

NEWTON WONDER

THE MAGAZINE & WEBSITE FOR THE COMMUNITY OF NEWTON ST CYRES

80p

November 2024



Steve Parker(left) and Nick Dyer out on the trail - Photo by Ann Quon Cordingley

**Is this the way to the Boniface
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from Crediton, through
Newton St Cyres to Exeter?**

See page 30

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Farewell, Postman Jamie

Our mailman, Jamie Palmer is moving on. The popular and personable postie has decided that after 20 years with the Royal Mail, it's time for a new challenge – so he will be trading in his mail bag for a laptop.

Come November 8, he will take up a new career as an asset inspector with the National Grid, the largest power distribution and transmission business in the UK. “I’ll be part of the national grid electrical distribution, going around to all the sub-stations as an asset inspector to identify faults and ensure things are well maintained,” says the 40-year-old, who lives in Pinhoe.

After two and a half years delivering the post to residents living from Langford Road to Dunscombe, he says he will miss being part of the community. “I’ve really enjoyed getting to know everyone and providing a service to residents,” he says.

What won’t he miss?” “The early mornings and dogs that don’t always like postmen,” he chuckles. Plus, his mailman duties made it tough to work a Saturday shift and then play cricket.

After years of 4am wake-ups and working Saturdays, Jamie is looking forward to a more regular routine. “I’ll be having weekends off for the first time for 20 years and spending more time with my family, especially my 18-month-old daughter, Quinn.”

Farewell and good luck, Jamie. Newton will miss you!



Words and picture by Ann Quon Cordingley

Newton St Cyres Parish Council

3 October 2024

The meeting held on Thursday 3rd October 2024 was attended by 4 Councillors, D/Cllr M Binks, and J Hole Parish Clerk.

Newton St Cyres Parish Council Issues relevant to Mid Devon District Council

Planning Applications

24/01282/FULL - Erection for an agricultural storage building at Bidwell Barton Farm, NSC. No comment

24/01433/LBC - Listed Building Consent for the creation of 2 ensuite bathrooms on first floor at 1 The Village NSC

This application was received after the agenda had been sent but was considered at this meeting and no comment was agreed

Planning Decisions

No decisions

Report from District Councillors on issues relevant to the parish

D/Cllr M Binks noted that although Cllr S Chenore was not able to attend meetings due to personal/work commitments, he was in regular contact and kept her up to date with parish issues.

The new government had increased housing targets for MDDC and the process of identifying building areas for the next ten years was underway and consultation would follow.

D/Cllrs were keen to increase the types of items that MDDC collects for recycling such as nappies, soft plastics and pots and pans.

A report in the local press stated that by 2027 MDDC would be £4.6 million in debt. However this was based on costs increasing annually by 7.2% which D/Cllr Binks thought unlikely.

D/Cllr Binks confirmed he had raised the issue of empty houses with MDDC Cabinet and that Officers were imposing levies more often, although decisions were made on an individual basis and depended on circumstances.

Newton St Cyres Parish Council issues relevant to Devon County Council

Report from County Councillor on issues relevant to the Parish

D/Cllr Binks reported that he had emailed Cllr G Barnell with suggested avenues for grant funding for a possible purchase of the Rec ground and reported that C/Cllr M Squires had asked him to raise her concerns about the proposal to borrow money to buy the Rec ground. These concerns were noted.

Update on school signs and confirmation of priorities as discussed at last month's meeting

Cllr J Dean had visited Sandford to look at the signs around the school and had circulated details. The signs had not been funded by the Parish Council. Cllr Dean had emailed the Headteacher at NSC school to request a meeting to discuss what signs NSC school would like.

It was resolved that the priorities as identified at the last meeting would stand with a crossing at Tytheing Close being the top priority and Cllr Dean would draft an email for the Clerk to send to C/Cllr Squires to confirm this.

Other Parish Council Matters

Update on roles and responsibilities

The Clerk reported that at the agenda setting meeting with Cllrs G Barnell and L Ouldrige, it was proposed that responsibility for annual risk assessments, litter pickers and Neighbourhood Watch should be assigned to Cllr M Herpoldt-Bright, which would be proposed to her separately.

Update on new trees on Village Green

Cllr Ouldrige's tree on the village green had died and the Clerk reported that the councillor wished to replace it with two new trees. Cllr Ouldrige will be making contact to inform houses facing the green and then go ahead.

Update on Service agreement with parish organisations

A meeting with the Parish Hall and the Rec Ground had been arranged for later in the month. A church meeting was yet to be confirmed.

Update on Land Owner forum and EV charging point – Cllr D Harris

Cllr D Harris was working on the land owner communication and once drafted would send to the Clerk for circulation.

Procedure for applications to PLWB

Details had been circulated and were noted. A public consultation would be required before an application could be submitted.

Communicating within the Parish – Cllr J Dean. Documents circulated separately

A proposal for communication within the Parish had been circulated. After discussion it was resolved to implement this procedure and to post details on the website.

The Clerk would monitor the amount of extra work this generated.

Quarterly Report – Cllr J Browne and Cllr J Rimbon-Whittaker. Publicity and Community Engagement

The swing at the Rec was broken and a local business had offered sponsorship to replace it. Cllr Browne was working towards a S106 application for other pieces of play equipment.

A volunteer policy was being actively considered and would be presented at a future meeting.

The Parish Hall would be holding a Silent disco on 26 October.

To note Risk Assessments – circulated separately

The risk assessment of assets carried out by the Clerk and Cllrs Barnell and Ouldrige had been circulated together with the overall risk assessment, and these were noted

To note re-federation Consultation by Exe Valley Federation

A consultation email from the school had been circulated and was noted.

Forward Agenda Planner/Minor Matters and Items for Future Agenda

Review of agenda planner for future meetings.

It was noted that DCC had issued a consultation on the Boniface Trail route between Crediton and Exeter and this would be added to November's agenda. Cllr Dean had requested that detailed plans of the routes were made available.

DCC were holding two online presentations, one for the general public and one for stakeholders in the next few weeks.

The old school footpath was being used by dog owners. It was resolved that the Clerk would put a note in the Newton Wonder to remind dog owners not to walk dogs on the path.

Date of next Parish Council meeting: Thursday 7th November 2024 at 7pm in the Club Room

Newton St Cyres Flood Network

As winter approaches, the recent flooding in SE England reminds us that here in our village we also have potential flood risks. The Newton St Cyres Flood Network is a group of volunteers who work with the Parish Council to mitigate the effects of flooding in the vicinity.

As part of this, the Parish Council maintains three sheds containing equipment to help in the case of flooding, as well as a rain gauge that gives us an early warning of flooding by the Shuttern Brook. There is also a detailed Flood Action Plan on the Parish Council website.

The Flood Network has an annual meeting to ensure we are ready for the winter, and our **next meeting is on Thursday 21st November at 7pm in the Parish Hall Club Room.** Everyone is welcome to attend. You may wish just to find out what we do or you may wish to help in some way.

We would welcome anyone who could act as an ‘observer’, alerting us to any potential problems, or anyone who could act as a ‘responder’ – for example, putting out the flood warning signs.

If you would like to know more, but can’t make it to the meeting, please email me at lizouldridge@newtonstcyres-pc.gov.uk.

Liz Ouldrige (Resilience Lead, Parish Council)

Vacancy - Neighbourhood Watch Deputy

The Parish Council is looking for a Neighbourhood Watch Deputy to cover Godolphin Close.

If you would like to take on this role please contact the Parish Clerk, Jane Hole on 851148, or email: parishclerk@newtonstcyres-pc.gov.uk

VILLAGE LUNCH

Thursday 21st November 12 for 12:30pm
2 courses + tea/coffee £14

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Focusing on watercolours

Newton St Cyres Art Group have an exciting and varied programme of demonstrations and workshops lined up, and what better way to start the autumn season than with prestigious local artist Rachel Toll?

Rachel who specialises in watercolour, spent the morning demonstrating how to paint in a loose, but realistic style, a sunlit Devon lane, with dappled shadows reaching across the road. As ever, Rachel was very generous in sharing her knowledge.

As a result, members, both new and experienced, felt that they learnt many good tips, not only about watercolour, but also about composition and creating focal points. Rachel, who is self-taught, she urged members to practice regularly to develop their skills. An opportunity to do this will be at our next meeting, which is a Club Morning, where members can, if they wish, come together to practice some of these skills shared by Rachel.

These demonstrations are free to members of the art group, who are urged to watch and 'you learn so much'. If this takes your interest, then please do get in touch with Sue on 01363 866439 and come along.

Nicola Hussey

NEWTON RAMBLERS Sunday 17th November

The next walk will be on Sunday 17th November. It is a short local walk but rather hilly as it will be in the Tinpits area of the village. It will be interesting to keep in mind historic communication networks in this area of the village so the group will probably move rather more slowly than usual. The walk is only 2-3 miles in length.

We will meet at 10am in the Newton St Cyres village car park.

All are welcome to join us. If you would like further information please ring Jean Wilkins on 01392 851337

Please note that anyone joining these walks obviously does so at their own risk.



Thoughts for November from Peter Cordingley

I was driving to Exeter the other day when I came up to a long line of traffic moving at a little more than walking speed. As we crawled forward, I saw from Bernaville that there must have been 20 or more cars ahead of me. Within a minute, nearly as many had joined behind.

And it was then that I spotted the problem. Way ahead, labouring up the slope after the Upton Pyne turn-off, was a solitary cyclist – just one person nursing his or her legally recognised right to use the road ... and to inconvenience the hell out of maybe a hundred other people trying to go about their everyday business (my good self included). You know: hospital appointments, a train to catch, late for the office, that sort of thing.

OK, I know how the song goes. Cars pollute, too many of them on the road, everybody seems to be in such a rush these days, what's wrong with the bus or the train? I agree. But the truth is that bikes are not the godsend that the cycling lobby likes to claim – at least not around here.

Let's set aside for now the head-down Lycra-clad racers who speed through traffic, unconcerned by the fact that they are difficult to spot or predict. They're dangerous in their own way, but I'm talking here about the happy-go-lucky so and sos pedalling along, in no particular hurry and in the mistaken belief that they are making some kind of contribution to the ecology.

They're not. They are not only wasting everybody's time, money and fuel, they are an absolute pest. They put nerves on edge in the cars, lorries and buses behind them. "Is it safe to pass?" "Should I go now?" "Oh, to heck with it, I'm going for it!" As the car careens through a hedge, the biker pedals by, wondering what to have for lunch.

Which brings me to the subject of the consultation being organised by the county council to find the best way for cyclists to get from Crediton to Exeter. Details of the proposal can be found elsewhere in this magazine, but, basically, the choice is between a cycle route tracing the A377 or one threading along the back roads.

Both routes would be expensive, but the A377 option would be exceptionally so, particularly for a government that claims to have inherited an empty cash box. Some A377 sections would necessitate land purchases, with tricky diversions to skirt around housing, with river and rail crossings thrown in to make things more interesting. Tricky – and unlikely to happen soon, if at all.

So, in the absence for now of a cycle route, what happens next? Well, nothing really. But if the council want to make everybody happy, can they please promptly fill in the potholes that have reappeared on the A377? Motorists and cyclists would shake hands on that.

How well do you know your village?

