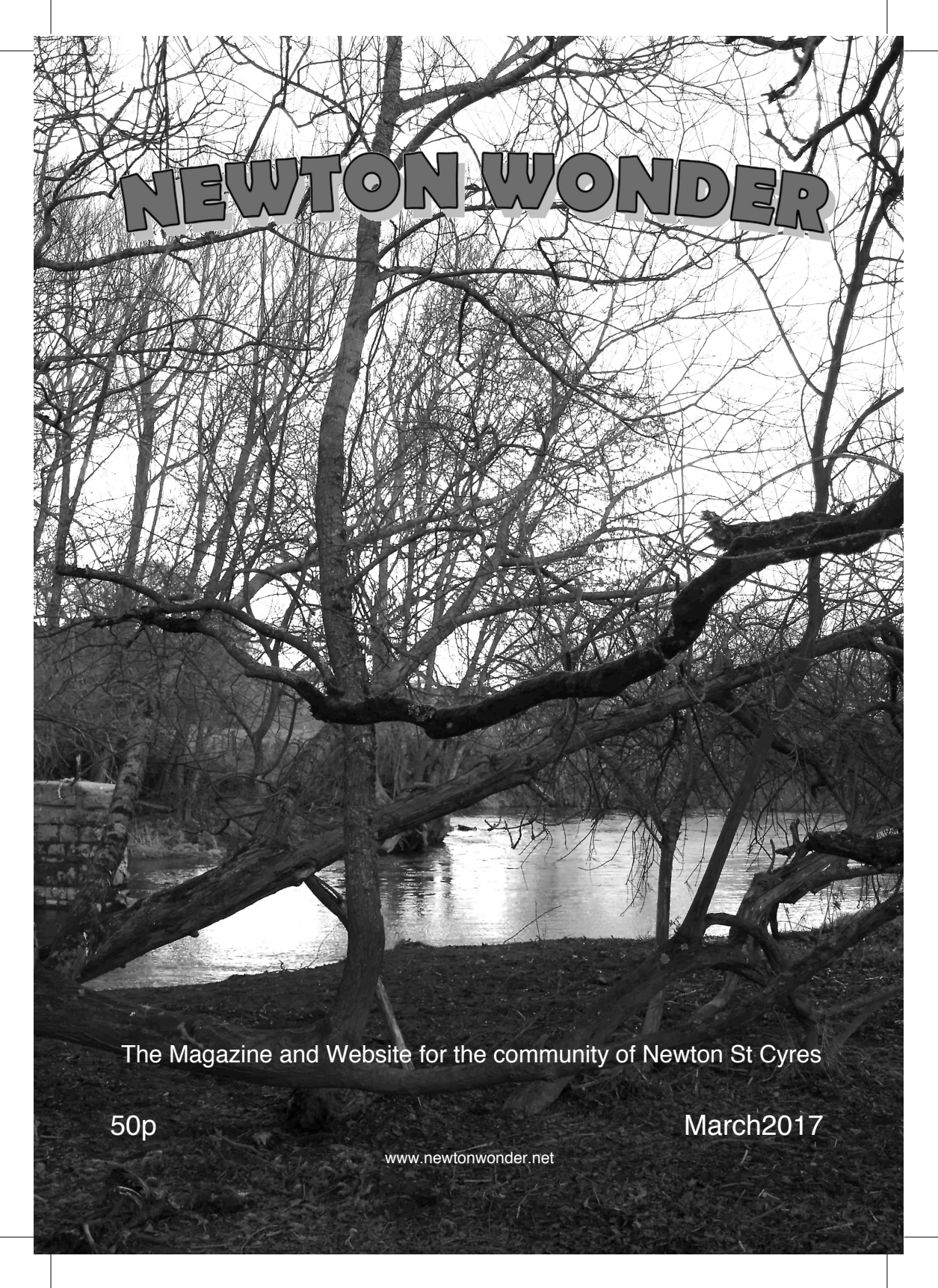


A black and white photograph of a river scene. In the foreground, a large, gnarled tree trunk leans over the water. The river flows through a wooded area with many bare trees. In the background, a stone bridge is visible. The title 'NEWTON WONDER' is superimposed on the top part of the image.

NEWTON WONDER

The Magazine and Website for the community of Newton St Cyres

50p

March 2017

www.newtonwonder.net

March 2017

The **Newton Wonder** team consists of Peter Hawksley, Daphne Clague, Richard Nicholls and Gerry Radford.

Articles for Publication: Please email to Peter Hawksley, editor@newtonwonder.net. Tel: 01392 851269

Notices of Local Events: Please email to Peter Hawksley as above.

Local voluntary Village events are included free of charge.

Advertisements: Please contact Richard Nicholls at richnick@outlook.com. Tel: 01392 851877. Please include your business name, address, ad-size required and number of insertions. **Payment in advance:** cheques to Newton Wonder and sent to Richard Nicholls, Landown, Sand Down Lane, Newton St Cyres, EX5 5DE.

All items for publication must arrive by the 15th of the month before publication. Please send by email wherever possible otherwise they should be sent to the Editor at Station Cottage, Newton St Cyres EX5 5AS

We aim to distribute the **Newton Wonder** at the beginning of the month but this cannot be guaranteed. It is recommended, therefore, that events taking place early in the month be advertised the previous month.

The **Newton Wonder** is delivered to local households and businesses at an annual charge of £5. Additional copies can be purchased from the Post Office/Village Store.

Advertising Rates for the Newton Wonder

	1 Year
Small (approx. 73mm x 46mm)	£30.00
Quarter Page	£60.00
Half Page	£100.00
Full Page	£200.00

The editorial team of the **Newton Wonder** does not necessarily agree with the views of contributors contained in their published articles. This is a **community magazine** and it is our policy to print reports, articles and submissions that might be of interest to the community - provided that we have sufficient space to do so and they are not libellous in content.

A WEEK IN THE PARISH HALL

Mondays	FOOD AND FITNESS CLASS	9.30 - 12.30pm	Emma Healey Tel. 07969 900794
Mondays (except Bank Holidays)	BINGO	Eyes Down at 7.45pm	Meat Bingo, Raffles, Snowball.
Tuesdays	GENTLE KEEP FIT	9.45 - 10.45am	Call Jane on 366413 £3.50p per session
Tuesdays	LINE DANCING	7.15 - 10.00pm	Paula Benford Tel. 01392 210830
Tuesdays (Fortnightly)	YOUNG FARMERS CLUB	8.00 - 10.00pm	Rob Davie - Sec. 07801597703 Georgina Davie - Chair. 07801273424
Last Wednesday of Month	ART GROUP	6.45 - 10.00pm	in the Club Room
Wednesdays	PARENT & TODDLER GROUP	9.30 - 11.30AM	Emily Ricard Tel. 01392 851899
1st Wednesday of Month (Quarterly)	GARDENING CLUB	7.30 - 9.30pm	Jane Timlett Tel. 01392 851361
3rd Wednesday of Month	HISTORY GROUP	7.30 - 9.30pm	Jean Wilkins Tel. 01392 851337
1st Thursday of Month	PARISH COUNCIL	7.30 - 9.30pm	All are welcome
Thursdays	FOOD AND FITNESS CLASS	9.30 - 11.00am	Emma Healey Tel. 07969 900794
Fridays	MARTIAL ARTS	6.00 - 7.00pm	Dave Powlesland PUMA Taekwondo & Little PUMAs Tel. 07802 855852
Fridays	TABLE TENNIS	7.15 - 9.45pm	Just turn up £2 per session (£1 Children)
1st Saturday of Month (usually)	COFFEE MORNING	10.30 - 12.00 noon	Run by the Church and other village Groups/Organisations

The **NEWTON WONDER** is delivered within the Parish at a charge of only £5 per year.

Please contact Gerry Radford on 01392 851504 or email paul.radford3@btinternet.com.

If you move away it can be posted for an additional £5 p.a.

The Parish Future

Following the research last year during which we all completed a questionnaire the Parish Council has formed a Development Group which is attempting to find ways of addressing the concerns villagers had and the projects that were supported. It became clear that the community felt that there could be more trees in the village. In this issue you are invited to take part in the selection, location and planting of trees. Similarly interest has been expressed in the creation of a community composting system. Again you are invited to contact the Parish Clerk with your views and support. It is very important that people do take on the roles and the enthusiasm to see these projects through. In any community there is always a need for new people to be coming forward to take on the work of maintaining the common interests. People move on, want to take on other responsibilities or simply get older. In the same questionnaire there were a large number of people who said they would like to volunteer to be involved in running village activities. The opportunities are always available. We, at the Newton Wonder need help with reporting the events of the village as well as editorial help.

In the questionnaire concerns were raised that in this rather spread-out village people in some of the outlying hamlets felt they were left out. There are Parish Notice boards and the way to get involved is to go along to things. It was encouraging to see the enthusiasm of the new people who came to the recent meeting starting the planning process for the next Newton Revels in 2018. This is a fun Parish to live in and if you think there is a need then say so and set it up. There are loads facilities in the village and a mass of goodwill.

The Newton Wonder Website

The Website contains a mass of information about the village and the activities which go on in it. We are very pleased with the growing number of people who are using it and want to make it even better. There is a new way of adding items to the Village Diary. Simply complete the form at the bottom of the Diary page and click. Please, group organisers, use this method of getting your events into the diary. We try to include items from your contributions to the Newton Wonder but we often miss things.

