficient space to do so and they are not libellous in content.

Printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, EX22 6TD.

Tel:-01288 341617 or 07784 008471.

Email:- printroom@parishmagazineprinting.co.uk

The Adonai COMMUNITY KITCHEN

**GOOD FOOD
SOCIAL
ATMOSPHERE
LOVING
ENVIRONMENT**



AT THE NEWTON ST CYRES, PARISH
HALL, EXETER, EX5 5BXA

RSVP TO **07508 871172**

email: theadonai-ckitchen@outlook.com

TUESDAYS & WEDNESDAYS

From 12.00 - 2.00PM

The Adonai Community Kitchen is open to all residents
of Newton St Cyres and the wider community

Last orders at 1.30pm

DONATIONS WELCOME

OUR FOOD IS SPONSORED BY LOCAL BUSINESSES. IT'S PREPARED
ON THE DAY. OUR MENU DEPENDS ON THE GOODS WE RECEIVE

JOIN US FOR LUNCH (12 TILL
2PM) EVERY TUESDAY AND
WEDNESDAY. FOR A MOMENT
AROUND THE TABLE MAKING
NEW FRIENDS



A DEDICATED TEAM IS
READY TO OFFER A
WARM WELCOME TO
ALL AND FACILITATE
YOUR TIME WITH US.
COME AND JOIN US

Our Vision and Goals

To provide hot freshly cooked healthy
meals to our community.

To empower those who wish to learn
how to prepare healthy meals



**DELIVERY WITHIN THE VILLAGE - IF YOU ARE UNABLE TO COME WHY NOT EMAIL US AND WE WILL TAKE
YOUR MEAL TO YOU (1.00 - 2.00) Or you can collect it from the Parish Hall from 12.30 - 2.00pm**

We are looking for volunteers/young people doing their D&V, Tents or looking for community experience for their CV, before attending university. We also would appreciate anyone that is free on a
Tuesday or Wednesday from 11 to 3pm to help with our Community Kitchen in Newton St Cyres Parish Hall.

Flexible - Personal - Exclusive
We provide the space - you provide the magic!



www.harefieldbarn.co.uk



Beautiful kitchens, *beautifully made.*



ASHGROVE
KITCHENS LIMITED

Call 01363 773533 • www.ashgrovekitchens.co.uk