Can you answer the following questions:-

- 1. WHEN was the picture taken?**
- 2. WHERE was it taken?**
- 3. WHO is in the Picture?**

No 94



**For a closer look see our website:-www.newtonwonder.net
On the Home Page you will find this picture and a link to all the quiz photos so far and an easy form to submit your answers.**

Newton St Cyres Tennis Club

This year's finals day took place on a lovely warm and dry Sunday on the 15th of September. Viv Baber organised the weather and the BBQ and Jana Garnsworthy had made sure that all the tournament matches had been completed in time for the finals. Once again, we had excellent numbers of both long-standing and newer members turn up, socialise and cheer on the players.



For the first time in quite a few years, the juniors had their own competition and it was great to see so many of them involved. A big thank you goes to our coach Jon for making it happen. There was among many other matches, a very exciting men's singles and mixed doubles match, both very close and hard fought. Excellent tennis to watch on such a lovely Sunday.



Gerry Bowden-Thomas, Selena Shaw, Laura Leigh and Henry Cornish

Junior coaching, run by our club coach Jon Wills, is well attended and takes place on Wednesdays after school during term time. If you would like to enrol for next term please email juniors@newtonstcyrestennisclub.co.uk for further information and put your name down.

There will be a new beginners' coaching session next year on Tuesdays from 4pm to 4.45pm. If you are interested for your child to join, please email.

Jon also offers adult coaching both individually and for small groups, so if you feel you need to brush up your skills or learn more about the doubles' game, just get in touch with Jon Wills via our website

Frederiek Maddock.



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2024 NSC Ready to Relay



The weather held up for us at the 4th annual NSC village relay on Saturday 5th October. There was a great turn out of runners, marshals and supporters all cheering on the children and adult teams.

Children's race winners were Alex Tilley in first place, Thomas Heal in second place and Lily Rickard, in third place, all winning an ice cream kindly donated by the Beer Engine.

The winning adults team was 'Friends for Life' which included Jay Hedrick, Nick Gillon and Becky Heal. The fastest female was Elodie Dunn and fastest male was Jay Hedrick.

Thank you to the Beer Engine for hosting the event, Chris Daw and Daw Refrigeration for allowing us to use part of their estate for this year's shortened route, Riverford for the winner's prizes and the local businesses who contributed a raffle prize.

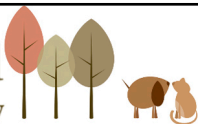
In total we raised approximately £250 which was through race entries, a raffle and other donations. All monies will be shared equally between FANS and the NSC Friends of the Arboretum.

Thanks to everyone that ran and supported and helped out, look forward to seeing you next year.

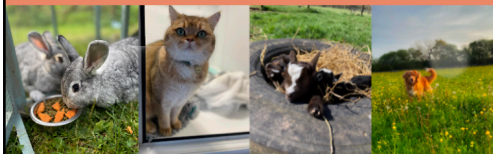


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Bert Jewell writes Rhymes and Ways about Gardens and Gardening

November

I ask myself questions, it's stupid I know,
When I'm out sowing seeds in a neat little row,
Are they too close together, will they argue and fight,
Will the largest of all think that they have the right.

To push through the surface, so tender and green,
As a slug passes by like a small submarine,
Sailing through the garden, the cabbages and kale,
Maybe meeting with friends like the old garden snail.

Gliding through the veg patch, a shell on its back,
Stopping now and then for a nice, tasty snack,
Then as the sun begins to rise, they find a place to rest,
I make a drink and walk outside, "O No" those garden pests.

With daylight comes the butterflies, around my brussel sprouts,
I clap my hands, "Get off my plants" the neighbours hear me shout,
It'll do no good, the man replies, I don't think they can hear,
I bid good day and walk on by, There's weeds I have to clear.

The crops I grew for winter are now difficult to find,
Some woody stems and tattered leaves are all that's left behind,
So I ask myself a question, the answer I am sure,
You'll see me in the spring time sowing seeds once more.

Things to do in the garden

The RHS said, back in the spring, that we could well see an increase in slugs and snails over the coming months. How right they were. I grow our parsnips and carrots from seed sown in toilet roll centres, planting the tubes in the ground as soon as the seed has germinated. I planted 24 parsnips and as many carrots. The following morning I had nine parsnips left. I didn't count the carrots. Parsnips can take a long time to germinate, but I did try again, and we had our first roasted parsnip in early October.

There are a lot of different types of snail, some only eating rotting vegetation, some eat small earthworms and insect larvae, but there are at least four types that will eat lettuce, strawberries and anything that is tender and green.

One of them is the garden snail, active at night resting during the day at the bottoms of walls or in upturned flower pots. They may become dormant in winter and also in very hot weather, after sealing their shell with quick drying mucus.

The same applies to slugs. Some live in the soil, eating roots and tubers such as potatoes, some above ground eating rotting vegetation, but three or four are real garden pests. But how do you tell the difference, they are not something that you want to get down and have a look at, are they.

The presence of hedgehogs in the garden will help, but they are more likely to go for earthworms, beetles and other invertebrates and also fallen fruit. I remember seeing a song thrush smashing snail shells on a suitable stone to get at the succulent contents.

Hedgehogs are in decline and I haven't seen a song thrush in ages, so I think it's going to be trial and error, as to whether we keep slugs and snails off of our plants or not. Beer traps are one way, also broken up egg shells, or there is a type of wool available. I've tried it but when it's wet it's a mess. Some people say garlic crushed and left in water for a few days, then watered around the plants or rows of seedlings will help keep them at bay. Apparently it also helps to keep off the cats.

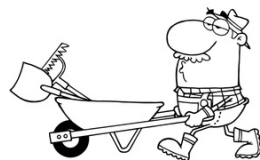
Modern-day slug pellets are supposed to make slugs and snails feel full, but do they work? Who knows? One last thing: I have found that putting feet under pots and maybe small containers also helps.

Plant of the month

"Euonymus Alatus"

This is one of my favourite shrubs. During the summer months, it's just a green shrub. October sees the leaves turn to a vivid red and with any luck the colour will last into November. Once the leaves have dropped, you can see the corky flanges running along the trunk and along the branches. It will grow to about 8'x8' but responds well to an occasional trim. It likes most soils and sun or light shade.

Enjoy your gardening.



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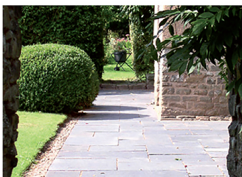
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Newton St Cyres Gardening Club



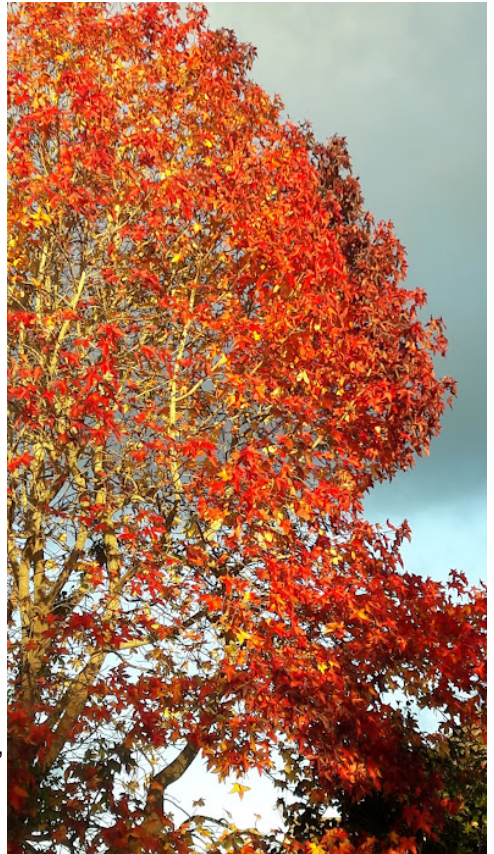
Toby and Nicola - bananas?

other shows. When he is away from the cameras, Toby hosts a gardening show on BBC Radio Devon every Sunday morning. He also hosts his own annual garden festival at Powderham Castle (next year's dates are 2nd & 3rd May) and he writes for the fortnightly Amateur Gardening magazine.

Toby's topic for the evening was his favourite plants, but he provided so much more! Accompanied by cuttings of these plants from his own garden, he also touched on his previous jobs in Cambridge, and his practical experience working with roses, plus many amusing recollections. He has a very natural down-to-earth style that really engages the audience.

On 2nd October the Garden Club was pleased to welcome **Toby Buckland** for a rare local appearance by the well-known gardening expert, TV presenter, author, and radio host, who lives here in Devon.

Back in 2008, Toby hosted Gardeners' World for two years and is a regular presenter on the BBC series. He has also taken part in Gardeners' World live at the NEC, Chelsea Flower Show and many



Sweet Gum *Liquidambar styraciflua*

I have since received many words of thanks from attendees, including “Toby's talk was just delightful and informative, and people seemed really happy”, “a very enjoyable evening” “an interesting and informative evening which we really enjoyed, Toby was so knowledgeable”.

One of Toby's amusing stories was his attempt to grow a prize pumpkin. In a previous article I have written about Ian and Stuart Paton, twin brothers from Lymington who started growing giant pumpkins 50 years ago. Ian came first in this year's competition, which was judged at the Malvern Autumn Show with a pumpkin weighing in at 1,198.200 Kg. Toby had the opportunity to grow his own from a seed and was pleased with his resulting specimen. On arrival at the show, though, he noticed other growers had tele-handlers and webbing to unload their entries, and realised that his was not really a contender. However on returning home he received a letter and cheque for ‘The Prettiest Pumpkin’!

The evening concluded with numerous questions for Toby from the audience, which he readily answered. Thank you to all those who attended, including many from Upton Pyne and Crediton Garden Clubs, and some from as far afield as Torquay! Overall it was a wonderful evening where we learned from an expert, in a relaxed setting

Rosemoor Festival of Flavours featured in last month's What's On?, and I am sure that any of you who went on the Saturday had a great day, as there were so many events on, in lovely weather.

However, we attended this event on the Sunday – which was unfortunate as the heavens opened! Not deterred, we still walked around the Garden Room, which was packed with suppliers of art, craft & food. There is always a wide range of producers and you will see that in the What's On? section of this article, I have listed dates for the forthcoming Fairs there in November.

Due to the continuing rain, we made our way to the restaurant, where we enjoyed a lovely Sunday lunch and I purchased a beautiful bouquet of flowers from **Trigon Farm** in Holsworthy, which is built around no-dig gardening and regenerative farming. They grow sustainable flowers and vegetables while following permaculture principles, and even offer ‘pick-your-own seasonal flowers’ between spring and late autumn, where you select and pick a bucket of flowers and then create an arrangement. www.trigonfarm.co.uk

November can still be full of colour, and you may be wondering what plants you can include in your garden to bring a burst of Reds, Oranges and Yellows next year. Last month we looked at flowering plants that give autumn colour. This month, if you are thinking of a tree, then the **Sweet Gum** *Liquidambar styraciflua*

can be glorious. If you have the space, this is a deciduous tree growing to 20m tall, the outline shape is broadly conical, with rather glossy, maple-like leaves, which turn to shades of orange, crimson and purple in autumn. There is a lovely example in West Town that sadly lost some limbs last year. However, it is still looking good after the tree work that was undertaken to ensure it was safe.