COFFEE MORNING

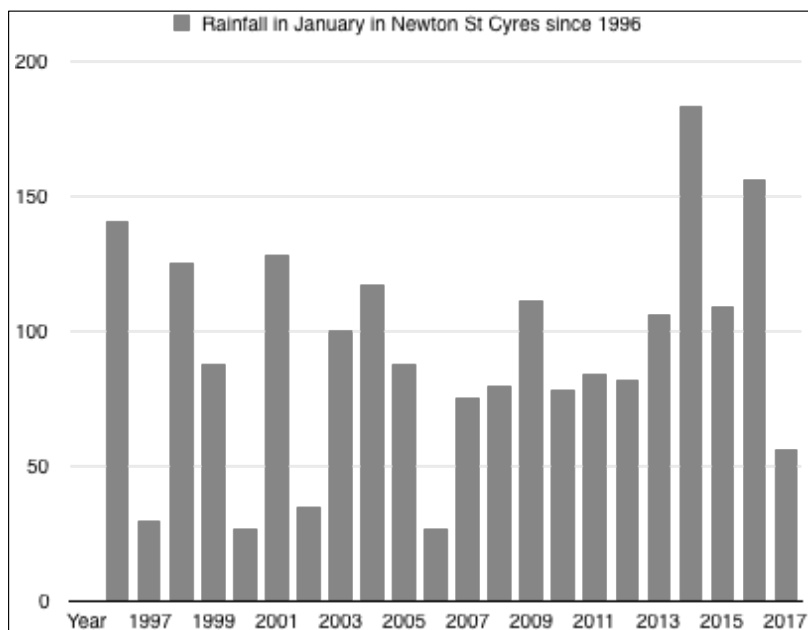
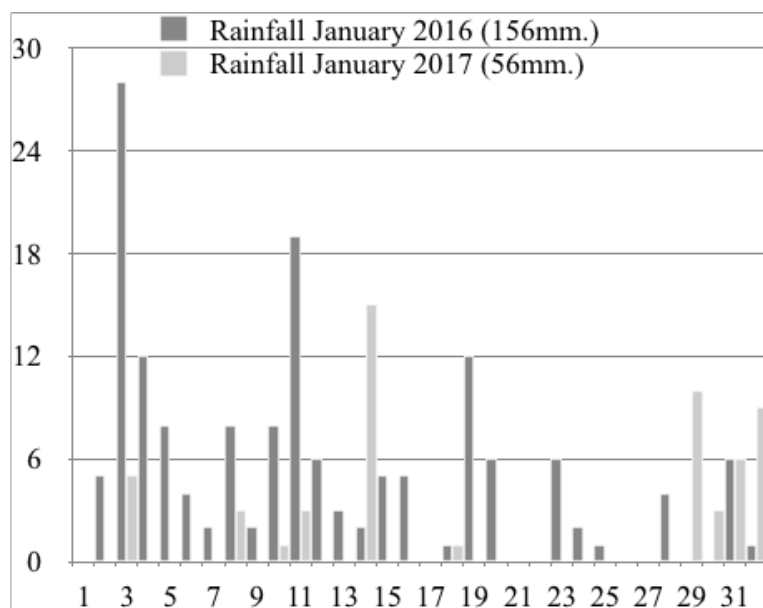
**MARCH 4TH 2017 10.30 - 12.00 PARISH HALL
Newton St Cyres**

**Come and join us for coffee and chat,
stalls and raffles.**

All funds in aid of the Church.



Rainfall in Newton St Cyres



Data from James Walters

Parish Council Report.. February 2017

NEWTON ST CYRES PARISH COUNCIL REPORT THAT ALL HIGHWAYS ISSUES (FOR THE PRESENT) HAVE BEEN RESOLVED!

All nine Councillors attended the February meeting and were joined by Cllr Peter Hare-Scott (MDDC) and 5 members of the public.

Police Report.

The following calls were logged during December 2016 and the end of January 2017. Children playing chicken in the traffic; Pony in road; Drunk male in road; 2 x suspicious males possibly cattle rustling; Dangerous driving; Suspicious activity; Abandoned 999 call; Suspected drunk in charge; Road traffic collision, hit and run; Sheep on road. Crimes reported in the same period: 1 x Assault causing actual bodily harm. Parishioners are reminded that urgent calls to the Police should be made on 999, non-urgent incidents should be made on 101 to receive a log number and non-urgent contact can be made by email: Nicola.payne@devonandcornwall.pnn.police.uk

General Power of Competency.

The Parish Clerk's recently acquired qualification has given the Parish Council new powers, mainly financial powers, and which will benefit the residents of NSC and these powers could enable the Council to financially support more projects including those put forward by individuals. The Council resolved to apply for the next level of qualification which again will prove the efficiency of the Council and, if successful, will mean that NSC will be the first Parish Council in Devon to hold this qualification. The only two other Councils with this qualification are both Town Councils – Crediton and Tiverton.

Planning.

The Parish Council supported the removal of a Douglas Fir and Leylandii hedges at Hunters lodge and made no comment about the use of a dwelling at 1 Smallbrook Cottages as two dwellings or the removal of the payphone from the telephone box in the village.

Mid Devon District Council report.

Cllr Hare-Scott reported that the budget had been agreed by the Cabinet and that an increase in Council Tax was inevitable. The Council had agreed to house 5 Syrian refugees in private accommodation.

Annual Parish Meeting – (Thursday 27th April).

The Council agreed to invite speakers about the provision of Broadband in the area to come to the APM.

Councillors' Areas of Responsibility.

It was agreed that the tree on the village green nearest to Pump Street should be pruned as a safety issue. The problem of notices on the notice board being pinned on top of other notices was raised and it was emphasised that this should not be happening, especially if the notice covered over was the agenda for the Parish Council meeting. Cllrs were asked

to keep an eye on this and to remove old posters and move posters around so that all current ones can be clearly seen. It was agreed to put a larger notice board at Sand Down Lane as this board was very well used and is one of the smaller ones in the Parish. It was also agreed to take up the offer by Peter Hawksley to run workshops for computer and iPad users who wished to learn the basics in a simple manner. the Parish Council offered to pay for the hire of the Clubroom for these sessions if Peter wished to use this facility.

Red Telephone Boxes.

The Parish Council now own the telephone box at the Station and will soon own the one in the village so the following usage was agreed. The box near the Station would become a Book Swap location and Cllr Southcott would fit shelves and signs and generally maintain this facility. The box in the middle of the village would house the defibrillator which is at present attached to the wall of the Crown & Sceptre. It was felt the phone box location would be more centralised and visible. It would also be possible for this box to have a Book Swap space as well.

Advertising signs along the A377.

The Council had been offered the option of Zero Tolerance for signs placed along the Highway. This means that advertising signs can only be displayed on land owned by the advertiser or on land where they have permission from the landowner. These signs will be subject to the usual planning restrictions covering display signs. All other signs erected will be removed by DCC who will monitor the situation on a regular basis.

Highways issues.

The Chairman reported on a very constructive meeting with the Neighbourhood Highways Manager when most of the outstanding issues had been covered and resolved. The road closure dates for work in Station Road and flood relief at Smallbrook will not clash. The School are to be asked to request a pedestrian crossing on the village once the new School is built as a safety measure for the children and the crossing patrol. The 'SLOW' sign on School hill will be moved as it is hidden by a telegraph pole in its present position. The layby at Half Moon had been designated as a Bus Stop and therefore any cars parked there would be subject to an enforcement order and receive a parking ticket, as is the case for all bus lay-bys on the A377. The hole in the wall of Shuttern Brook in West Town had been repaired.

The next meeting of the Parish Council will be held on Thursday 2nd March at 7.30 pm in the Clubroom of the Parish Hall. Please come along and bring any queries or questions you may have.

The Parish Surgery will be held in conjunction with the Coffee Morning on Saturday 4th March in the Parish Hall. Please come and meet your Councillors while enjoying the stalls and coffee on offer.

Cllr Jill Baker, Press Officer



Newton St Cyres Gardening Club

Report from our February meeting

The Gardening Club members enjoyed a fascinating talk and power-point presentation by Miranda Allhusen who edits the National Garden Scheme Yellow Book.



Miranda took us through the history of the NGS and then showed pictures of some beautiful gardens in Devon that we can visit. The NGS history is an amazing one. William Rathbone was a successful business man in the north west of England in the late 1800s who hired a nurse to look after his ailing wife. When his wife died soon after he felt it would be good use of the nurse's time if she went out into the slums of Liverpool to help with health, nutrition and hygiene issues. The nurse reported back to him that there was a great need for more nurses so he hired and trained a team of nurses to go out into the community. This was the start of the District Nurses as we know them. Money was needed to start funding the training and the uniforms and a socialite took up the cause and persuaded Queen Victoria to open her garden at Sandringham to raise funds. The idea caught on and people with large houses which they wished to show off opened their gardens to raise money.

With the formation of the National Health Service the National Gardens Scheme was born and they now raise thousands of pounds every year for charities such as Macmillan Cancer Support, Marie Curie, Hospice UK, Queens Nursing Institute, Parkinsons UK, MS Society etc. One new charity is Horatio's Garden founded by the parents of a young man killed by a polar bear when on his travels. Horatio used to volunteer at a spinal unit in Salisbury and had felt that a garden would be an ideal place for patients to relax in their chairs or beds. More gardens are planned for other spinal units as a result.

Miranda then showed pictures of some beautiful gardens in Devon ranging from wild flower gardens, coastal gardens, formal gardens, vegetable gardens, allotments and small urban gardens. All of them open on selected dates throughout the year and all the money raised from the entrance fees goes to the charities.

The 2017 Yellow Book was available at the meeting and everyone took away a copy (or three or four!). A quantity of copies have been put into Quicke's Farm Shop and into the Cake-a-Doodle-Do Café next door where they can be obtained. Copies are also available at Bernaville Nurseries. The website for further details is www.ngs.org.uk



Jill Baker

GARDENING CLUB OUTINGS

The Gardening Club are arranging three outings during the spring and summer months

The first outing is to
HAYNE BARTON GARDENS, ZEAL MONACHORUM
ON
SUNDAY 30th APRIL

These gardens feature in the NGS Yellow Book and they are opening up especially for us!

