

NEWTON WONDER

THE MAGAZINE & WEBSITE FOR THE COMMUNITY OF NEWTON ST CYRES

£1.00

September 2025

BON APPETIT!

Jocelyne Whittaker
and the miracle
of her
Newton bistro!

See page 28

www.newtonwonder.net



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Reorganisation of local government

Last month we included a poster from Mid Devon District Council which included a QR code leading to a survey about local government re-organisation. I completed this survey and was very disappointed that it seemed to be asking questions which were about the current system and not at all looking forward to the opportunities which could be offered by the forthcoming re-organisation.

I believe that any restructuring of local government should be about the empowerment of local communities. The options which are under discussion in Devon do not seem to take account of the needs of the people. Exeter's plan is for an expanded Exeter, which ignores the rest of the county. The plan favoured by Mid Devon and the other authorities is the 1-4-5 system which sees an expanded Plymouth and the rest of the county divided into two, with three of the current districts and Torbay and four of the current districts and Exeter. These boundaries make no sense. If the removal of a tier of government is really required, a unitary Devon would seem preferable. Cornwall has been a unitary authority for over ten years. It should be possible to organise local government in Devon to meet the needs of the county. It should also be possible to give local people real power through parish and town councils.

Peter Hawksley



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The hall has also been used for Coffee Mornings, Bands to Practice, New Years Eve, Community Kitchen, Folk Festivals, Children's events, Gigs, Silent Disco, Craft Fairs, Church events and more

Newton St Cyres 200 Club

The winners for August are:

No. 249	Anon (donation)	£50.00
No. 151	G Scott	£10.00
No. 27	S Davey	£10.00
No. 192	C Fraser	£10.00
No. 119	S Spencer	£10.00

The club is registered through Mid Devon District Council Licensing Department as a Small Society Lottery under the Gambling Act 2005

Jane Hole
851148

01392

Keeping track of the bus.

I use the bus frequently and sometimes find that it's delayed, which means I tend to play safe and go super early if I have a train to catch or an appointment or hang around the bus stop for a while. I'm retired, so it's not such a big issue as for those of you who have to be at work on time etc.

I spoke with one of the Stagecoach employees at the bus station about this and she told me that all the Stagecoach drivers use a website called: bustimes.org

I use this all the time now. It gives you a live feed showing where all the buses are and refreshes every minute. So you can find the bus you want and see where it is and track its progress.

Hope you find this useful and never miss the bus again!

Gail Meldrum

DOG POISONER

If you are in the habit of taking your dog to the Barton Playing Fields in Cowick, then beware. Police say at least two dogs have died after eating poisoned food laid there. Four foxes have also died.

Newton St Cyres Tennis Club

By the time you read this, we will be heading to our Finals day of the Club Tournament on Sunday 14th September, which will be another great all-day social event for all members and guests. Do come and watch the finals. It's good tennis and there will be a splendid BBQ.



There are regular sessions for rusty rackets on Saturdays. The person to contact is Sue Bloomfield at sueblmfld03@gmail.com and she can let you know what time the sessions are.

Come and join the other club sessions: they are well attended and, apart from exercise, provide lots of fun and banter. The sessions cover a wide range of abilities and ages so there is something for everybody. So try the club for a couple of sessions and then you can decide. Just contact our membership secretary Laura Leigh on 01647 24259.

The summer league is nearly finished. There are mixed teams and ladies' and men's teams – something to suit everybody. And some are at top end and some are in the middle and some are at the lower end of the league table. It is great playing against people of different skills.

Junior coaching, run by our club coach James Temple, takes place on Wednesdays after school during term time. If your child wishes to join, please email juniors@newtonstcyrestennisclub.co.uk for further information.

Jon Wills offers adult coaching both individually and for small groups, so if you feel you need to brush up your skills, just get in touch via our website at www.newtonstcyrestennisclub.co.uk.

The Tennis Club now has a super-duper ball machine which means you can brush up your skills all by yourself. If you want to try it out please contact Frederiek at frederiekmaddock@gmail.com

Frederiek Maddock

Thoughts for July from Peter Cordingley

A little late in life, I've started doing something that I've been too timid to do until now. You can take that silly look off your face right away – it's not that. No, what I've discovered is something very different. It's the joy of the supermarket self-checkout.

The thing to know about me is that, basically, I still live in the 1960s. When we're cooking in the evening, we get our music from the Smooth Relax station – and it's all retro. For me, nothing of any musical merit happened after the Beatles 'White Album'. My world is that of winkle pickers, DA haircuts, Radio Caroline, Harold Wilson, and Christine Keeler. At home, back in the back when, we had a 10-inch black-and-white TV with just BBC 1 (was that what it was called?), and it had all the technology I could handle.

So the appearance of self-checkouts at Tesco in Crediton was both baffling and intimidating. Really? Why were we being asked to add another computer-controlled screen and its unpredictable ways to our existence? Isn't it enough that our laptops and mobile phones already run our lives?