Another colourful plant is **Virginia creeper** *Parthenocissus quinquefolia*, which is a large vigorous deciduous climber. The leaves have five ovate leaflets, turning bright red and orange in autumn. The flowers are inconspicuous, but it does have blue/black berries. It can be allowed to trail in hedges or can eventually cover a complete wall.

Did you take part in this year’s **Big Butterfly Count**? Sadly the results for 2024 were the lowest numbers on record. The Butterfly Conservation has declared it a national ‘Butterfly Emergency’, as the results showed a marked and hugely concerning decline in numbers.

Overall, participants spotted just seven butterflies on average per 15-minute count, a reduction of almost 50% on last year’s average of 12, and the lowest in the 14-year history of the Big Butterfly Count.

In total, just over 935,000 butterflies and day-flying moths were recorded across the UK from 12 July-4th August, down almost 600,000 – equivalent to more than a third of 2023's total, and 9,000 Counts were logged as seeing zero butterflies, the highest in the citizen science programme’s history. The majority of species (81%) showed declines in the number seen this year compared with 2023. The top 6 species are listed below. In 2023 Red Admirals were the most abundant, but fell to 6th place this year.

Big Butterfly Count 2024 England	Abundance	Average per count	Abundance in 2023	Average per count 2023
Gatekeeper	183,797	1.55	214,015	1.87
Meadow Brown	164,618	1.39	149,121	1.31
Large White	126,988	1.07	202,070	1.77
Small White	102,159	0.86	185,489	1.62
Peacock	49,622	0.42	138,677	1.21
Red Admiral	44,813	0.38	234,044	2.05

Next year’s Big Butterfly Count will take place from **Friday 18th July to Sunday 10th August 2025**.

A-Z of Rose Growing (cont) – Peter Beales Roses

M – Moisture-retentive soil: It's the holy grail for success with roses, combined with good drainage and a sunny position. Get these basics right and you're in store for a fabulous display of flowers!

N: Nutrients: While roses will flower even when subjected to neglect, supplying plants with plenty of nutrients holds the key to abundantly healthy displays. Where roses are growing in border soil, feed three times using a general-purpose fertiliser: firstly in February ahead of the flowering season, then again in June/July after the first flowers have faded, with the last feed taking place in August. Roses in containers will thank you for a regular liquid feed throughout the growing season. Vitax and Westland are two brands that offer tailored liquid rose food, whilst Maxicrop liquid seaweed plus iron is favoured by the team.

O: Ornamental: It's not just the flowers of roses that are wonderfully ornamental: certain types, such as species roses which have a more natural appearance, produce hips – beautiful ornamental seed heads that wild birds adore. Ease off dead-heading these roses in midsummer and marvel at colourful fruits as they form in time for autumn. Find out more about species roses and their hips: <https://www.classicroses.co.uk/blog/post/species-roses>

Some Jobs for November

- Make sure that your **gutters** are free of leaves and debris so that rainwater can flow easily into your water butts. Also ensure that the lids of **water butts** are secure, to avoid wildlife falling in and being unable to escape.
- Finish **clearing outdoor plants** after harvesting your crops. Pick up any leaves and dropped fruit and add to your compost areas. Greenhouse plants also need clearing to prevent fungal rot developing, as do containers that have been used for growing vegetables.
- **Clean and service tools and garden machinery.** Secateurs can be taken apart and may need some wire wool to remove signs of rust, and resin to remove any dark stains on the blade. The advice is that, with bypass secateurs, the upper blade should be sharpened on the bevelled edge. Once put back together all moving parts should be oiled and then wrapped up to protect from moisture over winter.
- **Raise planted containers** up on feet to prevent water-logging.
- **Re-pot mint** – mint is a very vigorous plant which can spread quickly, and so is often grown in pots. However it can quickly become root bound, so now is a good time to split & re-pot. It can easily be split using a sharp knife, and if necessary the roots can be cut off at the base by 1/3 of the rootball as this will stimulate new root growth when re-potted. These pots can then be kept in the greenhouse, ensuring sufficient light.

- When **spring bulbs** were in flower, did you mark where you had gaps? If so, there is still time to plant your selected bulbs, ready to give an even better display next spring.
- If you are holding a **Bonfire party**, please remember to check for hedgehogs who may have found their way into the bonfire, and provide them with a way of escape.

WHAT'S ON?

9th & 10th November RHS Rosemoor - **Living Statues** 11am-3pm

Selected dates Friday 15 November-Saturday 28 December RHS Rosemoor. **Glow 2024** 4.30pm–8pm. Last entry time slot 6.45pm–7pm **Tickets must be booked in advance.** NEW this year, the Rock Gully with sparkling waterfall and rainbow tunnel of lights, silhouettes lit up in the Stumpery and a 'field of flames' in Lady Anne's Arboretum

Friday 15, Saturday 16, Friday 22, Saturday 23 and Saturday 30 November: 11am-4pm and 4.30pm-7pm Sunday 17 and Sunday 24 November and Sunday 1 December: 10am-4pm RHS Rosemoor - **Magic of Christmas Craft & Food Fair**

Full details for the above events can be found at www.rhs.org.uk/gardens/rosemoor/whats-on

Tuesday 26th November –Crediton Garden Club - **Plants of the Canary Islands.** Ben Candlin. Crediton Library, Belle Parade, starting at 7.00pm

Happy Gardening

Nicola Baker

*How do goats warn each other of danger?
How many stomachs does a goat have?
Where does the fabulous Jamnapari Goat live?
IS IT A GOAT OR IS IT A SHEEP?!*

Come along for an evening of goat (and non goat) related quizzing silliness for adults with Running Dog Theatre CIC - there'll be questions, there'll be tunes, there'll be prizes!

Running Dog Theatre curate playful creative events for communities across the country. As part of their tour of The Goat Show, they're hosting goat-y activities for everyone to get involved in.

UPTON PYNE & DISTRICT GARDEN CLUB



All events are held in the Upton Pyne Village Hall
CONTACT June 01392 841272

Sat 23rd Nov ANNUAL GARDEN CLUB XMAS DINNER

*An enjoyable & relaxed evening with
festive cheer, food and entertainment*

For more info or to make a reservation call June



Mon 2nd Dec at the local Village Coffee Morning

Make your own Xmas Wreath *guided by professional wedding florist, Katrina, from BLOOM BLOOM of Upton Pyne. A ready mossed 12 inch ring & wire for fixing foliage, plus ribbon for bows will be provided. These rings can be made into a wreath of your own design. You will be asked to bring your own foliage or decorations. I feel sure that some of us with larger gardens will be happy to help out with fir or holly if needed. The tutorial will last for 2½ hours at a cost of £20pp. We would ask for you to reserve and pay for your place by Saturday 25th November please call June Nicks 01392 841272*

Monday 20th JANUARY 2025

Our A.G.M.is at 3pm

followed by refreshments, and at

4pm we have a talk given by

NICK COX who is an enthusiastic volunteer guide

@ NT Killerton "A Virtual Tour of the Estate,

Features and Historical Development

NON-MEMBERS ARE VERY WELCOME TO JOIN US AT ANY OF THESE EVENTS

NEWTON ST CYRES HISTORY GROUP



Roman Exeter

Our first meeting of the autumn was on Wednesday 9th October, when John Salvatore came to talk to us about Roman Exeter. John is an archaeologist who has spent much of his working life in Exeter and has specialised in Roman history. On his retirement at the end of 2022, he wrote a book on Roman Exeter, and so we were delighted that he could come to talk to us about his particular field of knowledge.

In the first century AD, the vast Roman Empire stretched across the Mediterranean basin, north through Europe, south to Africa and east to Persia. Britain was on its far northwestern boundary. In 43 AD the Emperor Claudius ordered an invasion, and Britain became part of the empire for the next 350 years, until the decline of the late 4th and early 5th centuries. The southwest of Britain was conquered by the Second Legion Augusta (Legio II Augusta) under Vespasian, who later became Emperor. They reached the area which became Exeter probably in AD55, and John emphasised that from the beginning, the siting of the fortress was a very clear military decision.

It was known from Roman sources that a large fortress was built at Exeter, but there was no archaeological evidence until the 1970s. John remembered three archaeologists in particular who worked here: Aileen Fox after the Second World War bombing, and Paul Bidwell and Chris Henderson, whose work made great contributions to the present state of knowledge.

When the Second Augusta arrived here, it was the legionaries who built the fortress. The first evidence of the boundary ditches was found in the 1970s and as all Roman forts followed the same basic pattern, it was possible to work out where the various buildings would have been. Subsequent excavations confirmed this.

The fortress was built of earth ditches and ramparts, topped with timber palisades. Inside would be lines of barrack houses for the men, eight to a room, with a smaller room for their equipment. Rotas and duties both in the fortress and away, building roads and fortlets, kept the soldiers busy. At the centre of the fortress was the 'principia' or headquarters building, workshops, a granary and other storage areas, and in Exeter's case, a large bathhouse. In 1972, plans were being made to build an underground car park in front of the cathedral. This never happened, because underneath the ground there were the foundations and remains of a splendid stone building, elaborate and monumental and with a hypocaust system, the first such to be built in the southwest. It was the bathhouse for the fortress.

This military presence remained in the Exeter fortress for the next 20 years and during that time a considerable infrastructure was built. A wooden bridge would have been made over the river, west of the fortress. Fortlets and signal stations were sited through the area. Civilian settlements, or 'canabae', developed outside the south gate of the fortress,

housing traders, craftsmen and the women and children associated with the soldiers. They were not allowed to marry, there were no married quarters, and only the commander might have his family with him if it was peacetime.

The supply route for the fortress was the River Exe. The highest tidal reach was at Topsham, where ships would have docked. Their cargoes would have come up the river on tenders or by road in carts or on mule trains. In 2010, excavations at the site of the former St Loyes show that there were buildings there, including workshops, which would have formed a small 'vicus' or village. Further towards Topsham, also on the road, remains of what were almost certainly warehouses were found on the site of the Aldi supermarket. This supply base would have stored bulk commodities in transit such as grain. Amphorae full of wine, olive oil and fish sauce would have been imported in quantity.

By AD75 the process of Romanisation was well developed in this area of Devon. John said that recent research has made progress with finding the track of the Roman road westwards. It is thought that it went south of the village of Newton St Cyres and then joined the existing road near Half Moon.

However, in AD75, for whatever reason, probably difficulties with restive tribes in Wales, the Legio II Augusta was moved from its permanent headquarters in Exeter to Caerleon, in South Wales, where it remained for the next 200 years. John pointed out that more permanent stone buildings were built in Caerleon for the legion, the ruins of which survive, but the timber and earth works in Exeter have left no trace above ground. Even the great bathhouse was decommissioned, and some time later adapted and rebuilt as a 'basilica' or civilian administrative centre for the southwest.

After a period of time, the fortress site transitioned into a civil town. New town walls were built enclosing an area larger than the fortress site, probably about AD200, and there are places where parts of this civilian Roman defence wall can be seen. For nearly 150 years more the city flourished, and large Roman town houses were built. In 1987/8 an excavation at St Catherine's Almshouses revealed an elaborate piece of corridor mosaic from one of these houses, which was given to the Royal Albert Memorial Museum and Art Gallery.