The cost is £8.50 to include entry fee and a Cream Tea
We will meet in the car park to sort out lifts at 2.00pm to sort out lifts.

Please let David Baker know if you would like to join the party by phoning 01392 851752 or email: davidbaker687@btinternet.com

Future Outings planned are:

Saturday 17th June. **Visit to Burrow Farm Gardens** near Axminster with a Cream Tea. Burrow Farm features in the NGS Yellow Book too.

Saturday 8th July. Another visit to **John West's Nursery** with a Cream Tea. This is always a popular visit and numbers are limited so it will have to be first come, first served.



From the Village Diary - newtonwonder.net

March 2017

- Fri 3rd Cider and Pasty Quiz - Young Farmers & NFU Contact
Georgina 07801 273424 to book a team(4) 7.30 Sandford Village Hall
- Sat 4th Church Coffee Morning & Parish Surgery 10.30am Parish Hall
- Sat 4th Sale of Pictures by Eileen Endacott (in Club Room) 10.30am Parish Hall
- Sun 12th Car Boot Sale Matford to raise funds for the Friends of the Arboretum
- To help please contact David Vallance on 851266
- Wed 15th History Group
An aspect of Newton's Archaeology - Bill Horner 7.30 pm Parish Hall

April 2017

- Sat 1st Parish Hall Coffee Morning and Parish Surgery 10.30 am Parish Hall
- Wed 26th History Group
Medicine in Devon in the 18th and 19th Centuries - 7.30 pm Parish Hall
Andrew Knox
- Sun 30th Gardening Club
Visit to Hayne Barton Gardens, Zeal Monachorum, with a Cream Tea,
Details later.

May 2017

- Sat 6th Church Coffee Morning and Parish surgery 10.30am Parish Hall

June 2017

- Sat 3rd Coffee Morning & Parish Surgery 10.30am Parish Hall
- Sat 17th Gardening Club
Visit to Burrow Farm, Axminster, with a CreamTea, Details later.

For further and more recent diary entries and previous entries please go to the website:
www.newtonwonder.net

To have your event(s) listed in the Village Diary please use the box on the webpage or
email details of your event(s) with times and venues to editor@newtonwonder.net



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Telephone: Emma on 07969 900794

Email: emmahealey2015@gmail.com

NEWTON ST CYRES

Village Hall Mon & Thurs 9.30am

Aerobics & Fitness Pilates

Ring Emma now for details

CREDITON

QE Upper, Old Gym

Thursday 6.00pm

RECREATION GROUND CLUB

Goodness me the weather keeps getting worse, hopefully it will soon start to improve. So far we have only lost one senior game and a few youth and mini games. With luck this will continue and we won't lose any more games. All the teams have to complete their league fixtures by early May,

The leagues for Skittle and Darts teams should all be completed by the end of March. This will make life a little easier for the bar people as this clears Monday, Tuesday and Wednesday evenings.

I am delighted to be able to tell you the refurbishment of the kitchen has been completed and we now have a much more spacious area, it's not crowded with only 3 people in there. There is much more working surface to use. So thanks to Ian for a job well done.

February will have been a special month with some event that we don't get to help with that often, the Archery Group will have had their Annual General Meeting, the East Devon Ramblers will have used our Car Parking area on a Wednesday lunch time and will have a family Wake for a well known village person. Eileen Endecott won't be known by any new comers but she was very involved in village life years ago. So you can see our facilities can be used in very many ways and is there for all residents to use if needed.

I am enjoying watching the Spring arrive, in the garden we have snowdrops and crocus out and daffodils showing yellow so Spring must be just around the corner, but saying that it has been snowing most of this morning.

Wendy Lewis

NEW SIGN FOR COFFEE MORNINGS

The Gardening Club have purchased an A frame sign to go out on the Village Green to advertise the Coffee Mornings. This is a donation to the village and should make the advertising of the Coffee Mornings look quite professional! All the organisations who run a Coffee Morning on the first Saturday of the month will be able to put the sign out as it is a general sign and not specific to any one organisation.



Newton St Cyres FC – March 2017 Update

The new coaching team for the two adult sides is bedding in and recruiting additional players after the uncertain position at the end of last year.

In Devon and Exeter Premier Division the Firsts have moved down one place to 14th of 15 teams - W3, D4, L12. The Reserves, who play in Devon and Exeter Division 5 remain 10th of 13 teams - W4, D4, L10. The remainder of the season will now determine whether the two teams escape relegation. If this progress continues both teams should escape relegation.

The under-15's remain second in the Exeter and District Youth League Division 3 having played no games for four weeks. They have two games in hand over the leaders and by the time you read this could have gone top.

The under-10's, under-9's, under 8's and under 7's have been showing great commitment, especially training in very cold weather, and promise a great future for the club and its offer of active sport to all ages.

Roger Furniss

NEWTON RAMBLERS

Sunday 19th March

The Newton Ramblers walk for March will start from Fingle Bridge and will be a circular walk of about 4 miles.

We will meet in the Newton St Cyres Parish Hall Car Park at **9.30 am** and take the minimum number of cars to Fingle Bridge where we can park by the pub. We will walk up the nearside bank to the first bridge, cross over and return on the other bank. There will then be the option of returning home or stopping to have drinks or lunch in the pub..

All welcome. Any queries to Geoff Jackson on 851551.

Please note that anyone joining these walks obviously does so at their own risk.



Do You Remember?.....March

March 1977

Tiverton District Council's Planning Chief visited the village to explain planning procedures, he also commented on powerful pressures being put on parishes for large scale development.

Eastman's the butchers gave a talk to the WI about cuts of meat.
The Skittles and Social Club had a dance in the Parish Hall to the music of Johnny Ramone and Freshwater.

Church News commented on the demise of the church heating system.

The Playgroup had a visit from a police constable who allowed the children to crawl all over his car.

March 1987

A review of Beer Engine band performances took up two A4 pages in this edition of the Newton Wonder, clearly a popular event at the pub.

The church is being heated by loaned portable gas heaters.

The Art Group had Miss Jane Baker of Exeter Museum give a critique of members work. Her constructive appraisal was much appreciated.

The Young Farmers took part in an entertainment competition and won through to the County round at Paignton.

March 1997

The Recreation Ground Club is to hold a trivia quiz and a Mad March Fancy Dress disco this month.

The Tennis Club court is out of action for three weeks for resurfacing.

Padre Ralph advised that a special PCC meeting is to be held to discuss the shortfall in paying the Diocesan Quota.

March 2007

The village school proudly announced that it has been recognised as one of Devons Healthy Schools.

March On The Farm reports that wild boar are breeding in the area.

There was to be a display of plans prior to planning application for new affordable housing in the village.

NEWTON St CYRES PARISH HALL

CAN YOU HELP THE PARISH HALL? - TREASURER WANTED

The Parish Hall is a much used village facility, reliant on volunteers for its management.

Daphne Clague will be retiring later this year after several years as Hall Treasurer. If you would consider taking on this post and would like to know more of what's involved, please contact either Daphne (851639) or me.

The Hall is thriving with a very active Committee and this post would provide an excellent opportunity to make a real contribution to our community.

Roger Wilkins
Chairman, Parish Hall Committee
01392 851337
rogerwilkins1@btinternet.com

Trees and tree planting in Newton St Cyres Parish

During the research for the latest Parish Development plan, respondents to the questionnaire indicated that they would like to see more trees in the village and would therefore encourage more tree planting. In order that the Parish Council can explore this more fully, we would encourage Parishioners who feel that this would be a good idea, to contact the council through the clerk with suggestions of how and where more trees might be beneficial.

Also suggested in the plan was a community composting scheme. This might involve having a single location where people could bring their house and garden green waste for composting. The compost produced would then be available for local people to use on their gardens.

Any people interested in taking this forward, running and helping with it, please contact Jane Hole, the Clerk to the Parish Council

The Clerk to the Parish Council can be contacted at nsc_pc@outlook.com. Parish Councillors will be available at Parish Surgeries at the Church coffee mornings and at any Parish Council meeting at the Village Hall - dates available in the Newton Wonder.



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How well do you know your village?

Chris Southcott has supplied the picture below. He has asked the following questions:-

- 1. WHEN was the picture taken?**
- 2. WHERE was it taken?**
- 3. WHO are the people in the picture?**

No. 10

Tennis hut on the move again



**For a closer look see our website:-www.newtonwonder.net
On the Home Page you will find all the quiz photos so far,
some in full colour, and an easy link to submit your answers.**

Newton St Cyres toddler group

Come along and join us every Wednesday in term time, lots of great toys to play with. Stories to enjoy, craft session and activities to try.

It is great family fun.

Our family sessions are £2 a time and run from 9:30-11:30am. The price includes a drink and a snack.

We would love you to join us in Newton St Cyres Village hall.



Contact:

Emily Ricard

01392 851899

simon_rickardo@hotmail.com
or see our facebook page

Newton Nappies



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NEWTON ST CYRES HISTORY GROUP

A packed audience in the Parish Hall Club Room on 16 Nov heard Michael Winter give a fascinating talk on 'Farming in Devon in the 20th Century'. Michael is Professor of Land Economy and Society at Exeter University and also has plenty of practical experience on his own small farm.

He traced the development of farms and farming taking many examples from Exbourne, where he had carried out detailed studies. Exbourne, like Newton St Cyres, has a combination of some free-draining redland and some heavy clay culm soils. Both parishes were, over the century, predominantly grassland, used by cows, beef cattle and sheep, but with some cereals.



