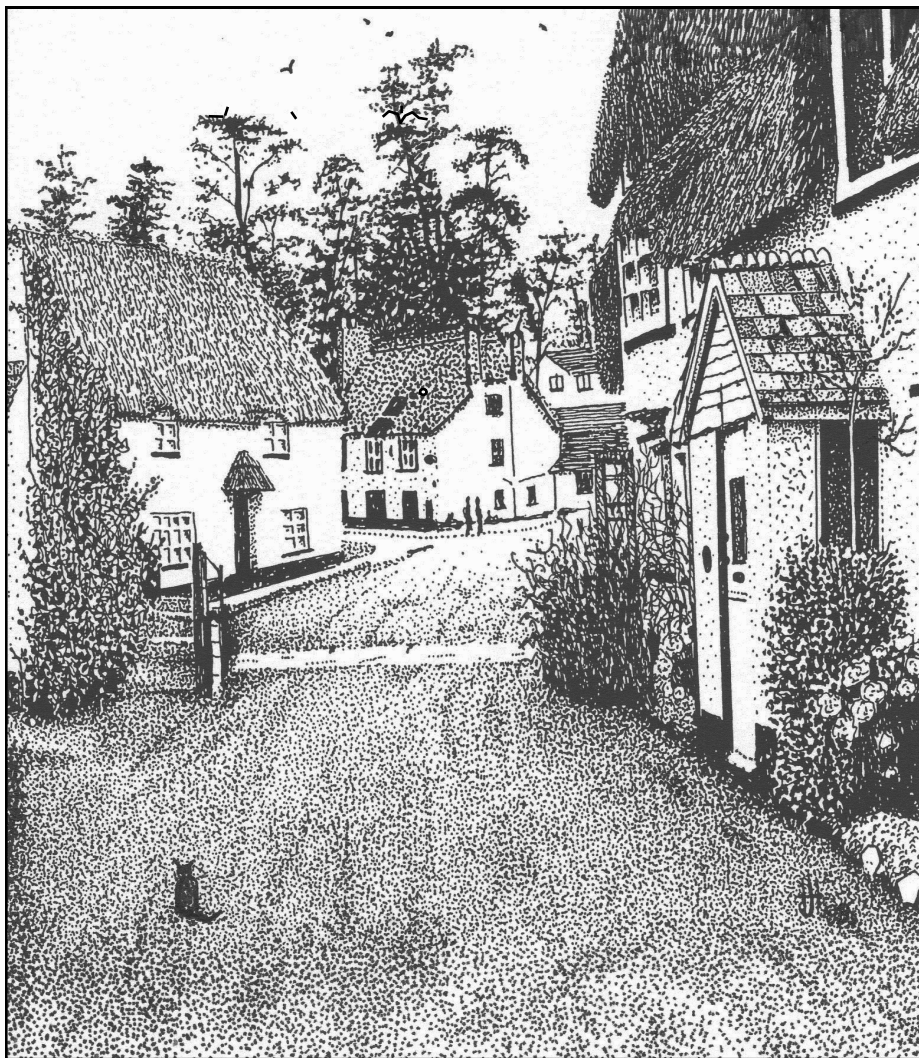


NEWTON WONDER



50p

November 2013

The **NEWTON WONDER** team consists of Peter Hawksley, Daphne Clague Richard Nicholls, Gerry Radford and Anne Rice.

ARTICLES FOR PUBLICATION : Please e-mail to Peter Hawksley, Editor, (newtonwonder@btinternet.com) Tel: 851 269

NOTICES OF LOCAL EVENTS : Please e-mail to Peter Hawksley, Editor, (newtonwonder@btinternet.com) Tel: 851 269

ADVERTISEMENTS : Please e-mail to Richard Nicholls (richardnicholls42@hotmail.com) Tel: 851 877

Please include your Business Name, Address, Ad-Size required and Number of Insertions.

Payment is required in advance. Cheques should be made payable to NEWTON WONDER and sent to Richard Nicholls, Landown, Sand Down Lane, Newton St. Cyres, EX5 5DE.

ALL ITEMS FOR PUBLICATION MUST ARRIVE BY THE 15th OF THE MONTH.

These may be left at the Post Office-Village Store if e-mail is not available.

PLEASE NOTE that we aim to distribute the NEWTON WONDER by the month end but this cannot be guaranteed. We therefore recommend that events taking place early in the month be advertised the month prior.

LOCAL VILLAGE EVENTS WILL BE MENTIONED FREE OF CHARGE

The **NEWTON WONDER** is delivered to local households and businesses at an annual charge of £5.

Additional copies may be purchased from the Post Office-Village Store.

Advertising Rates for the NEWTON WONDER

	1 year
Small (credit-cardish size)	£30.00
Quarter Page	£60.00
Half Page	£100.00
Full Page	£200.00

The editorial team of the NEWTON WONDER does not necessarily agree with the views of contributors contained in their published articles. This is a community magazine and it is our policy to print reports, articles and submissions that might be of interest to the community - provided that we have sufficient space to do so and they are not libellous in content.

A WEEK IN THE PARISH HALL

Mondays	DIET & FITNESS CLASS	9.30 - 11am	Emma Healey Tel: 01363 773873
Mondays (except Bank Holidays)	BINGO	Eyes Down at 7.45 pm	Meat Bingo; Raffles; Snowball
First Monday of Month	PARISH COUNCIL	7.30 - 10.00 pm Club Room	All are welcome
Tuesdays	GENTLE KEEP FIT	9.45 - 10.45 am	Call Jane on 366413 £3.50 per session
Tuesdays	LINE DANCING	7.15 - 10.00 pm	Paula Benford Tel 01392 210 830
Tuesday (Fortnightly)	YOUNG FARMERS" CLUB	8.00 - 10.00 pm	Jon Lee Tel: 01363 772567 Mobile: 07891102268
Last Wednesday of Month	ART GROUP	6.45 - 10.00 pm	In the Club Room
Wednesdays	MOTHER & TODDLER GROUP	9.30 - 11.30 am	Call Hollie Lewis Tel 01392 851 169
Wednesdays Fortnightly	YOUTH CLUB	7.00 - 10.00 pm	Pat Finch, Tel: 851478
Usually 2nd Thurs. of each month 3rd Thursday of Month	EXE VALLEY BIRD CLUB	Viewing from 6.30 Sale at 8.00 pm	Membership available at door
	HISTORY GROUP	7.30 - 10.00 pm	Jean Wilkins Tel: 851 337
Last Thursday of Month	GARDENING CLUB	7.30 - 9.30 PM	Call Gail Meldrum Tel 01392 851 377
Fridays	MARTIAL ARTS	6.00 - 7.00 pm 7.15 - 9.45 pm	Freephone 0800 0015 853
Fridays	TABLE TENNIS		Just turn up - £2 per session (£1 children)
Usually 4th Saturday of each month	MINI MARKET	10.30—12.00 pm	Table bookings: Pat Butt: 861 131

The NEWTON WONDER is delivered within the Parish at a charge of only £5 per year. Please contact Gerry Radford on
01392 851 504 or
e-mail paul.radford3@btinternet.com
If you move away it can be posted for an additional £5 pa.

Autumn

At the end of last month it seemed that the summer was over and we were in for a cold wet and miserable autumn. However October has been largely lovely; warm dry and sunny. Gardeners have been able to prepare for the winter. Sue Taylor has written us a little poem which is printed on page 25, and which reminds us that each season has its promise.

Best Kept Village 2013

The judges of the Best Kept Village in Devon competition sponsored by the Council for the Protection of Rural England and Mole valley Farmers have produced an assessment of the village which is printed in this issue of the Newton Wonder. It concludes with the following:-

"This is a delightful village, which has much going on and maintains a good community spirit. It is to be commended for its amenities and has competed well in this year's competition in the highly competitive Past Winner category."

Fireworks

Once again the Recreation Ground Club are providing us with a display. This time it will be on Saturday 9th. November. I am sure that it will be the success it has been for the last few years and lets hope that the October weather stretches into November. Please remember that for reasons of insurance the organisers are asking people not to take sparklers.

Christmas Fayre

The Annual Christmas Fayre is to be held on 30th November and it is not too late to be part of the action. The organisers of all the stalls are listed on their advertisement and and if you have products etc. which could be sold then do contact the relevant stallholder.

Vodafone

All the mobile operators are trying to improve their coverage of the village. Vodafone have come up with a novel idea. Roger Cashmore has written an update on progress. Particularly interesting is the new mobile device with which users of the Community Support Group Laptops can connect via wi-fi on a pay as you go basis.

Cycle Path

Roger Clements wrote last month about the need for a safe cycle path between Exeter and Crediton. It is clear that it would be a real asset if villagers were able to cycle to town or city in safety. There is a campaign in Crediton through "Sustrans" to achieve this. For what its worth it is your editor's view that at the moment there is precious little chance of any progress on this issue. No potential route has been identified at either end or indeed in the middle. The limited plans so far seem to be based on using the lanes via Shobrooke Park to Langford Road. This is to me unacceptable as the lanes are unsuitable, they are too narrow and it is not possible to hear motorised traffic until it is too late. There is no access at either end. The A3072 is unsuitable for cycling to Shobrooke Park. The A377 from Langford Road is a

nightmare for cyclists. Sadly, too, we live West of the river and funding has always been much harder here than the other side. If we want a cycle route we must really shout, and loud.

David Baker has made a very useful reply to Roger's letter in which he discusses the work of the A377 Action Group which is actively seeking ways into make the A377 safer. He is unable to go further than this because there is no funding or serious plan to enable safe cycling between Crediton and Exeter. If we really want this to happen we have to generate a real movement, arouse interest, lobby government, DCC and MDDC; probably also raise the necessary funds, or some of them. Anything is possible where there is the will.