And what about the effects on Tesco staffing levels? Would the long-serving checkout staff lose their jobs to make way for the computer age? Apparently not, as far as I can tell from talking to my favourite staff member. (By the way, I asked her if she was tempted to abscond to Lidl, up at Lords Meadow. The reply was a firm no, for reasons that it's maybe best not go into here.) And as for warnings that shelves would be left unstocked, that doesn't appear to be the case either. The place is buzzing with staff stuffing whatever's needed into the shelves.

Anyhow, for ages I would skirt around the self-checkout zone, deliberately limiting my purchases to no more than six items so that I could respect the cigarettes checkout rule. That worked well, except when it didn't, and that was usually when somebody would be returning a bagful of children's clothes, or something similar, that needed checking item by item. In those cases, the queue could stretch nearly to Doncaster.

The regular checkouts didn't prove much better. Apart from the families with two trolleys piled high with enough goods to run a corner shop for a generation, there's always the old dear at the front with just a loaf in her basket but an interminable story for the check-out person about how the No. 5 bus went straight past her, leaving her standing at the bus stop when her husband was at home waiting for his tea.

But, for the new me, all that's in the past now. Scan, pay, bag, done. As easy as that. Well, not always. For a start, there's that intractable mesh around booze bottles, which seems to bamboozle everybody. What's all that about when a £7 bottle of Algerian rouge can get the same treatment as a bottle of the finest Macallan (not that I've ever seen that in Tesco)?

Plus, I can normally be relied on to mess up the scan at least once, which means having to summon help from a staff member who must be wondering how they finished up in a job nursing people like me.

All that's irritating, but trust me, it doesn't matter. The future lies in the self-checkout zone. The slo-mo lanes will still be there, along with that lady with a loaf, but for newly-minted Generation Zers like me, it's fast forward from now on. Scan, pay, bag, done!

Peter Cordingley is content editor of the Newton Wonder, However, the opinions expressed in his column are his alone. His views, like all opinions we publish, do not represent the editorial view of the Newton Wonder.

NEWTON RAMBLERS

Sunday 21st September

This month we are walking in the environs of Morchard Bishop. We will meet at 9.30 am at the Newton St Cyres parish hall car park to share cars.

We will start the walk at 10 am from the car park by the church in Morchard Bishop and proceed eastwards towards the Farthing Park, turn down to Wattonby and across to Oldborough Cross. From there we will follow the road to Weeke and return up to Morchard Bishop via Woodgate.

The walk is about 4 miles long with well over half on footpaths; some of it is uphill but is not steep.

Nicola Baker has booked lunch at The London Inn in Morchard Bishop for 1pm for 12 people. Please contact her on 851985 by Wednesday 17th September if you would like to be included. First come first served.

All are welcome to join this walk. If you need a lift or have any questions, please contact Nigel or Rosemary Chambers on 01392 851400

Please note that anyone joining us on these walks obviously does so at their own risk.



Coffee morning in aid of McMillan Cancer Support Compass House

Sand Down Lane, Newton St Cyres, EX5 5DE

Thursday 25th September 2025:-10.30-12.30

There will be a few competitions including a treasure hunt in the garden and a game of boules (weather permitting)

Do come along and meet old friends and make new ones whilst raising funds for a worthy cause.



Hosts: Sue Browne and Anna Mace-Leska



ST CYRES COFFEE MORNING



Come and join us on
September 13th
Newton Parish Hall
10.30-12
Stalls and Raffle
In aid of Church

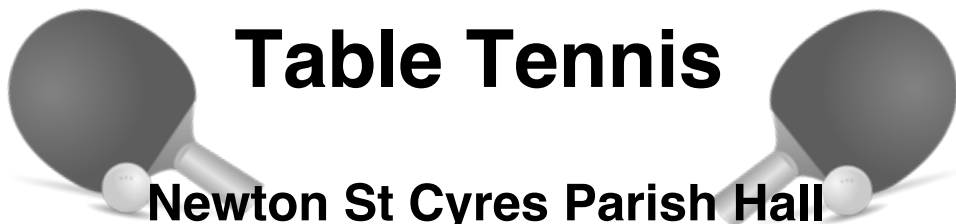


Table Tennis

Newton St Cyres Parish Hall
on Thursday 4th September 2025
and
every Thursday from 7 to 9 pm.

As well as seeing present members of our Group, we are keen to welcome new players – with or without experience adults and children from the age of 12.

There are four tables, so we can fit in people from beginners and rusty former players to League players. Equipment is available.

You pay for the evenings you come - £3 for adults; £2 for schoolchildren.

Just come on the evening, but for any further information contact

Roger Wilkins – rogerwilkins1@btinternet.com

Newton St Cyres Recreation Ground Club

Position of Secretary

The Rec Club is the home ground for 5 football teams, 5 cricket teams, the tennis club, an archery club, the clubhouse itself and the site of a children's play area.

We need your help -

- Can you spare 4 evenings a year to attend meetings

- Take minutes

- Distribute minutes by email

- Compile and distribute a meeting agenda in advance of each meeting?