By the late 4th century, the huge Roman Empire was struggling to maintain its frontiers, there was a decline in trade and an economic downturn. The money supply began to fail and Exeter was one of the many towns in Britan and the empire that saw a decreasing population and a fall into stagnation. It is thought that over time it was more or less abandoned until the arrival of the Saxons in the 7th century.

John finished his talk with a series of images comparing present fashions and activities with those of the Romans and concluded that there was really very little difference between people's behaviour then and now. An interesting question and answer session followed. We are grateful to John for his interesting and knowledgeable talk.

Isobel Hepworth

NEWTON ST CYRES HISTORY GROUP

MEETINGS - WINTER 2024/5

Wednesday 13th November

Kate Osborne - The Middling sort in Elizabethan Exeter This was the subject of Kate's PhD Thesis. She feels history deals with the rich and the very poor but what about all those ordinary folk in between?

Wednesday 11th December Christmas meeting

Wednesday February 12th Gill Mclean Topsham Canal

Meetings are at 7.30pm unless otherwise stated. They are held in the Parish Hall and the charge is now £3, drinks and biscuits are provided free.

Newton St Cyres 200 Club

The draw for October took place at the Coffee Morning on 12 October and the winners were:

No. 206	W Lewis	£100.00
No. 103	C Lee	£10.00
No. 35	C Lawrence	£10.00
No. 215	J McFadden	£10.00
No. 195	S Browne	£10.00

The Club is registered through Mid Devon District Council Licensing Department as a Small Society Lottery under the Gambling Act 2005

John Salter 01392 851346 and Jane Hole 01392 851148



**Sustainable
Cridton**

A simple beetroot salad

Arrange cooked beetroot, thinly sliced, in a shallow serving dish

Sprinkle with finely chopped onions and chives.

Season with freshly ground black pepper

Drizzle over olive oil and cider vinegar to taste.

Paul Cleave

Gail's Tip for November.

This month I have soured mild for you! You know, when its just gone off and curdles when you put it in your tea....well, don't throw it out - make scones!

Here is my Granny's recipe: - Makes 36 scones.

3 cups plain flour (she just used a tea cup) / 2 oz margarine / 1teaspoon cream of tartar / 1/2 teaspoon bicarbonate of soda / 3 dessert spoons of caster sugar / 1 egg / 1 cup milk.

Oven preheated to 200 c (400 f gas 6).

Using fingertips rub marg into flour and, when it's like coarse sand, add the other dry ingredients and mix in.

In a separate bowl beat the egg with the milk and add to flour etc mixing it in with a knife (you must handle it as little as possible). The dough should be sticky and soft.

Roll out gently to about 1 inch thickness and cut with a medium sized round cutter. To stop the cutter sticking dip it in flour after each cut.

Put on a greased tray and cook for 15 minutes. Let them cool on a cooling rack. Best still a little warm.

Now, what to have on them. ...clotted cream and jam - but which one goes on top?

Gail Meldrum

Indoor and Outdoor Space for Car, Van, Motorhome etc

Also, secure unit to rent 4m x 5m.

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details email*



Veronica - vayre1959@gmail.com

GOING TO TOWN – BY PEDAL POWER

Is the possibility of a cycle route from Crediton to Exeter, passing through Newton St Cyres, getting closer? Perhaps, following the opening of serious discussions on the best route, says Ann Quon Cordingley.

So you're a keen cyclist, and think it would be a splendid idea to bike to work in Exeter. Given a choice, what route would you take – a track that mostly follows alongside the A377, joining it at times, or the back roads, taking you along country lanes and public footpaths?

That is the challenge facing Devon County Council, whose planners have opened a two-month public consultation on a new cycling route, known as the Boniface Trail, that would create a safe passage for cyclists and walkers between Crediton and Exeter.

“There are currently no footway or cycle facilities along most of the A377 between Crediton and Cowley Bridge, which makes it an unattractive route for cycling, especially with the high volume of traffic,” says Chris Burrridge-Barney, Transportation Planning Officer for Devon County Council (DCC).

Thanks in part to pressure from groups such as the Newton St Cyres' Boniface Trail Association (BTA), the council wants to hear the public's views on the two options. Whichever route is selected, the trail would be multi-purpose, meaning it would be used by cyclists, walkers, pram-pushers and the like.

One option would mostly use purpose-built off-road paths running alongside the A377, 2.5 metres wide, narrowing to 2 metres in places, and the other would use existing country lanes and upgraded Public Rights of Way to the north of the A377.

The “A377 alignment” option would be the more direct, but would also be more costly and take longer to deliver. The “Quiet Lanes” option would use mostly existing routes, made more suitable for walking and cycling through measures such as signage, traffic calming and speed reductions.

Here's what the DCC sets out for both options:

The A377 option would start at Crediton railway station, with potential links to the town centre, and would at times run closely along the northern side of the A377 to the Cowley Bridge roundabout on the edge of Exeter, before continuing to Exeter St David's railway station.

The section between Crediton and Newton St Cyres would require minimal private land and could use the verge parallel to the A377, with some minor road alignment. However, the section between Newton St Cyres and Exeter is the more challenging and would require some deviation from the A377 through private land to avoid pinch points where houses and structures are on both sides of the road.

Crossing the Creedy and Exe rivers and the railway line at Cowley Bridge would also be a significant constraint. This alignment would likely require significant levels of land purchasing and acquisition and substantial construction work. It would be the more expensive option, and more difficult to deliver.

"We think it's likely to be in the tens of millions of pounds due to the significant works needed and private land required, so it is likely to be a long-term project," Mr BurrIDGE-Barney told a recent webinar, adding that significant external funding from central government would be needed.



Nick Dyer

By contrast, the "Quiet Lanes" option would use existing back lanes and upgraded Public Rights of Way (footpaths). It would start at Crediton's Lords Meadow Leisure Centre, and use an upgraded public footpath past the football pitches, crossing the River Creedy to link to the lane towards Shobrooke. At South Lodge, the route would turn southwest to connect to Newton St Cyres railway station, via Camps Cross and Wyke Cross.

Continuing along lanes passing Norton Cross and Winscott Cross, it would use upgraded Public Footpaths between Langford House and Upton Pyne, rejoining the A377 at Upton Pyne Hill. From there it would continue to St David's via St Andrew's Road and Station Road.

This route would probably require minimal land purchases as it can largely be delivered within the existing highway boundary. Along with the fact that there would be less major construction works, it would be more deliverable than the A377 alignment. This also means that the delivery timescales would be shorter and short-term successes could be more easily achieved, with less external funding required.



Steve Parker

Devon Country Councillor Stuart Hughes is urging locals to provide their views on the options. "A new multi-use trail which, once funding becomes available, would add to the county's growing walking and cycling network," he says. "We're keen to hear feedback."

Nick Dyer, chair of the Boniface Trail Association, which has been campaigning for years for a multi-use trail linking Exeter to Crediton, welcomed the public consultation by the DCC.

"It's good they are taking notice and we aren't at the bottom, but getting towards the boiling point towards the top," says Nick, a retired solicitor and longtime NSC resident, referring to the fact that the trail has now been included in the County Council's list of 10 routes in the Countywide Local Cycling and Walking Infrastructure Plan.

The concept of the Boniface Trail is the brainchild of local resident and former Parish Councillor Steve Parker, who looks after the village footpaths. "It started 10 years ago when a questionnaire on planning was sent out to villagers, and 80% responded with concern about the A377 and no footpaths," says Steve. "Since I was the footpath warden, I got a group together and it snowballed from that."

He set up the Boniface Trail Association and along with a handful of dedicated association members has been campaigning for a multi-use trail that would link the communities of NSC, Smallbrook and Half Moon to Exeter and Crediton. He says: "We had a consultation in the village a few years ago and we had over 1,000 supporting the Boniface Trail."

Of the two options, the County Council seems to prefer the "Quiet Lanes" because it would be cheaper and faster to build. However, it is riddled with drawbacks, according to Steve. "The 'Quiet Lanes' option would be a waste of time because it's going to be an agricultural route and would be filled up with big tractors. It's not safe for anyone walking along there with children or prams. It's even bad to cycle around there," he says. "The term 'quiet lanes' is wrong because you will have lorries and tractors going through it – it's going to cause huge mayhem and problems because you won't be safe at all."

Nick adds: "The 'Quiet Lanes' route they are suggesting is very hilly going up to Upton Pyne and partly along Langford Road, which is very busy and fairly narrow and extremely dangerous for kids cycling and walkers. That part of the DCC route is wholly inappropriate."

Another key concern is that the "Quiet Lanes" route would not link up the villages between Exeter and Crediton, which the BTA strongly advocates. "It's defeating the whole purpose of linking Half Moon and Smallbrook to Newton St Cyres," says Steve.

Instead, Steve says the BTA supports the A377 alignment. “That would provide a safe route that people can use to access the (NSC village) school and all the local amenities, whereas the quiet lane approach, which goes through all the back lanes into Exeter, will not deliver the connections between Smallbrook and Half Moon.”

The BTA recognises that the A377 route is not without its challenges as it would cut through private land and there are a number of engineering, legal and maintenance challenges to address if it were to be delivered to a high standard.

The BTA has already spent time speaking to local landowners, seeking their support for sections of the route that could run through their land. A major breakthrough came in 2020 when John Quicke agreed to let the trail run through the Quicke land on a 25-year lease, subject to planning permission and funding. And they’ve had expressions of willingness from other landowners.

With its contacts with local landowners and local knowledge of where the pitfalls might lie, the BTA says it is keen to work together with the DCC on the design and proposed route for the trail. “Let’s get together and talk and let’s get it done,” says Steve.

To address DCC’s concern about cost, BTA says the route could be built in three phases. First, Crediton to Smallbrook; then, Smallbrook through Newton St Cyres to Half Moon; and Half Moon through Cowley Bridge to St David’s.

When will it start to happen? Nobody’s prepared to bet, given that if there is support for the proposals, funding will still be needed to develop a scheme design, and landowners will have to be negotiated with and approvals secured. “Accomplishing these milestones may takes several years and there are competing pressures on our resources,” says the DCC’s Mr Burrige-Barney.

But now, after 10 years of pressure, Steve is optimistic. “We’ve managed to push, and now the County Council have come on board. They can’t ignore it any more. We’re optimistic, but it’s taking a long time.”

Have your say. The consultation period ends on 30th November.

<https://www.devon.gov.uk/haveyoursay/consultations/boniface-trail/>





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**9TH NOVEMBER, 2:30PM | NEWTON ST CYRES PARISH HALL
ADULT £12, CHILD £8, FAMILY 2 ADULTS & 2 CHILDREN £36
BOOK VIA: VILLAGESINACTION.CO.UK**

CHARITY FIREWORKS DISPLAY

Wednesday 6th November 2024

Newton St Cyres Recreation Ground

Supporting Newton St Cyres School PTA

Gates open 5pm
Fireworks 6:30pm

Food by the Beer Engine

Hot drinks by the Turning Tides Project

Sweets, glow merchandise and bar available

Tickets

Available on the gate

Adults £6

Children £3

Under 4s free

With thanks to our sponsors:



PLEASE NOTE: NO SPARKLERS ARE ALLOWED ON SITE

For more information contact FANS@exevalleyfederation.org.uk

This event is organized by FANS, the PTA of Newton St Cyres School, Registered Charity Number 120820

Do You Remember.....November?