Changes in farms and farming in Exbourne were relatively slow from the 1800s through to around 1950, with the number of farms falling slowly from around 40 in 1833 to 34 in 1951. Likewise the number of employed farm workers (excluding the farmer and family labour) declined slowly from a peak of 55 in the 1850s to 40 in 1921 and 34 in 1951. There were bigger changes in the second half of the century, as outlined below. A characteristic of the farms throughout early part of the century was that they were mixed - the biggest area was in grass, but there were also small areas of cereals (mainly barley and oats, often grown as a mixture in 'dredge corn') and potatoes and a range of livestock including a few cows, sheep, pigs, poultry and work horses. The area of cereals in the parish was highest around 1880 at 700 acres, falling gradually to only 250 acres by 1931. Even during the World Wars the area increased only to around 450 acres. Livestock numbers showed relatively little variation, with the total number of cows being between 70 and 110, with individual farms generally having only 3 to 10, and around 500 sheep. There were 60 to 80 farm horses until around 1930 and then a rapid decline.

The rate of change both in Exbourne, as in the country as a whole, became much faster towards the middle of the 20th Century. Michael explained the effects of WW2 and the subsequent technological revolution. He described the County War Agricultural Executive Committees and their work. These Committees were appointed by central government, but headed by leading local farmers who had the respect of others in the farming community.. They had draconian powers and could impose supervision orders and, in extreme circumstances, evict farmers. They were responsible for the planning and control of farming and dictated aspects of cropping and stocking, principally to achieve the policy of increasing the production of cereals and potatoes required to feed the Nation.

In order to help with this work a detailed study of all farms was carried out. This assessed both land characteristics and the performance of the farmers, with farms being assessed in categories A (good) to C. There were some pithy comments on the report forms. The comments on two low-rated farms were 'old age and lack of labour' and another 'Personal failings. Tenant is a woman and is unable to do any better'. I don't think the latter comment would now be politically acceptable! Both of these farms were put under supervision.

Michael indicated that although wartime farming made a big contribution to increasing food production, there were no major technological changes or increases in yield per acre or per animal at that time and only small structural changes in farming.

All this was to change in the post-war technological revolution. A combination of government policy to support farming, high prices and the application of new science to farming led to massive changes both in output and in farm structure. Wheat yields had remained around 30 bushels per acre from the mid 19th Century to around 1950, but then showed a massive increase to 85 bushels by 1980 [a bushel is a volume measure and for wheat is equivalent to about 63 lbs]. Improved varieties, better cultivation, increased fertiliser use and the development of agrochemicals for controlling weeds and diseases all contributed to improvement in yields. It was a similar picture with milk yields per cow - after having been fairly static these nearly doubled in the 30 years from 1950, with better feeding and disease control, animal breeding and substitution of Shorthorns with Friesians all playing a part.

Mechanisation, with more and bigger tractors, combine harvesters, forage harvesters and balers, led to the elimination of farm horses by 1960 and, together with milking machines, resulted in massive reduction in employed farm workers, with the number in Exbourne falling from 34 in 1951 to just 3 full time and 1 casual worker in 1980. The number of farms in Exbourne fell from 34 in 1951 to 21 in 1980, with progressive increase in owner occupation, so that by 1980 only about 250 acres were tenanted compared with some 1400 acres tenanted early in the century.

Another important change was increased specialisation and the decline of mixed farming. Michael illustrated this with information from Exbourne and from 41 parishes near Holsworthy, an area with conditions much more suited to grassland than to cropping. In those parishes the area of crops (as opposed to grass) fell from 23% to 14% between 1954 and 1979, whilst the numbers of sheep and cattle nearly doubled.

Michael has extended the Exbourne study to look at changes to the 26 holdings with over 5 acres in 1941. Of these, 16 have ceased to exist as independent farms and only one is a conventional commercial farm providing full time work for a farmer and members of his family. It was pointed out that the number of separate farms in Newton St Cyres has also greatly reduced over this period, but the major change has been the Quicke Estate becoming farmed 'in house' rather than having a large number of tenant farms.

continued on next page

March 2017

The talk was followed by plenty of questions, comments and recollections. Norman Wheadon recalled ploys used by farmers to mislead the War Ag inspectors. The inspectors checked the areas sown to crops like potatoes to see whether farmers were fulfilling their quota, but Norman recalled that farmers might leave the middle part of a field unplanted, hoping that the inspectors would only see the outside of the field and assume all was in potatoes! But generally farmers in Devon made a full contribution to increasing production in times of need in response to national policies. The 20th Century certainly saw a revolution in farms and farming methods.

COMING MEETINGS

Wednesday 15th March Bill Horner County Archaeologist and Historic Environment Manager will speak on;

THE IMPORTANCE OF THE LOWER EXE, CLYST AND CREEDY VALLEYS IN THE PREHISTORIC AND ROMAN PERIODS

The Historic Environment Team maintains the County Historic Environment Record. Newton St Cyres is particularly rich in such sites. We have asked Bill if he will come and tell us how our village sites are related to others in the surrounding area and hopefully something of the life lived here so long ago.

Wednesday 26th April Andrew Knox, a former Consultant at the RD&E, turned author will speak on;

MEDECINE IN DEVON IN THE 18TH AND 19TH CENTURIES

Hugh Downman doctor and poet had connections with Newton St Cyres, although quite what these were is uncertain, and he worked at the hospital in Exeter during its early days.

June 10th Outing to Chulmleigh

Permissive Footpath through Court Orchard

As part of the development next to Station Road (new primary school and new houses) the existing Permissive Footpath running through Court Orchard eastwards towards the Shuttern Brook will be permanently fenced off from probably early March 2017 when works will be commencing on the housing part of the development. We will endeavour to provide an alternative route as soon as possible after that, but at present the exact route is unclear and so there may be some interruption to access along this footpath.

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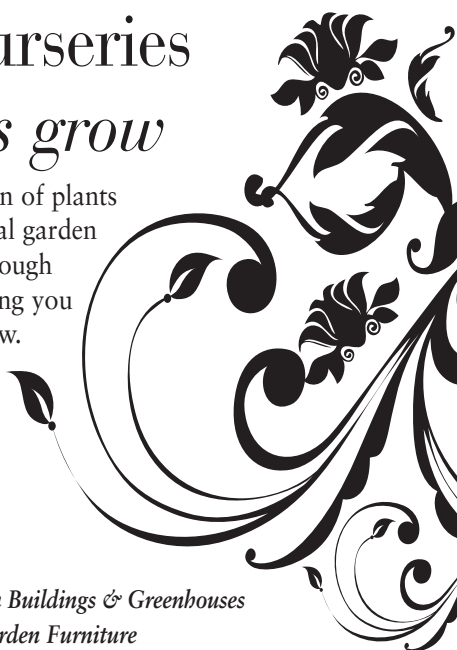
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A graphic of a lightbulb with a glowing filament, set against a background of stylized, glowing circuit lines that radiate from the bulb.

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Newton St Cyres 200 Club

As the parish hall couldn't be used, a coffee morning was arranged by the Parish Council and took place in the Crown & Sceptre on 4th February 2017 and I was able to do the February draw and the winners are:

No	10	C Burrows	£10
No	85	V Sayer	£10
No	154	G Barefoot	£10
No	167	B Please	£10

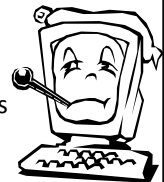
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March on the Farm

Mad March hares – hopefully we will see more of them on our redland fields now we have put so much down to pasture. Perennial grassland is a richer environment for wildlife than arable. It will be lovely to see the female hares boxing each other for territory. Skylarks prefer grassland, and I used to hear bats skimming over grassland when I was younger. I used to find it impossible to believe I wouldn't be able to hear bats echo-locating. Now I will just have to watch out for that silent whoosh as they sieve the air for insects.

We are spreading manure for the maize crop. We still want a little of that rich feed for the autumn cows in the winter, and cultivation for arable ground depletes organic matter, so we use the manure – the rotted mix of straw and dung from the animals we house in the barn overwinter. That replaces some of the organic matter lost, so essential for a healthy soil. We take it up to the field as we clear barns when they become free, and spread it with dung spreaders. We try to plough it in as soon as possible to keep as much of the nitrogen in the soil rather than let it go into the air as ammonia (one of the smelly bits about spreading manure), as well as the rotten egg smell of hydrogen sulphide – much better to keep all that in the soil to feed the plants.

The wheat and barley plants are looking good after a benign winter. It's lovely to see the orderly rows and complete crop that suggests a good harvest. And there is no point predicting the harvest till it's in the barn.

We are just getting the fences in place across the new grazing platform for the new herd. The heart of what we are doing is having the cows harvest the grass as it grows rather than cut and cart it to them. Grass likes being grazed (or at least tolerates it the best of any plant). To keep it lush and leafy, we need to graze it so it keeps producing leaves. We can take grazings from the grass at this time of year and it will grow back as fast as if we hadn't grazed it. That takes penning the cows into a paddock so they eat it down, and don't just select the leafiest and lushest bits, leaving the less interesting leaves to grow coarse and seedy. So we need to pen them into the right area so they can eat it from lush to a lawn in one grazing between milkings. That's about 2 hectares or 5 acres. Most of our fields are larger than that, so we subdivide them with electric fences. Hence the urgency to get everything fenced properly.

It's lovely to see the cows on parts of the farm they haven't been to for years. I remember sheep and bullocks across some of the fields, before government agricultural policy directed farmers into growing more arable crops. I also remember cows grazing on the red land across the main road when there were fewer cars and our neighbours didn't resent waiting for the cows to cross the road. The grassland is good for life under the soil, building up fertility and the myriad life that builds up under perennial grass, making the soil richer and more productive the longer the grass stays.