The Rec is, and always has been, run by volunteers. Your knowledge and help could help the Rec to continue and grow.

These are exciting times as the Rec moves towards renewing its lease with the Church Commissioners for the next 30 years and all the opportunities that this will open up.

Come and be part of one of the most important assets in Newton St Cyres.

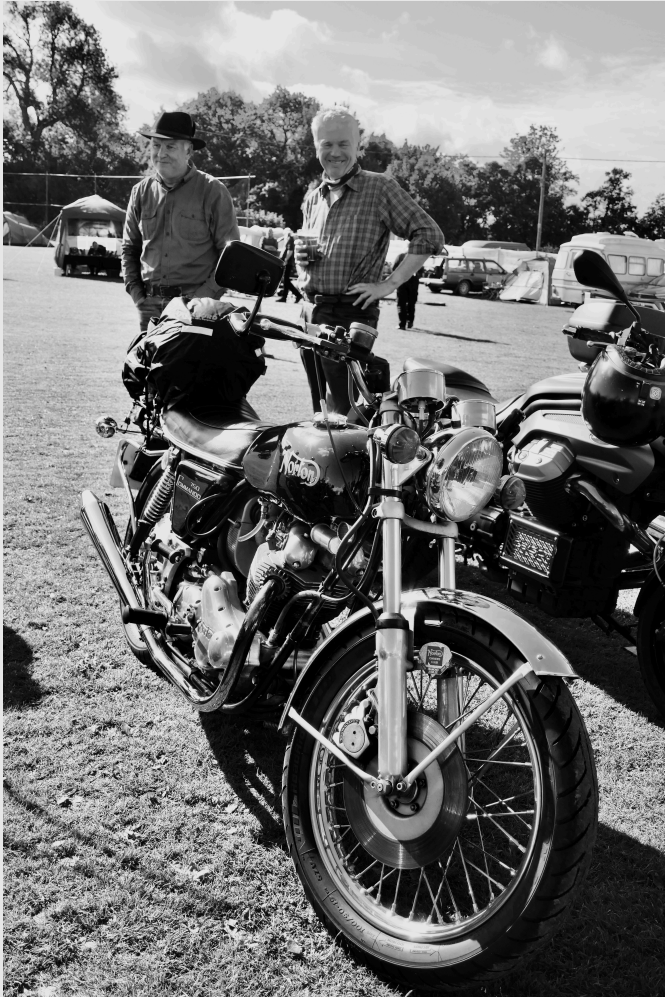
If you are interested please email nscrecreationground@gmail.com

How well do you know your village?

Can you answer the following questions?:-

1. WHEN was the picture taken?
2. WHERE was it taken?
3. WHO is in the Picture?

No 100



For a closer look see our website:-www.newtonwonder.net
On the Home Page you will find this picture and a link to all the quiz photos so far and an easy form to submit your answers.

Rewe and District Gardening Club

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Managing the wildflower meadows

One of the main activities carried out by the Newton Environmental Wellbeing Group (NEW) has been managing the mini wildflower meadows on the village green and in Court Orchard, which have now seen their fourth growing season, and continue to evolve.



Amazing Emma scything



Making some hay bales

It usually takes between five and 10 years to fully establish a meadow and we would therefore expect the village green to continue to change for a few more years yet. Even when once fully established, variations in the weather experienced each year will help some plants and hinder others.

This year there have been fewer annual wildflowers such as poppies and cornflowers, while different grasses and perennial flowering plants have prevailed. Meadows are approximately half wildflowers, half grasses, while the wildflowers provide nectar for bees and grasses are crucial for butterflies to lay their eggs on and for caterpillar food.

Unexpected work by National Grid significantly impacted the West Town section, flattening the first cowslip plants that had appeared since the meadows were created. On the positive side, this enabled some poppies, cornflowers and corn marigolds to flourish. We will consider the impact of this and how it may change ongoing management.

In late July, about half the meadow areas (including in Court Orchard) were cut by scythe and otherwise with trimmers. The scythe is our traditional English hay-cutter and has been used for many centuries. Emma Parkin got her scythe a few years back and explained its many benefits in addition to the minuteness of the environmental impact of its production and use: scythes are very quiet compared to power tools; they require the grass to be grown longer than usual offering more habitats for wildlife; and you are left with a long, tidy sward or "windrow" that is easy to rake up as opposed to trimming which scatters the cuttings around. Emma said scything is pretty easy once you get the hang of it and physically a bit tiring, also until you get used to it, but it's great for your waistline and arm strength!

We collected the cuttings, called "risings", after a few days, allowing them to dry and their seeds to fall for next year, but not too long to over-fertilise the soil as this can be bad for wildflowers. A hand-bailer was made by one Dave Harris. This was excellent fun and will become a regular part of the calendar of our activities. So whether you want to give it a go, need/want some bails for yourself or just want to enjoy some outdoor activity, come and join us!

In other news...