November 1974

A report appeared that St Anthony's in Cowley had suffered an attempt to open the safe in October but only slight damage had been done to the lock.

The Coffee Club organised a Firework Evening and were planning a talk by a speaker from Wippells on stained glass.

The Parish Council reported that the potholes had been filled in at Cowley and a new notice board would be going up.

The Library Van will be stopping in the car park in future.

The Clerk, Henry Gliddon had been promoted to Supervisor with British Rail.

The St Cyres Players chose pure farce for the first time.

The Rec. AGM will coincide with the Big Draw in the Old Barn Owl (the old Iron Horse).

The Young Farmers programme was underway with a film on South Africa.

At their AGM Mr W G Lee was elected as President, Club Leaders - P Coleman and D Searle, Chairman - Miss M Endacott, Vice Chairman - R. Northcott, Treasurer - Miss M Thomson, Secretary - Miss Jean May and Social Secretary - E Trick. - Seen in Crediton Carnival Robert Ayre in a blonde baler cord wig and a bikini!

November 1984

This month's cover was designed by Rachael Walters.

It was reported that a Cub pack was being formed in the village.

The NSC School Association organised an 'Any Questions' evening with a panel including Mrs Prue Quicke. Nine teams had entered the Skittles League being played at the Parish Hall.

November 1994

The School announced that rising numbers meant they can appoint a new full time teacher and organise the children into 3 classes of 15 each. They have also been given a grant of £5,000 for a new library area.

The Playgroup were appealing for Christmas decorations and advertised their Nativity play. The magazine offered to print Christmas greetings in their Page 10 December edition.

A Grand Christmas Fayre was advertised for November 19th in the Parish Hall in aid of Church funds.

The Parish Council were concerned that only one train per day on weekdays to Exeter stops at Newton St Cyres but 2 stop on Saturdays. They were putting pressure on British Rail.

Barbara Carter from New Estate was congratulated on giving 50 pints of blood and gaining her Gold Badge.

November 2004

Two new Parish Councillors were co-opted this month, Graham Walkingshaw and David Baker. There was a problem about rubbish being left in the car park behind the Parish Hall.

A successful Fireworks Display was held at the Recreation Ground. November walks took the Rambling group over part of the Exe Valley Trail and also up Riscombe Hill. The School reported a successful Ofsted report which indicated a well-run School.

November 2014

It was reported that in October the Community Support Group was in fun mode. On the 4th it held its monthly Coffee Morning with stalls and Raffle to raise much needed funds to provide training and support the ongoing costs of the services it offers. The defibrillator is now sited adjacent to the Crown and Sceptre. It is to be hoped that it is rarely put to use but it is a valuable community resource. On the afternoon of Saturday 11th October another games afternoon was held.

Over £450 was raised at a Macmillan Coffee morning at the Beer Engine.

It was reported that RexRosario OBE had been elected as head of the World Electronics Council.

The gardening club welcomed Tina Parkes from the Academy of Floral art which is based at Dunchideock Barton, Dunchideock near Exeter. In a little over an hour she demonstrated 4 different arrangements that would be easily replicated at home using flowers, foliage, bark and seed pods that are freely available in your garden.

Thirty people met in the Village Hall on Thursday 18th September to hear a presentation prepared by Jean and Roger Wilkins on Newton St Cyres in the First World War. This was a focussed and well-researched talk which had the virtue of being produced 'in-house' by two people who know the village and concentrated on the detail of what happened here 100 years ago.

The Christmas fayre was held on Saturday 29th November.

Peter Hawksley

Do you play Bridge?

Would you like to come and play Bridge at our friendly club in Morchard Bishop? We meet every Tuesday evening at 7.30pm with a free lesson beforehand for those who want it.

Why not come along and give us a try?

For more information, contact me,
John Chater -01363 877096



CHURCH

CHRISTMAS FAIR

Saturday 16th November

2-4 pm

Parish Hall

STALLS, GAMES, TEAS, DRAW PRIZE
AND A GRAND DRAW

Come and buy your Christmas presents



**GOOD FOOD
GOOD DRINK
GOOD COMPANY**

**THE
BEER ENGINE**
BREWERY PUB • NEWTON ST CYRES EX5 5AX

Monday/Tuesday/Wednesday
Pub: 16:00-20:00 Kitchen CLOSED
Thursday/Friday/Saturday Pub: 12:00-23:00
Kitchen: 12:00-15:00 and 17:00-21:00
Sunday Pub: 16:00-21:00 Kitchen CLOSED

Newton St Cyres, Devon, EX5 5AX
01392 851282

Table Tennis

at

Newton St Cyres Parish Hall

every Thursday from 7 to 9 pm.

As well as seeing present members of our Group, we are keen to welcome new players – with or without experience adults and children from the age of 12.

There are four tables, so we can fit in people from beginners and rusty former players to League players. Equipment is available.

You pay for the evenings you come - £3 for adults; £2 for schoolchildren.

Just come on the evening, but for any further information contact
Roger Wilkins – rogerwilkins1@btinternet.com

November on the Farm

November, and the last ragged remnants of summer's glory get shredded in autumn's wind and rain. I love the golden days, so precious as the days shorten and the weather worsens. The robin's incredible song stands out now, so complex. When I'm working in the garden, one comes investigating for any delicious creatures revealed in the worked soil. The fallow does, now mostly pregnant, scatter through the woodland, still with their summer fat to take them through the lean months. Long views emerge as the leaves fall from the trees and the bones of the landscape get clearer.

The autumn-sown crops are in the ground, and mostly well grown. The fields look like velvet where the shoots are longer, a carpet that slightly changes colour in the wind. This year we are growing a lot of red clover to feed our animals. Clover's deep roots harbour nodules that host bacteria that take nitrogen out of the air and turn it into plant food. It's a core building block of protein for plants and the animals that eat it and the microflora of the soil when they rot. We want to grow more of our animals' feed on the land here to insulate us from the price swings we've seen.



Our animals are on their last round grazing the pastures. The challenge is to eat the right amount to keep the pastures at the best length to stay happily through the rigours of winter, and leave enough feed to start the cows off when they go back out to the pastures in early February.

The youngest calves are already in the buildings, out of the worst of the weather. The autumn calving cows are yielding well and we bring them in at night to make sure they have enough feed as the grass gets less nutritious. By contrast, the spring calving cows are coasting towards their winter-holiday time before their calves are born, and are still out all the time. Their yield is less now at the end of lactation. The sun-deprived grass at this time of year is enough for them.

Going into the cheese dairy, my glasses steam up as it's so much warmer than outside. We are making two new cheeses. I'm enjoying our hops cheese, where we apply Bobek hops to the rind. We tried several different hops and Bobek's floral, citrus and pine notes showed off the rich butteriness of the cheese best. It's lovely with an IPA or on toast.

We are also making some little 650g cheeses. They are challenging to make, taking nearly as much work to dress in cloth as a full-sized cheese, and they are really cute, looking like a big 27kg cheese only tiny, of a size you could have on a cheeseboard. We will mature them for three or four months to keep them moist. We'll be really interested to know what you think of our new cheeses.

Lots of people have been asking about cheese mites. They are tiny creatures of the spider family. A mite expert told me that if our eyes could only see mites, there would be a faint outline of everything. There are specialist mites that live everywhere, from oak trees to people's eyelids. Cheese is no exception. Mites like to eat the mould that grows on cheese. Some European cheeses, such as Mimolette and Milbenkase, use mites to mature them.

They come onto our cheese at around 6 or 7 months, and I like the way they control the moulds that would otherwise discolour the rinds if they went crazy. Too many mites and once they eat the mould, they start on the rind and then on the cheese, causing blueing and other moulds to grow in the paste of the cheese. Like everything, it's a balance. Once a month, we blow the mites off each of our cheeses to keep just enough, not too many, not too few, mites on the cheese.

Jane, my daughter, and I are off to Viseu in Portugal for the World Cheese Awards. Jane will be judging for the first time. I'm going because I love the Awards: what's not to like about 4,500 cheeses in one hall! I also want to tell all the cheese luminaries gathered there from around the world about the amazing Academy of Cheese, which looks to do for cheese what the whole Master of Wine programme has done for wine, making cheese knowledge available for everyone. www.academyofcheese.Com.

Mary Quicke

How much would you like to know about the past in Newton St Cyres?

Newton St Cyres History Group has a growing library of publications.

- **Newton St Cyres – A Village Story (£5)**

Compiled by residents of this village in 1999 (the green 'millennium book') containing a wealth of reproduced photographs.

- **Newton St Cyres Historical Village Walks (£1)**

Four brief walks around the Village, the Western Bluff, West Town and Station Road with maps and an explanation of the road cuttings, levelling and straightening.

- **Newton St Cyres Mining and Miners (£1)**

Our mining heritage, both manganese, claimed to be "*the first commercially successful manganese mines in the world!*", and lead & silver up on Tin Pit Hill that may go back to Roman times.

- **Newton St Cyres Church – Statement of Significance (£2)**

Describes the history and most important features of the church, dedicated to St Cyr and St Julitta.

- **Memories of Boyhood in a Devon Village (£3)**

Written by Alfred Abraham, born in Newton St Cyres in 1893. He shares his memories growing up in the village at the beginning of the 20th century.

- **Newton St Cyres in the 1940s & 1950s (£5)**

Written by Stella Cork, born in Newton St Cyres in 1934 and the daughter of the village postmaster. She gives a remarkable description of families in the village and an insight into village life.

- **Newton St Cyres and The Civil War 1642-46 (£5)**

Written by Jean Wilkins. The story of grief, hardship and a little excitement for those living in the village almost 400 years ago during the English Civil War supported by coloured photos and maps. Would you have been a Roundhead or a Cavalier?

- **Newton St Cyres in the WW2 Years (£5)**

Written by Roger Wilkins, The contributions of the village to the war effort are described, as are impacts on village activities and businesses.

- **Newton St Cyres & the A377 (£5)**

Written by Jean Wilkins, A window into the history of transport into and through the village and the development of the A 377.

Also visit **newtonwonder.net** where you will find data and analyses on:

Births, Deaths and Marriages in Newton St Cyres (16th–18th century)

UK Censuses on Newton St Cyres (1841-1911)

Newton St Cyres Tithe Map of 1843

Copies can be purchased by contacting

Jean Wilkins 01392 851337 jeanwilkins1@btinternet.com



**Torrige, North,
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Citizens Advice – The People's Champion

People think of Citizens Advice helping people with problems, providing advice and support when they are challenged in their lives. But it doesn't end there. A major part of our work concerns Social Policy; raising awareness of injustices in society with the people positioned to effect change to make society fairer. Because (with our Clients' consent), we carefully document the problems, contributing factors, actions taken and the outcomes, we have substantial evidence to support our campaigns.

As we help people work through their problems and resolve them, we see patterns emerging. We also conduct surveys and analyse the findings, presenting them to influential people who can effect change.

In our monthly advice columns, we focus on a particular topic, outline the advice we can give pointing people in the direction of further sources of help and information if needed. This month, we present a broader picture drawing your attention to our Living Standards Report, produced after two years of research with surveys undertaken at local events we have attended. It focuses on the very real issues that constitute what has become known generally as 'the cost of living crisis.'

This link will take you to that report which doesn't just cite statistics, but makes them meaningful, easily understandable and supported by real client stories whose identities have been protected.