Dear Editor

I notice in your recent edition, a letter from Roger Clements regarding a cycle route between Crediton and Exeter. While entirely agreeing with the sentiments within the letter it would be helpful for your readers to know that Upton Pyne, Crediton Hamlets and Newton St Cyres Parish Councils have been part of a joint A377 Action Group looking at all the problems regarding the A377. The Action Group have met twice a year for the last four years together with County and District Councillors, the Police and Officers of Devon County Council to work out ways in which the A377 between Crediton and Exeter can be made safer for residents, motorists, cyclists and pedestrians. This work is also being supported by our local MP.

A number of initiatives are being considered which include safe passage between Crediton and Exeter for cyclists and pedestrians. The problem is not straight forward as the requirement of those cyclists wishing to travel to work is not the same as those wishing to use cycle routes for leisure pursuits, therefore the outcome takes longer to achieve. Ideas are currently being worked on by Devon County Council to overcome the problems but the massive restriction on funding to local authorities does not help the situation.

In Newton St Cyres and Cowley a Community Speed Watch initiative has been running for four years which, when the teams are out, dramatically reduces the speed on the A377. They consistently are looking for more volunteers to help so they are active more often thus reducing the speed on the A377 more frequently. The Crediton group has virtually folded due to lack of support. Anyone interested in joining the volunteer group should contact Tom Clague on 01392 851639 for more details.

A number of measures are also being investigated to ensure that the A377 is a safer road for those residents living by it and using it. The notes from all A377 Action Group meetings are reported to the respective Parish Councils at their meetings and the public have every right to attend these meetings.

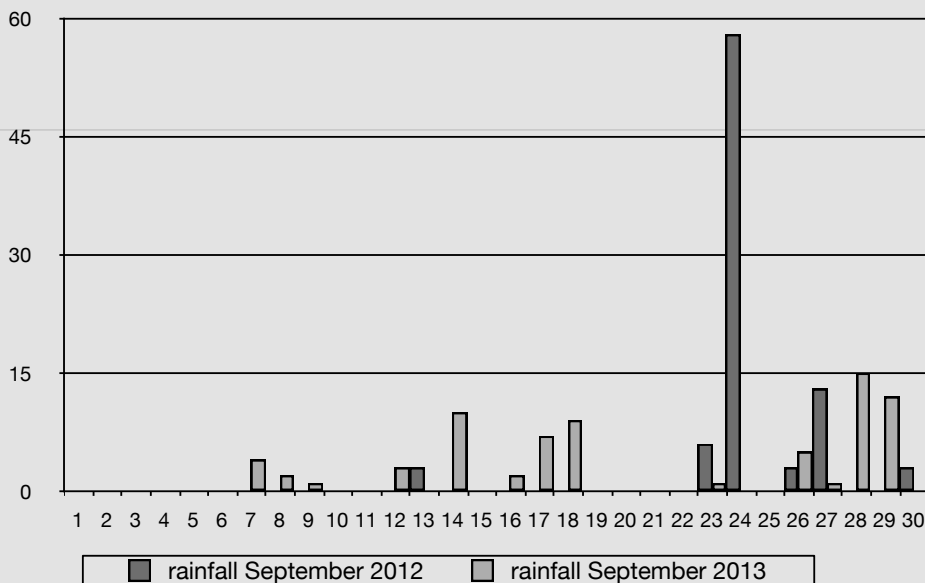
Hopefully before too long some concrete solutions will be found.

Yours sincerely

David Baker

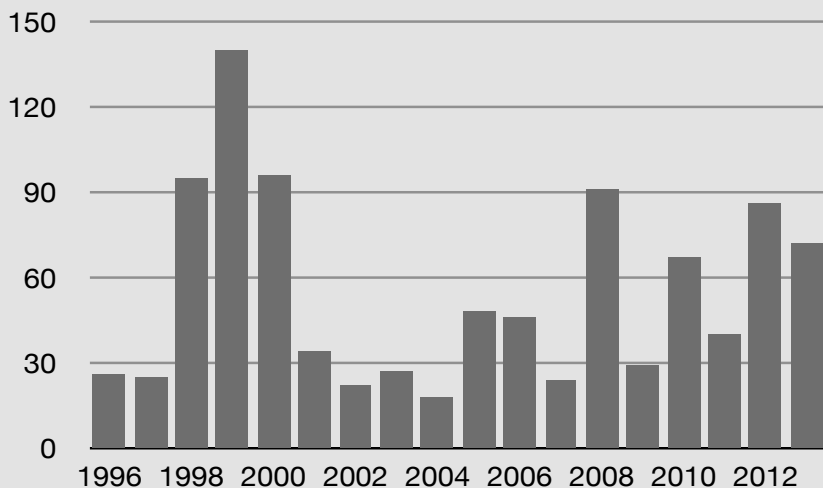
Chairman, A377 Action Group & NSC Parish Council

Daily rainfall in September 2012 and 2013



record courtesy of James Walters

September 1996-on



■ Rainfall in mm. September (Total 72mm.)

record courtesy of James Walters

RECREATION GROUND CLUB

I can't believe the next time I write a bit for the Newton Wonder, it will be the last one for this year. November is will continue to be busy with lots of Football on Saturdays outside. Inside the Skittles, Darts, and Pool keep the evenings busy.

The football teams are all hoping the weather stays kind and they keep up to date with their fixtures so they can enjoy the scheduled break over the Christmas and New Year weekend break.

We also have a sprinkling of Social events and celebrations including a Baby Shower, two first birthdays, one Christening. We are hosting the schools cross country run, a meeting of the Twinning Group, a Skittles and Social evening for the Archery Group and most import and of all our very special evening with the FIREWORKS DISPLAY, so you can see November has a lot going on and we hope all the events prove to be happy occasions.

We are again indebted to our Firework Sponsors. Without them it would not to be possible to provide the same standard of display. They give that little extra boost to our funds and we hope you will all come down and witness the event. The Sponsors for this year are Bernaville Nursery, Daw Refrigeration, the Golf Club at Newton St Cyres, James Ayre, Dan Singleton and N.A. Guppy. We hope most of them will be present to see how much the village appreciate the event. We thank John Horsman and his team for providing the refreshments. As before, the profit from these will go to C.L.I.C..

Cathy Yates will be supplying mulled cider and tea and coffee.

Gate open at 6.30 and the fireworks start at 7.45. The bar will be open all evening. Please don't bring Sparklers as we can't cover you for insurance.

Wendy Lewis



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Saturday 2nd November
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Newton St Cyres FC–November Update



The Reserves continued their unbeaten run in the league with a win against Honiton Town at home but it went close finishing 3–2. A draw followed against old adversaries – Fluxton. It finished 3–3 in the end despite leading on three occasions. It's not been such a success story in the Cups however, and the Reserves have now exited both with losses to Bradninch 2–1 away and Dawlish 5–3 at home. The Dawlish game looked dead and buried with the Reserves trailing 3–1 but two late goals forced extra-time but Dawlish were too strong in the end.

The Firsts have had a mixed bag since our last report. It started with a home loss to Dolphin 2–1 in which the opposition were comfortable throughout. The next week was a completely different affair though with an 8–1 thumping of relegation stricken Culm. Next up was Braunton who visited us for a County Cup tie. Top of their North Devon league, this was expected to be a real test and it was a well contested game. Being 3–1 down at half time, the team rallied and were so close to taking the game to extra-time were it not for some wayward shooting. If we had found the equaliser we were confident of progressing but it wasn't to be. The final game of the period was a trip to Topsham which finished with a surprising nil–nil score line despite the pressure put on the Tops goal.

The Under 11s took part in their first match day in the Mid Devon Soccer League in October and played four games in total. It was a good day for the team and finished with two losses and two wins. A good start to their season and we're looking forward to the next games in November.

The Under 12s started the season with a bang and it continued with wins against Moors and Hemyock to see them sitting joint top of the division on goal difference. The next game against Teign Valley gave them a bit of a bump back to reality as they went down 8–1. This was followed by a close 5–4 loss to Alphington, but despite the loss the players were congratulated on an excellent performance and some top-draw passages of play. It may not have brought the points but it was enjoyable to watch the players trying to play attractive football. Keep it up!

The Under 8s are progressing really well and were treated to a session provided by Arsenal Soccer Schools in October focusing on passing. The next objective is to bring what they've learned in training to a match situation! Fingers crossed they don't forget everything we've been trying to teach them!

Dates for your diary:

Football Club Xmas Party & Draw – Saturday 14th December @ Recreation Ground Club
Xmas Bingo – Monday 16th December @ Village Hall

Pre-season Friendlies: 2.15pm unless stated

Firsts – 2nd Clyst Valley (A), 16th Exwick Villa (A), 23rd Dawlish Utd (H), 30th Westexe (A)
Reserves – 2nd Silvertown (A), 16th Stoke Hill (A), 23rd Otterton (H), 30th Exwick Village (A)

Mark Smaldon

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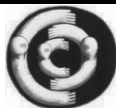
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Sunday & Monday: 12noon - 2.15pm & 6.30pm - 8.15pm

**Mike, Jan and the team offer everyone a warm welcome.
It is advisable to book well in advance for weekend bookings.**

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NEWTON RAMBLERS

Sunday 17th November

The walk this month will be on 17th November (10th is Armistice Day service) and will be circular, using the South West Coast Path. Please meet at Newton St Cyres village hall car park at 9.30 so that we can organise cars.

We will start from the bridge over the river Otter just beyond the Lime Kiln car park in Budleigh Salterton. We will be walking up the Otter to Otterton. The mill will be open if anyone requires refreshments at that point. Having walked up the main street of Otterton we turn off to the right and, after a short walk and turn left, meet the first of two steep sections, a green lane. When the trees are not in leaf there are super views of the surrounding countryside. At the top of the green lane we follow a track to a road which we cross and start walking down to the coast path which we then follow (and negotiate the second steep climb) back to the start point. Views are extensive and, if the weather is clear, one can see from distant East Devon to Shaldon and beyond.