Our AGM in August saw our first change in our core group since we were constituted in 2023. Gill Melling takes over the Chair from Andrew Broadhead, and Imogen Marshall replaces Helen Isles as Secretary. Dan Harding remains Treasurer and Nick Gillon has joined the Core Group as an additional member. Our thanks go to Andrew and Helen for all their work over the past 2 years. We are still holding open bimonthly meetings with the next one on 3rd Sept at 7.30 at the Beer Engine. Please come along with ideas or to find out more about our other projects.

Imogen Marshall

News from the Community Larder

The community larder next to the Village Hall continues to go from strength to strength, allowing us to offer a wide range of veg and fruit grown on the community allotment. It's obviously appreciated, as can be seen by the fact that it's usually all gone by lunchtime on the day we put in the stock! Our thanks go to the efforts of our wonderful volunteers.

The scheme, which is the work of the Newton Environment and Wellbeing group, is designed to provide folk with fresh, local produce that is free of chemicals and good for us!

We now have two greenhouses that were dismantled and rebuilt on the allotment, and we try to repurpose as much as we can from friends and any inviting skips! This year we've had problems with pests. We think it's deer, but whatever the cause, the raiders got to the crop of red onions. Dave Harris has devised a deterrent comprising a fishing line on high poles all around the perimeter, so we hope that will work.

As for everyone else, water is a worry. We have water butts and two intermediate bulk containers (IBCs), so we are OK so far – but fingers crossed for rain soon.

John Salter, with some help from Marcus Iles and Nick Gillon, has put up shelves, guttering, hard standing and a canopy on the side of the hut that stores the flood equipment by the Parish Hall. John has done a great job, and it's all working very well. I have put a donation box there to try to cover our costs.

We could always do more with more hands. The sorts of things that need doing are helping on the work days (no experience needed) with watering, weeding, harvesting, preparing the produce and setting it out. Anyone with construction / DIY skills is most welcome. You don't need to commit to anything. Just do what you can when you can.

And if you have any excess produce (a good problem to have!) or plants / flowers, etc, then please leave them at the larder for others to take and enjoy.

Tuesday mornings from around 9am beside the Parish Hall.

It's for everyone. Come and get it!

Gail Meldrum



A note to young people

Cheeky of me, at almost 79-years-old, to write this note, which may interest or bore you.

Our government has indicated its intention to pass a law to allow 16- and 17-year-olds to vote at the next election (to be held by 21 August, 2029), and in anticipation of that, I thought I would mention the ‘little’ matter of debt to any youngsters reading this.

As you get older, you may well take out loans – say, for a phone, motorbike, car, property, further education, etc. Well, these loans (debts) *you* will, in most cases, need to repay. The process requires payment of *interest* and repayment of the *loan* itself.

Eventually, income from, say, a job, will enable you, over some period, to pay the interest on the loan and repay the original loan itself. In that way you will have paid off the loan and thereby own the property, car, motorbike, etc. Wonderful!

But when it comes to governments, things are rather different. You will discover, if you don’t know already, that governments take out loans for *somebody else to repay!* In due course, this will include *you*.

An example of this arose only a couple of weeks ago. You may or may not have noticed that the government’s borrowing figure for June (a euphemism for increased debt) was published recently. It reported £20.7 billion (one of the highest ever) of increased loans (debt) taken out, of which £16.4 billion had to be used to pay the interest on the accumulation of past governmental debts.

Well, you might be thinking this borrowing situation is rather mad. Who is going to repay the £20.7 billion (and all the previous debts that successive governments have accumulated to date – a total of more than £2.5 trillion)? Or can this build-up of debt simply go on for ever?

Currently, taxes collected from people and businesses are paying off a relatively small fraction of the interest on this pile of debt. But in the not-too-distant future, teenagers – perhaps working in a job/ in an apprenticeship/ at school/ college/ university – as well as, further into the future, children at school, and preschool, or babies gurgling happily in their cot (blissfully unaware of what’s in store for them), and the as-yet unborn, will all be helping to pay.

The current Chancellor, Rachel Reeves, despite the criticism levelled against her by some, at least tried to relieve you and future generations of a tiny, tiny part of the ever growing £2.5 trillion and its accompanying interest payments by suggesting that perhaps it was time to stop the winter fuel allowance.

Annual interest at, say 5%, on a debt of £2.5 trillion is £125 billion – approximately £10.4 billion each month. You may be thinking that with these kinds of monthly interest payments, there seems little room to significantly reduce the growing £2.5 trillion – and associated monthly interest payments. And you're right!

UK governments have believed that increasing GDP will magic this 'problem' away – "pigs-might-fly" comes to mind! After all, GDP per capita (one measure of living standards) has been falling or static for quite some time.

I'm sure any potentially new, young voters will keep this topic and other, happier ones, in mind, remembering Mr Micawber's thoughts on debt in Dickens' 'David Copperfield'.

"Annual income twenty pounds, annual expenditure nineteen pounds nineteen and six, result happiness. Annual income twenty pounds, annual expenditure twenty pounds ought and six, result misery."