<https://citizensadvicetnmwd.org.uk/impact-report/citizens-advice-torrige-north-mid-west-devon-2024-living-standards-report/>

We have just completed our impact reports detailing our achievements between April and September this year and the challenges we face as we continue to help people in our communities. The above link is included in these reports which have been sent to each of the district councillors in Torrige, North, Mid and West Devon (150), as well as the Council Officers. It will go to all our local MPs and the link will be included in our next quarterly newsletter, circulated to other interested parties and stakeholders.

Reading our Living Standards Report, you will get a flavour of the variety of problems people bring to us and hopefully get a broader picture of our work. People can access us in many ways all of which are detailed on our website where people can also find useful links to help them. www.citizensadvicetnmwd.org.uk

To continue our work, we constantly need to recruit volunteers. We provide full training and ongoing support. If you would be interested in getting involved, please take the first step and contact recruitment@citizensadvicetnmwd.org.uk

We would love to hear from you!

Rosanna Teale

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NEWTON WEATHER

In this month’s article we review July, August & September weather.

During this period the highest MONTHLY temperatures were 30.2 on 31st July, 26.5 on 15th Aug, and 23.4 on 1st Sept.

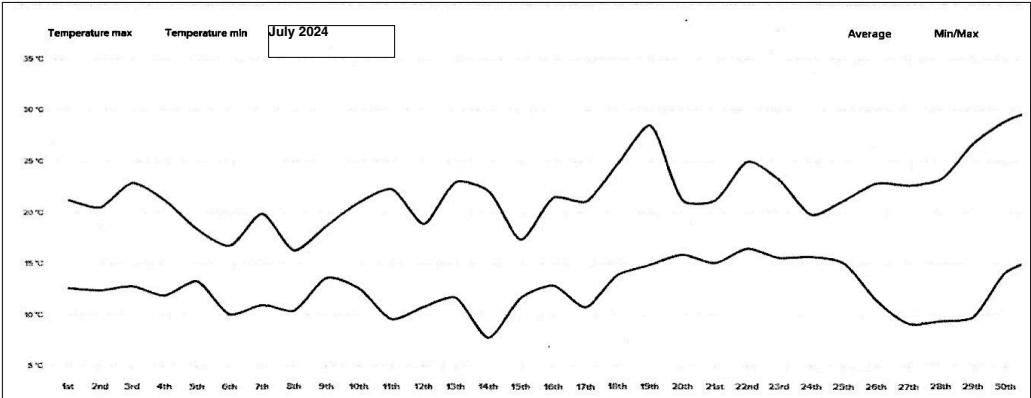
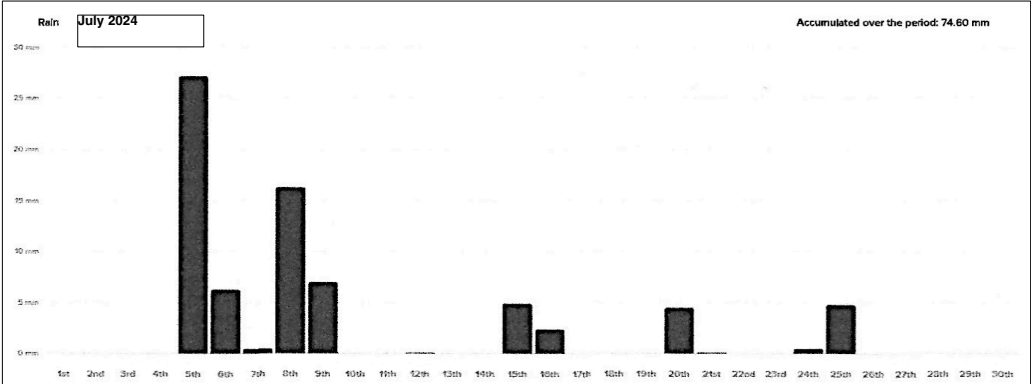
The lowest MONTHLY temperatures were 7.8 on 14th July, 7.8 on 30th Aug, and 3.6 on 13th Sept.

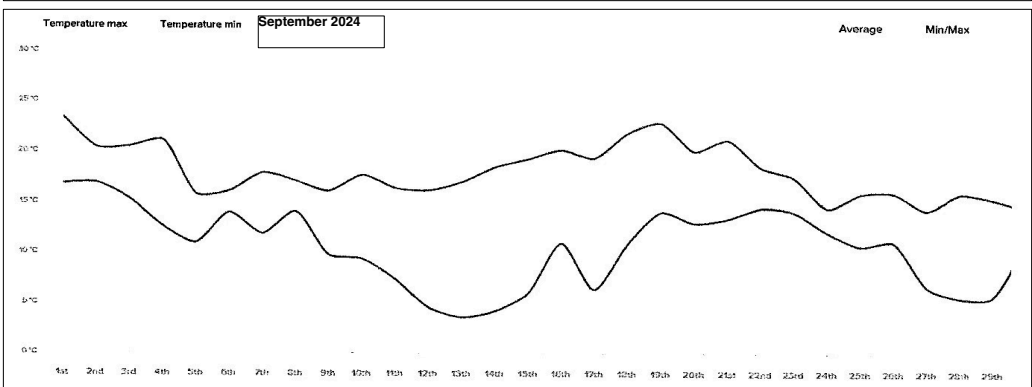
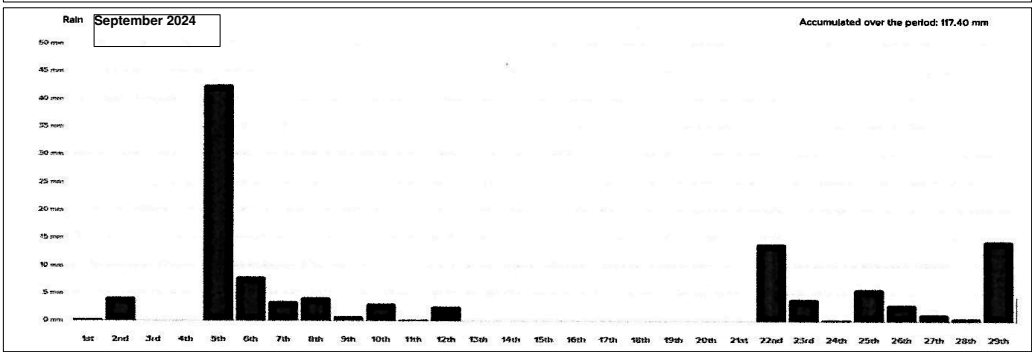
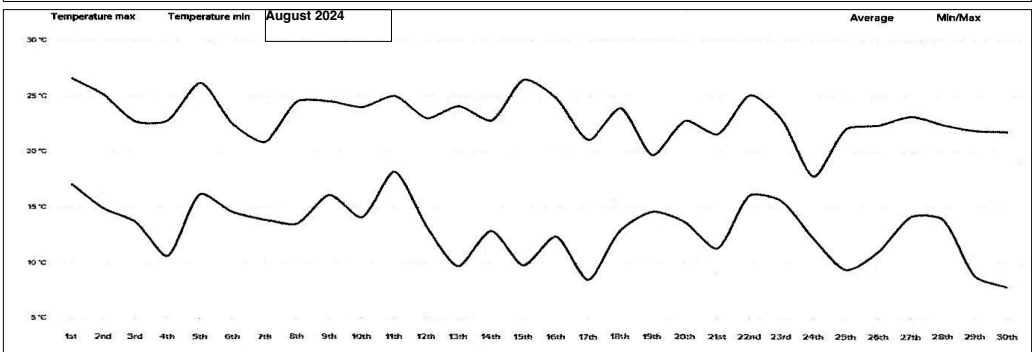
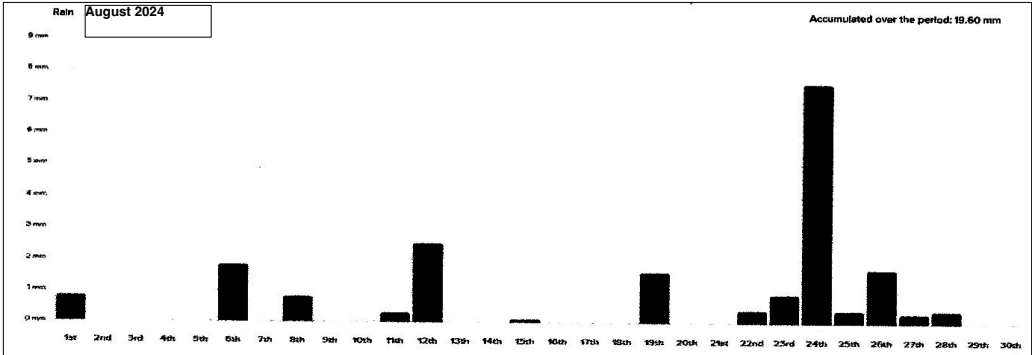
The wettest MONTHLY days were 5th July at 27.2mm, 24th Aug at 7.6mm, and 42.5mm on 5th Sept.

The sunniest MONTHLY days were 28th July at 22.6 kWh, 16th Aug at 19.92 kWh. and 14th Sept at 19.24kWh.

The windiest MONTHLY days were 37.3 mph on 19th July, 37.3mph on 9th Aug, and 37.3 mph on 28th Sept.

Rob Crane





Save the Date Carols in Church by Candle Light 18th December

Three lit candles in glass holders are shown against a dark background. The candles are lit, and their flames are visible. The text 'at 6.30' is overlaid on the image.

at 6.30



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THE CHASE IS (NOT) ON A hungry fox chasing a pheasant here in the heart of Newton St Cyres? Well, yes and no. The drama is taking place on the roof of Geoff Jackson's newly-thatched home, Shaplands Cottage, on the corner of West Town Rd and the A377. Geoff says: "I sought a bit of humour for the roof. The RSPCA can be assured that the fox will never catch its prey!"