I do hope you will be able to join me. All are welcome. Please note that anyone joining these walks obviously does so at their own risk.



Caroline Witts

01392 259587

Update on the Newton St Cyres local 3g mobile network

Last month we described how Newton St Cyres was taking part in a national trial for the provision of local mobile digital networks. This involved siting low power Vodafone antennas on the Village Hall & Recreation Ground as well as the Beer Engine and Crown & Sceptre Public Houses.

1. Call to householders living near the school

We would like to hear from any householders living at the top of the hill in either Sand Down Lane or Tytheing Close who would be willing to consider hosting an additional antenna on their property. While there is no money associated with this call for assistance it would increase the mobile footprint in the village and guarantee mobile coverage to users while in this area. Please contact Cllr. Roger Cashmore (details below) to find out what is involved.



2. New Wi-Fi over 3g technology available free for trial in the village

A new device that allows up to 10 Wi-Fi users to connect to the internet over the Vodafone 3g wireless network has been procured for use in Newton St Cyres. This small device, the size of a packet of cigarettes, has a pay as you

go sim card and allows up to ten simultaneous Wi-Fi users to connect to the internet without the need to install and connect a router. The device has been given to Simon Lovell, the landlord at the Crown & Sceptre and may be used with the Neighbourhood Health Watch laptops. This device will allow those residents covered by the Vodafone network to have a “taster” experience of the internet without needing to commit to a long term network contract. The device will also be able to advise if your residence is currently capable of picking up a mobile signal. Please get in touch with Simon on 01392 851278 in the first instance if you would like a “test drive.”

3. Call for Feedback

Anybody who has any comments regarding using mobile phones in the village, good or bad, please do let either Peter Hawksley of the Newton Wonder or Cllr.

Roger Cashmore, the Vodafone Project Contact on 07904 625 321 or
cashmorer1@gmail.com

Parish Council report September 2013

Six Councillors attended the Parish Council meeting on the 7th of September and were joined by Cllr. Peter Hare – Scott of MDDC and Cllr. Margaret Squires our representative on the County Council. The meeting was also attended by 4 member of the public as well as by the Village Flood Watch representative Malcolm Brooks, supported by Denis Long and Lynsey McLean (Environment Agency).

The council was provided with a comprehensive update by Malcolm regarding the local flood surveys completed to date and the plans to provide the village with an automated rain gauge that has the potential to provide households at risk of flooding with an early warning. Information sheets are being prepared and the committee is now looking for two suitable strategic sites for small sheds in which to hold sandbags and sand.

The public in attendance raised a number of points, mainly regarding parking, the bus stop and traffic issues in Half Moon, as well as concerns regarding buses not stopping when requested. The council addressed all points, but noted that many of the issues raised were beyond their remit. However, it agreed to write to Stagecoach and to bring the issue of bad drainage at Magnolia cottage up with County Highways.

Cllr Hare – Scott announced that the recent planning application from 2 New Estate was now going in front of the MDDC planning committee in November and that a site visit is to be arranged by Jonathan Guscott, the Head of Planning at MDDC. The council was also informed that Jonathan Guscott has kindly agreed to attend the next Parish Council meeting in November in order to directly answer questions arising from the public and the Parish Council. The MDDC budget was coming under increased pressure but the district council had recently received a good independent audit report.

The funds to replace the recently demolished bus stop were approved and the recent applications for TAP funding made by the village hall, football club were under process with Crediton Town Council, the application for safety netting made by the Rec. will depend on unused TAP funds being available.

Cllr Margaret Squires explained the huge backlog of road maintenance work caused by flooding and agreed to investigate the possibility of assisting parish council(s) by providing more transparency as to how Highways prioritise, schedule and finance their road maintenance work.

From the Parish Clerk

If a bus has not stopped in Newton St Cyres when requested to do so, please can you let the Parish Clerk have details of the day, time and location. The Parish Council will be reporting such incidents to the Bus Company. Please e-mail nsc_pc@outlook.com with details.

Mini Market - a note from Pat Butt

The next Mini Market will be on Saturday November 23rd. 2013 from 10:30 am till 12 noon.

Don't forget to come and meet friends over coffee, tea, soft drinks and bacon butties. All the usual stalls:- meat, vegetables, cakes, pasties, plants, hand crafted cards, bric a brac, jewellery and toys (in aid of Cancer Research). There will be a stall from the village school and the Parish Council "surgery".

If you would like a stall or have any other good ideas please contact Pat on 01392 861131.

PAT BUTT and the stall holders

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Community Support Group

The recent Neighbourhood Health Watch meeting, held on the 12th October, began with talk from Jackie about Dementia and Alzheimer's Disease. Jackie's role is to offer support to people with memory loss, working with surgeries who refer their patients.

Jackie also works with other carers, introducing people with similar conditions. This brings two carers together – who may find it helpful to talk to someone in a similar situation to their own.

There is considerable support for carers: a Memory Café, Tuesday mornings in the café at Crediton Station. A group at Exeter library encouraging an active life style – which has proven to help those struggling with dementia and other similar conditions. There is also a singing group, which is held on the second and fourth Thursday of the month.

For support and information on Dementia or Alzheimer's please contact Simon at the Crown and Sceptre, where you can find extra information and leaflets.

As always, the computer and laptops at the Crown and Sceptre are available for anyone who wishes to use them. Cosmic will start their four sessions on 26th October from 10.30 – 13.00. Please feel free to bring in your own laptops or iPad if you have any questions or want any help with them. Dates for computer sessions:

26th October – intro to IT “the gadget show”
23rd November – social media introduction
30th November – safe way to download items

and managing icons, pop-ups and assisting with computer security.

7th December – introduction to windows 8.

For any queries on the sessions, please contact Simon at the Crown and Sceptre. Simon reported at the meeting that the laptops and IT equipment have been well used during recent months.

ITV came to the village to film and will be showing the changes taking place to rural pubs in Britain, highlighting their significance to local communities and in particular the Community Support Group in Newton St Cyres.

The need to be more proactive as a group was identified during the steering group meeting. In order to try to bring those from other groups together, and join in with each other's activities as well as discussing with one another what each of us do.

It was particularly pleasing to see so many new faces at the meeting. The growth in interest in our meetings not only encourages us as a support group, but also allows us to see how important the Community Support Group is to so many people's lives, thank you!

Next month the fire service will be present, talking about smoke detectors and their importance in the home.

The next meeting will be held at 10.30 at the Crown and Sceptre on 9th November. Hope to see you there!

Sophie Ward.

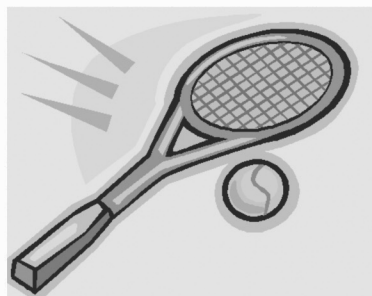
Allotments £10 per year

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or nsc_pc@outlook.com

Newton St Cyres Tennis Club

We can finally reveal the final positions for all our summer league teams. Five of our seven teams finished in their highest or equal highest position ever. The Ladies B team won promotion, having won their division. 43 club players represented the club over the season, with 8 making their debuts.



We still have a few spaces in some junior coaching groups – please contact Viv Baber on 01392 681180 if you would like further information.

Our strongest adult club sessions are on Sunday afternoons from 2pm and Thursday evenings from 6.15pm. More relaxed daytime sessions continue to run on Tuesdays at 10am and Fridays at 2pm, and all adults are welcome.

As always, all up to date information can be found on our website – www.newtonstcyrestennisclub.co.uk or you may call our Membership Secretary, Laura Leigh, on 01647 24259.



Christmas Art and Craft Exhibition

Friday 6th. and Saturday 7th. December 2013

10 am. - 5 pm.

Items for sale include Original Paintings, Prints, Cards, and the work of local Craftspeople.

Come and meet the Artists at work in the Village Hall
Newton St Cyres

Refreshments available

Do You Remember.....November?

November 1973

The tragic death was recorded of Roger Chase.
The new bell ropes had arrived and are in use.
The St Cyres Players presented 'Wanted – a Body' in the Parish Hall.
The Over 60's Club celebrated its 5th birthday.
The Bonfire night was held at the Vicarage and you had to take along your own fireworks.
The Football team were top of the League.
There were three accidents reported in one day on the A377.

November 1983.

50 visitors from Rots came to NSC to sign the Charters. Visitors stayed for the weekend and attended the Church service and a dance in the Hall to Tickled pink. More dates for fund raising were sorted out.
Newton St Cyres Conservatives were planning a Christmas Bingo in the Hall and Liz Hawden was advertising homemade cakes to be sold at the Post Office. Orders would be taken and delivered to the elderly free of charge.
The refuge island had been installed and parishioners were reminded that it is illegal to overtake through the village (top of the hill to Home Farm).
Half Moon lay-by had been completed but it did not solve the problem of traffic being too close to houses in Half Moon.
The WI had a talk on 'The History of Underwear' and members realised how lucky they are with present comfortable clothes.
The Youth Club Disco raised £15.
Ann Westaway won the Ladies Singles Tennis Tournament and Jane Halse was runner-up.

November 1993.

The Afternoon Club heard a talk on cruises on the Canberra by George Coombe and planned visits to Dartmouth and a Mystery trip to South Molton and Ilfracombe.
The Art Group had a speaker on Batik – an Indonesian method of producing designs on cloth by covering with wax for each successive dipping, those areas to be protected from the dye.
The Recreation Ground was busy with two Car Boot sales, an Bonfire Night and Fireworks evening with a Disco, a Christmas Bazaar, a Senior Citizens Christmas party and a Turkey Bingo.
Complaints had been received about dog fouling in the Churchyard and on paths such as School Hill.
The Cubs went to the annual Family Camp at Trewince Manor and Roseland Peninsular
There was a reminder about lighting bonfires which cause a nuisance to neighbours as this could result in prosecution in a Magistrates Court if they were satisfied a nuisance had occurred.
The Autumn Fayre was advertised in the Hall with lunches.
A visit to the Pantomime in Torquay was planned.