Clive Lawrence



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01392 851282

SEASONED LOGS

5m³ DOUBLE LOAD £460 <i>loose tipped</i>	3.75m³ 1 ½ LOAD £350 <i>loose tipped</i>
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2.5m³ FULL LOAD £240 <i>loose tipped</i>	1.25m³ ½ LOAD £130 <i>loose tipped</i>
--	--

o.625m³
BULK BAG
£75

PART SEASONED LOGS

5m³ DOUBLE LOAD £420 <i>loose tipped</i>	3.75m³ 1 ½ LOAD £320 <i>loose tipped</i>	2.5m³ FULL LOAD £220 <i>loose tipped</i>	1.25m³ ½ LOAD £120 <i>loose tipped</i>	o.625m³ BULK BAG £70
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Part seasoned logs will be ready to burn from autumn onwards if bought in spring/early summer and stored off the ground in airy conditions, e.g. log store.



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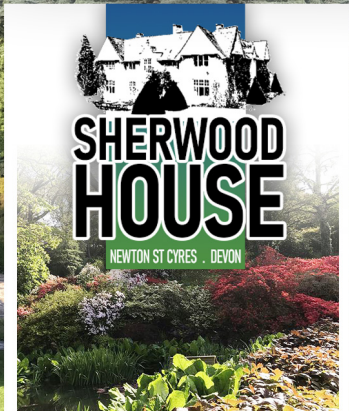
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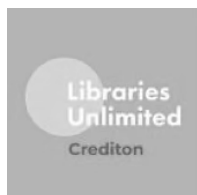
Crediton Library's 'Reminiscence Project' will Capture Newton St Cyres' Memories

On Saturday 13th September, the Reminiscence Project based at Crediton Library will join the Newton St Cyres Coffee Morning at the Parish Hall. This National Heritage Lottery funded project aims to collect memories of people living in Crediton and the surrounding areas through audio recorded interviews. These are then added to a [free online collection](#) for everyone to enjoy. The aim is to preserve the cultural heritage of the area through oral histories.

Join us in the Parish Hall on 13th September to find out more about the project, listen to highlights from our collection, and to say hello to some of our volunteer interviewers.



We will also record some of your memories, arranged by invitation. So, if you would like to record some memories with us on the 13th, please get in touch with: Christine (Fraser) by text or phone on 07773 038689 (Landline 01392 851988)



Your contributions will be greatly appreciated.

Isabelle Fitzgerald - Reminiscence Project Co-ordinator

Do You Remember....September?

September 1975

The Chairman of the Twinning Group had visited a keen village in Calvados who share an interest in football and making cheese so the Parish Council agreed to call an open meeting in October to discuss the possible twinning.

The Parish Council also reported that the matter of double white lines would come before the DCC Highways Committee together with the problem of the litter bins not being emptied. A litter bin for Castlands had been refused.

CLlrs were also walking the footpaths to check their condition.

The W I Have a wheelchair to rent which is kept at Shuttern Cottage.

The St Cyres Players were rehearsing their autumn play - The House on the Cliff.

The Over 60's Club had an outing to Dartmoor with tea at Widecombe-in-the-Moor and the evening in Dawlish.

The Tennis Club need £1000 for the new courts and social events were being arranged at the Recreation Ground.

September 1975

The Girl Guide group were temporarily disbanded due to a loss in numbers. A notice appeared to remind people

not to cycle on the footpath between Court Orchard and the Village.

Quickes were organising an Open Day for people to visit the farm and cheese factory.

Resurfacing of the Tennis Courts was taking place.

42 children and adults enjoyed a trip along the Tiverton Canal with the Afternoon Club.

September 1995

The Church and Cancer Research organised a Wine and Cheese every week with a Silent Auction and Auction of Promises at the Parish Hall.

The Church had raised £150 from the sale of old newspapers.

The Recreation Ground were organising 2 adult Skittles Tournaments.

The Parish Hall reported that the toilets had been replaced and new flooring had been laid in the ladies toilets and dressing rooms.

The piano in the Hall had been retuned and there were plans to replace the curtains.

September 2005

Thanks were expressed to Maureen Whiteley for raising £300 for Young Faces Stroke Group with her cream teas.

September 2015

The Parish Council announced that Newton St Cyres had come runners up to Stoke Fleming in the Best Kept Village competition and had entered the Village of the Year competition.

An advert appeared for a Bar Steward at the Recreation Ground for a small honorarium and the Beer Engine had applied for a 24 hour licence so that an option to stay open late for special occasions would be available.

Residents were asked to be vigilant about travellers as a group had tried to find a resting place alongside Quickes overnight recently.

The Mini Market Draw winners were announced: Rosemary Potter (Wine), Mrs Easton (Chicken) and Carole Hooper (Pot Plant).

An open meeting was called to organise a new initiative – the 2006 Newton Village Revels.

A day of Golf followed by a Party in the Barn at Higher Rewe, the home of Newton St Cyres Golf Course which was held on July 25th raised a total of £4,153.90 for the charity FORCE. Live music, raffle, barbecue and an auction all contributed to the fabulous total.