The thatching was done by Ethan Chard from Tiverton, using thatch reed that is no longer available in the UK and comes from Kazakhstan. The fox and pheasant, known as filials, were created in Norfolk.

words & photo - Peter Cordingley

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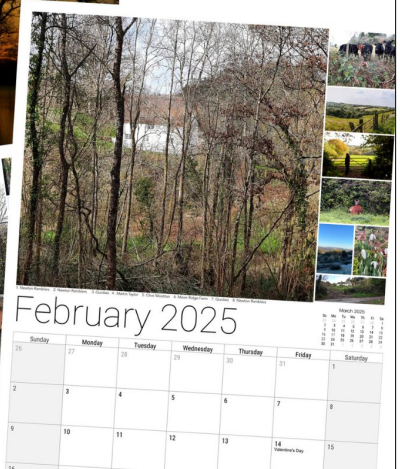
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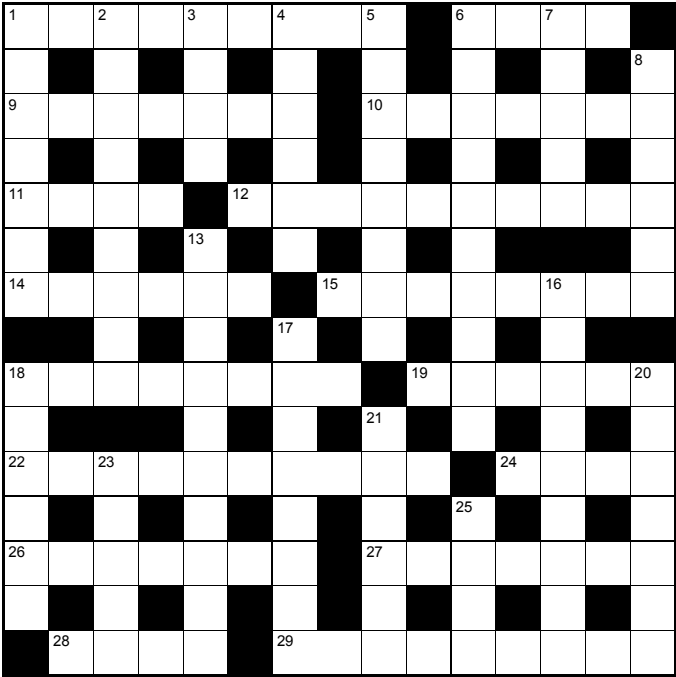
We will also be selling calendars at the next
coffee morning in October. If you prefer
to collect let us know and we can give you
two addresses to collect them from



All photos in the
Calendar are of
the Newton St
Cyres area taken
by the people that
live, work and visit
the village



Cryptic Crossword



ACROSS

- 1 Arctic plan almost could be workable (9)
- 6 Bachelor remains for party (4)
- 9 Horrible beheading initially caught by mobile camera (7)
- 10 Panesar in form, dismissing Australian opener twice, could be so described (7)
- 11 Cruel sort makes some progress (4)
- 12 Debauched renegade worried Lawrence (10)
- 14 They're happy to go downhill fast (6)
- 15 The French go over to Spain for game (8)
- 18 Instinctively let in any strays (8)
- 19 Lessons lead to more examinations (6)
- 22 Untidy woman's a hospital attendant (10)
- 24 Daily tea (4)
- 26 Worry about receptacle for gun (7)
- 27 Pay attention after goalie's beginning to shine (7)
- 28 Spike is heard from river (4)
- 29 Morose nun's irate for a change (9)

DOWN

- 1 Self-important old politician tucked into fresh soup (7)
- 2 Agreement with one playing instrument (9)
- 3 Underground pipe (4)
- 4 Smart company's opening bar (6)
- 5 Girl entertains star in US city (3,5)
- 6 Newlywed needs to prepare for her partner (10)
- 7 Boy with yen to meet a girl (5)
- 8 Writer is jealous we hear (6)
- 13 Keep company with awfully tense friar (10)
- 16 Type of Western food (9)
- 17 Ignorant solver can't do anything with such a crossword (8)
- 18 Bring on popular Italian leader (6)
- 20 Unusual arrangement of garnets (7)
- 21 Affliction makes British leader delicate (6)
- 23 Grumpy, certainly, but not rude ultimately (5)
- 25 Outspoken member of House of Lords gives support (4)

Set by Alberich

Sudoku

All you have to do is fill in the squares so that each row, each column and each square contain all the numbers from 1 - 9.

	1		5		4	6		
					2			7
		6					4	9
	6	4						
	2	3	6		8	4	5	
						8	6	
4	3					2		
6			2					
		2	8		1		3	

© Web Sudoku 2024 - www.websudoku.com

Solution to October 2024 Cryptic Crossword

1	S	E	R	F		3	A	C	A	D	E	6	M	I	E	S		
	E		E					R		I		U		X		8	E	
9	D	U	C	K		10	C	O	N	V	U	L	S	I	O	N		
	U		O		11	W		S		E		L		S		S		
12	C	A	N	O	E	I	S	T			13	K	I	T	T	E	N	
	E		V		L		W				G						A	
	14	H	E	L	L	F	O	R	15	L	E	A	T	16	H	E	R	
17	B		N		M		R		A		T		U				E	
18	L	E	E	W	A	R	D	I	S	L	A	N	D	S				
	E				N				T		W		S		19	S		
20	M		U	21	S	I	N	G		22	S	T	A	N	D	O	U	T
	I		A		E		23	G		R		Y		N		A		
24	S	C	U	R	R	I	L	O	U	S		25	O	B	I	T		
	H		D		E		O		M				A			U		
	26	W	I	N	D	S	W	E	P	T		27	B	Y	T	E		

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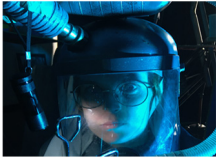
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 Tickets: £25

**Fri 4th - THEATRE:**

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7.30pm . Bar
 Tickets: £10/£8
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 14+ / 1hr 15m plus post show
 exhibition. Tickets: £10/£8

Thurs 10th STORYTELLING:

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 Tell a **Child in Gaza's Tale**
7.30pm
 Tickets: £5
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**Fri 25th - DANCE:**

Eli Lewis & Joe Garbett
 present **Plue**
7.30pm . Bar
 Tickets: £14/£11
 A Villages in Action production

Sat 12th MUSIC:

Suturing -
 Julu Irvine &
 Heg Brignall transport audiences with exquisite
 vocal harmonies and their message of hope
7.30pm . Bar
 Tickets: £13/11

**Sat 26th - FAMILY THEATRE:**

Soap Soup
 Theatre
 present
Minnie Stynker
2.00pm
 Tickets:
 £10/£8

**Fri 18th MUSIC:**

Songwriters
 at Live Lounge
7.30pm Bar
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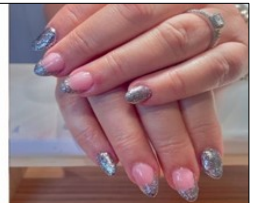
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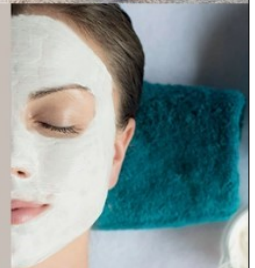


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Newton St Cyres



The Parish Church of St Cyr and St Julitta



SERVICES & INFORMATION NOVEMBER 2024

The Netherexe Parishes - A community of Anglican churches in Devon

Please see our website at www.netherexe.org under "Services" section.
We also have a calendar for services & latest events are under "news".

Sunday 3 November

11:15 am	Remembering Service	Cadbury
03:00 pm	Remembering Service	Newton St Cyres
05:00 pm	Communion	Stoke Canon

Sunday 10 November

10:00 am	Remembrance Service [with Royal British Legion]	Thorverton
10:00 am	Remembrance Service	Stoke Canon
10:50 am	Remembrance Service with Communion	Upton Pyne [joint with Brampford Speke]
10:50 am	Remembrance Service	Newton St Cyres

Monday 11 November Armistice Day

10:50 am	Armistice Day Service*	Rewe War Memorial, Green Lane, Rewe
10:50 am	Armistice Day Service*	Thorverton War Memorial, Thorverton Churchyard

**Please note these are open air services, please dress accordingly*

Saturday 16 November

03:00 pm	Annual Bellringers Meeting & Service	Stoke Canon
----------	--------------------------------------	-------------

Sunday 17 November

09:30 am	Communion	Brampford Speke
09:30 am	Bubble Church	Thorverton
10:00 am	Service	Stoke Canon
11:15 am	Communion by Extension	Cadbury

Sunday 24 November

09:30 am	Communion	Newton St Cyres
10:00 am	Messy Church	Stoke Canon
11:15 am	Communion	Rewe
06:30 pm	BCP Evensong	Thorverton

Every Tuesday at 6:00pm we gather for prayer in Rewe Church

At **Communion** services we share bread and wine: you are welcome to join us for the service and to share communion if you wish. A lay minister occasionally leads this service.

At **Coffee and chat** we enjoy time together in conversation with coffee and cake to hand.

At **Services** we share together in song, prayer and the bible. Special services are noted in the description.

Bubble church is for young families and **Messy Church** for families who enjoy craft.

Revd Tim Collins [Priest in charge] Tel: 01392 860767 tim.collins@netherexe.org

For more information about the Netherexe Parishes please see www.netherexe.org or contact:

Juliette Lea [Administrator]
Tuesday & Thursday [09:00 – 15:00]
Tel: 07594 714590
Email: administration@netherexe.org

Peter Shepherd [Administrator]
Monday & Wednesday [09:00 – 13:00]
Tel: 07551 844321
Email: administration@netherexe.org

Remembering Remembrance

As we head into winter, as the days become shorter and the temperature drops, November, it seems to me, is that opportunity to take a small step back and settle into a time of reflection. Especially before the wonderful hurly-burly of all that is Christmas.

It is interesting how we have settled in to ‘celebrating’ the things that used to frighten us. By the time that you read this, our communities – well the children mainly - will have already celebrated All-Hallow Mass or perhaps it should be: All-Hallow Eve oh, ok, I know it’s called Halloween (but it doesn’t do any harm to remind ourselves of how this all started, with its original focus on dressing-up, to not be recognised, in an attempt to ward off ghosts and ghoulies and all-things underworld). That time of ‘trick or treat’, of houses being dressed up, of children dressing up, imitating those very images of fright, and gorging on bucketloads of sweets.

But for Christians, Halloween is really just the lead-up to a time of thoughtfulness, of remembering, of celebrating – celebrating the lives of the saints, and remembering all those who have gone before us, particularly family and friends – and firmly believing that there will be a time of coming together again.

Around this time, many churches would put on a special service both for All Saints/All Hallows (1st November) and for All Souls (2nd November) – services that would focus on and acclaim our deep belief in life after death. These services are a real celebration of hope and joy. And, so, not to fall down on this tradition, on Sunday 3rd November at 3pm, at Newton St Cyres, the Netherexe churches will hold a Service of Remembering, a time of reflection and of remembering; a time to bring to heart and mind family and friends who have died, to hear again their names, and to light a candle in their memory. This service is open to all, to spend a little time gathering thoughts, of being with those whom we love but see no more.

Food.Gives

At the end of September – which I know feels a long time ago, already – anyway, at the end of September, all the Netherexe churches gathered together to celebrate God's Abundant Generosity, a chance for us all to think about and celebrate how rich our lives are surrounded by all that is good in creation. The service was centred on Matthew 25:31-46 – known as the parable of the sheep and the goats (incidentally, did you know just how hard it can be to tell the difference between a sheep and a goat!). During our time together, we gave thought to those places around the world that are suffering through war, climate change, disease, famine and poor government. We know that there is enough for all in this world, that we can produce all that we need – which, of course, isn't the same as all that we want – and yet millions of people around the world are struggling, are starving. And while we offered prayer for all that is happening around the world, we also knew that we had to act.

So, during the service, we had a talk from Chris Rowe about **Food.Gives** – a project run by *Barnabas Aid* to relieve suffering in many places around the world. In essence, this is a global foodbank, seeking to collect appropriate dry food and distribute according to need. As a result, each of our churches have committed to raising awareness, and to providing that much needed dry food – rice, pasta, pulses, salt, sugar etc. Each church now has a box to fill with these goods. And over the next year, and ongoing, we are aiming to fill at least one pallet – about 100 boxes. We would welcome any support and offer of foodstuffs that you can give.