Best Kept Village in Devon Competition

Judges - Reporting Sheet

Newton St Cyres

Newton St Cyres is a very well cared for village hall where the verges were weedy and the area round the telephone kiosk in Sweetham was very overgrown.

Private houses, gardens were generally of a very good standard of maintenance. There were many well planted and colourful gardens and fences and hedges were generally natural and well kept. The allotments looked well managed, although the access is very difficult.

Judges were very impressed with the standard of all the public buildings. The village hall looked well maintained. The pavilion on the sports field looked satisfactory. The notice boards were excellent with a BKV poster on all.

The village green was in need of a cut during a visit, but still looked a delightful area in which to sit. The playing field was in excellent condition with well cut grass. The car park was tidy. The children's play area was looking in good order. The station was immaculate and the garden area is charming. The school frontage looked very tidy. The permissive pathways useful for the children to walk safely to school via the 'walking bus'.

Footpaths, stiles and gates on footpaths were generally in good order. The path from Tytheing Close needed some attention. The stream was rather overgrown in places.

The church yard was in reasonable order. The path to the church door is very weedy and these need clearing. Also a path need to be cut for the access to the Arboretum. The Friends of the Arboretum are doing a good job in conserving and maintaining this special place within the village.

Both the pubs in Newton St Cyres present themselves well to customers, serve good

food and are clean and tidy. Both have well tended gardens and are welcoming. The farm Shop was well stocked with many West Country products. It is very clean and tidy, as are the surroundings. The Post Office is very well kept and attractive.

There is composting at the station garden. We did not see any recycling facilities. There is clear evidence of initiative in the enhancement of amenities in the village - the care of the Arboretum, the Walks leaflet and lovely woodland walks from the village and the provision of the excellent play equipment for the children.

Communication is good across the village through the medium of the 'Newton Wonder' and 'Welcome to Newton St Cyres'. The map was very useful in aiding navigation around the village. The notice boards were all in very good condition and had up to date information which was well presented.

There are many diverse groups in Newton St Cyres and many events take place. There are well supported sports clubs. The Newton St Cyres Community Support Group is a very good initiative of volunteers, supporting the needs of vulnerable people in the community.

It is also the first community group to take part in the Neighbourhood Health Watch South West initiative. The Crown and Sceptre Inn has become the information centre for the NSC Support Group. This is an excellent manifestation of community spirit.

This is a delightful village, which has much going on and maintains a good community spirit. It is to be commended for its amenities and has competed well in this year's competition in the highly competitive Past Winner category.



NEWTON ST CYRES PARISH HALL

CEILIDH

NEW YEARS EVE

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Barnstormers

7.30 for 8.00 pm

£12.50 for adults; £7 for children under 12

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Raffle ----- Licensed Bar

Tickets from Maureen Whiteley (851803), Stuart Dowle (851536)
and the Village Shop

Proceeds to Hall Re-roofing Fund

Newton St Cyres Youth Club

We meet Wednesdays fortnightly from 7pm to 9pm at the Village Hall

Ages from 10 to 15

Games, Dancing, Table Tennis,

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We look forward to seeing you

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Brief update on Newton St Cyres Twinning Circle

What do you know about our Twinning Circle? Yes it is mainly about visiting and receiving our fantastic friends from Rots in Normandy France and sharing great times and trips together. But we also have a great group of members who meet regularly here in Devon. While we are busy planning the next trip to France in the Spring, last month some of us lost our shirts Mouse Racing at Cheriton Fitzpaine(!) and just look at what we are planning to do on the run up to Christmas!

- A Chinese meal and a Quiz night on Nov 2nd.
- Supporting Bingo on Nov 11th
- AGM in the Recreational Hall on the 21st
- Safari Supper Nov 30th
- Christmas gathering in the Village Hall on December 22nd

Why not come and join us?

We would like to extend a **cordial welcome** to **people of all** ages living in (or near!) to the village to come and join the circle. We consider we are one of the most active groups in the village and if you would like to find out more, why not get in touch with our Chairman Eric Fee on 01392 851 595 or secretary Lorraine Mitchell on 01392 851 596 to find out more?

By working together, the community of Newton St Cyres can better prepare for flooding

Would you like to be part of our community flood plan? Could you be contacted during a flood incident? If so we need your help for roles such as flood warden, helping to build sandbag walls, communications (e.g. door knocking to pass on news of a flood warning) the recording of events such as taking photos or keeping a log of the incident.

What are we doing?

Newton St Cyres Flood Group with the support of the Parish Council is working with the Environment Agency and Devon County Council to help the community become resilient to the risk of flash flooding. A Community Flood Plan aids an organised response should flooding occur. The plan will be owned by you and supported by us. It will help you to:

- clarify roles and responsibilities;
- work in an organised way to respond quickly should flooding occur;
- identify safe places for people to go for shelter;
- understand how to manage simple but effective communications;
- identify vulnerable people that may need extra help and;
- ultimately save lives and homes.

Even if you cannot help with any of the above, we would still like to hear from you if:

- a) You have knowledge or information on floods affecting the village prior to 1960, and
- b) If you know of any suitable small pieces of land to locate sandbag stores, ideally as close to the centre of the village as possible and another one in Sweetham, out of the flood plain. The piece of land needs to be big enough to site a garden shed and a few dummy bags of sand on it and be easily accessible.

If you would like to get involved or can help in any other way, please contact
Malcolm Brooks.

email: nscflood@yahoo.co.uk

Garden Club News



Unfortunately due to ill health our speaker Luke Bateman from “Greenkeepers” who was due to speak to us about lawn care on 26th September had to cancel at short notice. We wish him a speedy recovery and look forward to hearing what he has to say at some time in the future. Rather than cancel the meeting one of our members stepped up to the mark and gave us a very interesting evening. Thanks go to Stuart Dowle for stepping in and filling the breach.

Stuart who came to Newton St Cyres with his expertise in Dorset sheep was employed by the “Quicke” family as a shepherd, a job which he clearly loved. He speaks very fondly about driving the sheep along West Town or the lane to Shobrooke. Never fear though, you will not come across any sheep being driven this way now. In 1990 it was decided to increase the dairy herd at the expense of the sheep who all had to go. Stuart stayed on and became the representative for the cheese which is made by hand and marketed by Quickes Traditional. He jokingly says that he swapped smelling of sheep for a collar and tie, company car, and handshakes with the rich and famous at trade shows held in prestigious venues such as Earls Court and the NEC in Birmingham. Now, he is semi-retired and gives talks on cheese making, as well as representing Quickes Traditional at local shows such as Devon County show and taking groups on tours around Home Farm where cheese has been made since the early 1970’s.

I had no idea what a complex, physical job cheese making could be and it all goes on here in the village where we live. Definitely not for the light hearted – they start work at 0430hrs.

There are 500 dairy cows on the farm providing the milk to be made into cheese. The cheese manager will work closely with the farm manager as the state of the grass consumed by the cows will affect the milk and ultimately reflect in the cheese and how it is made.

The milk is first pasteurised to remove bad bacteria. It is then transferred to 1000 gallon vats with a steam outer jacket to gently warm it, before it is agitated with large paddles. To this is added a “starter” which is a culture of good bacteria causing the fermentation of the lactose in the milk to lactic acid. Then rennet is added which is a complex of enzymes produced in the mammalian stomach used to coagulate the milk causing it to separate into the curds (solids) and whey (liquid). The whey is drained leaving the curds and the process of “cheddaring” begins. This is where the curd is stacked, cut and turned using long blunt knives to promote the release of more whey. When the cheesemaker is satisfied that the acidity of the curd has reached the correct level the curd is milled into small chips and salt is added to arrest the acid

development. The curd is then shovelled into cheese moulds lined with cheese cloth and pressed down. Several moulds are pressed together horizontally for 24 hours. The cheese is then removed from the mould and dipped into brine to form the rind, before being wrapped in Indian cotton soaked in lard to enclose it and then it is pressed again. This process is repeated to remove any air pockets in the cheese. It is then stored and graded regularly. This is a process whereby a skilled cheesemaker uses a cheese iron to sample the cheese every month to assess its moisture content, texture and taste and ultimately its release from the store as being suitable for sale. The mature cheddar is stored for 12–14 months and the extra mature cheddar is stored for 18 months.

So at the end of your dinner party when you bring out the cheese board Stuart's top tip is make sure it has been out of the fridge for 2–3 hours before serving as this will allow it to breathe and enhance the flavour.

Our **next meeting** will be on **Thursday November 21st**. When we have Bert Jewell who is a gardener and show judge and John West who runs a nursery and tea garden hosting "Gardeners question time". If you would like to pose a question please Email Gail Meldrum gail.meldrum@btinternet.com or phone her on 01392 851377.

Please come along to Newton St Cyres Village Hall at 7.30pm. You never know what you might learn. See you there.

AUTUMN

Colours of leaves so bright and strong
 changing as the night grows long
 Darkness comes early with fires that we light
 Winds start to roar and leaves start to fight
 swirling around us like clouds in the sky
 Before we can see it the trees start to die
 All is so bare now so wild and so free
 Humble and broken each branch on the tree
 Four months in a row - we all start to keep
 Provisions and stores as the temperatures creep
 down to a minus one or two
 cold winds on the way as Autumn comes through
 Trees are amazing with masterly grace
 standing determined protecting our race
 We take them for granted the beauty they bring
 Our landscape we planted for birds on the wing
 All nature is sleepy as Autumn is new
 Plants disappear in the ground where they grew
 A bright new landscape now to be led
 Another season appears ahead

Sue Taylor



Monthly Gardening notes for November from Bert Jewell

General garden tasks.