The heifers are out too, grazing the further reaches of the farm. Again, we are tightening up their grazing, making the animals graze more completely to grow better

grass. Better grass grows better animals. It's extraordinary to see the compensatory growth of the young animals out of the barn and now on grassland. It's so funny to see the heifers who have been in the barn for the winter coming out to graze. They are hesitant at first, unsure of what's happening. Then after the first few steps, they suddenly realize the race is on. Down the track, through the gate, leaping and bucking, butting each other's heads for the sheer joy of living. Then heads down, grab a few mouthfuls, a few more leaps and kicks, graze a bit more, see if someone else's grass is better, then the serious business of filling your belly with grass. The heifers who have been out all winter on kale and silage are happy to be at grass but are all a bit more measured about it.

The new born calves come out as soon as they can drink from a teat without assistance. The graze sheltered fields, and we bring the buggy with the milk bar: a trailed tank with teats enough for everyone. The buggy turns up, and they chase it, and barge in, each finding a teat. They catch hold and there is a collective slurping, butting of teats and a sweet and satisfied wagging of long tails that lets you know contentment is occurring.

We give some milk to the calves, and the cows produce much more than the calves drink. We milk the cows, now in two parlours, and send the milk to the cheese dairy. The more grassy milk is a delight to make into cheese after the winter on preserved food. The milk is more yellow with that distinctive aroma and flavour of grazed grass.

The vats fill up with more milk as more cows calve and they settle into milking. Work builds up, making, pressing and caring for cheese in store. We need to rebuild cheese stocks after a good Christmas, and more sales forecast around the world this coming year.

We are buying a cheese cutting machine from Italy - the Italians are very good for machines that the right scale for small producers. This will help us cut cheese into the small bits that many shops and customers want. We can't sensibly do as many as people want by hand, and continuously cutting cheese with a wire eventually becomes hard on people's wrists (and one person's knee, oddly enough). We have only just found a simple machine that cuts as well as people do. We visited the factory in Italy, and found a family business that is as proud of what they do as we are. Lovely to see!



Recipe



I've been enjoying these recipes that Barbora Steiss of www.thedevilledegg.com. We've still got a little ewes milk cheese left: get it while it's there as sadly we may not make it again. The recipes do work just as well with Quicke's Mature Cheddar, so all is not lost.

(see next page for recipe)

Ewes' cheese, celeriac, pear and beer samosas

Ingredients:- Makes around 20

1 pack of filo pastry
1 small celeriac
1 pear
300ml lager
1 small onion
1 egg, beaten
Small knob of butter
150g grated Quicke's Ewes' cheese (or cheddar)

Preheat the oven to 200C
Peel and cut the celeriac into 1/2cm cubes
Peel and chop the onion
Heat a glug of oil and the butter in the pan
Add the onion with a pinch of salt

Cook on medium heat until the onion is starting to brown
Add the celeriac cubes and wait for them to start turning golden
Pour in the beer and leave to simmer for 10 minutes
Core and dice the pear (no need to peel it) and add to the pan
Leave for another 5 minutes until the celeriac is soft and the liquid is nice and thick, leave to cool
Add the grated cheese to the celeriac and combine
Wrap in the pastry, brush with beaten egg (you can sprinkle with sesame or cumin seeds) and bake for 10-15 minutes until golden and crispy
Enjoy whilst hot!

I'm looking forward to welcoming Barbora on the farm next month, and getting some more great recipes from her!

Mary Quicke



Sustainable Crediton

Spinach and potato gratin

A sustaining dish made by mixing, 1 lb (500g) potatoes boiled and mashed with butter, milk, freshly grated nutmeg, and black pepper, with 6 oz (150g) finely chopped, cooked spinach.

Pile into a buttered, ovenproof serving dish, sprinkle with grated local Cheddar and brown under a hot grill. Good with stews, or casseroles.

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Monthly Gardening notes for March from Bert Jewell

If you grow a lot of plants and like to keep your garden in tip top condition, cancel any short breaks or long holidays and get to work on your plot at the first opportunity. I'm only joking of course, but seriously, March is the best month to get ahead. But before we go out into the garden lets travel a little further along my journey.

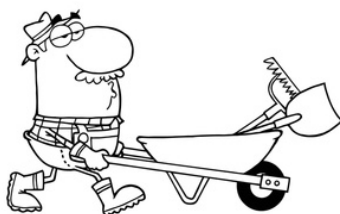
Thoughts of me becoming a full time gardener were fast becoming childhood dreams. There were other things to think about now, Beer! The odd game of darts! Going to the pictures with mates from work! Attending Judo and self defence classes once a week during school term time! The girl who lived in the village! And of course my second hand grey Austin A35 car.

I bought it from the garage next to our workshop. I knew quite a lot of the mechanics and they made sure the car was in sound condition before I drove it home. There was a block of garages within the little council estate and one of them came under father's tenancy, so I was able to put the car under cover. Over the next two or three months, I made a few subtle changes to the appearance of my Austin A35. I spray painted red flashes on each of the front wings, fitted winkers and disconnected the trafficators which were fitted between the front and rear doors. I fitted two lamps just above the front bumper, one a fog lamp and the other a spot light, I also fitted a car radio.

The girl in the village and I had become an item. I got on well with her parents and they were happy for us to go on holiday together. We decided to go to a Butlin's hotel in Blackpool. Over the next few months we both saved what we could. About a month before the holiday I sent a money order to pay the balance, I can't remember how much. The day of our departure arrived and we decided to leave early in the morning, about 2am. We put our suitcases in the back of the car, said our goodbyes and off we went. Now I think it's time to get out into the

Vegetable garden

With the lengthening days and temperature increase, weed seeds will be germinating at an alarming rate. These can be kept under control with the regular use of a push pull hoe, using boards to move around on if the soil is wet. When the soil is ready and all the weed have gone you can sow seeds of Lettuce, Radishes, Spring Onions, Leeks, Broad Beans, and early varieties of Carrots and Peas. Parsnips can be sown into soil that has not been manured in the last twelve months, old Parsnip seed will not germinate. When planting Onion sets, cut off any old dead leaves, birds think they are worms and pull out the set. Continue to harvest winter veg and rough turn the soil as it becomes vacant.



Flower garden

Continue to tidy up the flower borders by removing last year's old plant material. Cut down stems of Penstemon and sprinkle a handful of slow release fertilizer around each plant, lightly forking it in. Cut down old Sedum flower stems, if you try pulling them off you will pull out a part of the plant. Dead head Spring flowering Bulbs by cutting off just the dead flower, leaving the stem to act as a leaf, the leaves feed the bulbs so try to leave them as long as possible before you tie them up or cut them off.

Fruit garden

Things are still fairly quiet in the fruit garden, so it's a great opportunity to get out all the weeds, then mulch everything with garden compost or farmyard manure. Applied at around two inches deep this will help retain moisture and feed the plants.

Lawns

Check for worm casts before you first cut the grass, they can easily be dispersed with a stiff broom. Trim all lawn edges and re-cut any that needs redefining, then cut the lawn with the deck raised.

Trees Shrubs and Climbers

There is quite a bit of pruning and cutting out to be done this month. So let's start with the coloured stemmed Dogwoods, (Cornus) we used to cut these down to about 3" above the ground but as with so many things thoughts have changed and we now cut out most of the old wood and reduce the new growth by about two thirds. With Hydrangea remove the old flower heads of the Mophead varieties plus any weak or dead stems.

Bushes can be pruned by cutting down to a strong bud, but you may lose some flowers this year. Buddleia bushes need to be pruned hard this month by cutting all stems down to within 3" to 4" above where it was cut last year. The exception to this is Buddleia Globosa and Buddleia Alternifolia. These should be trimmed after flowering to help keep in shape.

Late March is the best time to prune modern Rose bushes (Hybrid Teas and Floribunda), young shoots will have started to develop making it easy to see where to cut. Prune back to just above a bud as close to the base as possible, cut out any weak or dead stems.

Plant of the month

"Cornus Mas" This shrub can really look fantastic during March with its masses of small yellow flowers on leafless stems. Can grow to about 10' high and will grow in any reasonable soil, sun or shade. Flowers are followed by red berries and good Autumn colour.

Enjoy your gardening

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Behind the Badge

Alex Leger, author of *Blue Peter: Behind the Badge*, which covers almost four decades of this hugely popular TV programme, will be speaking at a supper in the village hall in Bramford Speke on Friday March 24, 7 for 7.30pm. Tickets cost £10 and are available now.

Alex, who first moved to Topsham when he was three, and returned around 25 years ago, served as an Army officer before moving into television. Having started off working with Blue Peter legends John Noakes, Peter Purves and Lesley Judd, he subsequently worked with every one of the 30 or so presenters who followed them until his recent retirement.

Alex's job saw him filming the Blue Peter presenters on their many adventures.

He produced famous films such as John Noakes climbing Nelson's Column, Simon Groom reporting from famine-hit Ethiopia, and Caron Keating in Cambodia.

Bar and raffle. Everyone is welcome. For tickets call Pat Brazil on 01392 841475.