The repairs to the water bridge seemed, to those people who live north of the Creedy to be going on for ever. The original letter to residents mentioned a timescale of four weeks. This was already extended when the notice of closure went up and stated that the road would be closed for five weeks. There has been no hold up because of bad weather.

A volunteer was being sought to take on the organising of the Saturday mini-market which needed a new lease of life after several successful years.

Vicki and Will had been in the Beer Engine for six weeks and were settling in well.

Peter Hawksley

COMMUNITY SPEEDWATCH ENGAGEMENT EVENT

Fri 17th Oct 10am

Tiverton Neighbourhood Team will be at A Community Speedwatch Event at Newton St Cyres Parish Hall, Exeter EX5 5BW on 17/10/25 at 10:00am.

Please take this opportunity to raise any concerns you may have and to find out what we are doing to tackle the issues that matter to you.

Everyone is welcome and it would be great to see you there.

Monika Herpoldt-Bright

The Park House – a new venue in the heart of Crediton.

What do you think?

The Crediton Heart Project has exciting plans to develop a community arts venue on the edge of Newcombes Meadow, and we want to know what you think. The Park House would include a flexible performance space, with seating for 300, rooms for other community activities and a beautiful café opening onto the park. It would provide a welcoming and inclusive place to meet, learn and create together in the heart of our town

Built on the site of the dilapidated Union Road toilet block, between the War Memorial and Bike Shed, the Park House could offer amazing opportunities for local and national performance groups and bring many more events to our area, including theatre, cinema, dance, comedy and live music. It would transform our park and regenerate our town centre.

Crediton and its surrounding villages are important and vibrant communities in Mid Devon. But to avoid it becoming a dormitory town for Exeter, we need to provide the spaces and facilities to ensure that people can choose to spend their leisure time locally and that our community continues to thrive.

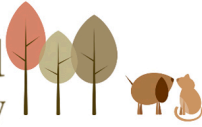
The project is being led by the Crediton Heart Project, with support from Crediton Town Council and Mid Devon District Council. The Heart Project is a volunteer-led charity, set up in 2018 with the key aim of developing a new community venue. Since then we have been exploring possible sites and running a range of successful projects such as the Crediton Heart Project community website, an annual Summer Arts Festival and, most recently, the Kick Start Art project for children.

Last year the Newcombes Meadow site became available, so we commissioned a feasibility study by award-winning theatre designers, Foster Wilson Size. They concluded the site could accommodate a 300-seat professionally equipped theatre suitable for a wide range of performances and events. The Park House hasn't been designed yet, but this is a computer-generated image of what it could look like.

This is a hugely ambitious project with the potential to benefit everyone in our community. But before we take the next steps, we need to know what people in the town and surrounding villages think. We would be very grateful if you could share your views by completing a short online survey available via this QR code or our website www.creditonheartproject.org Paper copies of this survey are also available at Crediton Library and Crediton Town Council.

Thank you.

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Bert Jewell writes Rhymes and Ways about Gardens and Gardening

September

With the days getting shorter, the sun setting low,
On a dry sunny day spend some time with the hoe,
Moving the soil, disturbing the weeds,
cause they won't think of us when sowing their seeds.

Amongst the crops we have tended, the onions, the leeks,
The cabbage we can harvest in just a few weeks.
There's runner beans hanging, just ready to pick,
Add butter when cooked, that will sure do the trick.

Or maybe it's French beans we favour the most,
How about a parsnip to have with our roast,
With maincrop potatoes from our own little patch,
Thinking of when we found three that would match.

To take to the show, the same colour, same size,
With luck on our side we could win first prize.
Now gone are those days, the sweat and the tears,
But we did it for the best part of thirty odd years.

We still grow our veg in a small plot of land,
The joy of pulling a carrot by hand,
And on a dry sunny day we spend time with the hoe,
With the days getting shorter and the sun setting low.

Things to do in the garden

Now I don't know about you, but I love to harvest crops that we have grown, from planting the small seeds back in April and May, looking after the seedling, watering during dry weather, this year nearly every day, and then enjoying the fresh veg straight from the allotment. Maybe you don't have an allotment, even a garden, but you must have a place to stand a decent sized pot or container. Talking of containers, it's that time of year when the summer bedding has come to an end and outside pots and containers are beginning to look scruffy.

I like to pull out all the old summer annuals, lobelia, petunia, fibrous rooted begonias, antirrhinums and so on. Any begonias that form a corm can be potted up and left reasonably dry in a frost free greenhouse or conservatory until next spring. Any Pelargoniums can also be tidied up, the roots can be trimmed back and the plant potted up to go under cover for the winter. Any perennials in containers can be tidied up, trim off any dead bits and deadhead, I like to take out about 2" of the old compost, replacing it with fresh to give the winter/spring bedding a good start.

If you are planting daffodils in containers, it may be a good idea to plant dwarf varieties, like "Jetfire", "Tete-a-Tete", "Canaliculatus", "Jenny" and "Sundisc". You have to bear in mind that the containers will be higher than the height of the daffs if they were planted in the flower borders.