1. Keep an eye on newly planted trees and shrubs.
2. Continue planting Tulips.
3. Plant summer fruiting Raspberry canes.
4. Mow the lawn if grass is still growing.
5. Harvest veg when needed.

Trees, Shrubs and Climbers.

If you have planted new trees or shrubs in the last couple of months, it is well worth spending a few minutes a week to check that they have not become loose in the ground because of strong winds, or that the tree ties have not broken or slipped. We have had to replace two broken ties on a Liquid Amber in the last month. If the soil becomes dry give them a good soaking to tide them over until it rains.

Flowers.

You can still plant Tulip bulbs up till the end of the month, but all other bulbs like Narcissi, Iris and Fritillaries should be planted by now. Finish planting out Spring bedding, and protect any tender Perennials with a mulch of garden compost once the foliage has died down. Clear away any fallen leaves that have settled on the tops of plants.

Fruit.

Summer fruiting Raspberry canes are usually sold at this time of year in bundles with the bare roots in a black polythene bag. Soil preparation is important before the canes are planted, so take out a trench and work in a good amount of well rooted farmyard manure or other organic material, back fill the trench and firm down the soil. Plant the canes in a straight line about 18" apart and water in. Check any stored fruit and use any that are soft or bruised.

Lawns.

Mow the lawn if the grass continues to grow, but with a raised deck. If the lawn is waterlogged, I would leave the mower in the shed and wait for it to dry out, deep wheel ruts across a lawn will spoil the look and give it an uneven surface.

Vegetables.

Continue to harvest crops as they become ready, Leeks, Sprouts and winter Cabbage are some that come to mind, and if you have more than you need freeze some or give to friends.

Pull up old plant stems and chop them up or put through a shredder, then add to the compost heap. When ground becomes vacant, rough turn it and allow the winter to break it down ready for next spring.

Plant of the Month.

Fatshedera Variegata.

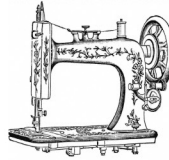
This plant is a cross between a Fats Japonica and a Header Helix. Grows to about 5' as a loose shrub but more if trained against a wall or fence. It is frost hardy, likes sun or shade in well drained soil. Produces sprays of small white flowers in the Autumn, which are a good source of food for insects about now.

Friend or Foe.

Slow Worm. A long legless lizard found in well vegetated damp areas. It feeds on slugs, but will eat worms and insects. They are sometimes found in compost heaps.

Enjoy your gardening.

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Newton St Cyres Rec. Club

FIREWORKS EVENING

Saturday 9th. November 2013

Firework Display 7.30 pm.

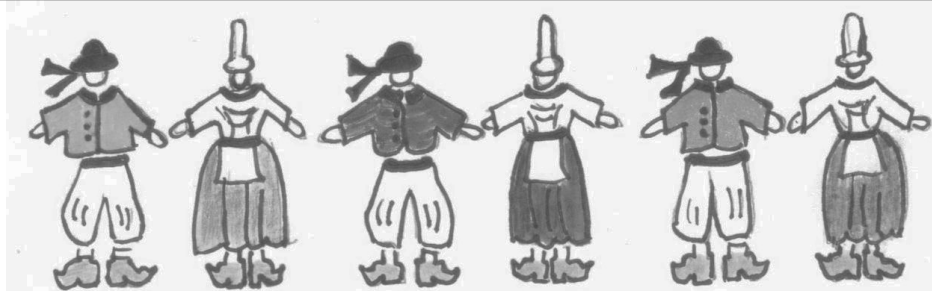
Gates open at 6.30

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Refreshments available

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6.15 - 7pm French, led by Jenny Dodwell

7-8pm Bring-and-Share Supper

8-11pm Dance

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Dance only £8 (concessions £6), under 14s £4

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CHRISTMAS FAYRE

Saturday 30th November at 2.30pm

Newton St Cyres Parish Hall

Our stallholders would be grateful for your contributions

Raffle

Cakes

Plants & Produce

Books

Bottles

Toiletries

Unused Gifts

Tombola & Handicrafts

Teas

Margaret Walters

Anne Mitchell & Anne Ward

Anne Page

Tony Hough

John & Esther Hiscocks

Margaret Snow

Rachel Dowle

Chris Salter

Charlotte Dyer

Please come and spend the afternoon with us and enjoy the many stalls and then relax with tea and cakes

Newton St Cyres History Group



In September we were pleased to welcome as our speaker Helen Turnbull from Chudleigh who has worked with the records of the Clifford family of Ugbrooke House. She tackled a difficult subject namely:

THE ECLIPSE OF THE MANOR

Helen began by outlining the position at the time of the Norman Conquest and by showing a chart of the system of Courts which gave a very good picture of the administrative structure. All land belonged to the King. At the local level the system of government was the Shire divided into Hundreds and then Manors. Taxes were collected locally and paid via the sheriff to the King.

Although some small amount of land was retained by Saxon owners, land was in the grant of King William. Some of his knights returned to their estates in France, but many remained, some protecting the Welsh and Scottish borders. For their service to the King, many of these knights were granted large areas of land. The King had to be careful to control the knights so they did not threaten him. It was perhaps for this reason that a knight might be granted land in widespread pockets, rather than a large grant in a single area.

The manor of Cannington in Somerset was discussed. It had been held by Henry Marquis of Exeter but he was beheaded. In 1539 it was granted to Edmond Rogers Esq for life and then reverted back to the Crown. Charles II granted it to Lord Clifford. Thomas Clifford was Lord High Treasurer of England.

The Church had massive areas of land. Many bishops were also manorial lords. Vicars were usually granted tithes for their services of a spiritual nature.

At the local level, the organisational structure was the Manor. A knight often held many Manors at a fee from the king and in turn could sublet these to lesser ranking individuals for a fee and so grew up a system of sub tenancies. The Lord of the Manor held land and had the Manorial rights. The Hundred comprised many Manors and also had rights, customs and services but each manor and hundred had its own individual

customs, rights and services.

The Lord of the Manor had demesne land that he farmed and he also had control over all Manor land, the parks, woods, mills, warrens and fisheries. He controlled markets and fairs and held the mineral rights. At a practical level a Steward managed the manor or manors. A Bailiff organised day to day work which was supervised by a Reeve. There were free and bonded peasants. Both had obligations. Free peasants would be required only to work for the lord at critical times like harvest, whilst bonded peasants worked much more although they may be 'given' a small strip of land and have rights on common land.

The Lord of the Manor was an instrument of government. There were both Manorial and Hundred courts. Free tenants had access to the royal courts to settle land disputes. The manor courts were very concerned with changes in land tenure and the collection of fees. When land was transferred a fee must be paid. Land may be Copyhold or leasehold, often for the period of three lives. A heriot (a form of inheritance tax) must be paid on a father's death and a fee before the son could resume the lease. Initially the heriot was the best beast but then commonly became a capon. Fines were imposed if a heriot was not paid

Copyhold documents were in two halves, one copy being upside down. They were then separated by a zig zag cut so that the two halves may in the future be fitted back together to prove ownership. Thus the modern survival of the term 'indenture'

The common fines were collected by the tything man. He was like a constable with some responsibility for law and order also. He was appointed for a year and in the case of the Cannington Hundred was granted an acre of land for that year. It was an unpopular job as he was fined if he failed to collect all the dues.

The Lord of the Manor had other responsibilities and some continued for many centuries. One lord was still appointing supervisors for weights and measures in 1896!

The land the Cliffords held in Cannington included the river bank and the seashore. They were still letting fishing rights in 1916. The lessees had rights on the seashore and this included the collection of seaweed. There were disputes on the rights to wrecks which continued into the 1700's on whether they were the property of the Lord of the Manor or the Lord of the Hundred.

The manor was responsible for organising a range of fiscal and policing duties. During hard times folks wouldn't or couldn't pay their dues.

The practical organisation of the manor was eroded during the Black death of the 1400's when so many of the population died in all levels of society. Labour was at a premium and many bonded peasants became free. It was further eroded during the Tudor period and the upheaval caused by the dissolution of the monasteries. This was

the time at which many big estates and 'landed' families came into being as they were 'granted' land now held again by the Crown. They continued to hold the land rights of the Lords of the Manor. An example is when the Bishop of Exeter was granted a licence to alienate his land in Chudleigh to a squire. A number of Acts of Parliament followed which affected the power of the manors. Many of the duties and privileges of the manor went to the Church Vestry. The vestry, however, evolved to Parish Councils in 1894, with the Church losing its influence over secular matters.

Erosion of the inherited rights of the big estates came with WW1 and the deaths of so many young men. Also the increase in death duties further accelerated this. Copyhold land was abolished in 1922.

Some manorial rights still exist, for example the Lord can claim certain mineral rights. These now need to be registered to be retained. Land to which there are no legal heirs still reverts to the Crown.

The meeting concluded with questions and we learnt more about the history of the Cliffords. They held/hold land in Devon, Somerset and Lincolnshire with houses too and used to move between these houses taking their furniture. Some staff would be left, whilst others would accompany them. They were Catholics but kept 'their heads down'. Ugbrooke House went into decline during and after the war. At one time some of the main rooms were used to dry grain, but with the pictures still on the walls. Renovation was a lengthy business.

THE MANORS OF NEWTON AND NORTON

I should like to add a short rider about the local situation. It seems that the manors of Newton and Norton were part of the large land grant to endow the monastery in Crediton. When the see transferred to Exeter they transferred also. This can be traced for Norton but there is some possibility that Newton was already in the possession of St Peters in Exeter. However the circumstances, the monastery at Exeter had obtained possession of Newton and Norton, it had lost them again before 1050 and then regained them by 1072.