Bramford Speke Twinning Association.



curry supper and quiz

Fri. 7 April 7 for 7.30 pm

Upton Pyne Village Hall

£10 (booking essential, call 01392-841402). Bring your own drinks

Friends of Upton Pyne

Neighbourhood Watch and Emergency News

*For further information or to submit a report please go to the website or contact the
Parish Council Neighbourhood Watch co-ordinator,
Jim Enright on 01392 851859 or email jimenright4@gmail.com*

NEIGHBOURHOOD WATCH DEPUTIES

Tim Sedgwick	Godolphin Close	2	851223	twsedgwick1@supanet.com
Sue Gee	Church Area	Glebe House	851164	asgee@btinternet.com
Tom Dowle	Court Orchard	24	851704	tomdowle@live.co.uk
Chris Lee	Langford Road	Greenlands	851280	
Mike Kersey	Half Moon	12	851603	
Sandy Fleming	Newton House	12	851646	afleming12@btinternet.com
Wayne Meeton	Norton	Glenacre Sweetham	851954	wayne@wvmstudio.com
Derrick Rhydderch-Evans	Pump Street	Old Beams	851443	derrickrevans369@btinternet.com
David Vallance	Sand Down Lane	Manesty	851266	davidvallance2@icloud.com
Jacqui Ward	Smallbrook	2 Broadgate Cottage	851918	Jacquiward30@yahoo.co.uk
Jill Hawksley	Sweetham	Station Cottage	851269	peterbrew@aol.com
Ken Evans	West Town	Holme Court	851227	kenevans207@btinternet.com
Clive Wooton	Woodlands	4	851428	hollywallydoda@outlook.com
VACANT	Tytheing Close			

There is a vacancy for a Deputy resident in Tytheing Close

To volunteer please contact Jim Enright

NEIGHBOURHOOD WATCH INFORMATION

Here is a very good piece of advice regarding householders and the use of force against intruders.

Joint Public Statement from the Crown Prosecution Service and the Association of Chief Police Officers

What is the purpose of this statement?

It is a rare and frightening prospect to be confronted by an intruder in your own home. The Crown Prosecution Service (CPS) and Chief Constables are responding to public concern over the support offered by the law and confusion about householders defending themselves. We want a criminal justice system that reaches fair decisions, has the confidence of law-abiding citizens and encourages them actively to support the police and prosecutors in the fight against crime.

Wherever possible you should call the police. The following summarises the position when you are faced with an intruder in your home, and provides a brief overview of how the police and CPS will deal with any such events.

Does the law protect me? What is 'reasonable force'?

Anyone can use reasonable force to protect themselves or others, or to carry out an arrest or to prevent crime. You are not expected to make fine judgements over the level of force you use in the heat of the moment. So long as you only do what you honestly and instinctively believe is necessary in the heat of the moment, that would be the strongest evidence of you acting lawfully and in self-defence. This is still the case if you use something to hand as a weapon.

As a general rule, the more extreme the circumstances and the fear felt, the more force you can lawfully use in self-defence.

What amounts to disproportionate force? I've heard I can use that.

The force you use must always be reasonable in the circumstances as you believe them to be. Where you are defending yourself or others from intruders in your home, it might still be reasonable in the circumstances for you to use a degree of force that is subsequently considered to be disproportionate, perhaps if you are acting in extreme circumstances in the heat of the moment and don't have a chance to think about exactly how much force would be necessary to repel the intruder: it might seem reasonable to you at the time but, with hindsight, your actions may seem disproportionate. The law will give you the benefit of the doubt in these circumstances.

This only applies if you were acting in self-defence or to protect others in your home and the force you used was disproportionate – disproportionate force to protect property is still unlawful.

I've heard that I can't use grossly disproportionate force. What does that mean?

If your action was 'over the top' or a calculated action of revenge or retribution, for example, this might amount to grossly disproportionate force for which the law does not protect you. If, for example, you had knocked an intruder unconscious and then went on to kick and punch them repeatedly, such an action would be more likely to be considered grossly disproportionate.

Do I have to wait to be attacked?

No, not if you are in your own home and in fear for yourself or others. In those circumstances the law does not require you to wait to be attacked before using defensive force yourself.

What if the intruder dies?

If you have acted in reasonable self-defence, as described above, and the intruder dies you will still have acted lawfully. Indeed, there are several such cases where the householder has not been prosecuted. However, if, for example:

- having knocked someone unconscious, you then decided to further hurt or kill them to punish them; or
- you knew of an intended intruder and set a trap to hurt or to kill them rather than involve the police,

you would be acting with very excessive and gratuitous force and could be prosecuted.

What if I chase them as they run off?

This situation is different as you are no longer acting in self-defence and so the same degree of force may not be reasonable. However, you are still allowed to use reasonable force to recover your property and make a citizen's arrest. You should consider your own safety and, for example, whether the police have been called. A rugby tackle or a single blow would probably be reasonable. Acting out of malice and revenge with the intent of inflicting punishment through injury or death would not.

Will you believe the intruder rather than me?

The police weigh all the facts when investigating an incident. This includes the fact that the intruder caused the situation to arise in the first place. We hope that everyone understands that the police have a duty to investigate incidents involving a death or injury. Things are not always as they seem. On occasions people pretend a burglary has taken place to cover up other crimes such as a fight between drug dealers.

How would the police and CPS handle the investigation and treat me?

In considering these cases Chief Constables and the Director of Public Prosecutions (Head of the CPS) are determined that they must be investigated and reviewed as swiftly and as sympathetically as possible. In some cases, for instance where the facts are very clear, or where less serious injuries are involved, the investigation will be concluded very quickly, without any need for arrest. In more complicated cases, such as where a death or serious injury occurs, more detailed enquiries will be necessary. The police may need to conduct a forensic examination and/or obtain your account of events.

To ensure such cases are dealt with as swiftly and sympathetically as possible, the police and CPS will take special measures namely:

- An experienced investigator will oversee the case; and
- If it goes as far as CPS considering the evidence, the case will be prioritised to ensure a senior lawyer makes a quick decision.

It is a fact that very few householders have ever been prosecuted for actions resulting from the use of force against intruders.

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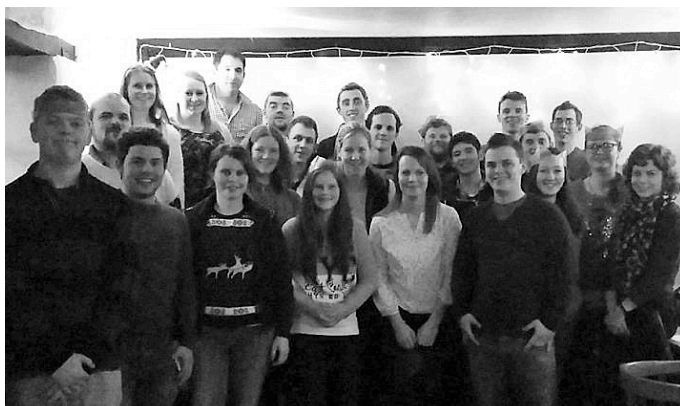
Newton St Cyres Young Farmers Club - February 2017

Winter time does not mean quiet time for Newton St Cyres YFC. Over the past couple of months we have been joined by guest speakers at two of our fortnightly meetings: Katie Wade & Dr Tessa Stone from Farms for City Children and Richard & Heather Gibson from Aid for Samburu, who both gave really informative talks which were enjoyed by members.

At the beginning of December, a few of us got in the festive spirit and made our Christmas wreaths. A big 'thank you' goes to Fran Hutchings for teaching us and to Sandie Turner for hosting the group and supplying mulled wine and mince pies!



The 17th December saw lots of members head to the Devon YFC Christmas Ball at Exeter Livestock Centre. Radio 1 DJ, Chris Stark did not disappoint and a great evening was had by all. The following day over 20 members headed to The Red Lion, Shobrooke for the club's Christmas meal. There were a few sore heads, with some arriving on foot or bike, but it was nothing a good meal couldn't fix.



An evening of carol singing was held on 20th December. A big 'thank you' goes to The Red Lion, Shobrooke, Fiona and Jeremy Ayre, and club president Stuart Luxton and Kathryn for hosting us.

In January, some of the members joined forces with members of Bow YFC to take part in the entertainments competition directed by Newton member Millie Murphy. The team competed in the Haldon group round at Queen Elizabeth's Lower School on 4th January, coming 2nd place. The Haldon group round of the Senior and Junior Member of the Year competition was also held on this day. Our club chairman, Georgina Davie, placed 1st in the senior competition, will go forward to the Devon final in Exmouth. Katie Davie was placed a fantastic 3rd in the junior competition. We wish Georgina the best of luck at the Devon YFC finals, taking place on Sunday 19th February.

On 11th February we held a jumble sale to raise money for our 80th Dinner and Dance in November. The sale was a great success and we raised over £500. We would like to thank Katrina May for organising the Jumble Sale, and also everyone who supported on the day and the members of the community who donated items to be sold.



Pictured are Catherine White, Andy May, George Lee, Georgina Davie, Chairman, and right Reg Ayre.
Photo by Margaret Tucker

If you're interested in finding out more about YFC, please feel free to come to along to our next club meeting on Tuesday 28th February at 8pm held at Newton St Cyres Village Hall. For more info, call club chairman Georgina on 07801273424.

EILEEN ENDACOTT WHO PASSED AWAY ON 3 FEBRUARY AT THE RD&E

Born in Southernhay Exeter, Eileen's first years were at West Hill nr Ottery St Mary and when still a small child the family moved to Chudleigh where she lived until she married. She attended the Grammar School in Newton Abbot. On leaving school she worked and trained at the Dulcie Vaughan Studio in Chudleigh.

She married Ern in October 1951 and had her daughter Mary the following October. In 1958 the family moved to Woodley Farm where she remained until Easter Friday 1984 when they moved to Keepers. At the end of last November she moved to Summerhayes Residential Care Home. Eileen was fiercely independent right up until the end wanting to live in the remoteness of Keepers, a place where she loved to be.