If you are planting Daffs in the borders, make sure they are sound and the plate (the base of the bulb) is in good condition, that the roots develop from around the outside of the plate, and make sure they are planted deep enough, too shallow and they may not flower the second year. If the bulb measures say 2" from top to bottom, 6" would be the ideal depth. If the soil is heavy, add some grit to the hole to improve the drainage.

Why not plant up a large pot as if you were making a lasagne. Add crocks to the bottom, then a good quality compost (not bulb fibre) to the depth of about 2", then a layer of bulbs planted firmly into the compost, add compost to just cover the tips and add the next layer of bulbs and so on until the pot is full. Finish off by planting pansies or violas on top.

I did this a few years back for a friend as a thank you. I could tell by the friend's face that they were disappointed by first impressions. Come the Spring they sent me some photos. There where crocus, Iris Reticulata, early Daffs, later Daffs and then Tulips, everyone was happy in the end.

Plant of the month

"Nandina Domestica"

Also known as Heavenly Bamboo, but, unlike bamboo, it is not invasive. It is native to India, China and Japan, but is quite happy in this country. An evergreen shrub with red leaves when young and also during winter. Dwarf varieties can grow to about 3' high by 4' wide. Flowers are followed by long-lasting red berries. Fully hardy in well drained soil.



Enjoy your gardening

Adrian's Cave of Wonders

Bernaville's gift shop is a mesmerising display of this, that and the other – all of it so, so tempting. But who's behind it? Ann Quon Cordingley went along to find out.

Do you like inching your way around the Bernaville Nurseries gift shop, checking out all the items on display? If so, then you are not alone. For what is supposed to

be just a garden centre, the gifts and home decorations section attracts an awful lot of people looking for that something special.

Many will tell you that they go to Bernaville with the intention of buying a geranium or some other plant and come out with a knick knack or two. For that, you can thank Adrian Heath, who has been behind this Aladdin's Cave for more than 20 years.

"I love my job and I am very lucky that I can come to work and enjoy what I do," Adrian says. "I've got a great team of people to work with, it's great fun, relaxed and a great family environment."

As assistant manager, Adrian is the buyer for all the gift and lifestyle items, as well as the pet products, household goods and plant bulbs.



Adrian Heath

So how does he decide what to put in the store? "Some of it is gut feeling, and you get to know from experience what sells," he says. "You also look at fashion trends and trends that the gift wholesalers bring in." He says he tries not to let his personal taste influence his buying decisions. "You have to cater to everyone's tastes, so what you or I may personally like can't override what sells commercially."

His criteria for stocking items is that they must be stylish, look nice, are well priced and will sell. That's why he works with companies that he can rely on, such as quality lifestyle brands such as Emma Bridgewater and Gisela Graham homewares. He also likes to promote local firms such as Wild Things, which is based in Exeter. "We try and work with companies within the UK, but there's always going to be stuff made in China. You can't avoid it. It's the way the world works."

His approach? “We always want to create something that is a quality product but still reasonable value for money. We want people to pick something up and go ‘I like that, and it’s only a few pounds’.”

Anyone walking into the homewares section immediately gets a sense that a lot of care has gone into the displays. There’s even a bit of whimsy with the much-loved, London-designed Jellycat range of plush stuffed toys scattered among the home décor items. These have proven so popular that Bernaville has recently become an official stockist.

“Palm trees and the jungle look are also popular,” says Adrian. However, the big trend this year is fruits. “Things like oranges, lemons, strawberries are very on trend in terms of home accessories and colours.” Oddly enough, tomato scented diffusers are also trending, he says.

Adrian likes to work in themes. There’s always a seaside, beach area as people like to decorate their bathrooms with that sort of look, he says.

50-year-old Adrian was born in Paignton and now lives in Crediton. He trained in horticulture before working in various garden centres in the Devon area. He joined the family-run and independent Bernaville Nurseries 21 years ago. “When I first came here, I started helping on the garden side because of my gardening knowledge. I also did a bit of gift work and worked all around the centre, so it just evolved,” he says.

As a buyer, Adrian has to keep ahead of trends and anticipate what will sell. “So we are always buying six months ahead,” he says. When he first started out, Christmas was just starting to become popular in garden centres. As the store had expanded, “areas such as gifts, cards and Christmas have got bigger and more important, and the whole business has grown as a result,” Adrian says.

Today, Christmas is the high point of the year for Adrian. While the run-up to Christmas is always hectic, for him, Christmas starts again in January when he has to buy all his Christmas products a year in advance. “Probably the best part is when we buy Christmas things in January because it’s quite exciting to see what’s new and it’s a lot of fun. It’s a nice process and time of year.”

It’s little wonder that Bernaville has received several awards, including recognition for their gift and garden centre departments. They were finalists for "The Greats Gift Retailer Awards 2024" in the "Best Garden Centre Retailer of Gifts" category. They also won the "Best Indoor Lifestyle Retailer" and "Best Outdoor Living Retailer" awards from the Garden Centre Association (GCA) in the Wales and West region and Best Destination Garden Centre in the same region by the [GCA](#) in a previous year.