By the time of Domesday there was a dispute over whether the Bishop held Newton or the King's thane Dunn did so. The Bishop showed his charters and the Court seems to have decided in his favour. However, Dunn appeared in possession and the Bishop seems to have awaited his death. In contrast to Norton, some of which still remains in the possession of the Church, Newton does not seem to have been regained but was given later to Robert de Pont-Arche, King Stephen's chamberlain, whose sister Emma granted it to the Priory of Plympton. We know from excellent Cathedral building records that wood was seasoned in a pond at Norton. However the Cathedral stables appeared to be in Newton which is perhaps surprising.

After the dissolution of the monasteries and Newton had reverted to the Crown, there

is evidence that in 1550 the farm of the manor was leased to one Sir James Granado for 30 years or life. In 1557 John Northcote purchased the manor of Newton St Cyres together with the advowson of the vicarage for the sum of £827 8s 9d. The Northcotes were rich woollen merchants from Crediton who lived in a mansion at Hayne Barton later moving to Pynes. They have a very large monument in Newton Church.

The Quicke family seem to have come into the village through marriage and to have lived firstly at Bidwell and possibly later at Lower Creedy. They were successful farmers and probably profited from the dissolution of the monasteries but so far I have found no direct evidence for this. They were certainly present in the village very soon after. They did seem to be very able at making advantageous marriages. It was after one of these to an heiress in 1759 that they were able to buy much more of the village from the Northcotes.

This is a work in progress and maybe there are many mistakes. If you are able to help please do get in touch.

Jean Wilkins

FORTHCOMING MEETINGS

NOVEMBER 14th ‘Fun with History in Shobrooke’ Shobrooke
Local History Group will come and Entertain us in a variety of
ways.

DECEMBER 12TH Christmas meeting; ‘A Clergyman’s Journey’

Newton St Cyres 200 Club

The October draw took place at the Arboretum coffee morning in the Village Hall on 5th October 2013 and the winners are:

No	121	Nick Down	£100
No	147	A P Patrick	£10
No	2	Jackie Enright	£10
No	100	Mrs Pearce	£10
No	105	Christopher Lee	£10

Congratulations all,
Daphne 01392 851639

Young Farmers

Haldon Group Young Farmers Club (comprising of Bow YFC, Chagford YFC, Cheriton & Tedburn YFC, Kenn Valley YFC, Newton St Cyres YFC and Okehampton YFC) held their AGM on Monday 7th October at The Red Lion, Shobrooke. New officers for the next twelve months were elected with Tom Lee as the new chairman, Alice Giles for Secretary, Alex Shapland Treasurer, Georgina Davie Sports Secretary and Scott McNulty for Social Secretary.

After 9 years of being a president for Haldon Group, John Lee OBE has passed the reins onto Nick Gilbert. Tom Lee of Newton St Cyres YFC presented John with a chair he made as a leaving gift.

If you are aged 10-26 and would like to join Young Farmers, contact the Devon YFC Centre on 01392 272189 to find out which club is closest to you.

The photo shows standing down secretary Alice Giles, standing down president John Lee OBE, Tom Lee of Tom Lee Engineering and standing down chairman Annabel Hill.





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Sat 8.30-4.00

Newton St Cyres Primary School

October has seen the performance of our Harvest Festival at school; nearly 100 parents came to listen to the children execute their songs. There was a variety of songs from each of the classes and the school choir sang beautifully; Mrs Wright who joined the school in September has been holding choir practice regularly on a Friday. The Key Stage Two classes also shared some research on their World War II topic. After the performance our FANS committee provided some welcome refreshments.

Following on from the Festival we held our traditional Harvest Lunch which is open to the senior citizens of the village. 15 people came to join the children in the school Hall. They were looked after by our wonderful school council and then entertained by each of the classes in turn with their favourite Harvest song. I think everyone enjoyed their lunch, our guests were very complimentary about the food and to the attentive school council members that were looking after them.

On October 13th 27 children aged 8- 11 years participated in the Great West Run Schools' Challenge. The children, some members of staff, Sabine (a parent) and Daniel Howarth (friend of the school) have all been running to cover 12 miles. The final 13th mile was completed on 13th as part of the Great West Run itself. The children have put in a tremendous effort and I am extremely proud of them all. Again, activities like this often couldn't go ahead without the commitment of staff and friends of the school. Additionally, thanks again to Quicke's Farm for allowing us to use their field to practise in (much safer than running around the lanes).

We are very proud of the fact that for the first time we will be hosting the Crediton Area Cross Country Championship. This will be held on the afternoon of November 7th – you will be welcome to join us at the Recreation Ground to give the children some encouragement.

By the time you read this the children and families will have enjoyed their half term and the older members of the school will be busy rehearsing for their Winter Production in the parish hall. The evening performances of 'Blast Off!' will be on the 27th and 28th November; if you would like to come along and watch then please contact the school office to purchase a ticket (01392 851267).

Finally, If you would like to find out more about what is happening at the school then do take a look at our website, where you will find our weekly Newsletter: <http://www.newton-st-cyres.devon.sch.uk/>



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NOVEMBER ON THE FARM

The summer was hot and dry, and the autumn is cooler and wetter – seasons in the right place. That is so reassuring for a farmer – you realise how much we need everything in place. We had the finest harvest of field mushrooms for years, soil warm, good rain. We ate them for almost every meal, even dried them and froze them – I'll report how that works. The hedgerows are still full of fruit – the sign of a warm summer, not a cold winter, we hope.

We have had a battle royal overhead with ravens and rooks scrapping, aerial acrobatics, cawing and croaking. The buzzards joined in, wheeling around and calling. Are they fighting over territory released from the summer birds leaving? Or are they playing in the autumn sun and crisp air? The one solitary fallow buck roaring in the rut was drowned out by the battle. The stalkers are at work, determined to reduce deer numbers.

CROPS – I'm happy to see the stalkers, although seeing men with camouflage and rifles at dawn and dusk is an odd sight. Our crops need relief from deer. The last harvest gave us the lowest yields we've ever had, and lower than our neighbours. We had low populations of wheat and barley from deer damage and weather over winter, and the cold spring meant they delayed tillering, where each plant produces enough plantlets to use the available light. When the weather warmed up, the fewer plants grew more tillers rapidly, and when the dry weather came, the roots, limited by the overwinter wet, couldn't chase the water down fast enough to feed all those ears on the new tillers. Then the deer walked through the crops, feasting on the ears there were. The net result was half a yield. The maize had an excellent yield, except where deer had mown the plants

This season, we've already got good establishment of wheat and barley, that lovely even velvet sheen across the fields that promises yield. Fewer deer would mean that promise would come to sensible sized heaps of grain in the store. We are really pleased with the minimum tillage – fast, less fossil fuels, leaves the soil structure intact. I'm hoping for it to up our organic matter content, doing our bit to take carbon dioxide out of the air – arable farming mostly releases it, unlike grassland farming.

HEIFERS – We are weighing the little ladies, making sure they keep to weight. Some of the older ones, from before we started weighing routinely, are a little underweight, and will not be big enough to calve at two years old. Calve older, and their udders will be fatter and less milky....might explain why bra sizes have gone up in humans. We start serving to calve next August, always a jolly sight, with a gaggle of hot girls with their attention on finding a bull to do the necessary. We brought them inside last month so they don't have to cope with getting in calf and dealing with a feed change at once.

COWS – The autumn calving cows go to bull as well this month; they are milking well, lovely milk for cheesemaking. We've got them in at night to look after them that little bit better. The spring cows are still out day and night, depending on the

weather. Enough grass to keep them out, and they'll stay there; too wet, too much damage to pasture, and we will bring them in. Even a few hours of grazing gives those lovely distinctive grassy flavours. The work we did to get the milk pumping super gentle seems to be working, milk looking just right in the vats, lovely 3 month gradings, I can't wait to taste the cheese at 12 months old.

CHEESE – I love November cheese, still grassy and rich as the spring cows come to the end of lactation and the autumn cows settle into full milk. Milk volumes are good, too, enough and not too much so the team strains to care for each cheese. We are busy sending cheese out for Christmas, too; we are expecting more sales of Extra Mature and Vintage Cheddar, as we can store our naturally matured clothbound cheddar longer than anyone else, giving real depth to the flavour, on top of the luscious richness from the grazing. Many clothbound makers either sell cheese younger or put their cheese into a plastic bag for some of the maturing time, both of which limit the depth of flavour. I'm very proud of our mite-busting system that enables us to keep cheese in great condition, breathing, growing a glorious garden of mould on the rind, and developing unsurpassed complexity. Moving the cheese to clean them also means we can sort our cheese into the different families of flavour, and really learn how each of the 6 starters we use produces subtly different flavours and work out which flavours work best for which customers.

I have the best job in the world, spending my time thinking how to make the most glorious flavours, and what flavour would give the most joy and pleasure where!

RECIPE – Hips and haws jelly – I love foraging in the hedgerows to catch the last of the summer's bounty. The bright red of rosehips and hawthorn berries make a wonderful jelly to eat with cheese. Take a bright autumn day (bright is for your joy, not part of the recipe), collect as many hips and haws as you have the patience for (it's fiddly), wash, and simmer till soft with about the same volume of water as fruit. Strain the liquid, and add a pound of sugar to a pint of liquid, and boil till it sets. Put in jam jars and seal. You can further dry the jelly in open baking trays on greaseproof paper in a low oven, or covered with a tea towel and put in a warm place, and cube and roll in sugar to make sweets; both jelly and sweets make lovely presents, which are great to eat with Quicques Traditional Extra Mature or Vintage Cheddar.

PAIRING – I met the global cheeserati at Slow Cheese in Bra, Italy in September, the best cheese party on the planet, where cheese lovers from all over Italy, and all over the world, congregate to adore cheese for four days every other year. Jordan Zimmerman, Manager of Education at Murray's in New York, one of the best cheese shops anywhere, said he had been enjoying our cheddar with Whistle Pig Vermont Rye Whiskey aged 10 years. I'd never thought of spirits working with cheese – thanks Jordan for opening up another avenue to explore. Let me know other pairings that work.