Whilst at Woodley Farm there was a continuous flow of people through the large kitchen. At breakfast and lunch time everyone brought in their packed lunches and Eileen made tea and coffee for all. The tea pot was never cold. All were welcome around the large kitchen table

Lots of youngsters became a part of Eileen's extended brood and all kept in touch and were very much loved by her.

She resumed her painting and did commission work, painted regularly for a gallery in the Lake District and attended many country, county and craft shows. She was a founder member of the Newton Art Group along with her friends including Bunny, Vera, Dorothy and Marion, all from the village. She used to design her own Christmas Cards which people eagerly awaited receipt of each year.

She lived a full and varied life and will be missed by many - it was a life well lived.

Friends of Upton Pyne AGM

Saturday 11 March 10.30 am

Upton Pyne Village Hall

*join us for free bacon butties, Danish pastries and coffee
and two short presentations by the PCC:*

The church restoration - David Marshall

How the church is used now - Veronica Clarke

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Devon COUNTY SHOW

Remembers

As the Centenary of the end of the First World War approaches, the Craft and Gardens Feature at the Devon County Show is creating a "carpet of handmade poppies" as a tribute to the 11,000+ Devon men and women who lost their lives in the First World War.

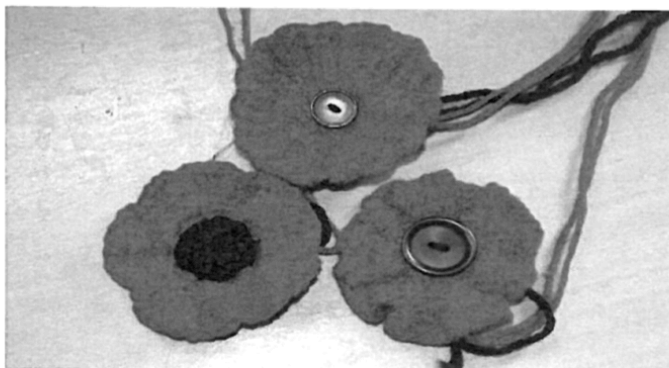
We would like our DCAA Members to help create this project.

The hand crafted poppies can be knitted, crocheted, made from lace, felt – anything other than paper. Anyone can contribute a poppy and they should be sent to

Ollie Allen, Devon County Show Office, Westpoint, Clyst St Mary, Exeter, EX5 1DJ where they will be stored prior to being "planted" in the Craft and Gardens Marquee in May 2017.

Please include your name and address and any dedication that you would like to appear in our Dedication Book alongside the display.

Thank you.



Here are two different knitted poppy patterns and two to crochet.

Knitted Poppies

For the best finish, knit with a Double Knit (DK yarn). The size of needle you choose will determine how big the poppy will be, but we recommend 3.5mm or 3.75mm (UK9). If you have different yarn left in your stash, just use that and the appropriate needle size.

1. Easy garter/knit stitch pattern for beginners Colour A Red (one ball will make a lot of poppies!)

Colour B Scrap of Black or a black button

Body of Poppy

Using Col A cast on 120 stitches.

Rows 1-4 Knit

Row 5 Knit 3 stitches together across the row(40 stitches)

Rows 6-9Knit

Row 10 Knit 2 stitches together across the row(20 stitches)

Rows 11-14 Knit

Row 15 Knit 2 stitches together across the row(10 stitches)

Cut yarn leaving a tail of about 20cm

Thread tail through yarn needle and slip all the remaining live stitches onto the yarn tail and pull tight. Pull around into a circle and then mattress stitch (or use whatever stitching you normally use) to seam for an invisible seam. Sew in ends.

Centre of Poppy

Using B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre.

Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

2. Easy ribbed poppy pattern

Colour A 1 ball red yarn (this will make a lot of poppies)

Colour B Scrap of black yarn or black button

Body of Poppy

Using Col A Cast on 60 stitches

Row s1 -10 : K2, P2 across whole row(for a slightly smaller poppy do 8 rows of rib).

Row 11 : Knit 2 stitches together across the row (30 stitches).

Row 12 : Slip 1 stitch, Knit 2 stitches together then pass the slip stitch over... repeat across the whole row (10 stitches).

Break off yarn with long tail and thread back through remaining stitches and pull tight. Join edges with mattress stitch

Centre of Poppy

Using B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre.

Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

Sudoku

All you have to do is fill in the squares so that each row, each column and each square contain all the numbers from 1 - 9.

					4			3
					3	6	7	5
6		3	7					
5		7						8
	4	1				9	5	
9						3		6
					8	1		2
8	2	4	5					
1			2					

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Lent 2017



Mondays	Pilgrim's Course, The Lord's Prayer.		Led by
7:30 pm	06 March 2017	1 Glebeland Villas, Newton St Cyres	SB*
7:30 pm	13 March 2017	1 Glebeland Villas, Newton St Cyres	SB*
7:30 pm	20 March 2017	1 Glebeland Villas, Newton St Cyres	SB*
7:30 pm	27 March 2017	1 Glebeland Villas, Newton St Cyres	SB*
7:30 pm	03 April 2017	1 Glebeland Villas, Newton St Cyres	SB*
7:30 pm	10 April 2017	1 Glebeland Villas, Newton St Cyres	SB*

*Tel Sue on 01392 851460 to check places available.

Thursdays	Pilgrim's Course, The Lord's Prayer.		Led by
7:30 pm	02 March 2017	The Maples, Silver St, Thorverton	KC
7:30 pm	09 March 2017	The Maples, Silver St, Thorverton	SS
7:30 pm	16 March 2017	Bridge Centre, Stoke Canon	LF
7:30 pm	23 March 2017	Ockero, Thorverton	SS
7:30 pm	30 March 2017	Bridge Centre, Stoke Canon	LF
7:30 pm	06 April 2017	Ockero, Thorverton	SS

Key: KC = Katie Cross, SS = Sue Sheppard, LF = Laura Ford, SB = Sue Browne

Friday Lent Lunches

12:30 pm	17 March 2017	Poltimore Village Hall
12:30 pm	31 March 2017	The Old Vicarage, Stoke Canon
12:30 pm	07 April 2017	Thorverton Parish Church

Peace, perfect peace

“Peace” is the third of the ‘fruit’ of the Spirit, after “love” and “joy”, which St Paul describes in his letter to the Galatians as characteristic of a life directed by the Holy Spirit. We have been asked by our vicar, the Rev’d Katie Cross, to take the ‘fruit’ as a thread running through our services as we worship in the parish churches month by month this year. So, in March, we consider “peace” and ask how Christians may reflect this quality in their lives and, moreover, how the Church may set an example of peace and work to bring it about in the world.

I have a vested interest in the world being a more peaceful place, with a son serving in the Royal Marines who spent two tours in Afghanistan, a daughter who lives in Paris where the peace has been shattered by terrorist attacks in recent times, and another son who enjoys travelling in far off parts. Even in our peaceful villages, one cannot perhaps help feeling a sense of unease these days. The confrontational approach of certain world leaders and their actions may seem directed not so much towards maintaining peace but, instead, creating instability that one may envisage tipping over, so easily, into conflicts that will affect everyone. The reassurance of the predictability of character, policy and events is not a feature of our age, but then has it been of any time?

There is a passage in St Matthew’s gospel where Jesus tells people not to worry about their lives. He encourages them to rely on God and makes the point that none of them can add a single hour to their lives by worrying. The important thing is to seek God’s kingdom first and his righteousness and the rest will fall into place. There is no point, he says, in worrying about tomorrow for tomorrow will worry about itself. This is not an encouragement to bury one’s head in the sand or to assume that faith in God will ensure that one does not experience misfortune or worse in life. For, as Jesus acknowledges, each day has enough trouble of its own.

Yet, I am sure that, despite his counsel, most of us do spend our time worrying about small as well as big things. My early career as a solicitor, in part dealing with personal injury claims, has perhaps left me with a heightened awareness of the perils of life particularly as they might affect my children so that, even though they are now grown up, I am often exhorting them to be careful about something, or to watch out! Just how does one follow Jesus’ advice not to worry?

Perhaps by going back to another of St Paul’s letters, this time to the Philippians, where he writes of “the peace of God that passes all understanding”. This is a peace that is so great that it can neither be contained nor explained by the human mind. Again, it does not mean that awful things will not happen but it is to be filled with an assuredness, a faith, that, come what may, we experience God’s love and ultimate protection. You may know some people who live with that sense of peace about them. It is a much more positive stance than a stoical resignation in the face of events. From the time of the early Church through to its use in our services today where we sometimes “exchange the peace”, Christians have greeted each other with the words: “The peace of the Lord be always with you.” And responded to that greeting with: “And also with you”. Facing persecution, the early Christians knew that they would need that peace if they were to endure what might befall them, and so it is in some parts of the world today.

Finally, I am struck by the fact that St Paul refers to the fruit of the Spirit rather than the fruits. Unlike the seven gifts of the Spirit, such as understanding and knowledge, which it seems may be received individually, I wonder whether a point is being made that the fruit are together characteristic of those who live by the Spirit. A person so living will, therefore, exhibit love, joy and peace, as well as the other six characteristics Paul lists. To discover more about those, why not join in the services in the parish churches where you live, and where they will be considered over the coming months. Indeed, you may look to see them exhibited by those present.