All blessings,

Tim

Rev'd Tim Collins

Priest-in-Charge, Netherexe Mission Community

01392 860767 - tim.collins@netherexe.org



REMEMBERING SERVICE

IN CHURCH

**ON NOVEMBER 3rd
AT 3.00**

**A time to light a candle
in memory of someone**

**Bring a photo to put
behind the candle**

Neighbourhood Watch Deputies

Sue Gee	Church Area	Glebe House	851164	asgee@btinternet.com
Tom Dowle	Court Orchard	24	851704	tomdowle@live.co.uk
Chris Lee	Langford Road	Greenlands	851280	
Mike Kersey	Half Moon	12	851603	
Penny Pearkes	Newton House	9	851517	pearkes4@gmail.com
Wayne Meeton	Norton	Glenacre Sweetham	851954	wayne@wvmstudio.com
Derrick Rhydderch-Evans	Pump Street	Old Beams	851443	derrickrevans369@btinternet.com
Anna Mace-Leska	Sand Down Lane	Compass House	851441	leska@btinternet.com
Jacqui Ward	Smallbrook	2 Broadgate Cottage	851918	Jacquiward30@yahoo.co.uk
Jill Hawksley	Sweetham	Station Cottage	851269	peterbrew@aol.com
Clive Wootton	West Town	4 Meadowlands	851428	hollywallydoda@outlook.com
Alan Hancock	Woodlands		851744	
Damien Hodge	Tytheing Close	2	851111	
Geoffrey Jackson	"The Village"	Shaplands Cottage	851551	megalops@btinternet.com

For help, further information or to submit a report please go to the Parish Council website or contact the NSC Parish Council Co-ordinator, Monika Herpoldt-Bright
monikaherpoldt-bright@newtonstcyres-pc.gov.uk, 07834 76447

Newton St Cyres Parish Hall

Available to rent for children's parties, dances, classes, wedding receptions and meetings. It has kitchen facilities and disabled parking. Very competitive rates which have not been raised for nearly 5 years.

UP TO HOURS 3 6 9 12

VILLAGERS

Main hall	£24	£36	£47	£59
Club room	£13	£19	£25	£32
Both rooms	£37	£55	£72	£91

NON VILLAGERS

Main hall	£36	£54	£71	£88
Club room	£19	£28	£38	£48
Both rooms	£55	£82	£109	£136

Bookings Secretary, Peter Watts: peterwatts369@btinternet.com: 01392 851369

WHO'S WHO IN THE VILLAGE

Priest-in-Charge	Rev. Tim Collins	
Church Wardens	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851460
PCC Hon Secretary	Pita Burt pitaburt@gmail.com	01392 851410
PCC Hon Treasurer	Jackie Enright	01392 851859
Electoral Roll Officer	Jen Holt, 21 Woodlands	01392 851521
Tower Captain	Mary Quicke - mary@quickes.co.uk	07729 844945
Doctors (Crediton)	Redlands Primary Care Joseph Locke Way, Crediton, EX17 3FD	01363 727111
Newton Wonder Magazine and Website	Editors:-Peter Hawksley - editor@newtonwonder.net Peter Cordingley. - cogscord@outlook.com	01392 851269 01392 851778
Parish Council	Chairman - Graeme Barnell graemebarnell@newtonstcyres-pc.gov.uk Clerk - Jane Hole	01392 851308 01392 851148
Parish Hall	Chairman – Nigel Chambers nchambers@ctc.uk.com Booking Sect - Peter Watts, peterwatts369@btinternet.com	01392 851400 01392 851369
Primary School	Head of Teaching - James Akhurst School Office	01392 851267 01392 851267
Newton Nippers Pre-School	Contact the school	01392 851267
Newton Nappies Toddler Group	Kelly Berry	07890313010
Recreation Club	Chair- Carrie-Ann Finning - email: finning-newtonstcyresrecreationalclub@outlook.com Bookings - Claire Digby - email: newtonrecbookings@outlook.com	07834764471
Art Group	Jenny Hallam:- jennyhallam6@gmail.com	7787383658
Neighbourhood Watch	Monika Herpoldt- Bright. monikaherpoldt-bright@newtonstcyres-pc.gov.uk	
Footpath Warden	Steve Parker, Lilly Farm.	01392 851505
Newton Environmental Wellbeing Group	Andrew Broadhead, newnewgroup@protonmail.com	07813 532544

Community Police	PCSO Nicola Payne, Police Station, Crediton Nicola.payne@devonandcornwall.pnn.police.uk	Dial 101
District Councillors	Sandy Chenore:- schenore@middevon.gov.uk Martin Binks:- mbinks@middevon.gov.uk	
County Councillor	Margaret Squires	01363 758142
Local M P	Mel Stride mel.stride.mp@parliament.uk	01392 823306
Football Club	Mark Smaldon	7733455177
Friends of NSC Station	Chris Southcott	01392 851569
Luncheon Club	John Salter, Hill Park	01392 851346
Mah Jong Club	Geoff Jackson _megalops@btinternet.com	01392 851551
Newton Ramblers	Rosemary Chambers	01392 851400
Tennis Club Secretary	Laura Leigh	01647 24259
Young Farmers	Will Ayre (Chairman) willayre@hotmail.co.uk	7964286831
Archery	Alison Couling	01392 841282
Gardening Club	Nicola Baker	01392 851985
History Group	Jean Wilkins	01392 851337
Table Tennis	Roger Wilkins	01392 851337
Friends of the Arboretum	Roger Wilkins	01392 851337
Adonai Community Kitchen	Jocelyne Whittaker	07508 871172
Community Allotment	Gail Meldrum meldrumgail@gmail.com	07999 958799
Crediton Citizen's Advice	Adviceline (10.30 - 3.30)	03444 111444

The **NEWTON WONDER** is delivered within the Parish at a charge of only **£8.00** per year(in 2024). Subscriptions are due in January.

Please contact Gerry Radford on 01392 851504 or email
paul.radford3@btinternet.com.

If you move away it can be posted for £21.00p.a.

To pay online/by BACS please ensure that payment is made to
"Newton Wonder Community Magazine"
Sort Code: 30-93-14 Account Number: 05351394

Please add your last name as the reference

A WEEK IN THE PARISH HALL

If you wish to book the Hall or learn more about the facilities, please contact our Bookings Secretary, Peter Watts at peterwatts369@btinternet.com or by phone at 01392 851369

Nigel Chambers, Chairman, Hall Management Committee

Tuesday (weekly)	Line dancing	7.30 pm	Paula Benford	01392 210830	pbenford45@gmail.com
Tuesday (weekly)	Adonai Community Kitchen	12.00 - 2.00pm	Jocelyne Whittaker	07508 871172	TheAdonai-CKitchen@outlook.com
Tuesday (fortnightly)	Young Farmers Club	8.00 pm	Katie Davie	07706 760500	kmdavie@gmail.com
Wednesday (weekly)	Adonai Community Kitchen	12.00 - 2.00pm	Jocelyne Whittaker	07508 871172	TheAdonai-CKitchen@outlook.com
Wednesday (monthly)	History Group	7.30 pm	Jean Wilkins	01392 851337	jeanwilkins1@btinternet.com
Thursday (weekly)	Pilates (from 18th Jan)	11.00 am	Becky	07392 480974.	ivegotyourbackuk@gmail.com
Thursday (Twice per month)	Mah Jong	2.00 pm	Geoff Jackson	01392 851551	megalops@btinternet.com
Thursday (2 nd in month)	Exe Valley Bird Club	7.00 pm	Kevin Smaldon	07710 427817	kevin.smaldon@btinternet.com
Thursday (weekly)	Table tennis	7.00 pm	Roger Wilkins	01392 851337	rogerwilkins1@btinternet.com
Thursday (monthly)	Parish Council	7.00 pm	Jane Hole	01392 851148	parishclerk@newtonstcyres-pc.gov.uk
Friday (some weeks)	Art class	10.30 am	Sue Rose	01363 772284	suerose9@hotmail.com
Saturday (second in month)	Village Coffee morning sponsored by various oorganisations	10.30 am	Church Sue Browne	01392 851460	suecbrowne@gmail.com
			Others Roger Wilkins	01392 851337	rogerwilkins1@btinternet.com
Saturday (some months)	Model train group	2.00 pm	Ann Feetham	01392 215837	annfeetham@virginmedia.com

The **Newton Wonder** team consists of Peter Hawksley and Peter Cordingley (editors). Mark Phillips, Sue Phillips, Martin Taylor and Gerry Radford.

Articles for Publication: Please email to Peter Hawksley, editor@newtonwonder.net. Tel: 01392 851269

Notices of Local Events: Please email to Peter Hawksley as above.

Local voluntary Village events are included free of charge.

Advertisements: Please contact **Marketing and Advertising**, email **thenewtonwonder@gmail.com** in the first instance. Please include your business name, address, ad-size required and number of insertions. **Payment in advance:** cheques or online payments to **Newton Wonder Community Magazine** - Sort Code: 30-93-14, Account Number: 05351394 Please use your business name as the reference.

Advertising Rates for the Newton Wonder

	Black & White	Colour
Small	£40	£50
Quarter Page	£70	£80
Half Page	£110	£120
Full Page	£200	£240

All items for publication must arrive by the 15th of the month before publication. Please send by email wherever possible otherwise they should be sent to the Editor at Station Cottage, Newton St Cyres EX5 5AS

We aim to distribute the **Newton Wonder** at the beginning of the month but this cannot be guaranteed. It is recommended, therefore, that events taking place early in the month be advertised the previous month.

The **Newton Wonder** (Monthly except January) is delivered to local households and businesses at an annual charge of £8. Additional copies can be purchased from the Post Office.

The editorial team of the **Newton Wonder** does not necessarily agree with the views of contributors contained in their published articles. This is a **community magazine** and it is our policy to print reports, articles and submissions that might be of interest to the community - provided that we have sufficient space to do so and they are not libellous in content.

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Tel:-01288 341617 or 07784 008471.

Email:- printroom@parishmagazineprinting.co.uk



The Adonai

COMMUNITY KITCHEN

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ENVIRONMENT**



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email: theadonai-ckitchen@outlook.com

TUESDAYS & WEDNESDAYS

From 12.00 - 2.00PM

The Adonai Community Kitchen is open to all residents of Newton St Cyres and the wider community

Last orders at 1.30pm

DONATIONS WELCOME

OUR FOOD IS SPONSORED BY LOCAL BUSINESSES. IT'S PREPARED ON THE DAY. OUR MENU DEPENDS ON THE GOODS WE RECEIVE

JOIN US FOR LUNCH (12 TILL 2PM) EVERY TUESDAY AND WEDNESDAY. FOR A MOMENT AROUND THE TABLE MAKING NEW FRIENDS



A DEDICATED TEAM IS READY TO OFFER A WARM WELCOME TO ALL AND FACILITATE YOUR TIME WITH US. COME AND JOIN US

Our Vision and Goals

To provide hot freshly cooked healthy meals to our community.

To empower those who wish to learn how to prepare healthy meals



DELIVERY WITHIN THE VILLAGE - IF YOU ARE UNABLE TO COME WHY NOT EMAIL US AND WE WILL TAKE YOUR MEAL TO YOU (1.00 - 2.00) Or you can collect it from the Parish Hall from 12.30 - 2.00pm

We are looking for volunteers/young people doing their DSV, Tutors or looking for community experience for their CV, before attending university. We also would appreciate anyone that is free on a Tuesday or Wednesday from 11 to 3pm to help with our Community Kitchen in Newton St Cyres Parish Hall.

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