SHOP – Remember to order your Christmas presents – we have a selection of baskets on offer, which we can post to your friends and family. Come into the shop to design your own, or order one off our website, www.quicques.co.uk

Mary Quicke



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Sudoku

All you have to do is fill in the squares so that each row, each column and each square contain all the numbers from 1 - 9.

	1			3				
9						1		4
5					1		2	
			4				6	3
	5			1			9	
2	8				3			
	6		1					9
3		7						6
				6			4	

Puzzle by websudoku.com

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Opening times

	GP on duty	Thorverton	Silverton
Monday	Dr Anderson	08:30 - 18:00	08:45 - 12:30
Tuesday	Dr Anderson	07:30 - 18:00	Closed
Wednesday	Dr Anderson (am) Dr Wride (pm)	08:30 - 17:00	14:30 - 18:00
Thursday	Dr Wride	08:30 - 19:30	Closed
Friday	Dr Wride	08:30 - 18:00	08:45 - 12:30

Surgery times

	Thorverton	Silverton
Monday	15:00 - 17:15	09:00 - 11:45
Tuesday	07:30 - 11:30 15:00 - 17:00	Closed
Wednesday	09:00 - 11:00	15:00 - 17:45
Thursday	09:00 - 11:15 16:00 - 19:00	Closed
Friday	15:00 - 17:30	09:00 - 11:30

There are no surgeries on Saturday or Sunday, but a doctor will be on call
 for emergencies only on 0845 6710 270.

Early surgery on Tuesday, late surgery on Thursday

REPEAT PRESCRIPTIONS (Monday to Friday) – You can request your repeat prescriptions by calling our in-house dispensary on 01392 861622, or by using our online repeat prescription request www.exevalleypractice.co.uk.

Please note that 48 hours' notice is required for all repeat prescriptions.

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We now operate a home delivery service for housebound registered patients. Please contact us on 01392 860273 for more information.

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Celebrate

St. Andrew's Day

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Janet Macdonald soprano

Philip Bonser clarinet

Iain McDonald baritone

Margaret Chave piano

performing Mendelssohn Tchaikovsky Schumann

Paganini Mozart

Saturday 30 November 7.00pm

Church of Our Lady, Upton Pyne

Tickets £7.50 tel: 01392 841402 or email: friendsofuptonpyne.co.uk

Interval refreshments will be served

In aid of the care of Upton Pyne Church and its grounds

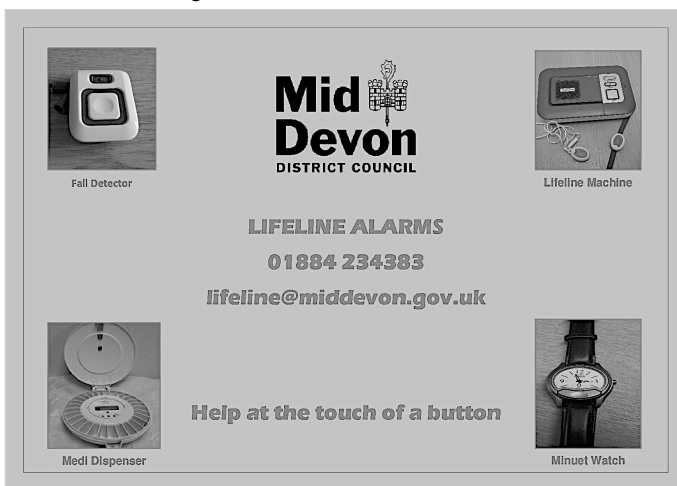
Lifeline Alarm

A Lifeline alarm provides help at the touch of a button 24 hours a day, 365 days a year. The service provides peace of mind to people who feel at risk in their own homes. It gives people the freedom to live their life independently knowing that they can obtain assistance when they need it.

An alarm unit is connected to the telephone line and a button can be pressed to summon assistance. The alarm is also supplied with a remote pendant that can be worn around the neck or wrist to allow help to be summoned from around the house and garden.

The call will be answered by specially trained staff who will contact the people that you have nominated to be contacted in such circumstances i.e. family, friends or neighbours. In the case of a medical emergency the appropriate emergency service will also be called.

This service is available to anyone in Mid Devon at a cost of £45.12 per quarter, plus a one-off £30.00 installation charge.



The advertisement for Mid Devon District Council Lifeline Alarms features a central logo with the council's name and crest. Below the logo, the text 'LIFELINE ALARMS' and the phone number '01884 234383' are displayed, along with the email address 'lifeline@middevon.gov.uk'. The slogan 'Help at the touch of a button' is prominently featured. Four images illustrate the services: a Fall Detector, a Lifeline Machine, a Medi Dispenser, and a Minust Watch.

Mid Devon
DISTRICT COUNCIL

LIFELINE ALARMS
01884 234383
lifeline@middevon.gov.uk

Help at the touch of a button

Fall Detector

Lifeline Machine

Medi Dispenser

Minust Watch

Key Safes

A Lifeline alarm enables help to be summoned at the press of a button, but have you ever thought how help would get in to help you if you'd locked the door?

If the ambulance service cannot gain entry to your property they will call the police and ask them to force entry. This could lead to expensive repair bills and leave your property unsecured if you're taken to hospital.

Did you know that Mid Devon District Council can supply and fit a key safe for £48.00? In the event of an emergency the call centre staff will give the key safe combination to the ambulance service to enable them to access the door key that you've stored inside the key safe.

For further information about these services please call 01884 234383.

Christmas Tree Festival

St Peter's Church Brampford Speke

Saturday 30 November and Sunday 1 December from 2pm - 5pm

Come along and enjoy some village social cheer!

Have a cuppa whilst voting for your favourite tree and catching up with friends

Festive Attractions include

Memory Tree - write the name of a loved one on a special card to hang on this tree

Visit by Father Christmas

Refreshments - Hot drinks, Mince pies, Homemade Cake and more!

Donations to see the trees will be greatly appreciated

Money raised from this event will go to St Peter's Church



10 am - 12 noon Saturday 14th December 2013

Buy our famous Christmas baking & preserves,
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Browse the Sheldon shop for stocking filler gifts,
Fair Trade goods, cards, candles, "Made in Devon"
items, and
Sheldon branded goodies, Christmas wrap & cards

Admission free, £2 donation invited for drinks & biscuits

HELP SAVE OUR CHURCH

Its Future is in Danger

Please come to a Newton St Cyres

village meeting on

Saturday 8th February 10.30 am

in the Parish Hall to hear why.

(refreshments provided)

The church is for us all.

It is part of our heritage.



©JTH

So.....how was October for you?

So.....how was October for you? For me it was indeed a memorable month beginning with a Harvest service in Thorverton and ending, (just as I write this letter), with a Harvest supper in Rewe which was a lovely evening of good food and good company. I would like to add my personal thanks to all of those across the Mission Community who worked so hard to ensure that all of the Harvest services and suppers/meals went so smoothly. I'm sure that all of those who attended the Rewe evening will be pleased to know that Joab cooked and ate the carrots he so proudly won during the auction of Harvest food.

During October I was also invited into four of the local schools to share in their Harvest Festivals and assemblies. This was a real privilege and I was made aware once again of the energy and enthusiasm young people have and the dedication and commitment of their teachers. This Mission Community is extremely well blessed with some outstanding schools. My time in the Netherexe community has really shown me how much I enjoy working with schools and young people, something I will ensure to continue to do in my future ministry.

And now as autumn moves on we come to November, with a season of remembering. On the 10th we have in mind those men and women who gave their lives in the service of this country particularly in the two World Wars but also in other conflicts and "we will remember them" in a special Remembrance Day Service. The best way of honouring their memory is, I think, to do all we can to make peace and justice a reality for everyone today; whilst ensuring that we care for those men and women who return home with both physical and psychological scars.

Sometimes it is easy to think that in November the Church might seem to share the autumnal gloom by only spending time considering death and the remembrance of those who have died in 'All Souls' Day' and 'Remembrance Sunday'. But this is far from the truth. November is the month of the 'Kingdom Season' which begins with the celebration of 'All Saints' (the triumph of Christians over death through Christ) and ends with the triumphant keeping of the 'Feast of Christ the King' in which His Lordship over all creation and over all authority and power is proclaimed. These are celebrations of light which mean that we don't need to rage against death because it is the gateway to life and light eternal, and we can put up with the darkness and bleakness of autumn because soon we shall be celebrating the coming into our world of Jesus Christ!

'In him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it.' (John 1:4-5).

God bless,

Andy.



Newton St Cyres Parish Church Sidespersons - November

November	3rd	8 am	J.Hiscocks
		5 pm	A.Hough W.Hough
	10th	10.50 am	S.Browne A.Page
	17th		
	24th	10 am	C.Lee O.Cheriton
December 1st		5pm	A.Dowle M.Davey

Services in the Netherexe Parishes

Your parish churches aim to provide a variety of service types to meet the needs of the whole community. Most Sunday services except those early in the morning include hymns and music. Everyone is welcome at all services

Service With A Smile

These **Family Services** are designed for all ages and with the needs of young children especially in mind.

Brampford Speke & Stoke Canon And Family Service Thorverton & Newton St Cyres

They are informal and contemporary in style often including a children's activity at the beginning; without communion.

Services usually last about 35 minutes and are followed by refreshments.

Holy Communion	[C]	Traditional service in contemporary language [one hour]
Holy Communion	[BCP]	Traditional service in traditional language [one hour]
Service of The Word	[SW]	Morning or Evening Service [without communion] in contemporary language, often Lay-Led
Morning Prayer	[BCP]	Traditional Morning Service [Mattins] from the Book of Common Prayer [about an hour]
Evening Prayer or Choral Evensong	[BCP]	Traditional Evening Service from the Book of Common Prayer [about an hour]

Daily Morning & Evening Prayer in the Netherexe Parishes

For daily services the format is generally Book of Common Prayer at Thorverton and Common Worship elsewhere, and the timing is about 20-30 minutes. All are welcome.