Peter Colebrook

Thorverton

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* Includes supper by Sonia and a pudding
There will be a bar and a grand raffle

Services in the Netherexe Parishes

Your parish churches aim to provide a variety of service types to meet the needs of the whole community. Most Sunday services except those early in the morning include hymns and music. Everyone is welcome at all services

Service With A Smile ☺ These services are designed for all ages and with the needs of young children especially in mind. They are informal and contemporary in style often including a children's activity at the beginning; without communion and are led by lay teams. Services usually last about 35 minutes and are followed by refreshments

Family Service Family services are suitable for all ages, may be with or without Holy Communion, are contemporary in style and are often followed by refreshments

Holy Communion [C] Traditional service in contemporary language [one hour]

Holy Communion [BCP] Traditional service in traditional language [one hour]

Morning Prayer [BCP] Traditional Morning Service [Mattins] from the Book of Common Prayer [about an hour]

Evening Prayer [BCP] Traditional Evening Service from the Book of Common Prayer [about an hour]

Common Worship [CW] Common Worship Service

Daily Morning & Evening Prayer in the Netherexe Parishes

For daily services the format is generally Book of Common Prayer at Thorverton and Common Worship elsewhere, and the timing is about 20-30 minutes. All are welcome.

Morning Prayer is said on Mondays at 9.10 am in Stoke Canon church (during the school term, this takes the form of Collective Worship for Stoke Canon C. of E. School); on Tuesdays at 9.15am in Stoke Canon Chapel

Evening Prayer is said on Thursdays at 5.00pm in Newton St Cyres church; contact Sue Browne on 01392 851460 for location.

Who's Who? Abbreviations Key

KC	Revd Katie Cross katie.cross@netherexe.org	Rector	01392 759612
SS	Revd Preb Sue Sheppard sue.sheppard@netherexe.org	Associate Minister	01392 861022
LF	Mrs Laura Ford laura.ford@netherexe.org	Reader	01392 841753
TBC	To be confirmed		

Associate Ministers

MSS Revds. Michael & Sharon Simpson

HW Revd Harold Whitty

BOF Baptist Officiant

For more information about the Netherexe Parishes please see www.netherexe.org or contact:

Mrs Margaret Lowe [Administrator]

Tel: 07594 714590 - Tuesday & Thursday [08:30 – 16:30]

Email: margaret.admin@netherexe.org

Correspondence: The Netherexe Parishes, PO Box 734, Stoke Canon, Exeter, EX5 4WP.

Would you like a lift to church? May we offer you a lift to the parish church or to a joint service elsewhere?

For transport to Sunday services from locations in Thorverton parish, please ring Steve Rendell on 01392 860780.

For transport from Rewe parish please contact Guy Sheppard on 01392 861022

Newton St Cyres Parish Church Rotas March 2017

Cleaning and Flowers

Week Ending	Flowers	Clean Church/ check loo	Brass: key with Sue
March 5th Lent	– no flowers	J. Furniss	-
12th	-	P. Burt	-
19th	-	-	-
26th Mothering Sunday	Simple flowers P. Boother	-	-

Sidespersons

March 5th	9.30 a.m. Family Service Lay-led	Christopher Lee	Margaret Snow
12th	10.00 a.m. Open Door	-	-
19th	-	-	-
26th Mothering Sunday	9.30 Holy Communion	Wendy Hough	Tony Hough

MARCH 2017 SERVICES & INFORMATION

The Netherexe Parishes - A Mission Community in the Diocese of Exeter

Wednesday 1 March Ash Wednesday

07:30 pm	Holy Communion	[C]	Huxham	KC
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Friday 3 March Women's World Day of Prayer

11:00 am	Joint Service <i>Followed by Soup Lunch</i>		Thorverton Baptist church	BOF
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Sunday 5 March Lent 1

09:30 am	Family Service		Newton St Cyres	Lay Led
09:30 am	Holy Communion	[C]	Thorverton	KC
10:00 am	Service with a Smile	☺	Brampford Speke	LF
10:00 am	Service of the Word		Cadbury	Lay Led
10:00 am	Service of the Word		Stoke Canon	Lay Led
11:15 am	Coffee, Cake & Company		Rewe	
05:30 pm	Holy Communion	[C]	Poltimore	HW

Sunday 12 March Lent 2

09:30 am	Sunday Service		Brampford Speke Baptist Chapel	BOF
09:30 am	Holy Communion	[C]	Huxham	SS
09:30 am	Open		Thorverton	
10:00 am	Informal Gathering		Stoke Canon	
10:00 am	Open Door		Newton St Cyres	Lay Led & KC
11:15 am	Service of the Word		Rewe	Lay Led
11:15 am	Holy Communion	[C]	Upton Pyne	SS

Sunday 19 March Lent 3

08:30 am	Holy Communion	[C]	Brampford Speke	KC
10:00 am	Holy Communion	[C]	Cadbury	KC
11:15 am	Coffee, Cake & Company		Rewe	
05:00 pm	Holy Communion	[C]	Stoke Canon	MSS
06:00 pm	Sung Evensong by the Heritage Singers		Poltimore	Bishop M Shaw
06:00 pm	Sung Evensong	[BCP]	Thorverton	Lay Led

Sunday 26 March Lent 4 & Mothering Sunday

09:30 am	Sunday Service		Brampford Speke Baptist Chapel	BOF
09:30 am	Family Holy Communion	[C]	Newton St Cyres	KC
09:30 am	Open		Thorverton	
10:00 am	Family Service		Thorverton	Lay Led
10:00 am	Family Service		Joint with Baptist Church	
10:00 am	Family Service		Cadbury	Lay Led & LF
10:00 am	Family Service		Huxham	Lay Led
10:00 am	Family Service		Poltimore	Lay Led
10:00 am	Family Service		Stoke Canon	Lay Led
10:00 am	Service of the Word		Upton Pyne	Lay Led
11:15 am	Family Holy Communion	[C]	Rewe	SS

Sunday 2 April Lent 5

09:30 am	Family Service		Newton St Cyres	Lay Led
09:30 am	Holy Communion	[C]	Thorverton	MSS
10:00 am	Service with a Smile	☺	Brampford Speke	LF
10:00 am	Service of the Word		Cadbury	Lay Led
10:00 am	Service of the Word		Poltimore	Lay Led
10:00 am	Service of the Word & APCM		Stoke Canon	Lay Led & KC
11:15 am	Coffee, Cake & Company		Rewe	

WHO'S WHO IN THE VILLAGE

Priest-in-Charge	Revd Katie Cross - katie.cross@netherexe.org	01392 759612
Church Wardens	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851460
PCC Hon Secretary	Pita Burt pitaburt@gmail.com	01392 851410
PCC Hon Treasurer	Clive Lawrence, Elm Cottage, Pump Street	01392 851406
Electoral Roll Officer	Jen Holt, 21 Woodlands	01392 851521
Tower Captain	Mary Quicke - mary@quickes.co.uk	07729 844945
<u>DOCTORS (Crediton)</u>	New Valley Surgery , - Drs Hall, Saunders, Harris, Cameron, Wride & Anderson.	01363 772263
	Chiddenbrook Surgery - Drs Twomey, Murphy, Braddick, Griffiths Fearon & Kirwan	01363 772227
<u>NEWTON WONDER MAGAZINE & WEBSITE</u>	Editor – Peter Hawksley Email: editor@newtonwonder.net	01392 851269
<u>PARISH COUNCIL</u>	Chairman - David Baker Clerk - Jane Hole	01392 851752 01392 851148
<u>PARISH HALL</u>	Chairman – Roger Wilkins Booking Sect - Mary Long, - marylong@btinternet.com Caretaker - Chris Barlow	01392 851337 01392 851624 01392 851125
<u>PRIMARY SCHOOL</u>	Head of Teaching – James Akhurst Administrator - Maxine Pople	01392 851267 01392 851267
Newton Nippers	Michelle Gidley (or contact the school)	01392 851522
Newton Nappies	Emily Rickard	01392 851899
<u>RECREATION CLUB</u>	Chairman - Tony Lewis, 80 Wrefords Lane, Exeter Booking Secretary - Mrs Wendy Lewis, 80 Wrefords Lane, Exeter	01392 432287 01392 432287
Newton Revels	Chairman - Vacancy	
Art Group	Jill Doe - sunnyside@jilldoe45.plus.com	01363 83410
Neighbourhood Watch	Jim Enright - jimenright4@gmail.com	01392 851859
Footpath Warden	Steve Parker	01392 851505
Cancer Research UK	Jean Wilkins, Coldharbour, Sand Down Lane	01392 851337
Cricket Club	Paul McCutcheon, paulmccutchion@hotmail.com	01392 851266

Community Policeman	PCSO Lisa Crocker, Police Station, Crediton	Dial 101
District Councillor	Peter Hare-Scott	01363 776409
County Councillor	Margaret Squires	01363 84337
Local M P	Mel Stride mel.stride.mp@parliament.uk	01392 823306
Football Club	Roger Furniss, furniss740@btinternet.com	
Friends of NSC Station	Chris Southcott	01392 851569
Luncheon Club	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851460
Newton Ramblers	Rosemary Chambers	01392 851400
Tennis Club Secretary	Laura Leigh	01647 24259
Twinning	Lorraine Mitchell	01392 851596
Upton Pyne PC	Jacqui Ward- jacquiward30@yahoo.co.uk	01392 851918
Young Farmers	Rob Davie	7801597703
Archery	Alison Couling	01392 841282
Gardening Club	Jane Timlett	01392 851361
Honky Tonks Line Dancing	Paula Benford	01392 210830
History Group	Jean Wilkins	01392 851337
Table Tennis	Roger Wilkins	01392 851337
Friends of the Arboretum	Roger Wilkins	01392 851337
Saturday Market – 4th Saturday of the month	Angie Hannaford	07505 127213
Crediton Citizen's Advice	Adviceline (10.30 - 3.30) Crediton Office (Please leave message asking for ringback)	03444 111444 01363 776210

Newton St Cyres Church

Treasurer Wanted!

The Parochial Church Council needs a someone to look after the finances.

Contact Sue Browne: 851460