Morning Prayer is said on Mondays at 9.10pm in Stoke Canon church (during the school term, this takes the form of Collective Worship for Stoke Canon C. of E. School); on Tuesdays at 9.00am in Stoke Canon Chapel; In Thorverton at 7.30am on many weekdays and at 9.00am on Saturdays. For a list of the days this month on which Morning Prayer will be said at Thorverton, please see the notice posted in the church porch at Thorverton and on the website [go to churches section then select Thorverton]

Holy Communion [BCP] is celebrated on one Wednesday in each month at Thorverton at 9.30am; please see the notice in the church porch at Thorverton and on the website for this month's date

Evening Prayer is said on Tuesdays at 6.00pm in Rewe church and on Thursdays at 5.00pm in Newton St Cyres church..

Variations: None

Who's Who? Abbreviations Key

DD	The Revd Preb Douglas Dettmer	Rector	01392 860332
SS	The Revd Preb Sue Sheppard	Associate Minister	01392 841284
JD	The Revd Julia Dallen	Assistant Curate	01392 861145
DC	The Revd Dave Carrington	Assistant Curate	01392 841275

Family Services of the Word marked ☺ are led by Lay Teams

For more information about the Netherexe Parishes please see www.netherexe.org or contact:

Mrs Margaret Lowe [Administrator]

Tel: 07594 714590 - Tuesday & Thursday [08:30 – 16:30]

Email: margaret.admin@netherexe.org

Correspondence: The Netherexe Parishes, PO Box 734, Stoke Canon, Exeter, EX5 4WP.

In Touch: Each month we publish details of all church services, events and activities in our information leaflet called "In Touch". It is free and printed copies can be found in all of our churches but it is also available on-line from our website at www.netherexe.org or if you would prefer to receive a copy by email, simply send your details to our Administrator

Margaret Lowe at margaret.admin@netherexe.org and you will be added to the monthly email distribution list.

Would you like a lift to church? May we offer you a lift to the parish church or to a joint service elsewhere?

For transport to Sunday services from locations in Thorverton parish, please ring Steve Rendell on 01392 860780.

For transport to weekday Holy Communion at Thorverton please ring Margaret Turner-Warwick on 01392 861173

For transport from locations in Newton St Cyres parish please contact Mrs Charlotte Dyer on 01392 851618

For transport from Rewe parish please contact Guy Sheppard on 01392 841284

Newton St Cyres Church Rota - 2013

Week Ending	Flowers	Cleaning	Brass
November 2	ALL SAINTS A Ward	R Dowle	A&W Hough
10	REMEMBRANCE  C Dyer	 S Browne	 C Dyer
17	A Page	P Burt	M Snow
24	P Boothe/E Tembey	M Walters	P Heal
December 1	C Dyer	A Ward	P Burt

NOVEMBER 2013 SERVICES & INFORMATION

The Netherexe Parishes - A Mission Community in the Diocese of Exeter

Sunday 3 November 2013 All Saints Sunday

08:00 am	Holy Communion	[BCP]	Newton St Cyres	DC
10:00 am	Service With A Smile	☺	Brampford Speke	Lay-Led
10:00 am	Holy Communion	[C]	Poltimore	JD
10:00 am	Service of The Word		Cadbury	DC
10:00 am	Service of The Word		Stoke Canon	Lay-Led
10:00 am	Holy Communion	[C]	Thorverton	DD
03:00 pm	Baptism		Brampford Speke	DC
05:00 pm	Service of The Word		Newton St Cyres	JD

Sunday 10 November 2013 Remembrance Sunday & Trinity 24

08:00 am	Holy Communion	[BCP]	Thorverton	DD
10:00 am	Holy Communion & Act of Remembrance	[C]	Stoke Canon	JD & H Whitty
10:00 am	Service of Remembrance		Thorverton	DD & AA
10:50 am	Service of Remembrance		<i>Joint with Cadbury & Baptist Church</i>	
Officiant			<i>Brampford Speke</i>	Lay-Led & Baptist
10:50 am	Service of Remembrance		<i>Joint with Baptist Chapel</i>	
10:50 am	Service of Remembrance		Newton St Cyres	DC
10:50 am	Service of Remembrance		Poltimore	SS
10:50 am	Service of Remembrance		Upton Pyne	LF
11:15 am	Service of Remembrance		Rewe	A Simmonds
06:30 pm	Evening Prayer	[BCP]	Huxham	AA

Monday 11 November 2013 Armistice Day

11:00 am	Act of Remembrance		Rewe War Memorial [Green Lane]	
11:00 am	Act of Remembrance		Thorverton War Memorial [in churchyard]	
	<i>Please note these are open-air services</i>			

Sunday 17 November 2013 Trinity 25

09:00 am	Holy Communion	[C]	Brampford Speke	DC
10:00 am	Holy Communion	[C]	Cadbury	DD
11:15 am	Holy Communion	[C]	Rewe	DC
05:00 pm	Holy Communion	[C]	Stoke Canon	DD

Sunday 24 November 2013 Sunday before Advent [Christ the King]

09:00 am	Holy Communion	[C]	Huxham	DD
10:00 am	Holy Communion	[C]	Newton St Cyres	JD & AA
11:15 am	Holy Communion	[C]	Upton Pyne	DC
05:00 pm	Taizé Prayer		Thorverton	DC & AA

Wednesday 27 November 2013

09:30 am	Holy Communion	[BCP]	Thorverton	JD
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Sunday 1 December 2013 Advent 1

10:00 am	Service With A Smile	☺	Brampford Speke Baptist Chapel	Lay-Led
	<i>Christmas Tree Festival in Brampford Speke church</i>			
10:00 am	Holy Communion	[C]	Poltimore	DD
10:00 am	Service of The Word		Stoke Canon	Lay-Led
10:00 am	Family Service & Holy Communion	[C]	Thorverton	DC
	<i>Advent Wreaths</i>			
11:15 am	Holy Communion	[C]	Rewe	JD
05:00 pm	Evening Prayer	[BCP]	Newton St Cyres	DD

WHO'S WHO IN THE VILLAGE

Priest-in-Charge	Rev Douglas Dettmer, The Rectory, Thorverton	01392 860 332
Church Wardens	Charlotte Dyer, Court Barton Bill Holt, 21 Woodlands	01392 851 618 01392 851 521
PCC Hon Secretary	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851 460
PCC Hon Treasurer	Clive Lawrence, Elm Cottage, Pump Street	01392 851 406
Electoral Roll Officer	Jen Holt, 21 Woodlands	01392 851 521
Tower Captain	Bob Coates, Little Beams, Pump Street	01392 851 468
<u>DOCTORS (Crediton)</u>	Newcombes Surgery, - Drs Hall, Saunders, Mays & Harris	01363 772 263
	Chiddenbrook Surgery - Drs Shorney; Twomey, Murphy & Braddick	01363 772 227
<u>NEWTON WONDER MAGAZINE</u>	Editor – Peter Hawksley Email: newtonwonder@btinternet.com	01392 851 269
<u>PARISH COUNCIL</u>	Chairman - David Baker Clerk - Jane Hole	01392 851752 01392 851148
<u>PARISH HALL</u>	Chairman - Stuart Dowle, 1 West Holme Cottages Booking Sect - Mary Long, Email: maryglong@btinternet.com Caretaker - Roy Beckett	01392 851536 01392 851 624 01392 851 730
<u>PRIMARY SCHOOL</u>	Head of Teaching – Glynis Harris Senior Administrator - Madeleine Tucker Administrator - Maxine Bone	01392 851 267 01392 851 267
Newton Nippers	Julie Murphy & Helen Grigg	01392 851 522
Newton Nappies	Holly Lewis	01392 851 169
<u>RECREATION CLUB</u>	Chairman - Tony Lewis, 80 Wrefords Lane, Exeter Booking Secretary - Mrs Wendy Lewis, 80 Wrefords Lane, Exeter	01392 432 287 01392 432 287
Art Group	Debbie Allerton	01392 462655
Neighbourhood Watch	Tim Sedgwick	01392 851223

Cancer Research UK	Jean Wilkins, Coldharbour, Sand Down Lane	01392 851 337
Cricket Club	David Vallance, Manesty, Sand Down Lane	01392 851 266
Community Policeman	PCSO Lisa Crocker, Police Station, Crediton	Dial 101
District Councillor	Peter Hare-Scott	01363 776 409
County Councillor	Margaret Squires	01363 84337
Local MP	Mel Stride Em: mel.stride.mp@parliament.uk	01392 823 306
Football Club	Mark Smaldon	07733 455 177
Friends of NSC Station	Chris Southcott	01392 851 569
Luncheon Club	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851 460
Newton Ramblers	Rosemary Chambers	01392 851 400
Tennis Club Secretary	Laura Leigh	01647 24259
Twinning	Lorraine Mitchell	01392 851596
Upton Pyne PC	Jacqui Ward clerkuppc@yahoo.co.uk	
Young Farmers	Georgina Davie	07801 273424
Archery	Alison Couling	01392 841 282
Gardening Club	Gail Meldrum	01392 851 377
Honky Tonks Line Dancing	Paula Benford	01392 210 830
History Group	Jean Wilkins	01392 851 337
Table Tennis	Roger Wilkins	01392 851 337
Youth Club	Pat Finch	01392 851478
Friends of the Arboretum	Roger Wilkins	01392 851 337
Saturday Market – 4th Saturday of the month	Pat Butt	01392 861 131
Neighbourhood Health Watch	Simon Lovell, Crown and Sceptre	01392 851278
Crediton Citizen's Advice Bureau	Adviceline (10.30am - 3.30pm) Crediton Office (Please leave message requesting ring back)	08444 111 444 01884 244630