That’s a lot, so how has he managed it all? He’d probably say it’s a gift!

FOOD, GLORIOUS FOOD!

No such thing as a free lunch? Wrong! It happens twice a week in the Parish Hall, thanks to Jocelyne Whittaker and her Adonai Community Kitchen. But there's a lot more to it than that, as Ann Quon Cordingley found out when she went along to investigate – and, of course, to enjoy the food.

It's midday on a Wednesday and there's a queue outside the Parish Hall. It's a cheerful scene, with folks chatting among themselves as they file into the building and settle in the meeting room. As if by magic, this dull, functional room has been transformed into a French-style bistro with tables covered in bright tablecloths and vases of flowers.

Welcome to the Adonai Community Kitchen, the brainchild and labour of love of Jocelyne Whittaker, who has become one of the most recognised characters in the village. Not just because she is exotic – she's from the French-speaking Caribbean Island of Guadeloupe – but because she has turned her start-up community kitchen into a significant part of village life.

Every Tuesday and Wednesday, Jocelyne and her team of volunteers serve up lunches that are as good as any you will find in a restaurant – all of it free of charge. By 12.30pm, every table is filled with customers – some local, some from out of town, some dressed in their finest, others casually.

The friendly atmosphere attracts all sorts. Jocelyne says: "We have a lot of villagers, widowers, young families, grandparents. One person in Exeter takes three buses to get here. We get people from all around, from Crediton, Langford and other places. I think we cater for the whole spectrum."

While many come for the atmosphere, conviviality and good food, she says it seems clear that some are there because they can't afford a proper meal. "I am glad we are able to provide it for them," she says. There's also a takeaway service, with some customers picking up food to take home for a partner or family. Adonai will even deliver if you unable to make it to the Parish Hall.

Among those tucking into their meal on the day I was there were regulars Hilda and Clem Sellick, who had come from Exeter with their friend Mike Szabo from Crediton. Hilda and Clem discovered Adonai Kitchen while driving through Newton 12 months ago and spotted a sign on the village green advertising the lunch. They decided to check it out – and have been regulars ever since.

"We like the friendliness, the lovely food and the people we've met," says Hilda. Their friend Mike agrees. "I am a regular and what I enjoy is the healthy food," he says. "It's a balanced, home-cooked meal and there's always a nice variety of



Locals enjoying the fare

options which I really enjoy.”

So how does Adonai Kitchen work? Jocelyne says she doesn't know what her lunch menus will be until the Monday. That's when she receives her weekly delivery of food from FareShare, a nation-wide

network of charitable food redistributors that takes surplus food from various outlets and delivers it to charities and community groups.

“I have a standing order for 50 kilos of food that can be anything from tinned goods, cereals, cake, vegetables, and sometimes meat. So it can be any combination of food that comes in at 50 kilos,” says Jocelyne. She pays £1,000 a year to FareShare, and “anything I haven't got, I go to Lidl, Morrisons or Tesco to supplement what I need,” she says. And if there is anything on special in the supermarket, she will bulk-buy and stick it in the big freezer donated by FareShare.

Once she knows what FareShare has delivered, Jocelyne decides the lunch menus for Tuesday and Wednesday, which will have at least one meat and one vegetarian option for the main course and a dessert and fresh fruit for dessert.

Monday evenings are spent prepping vegetables for the week with the help of a volunteer. Then on Tuesday morning at 9.30am, it's off to the Parish Hall. While Jocelyne cooks, she has a roster of around 20 volunteers who come in once or twice a month to help. Two volunteers turn up around 11 am to set up tables and get the room ready. When the doors open at 12 o'clock and diners start taking their seats, it's all systems go.



Exeter's Clem Sellick enjoying the service

While Jocelyne is in the kitchen cooking, her volunteers are passing her the orders, serving the food and, importantly, making sure she takes the time to drink her coffee, which she likes weak. “They joke that when they make me a cup of coffee, I never drink it because I’m just too busy,” she laughs.

Jocelyne serves an average of 50 to 60 meals every week over the Tuesday and Wednesday, but never knows how many people will come through the door as Adonai operates on a donation system with no reservations.

On the day of my visit, every table was occupied and the atmosphere in the room was jovial and chatty – which is precisely how Jocelyne comes across when you talk to her. The servers were Lorraine Mitchell and Luda Klenyk, both endlessly cheerful and utterly unflustered. This is a Paris-style experience, but with smiles in the place of snarls!

The menu on my visit included three meat options – roast chicken with summer vegetables (which was delicious, by the way), gammon steak and cottage pie, a vegetarian option, and for dessert, apple and blackberry crumble with cream, bread and butter pudding or fresh fruit salad with yogurt.

It’s all personally cooked by Jocelyne, who learned her kitchen skills at a culinary school in Paris, where, she says with a smile, she sometimes felt a bit like a “fly in a glass of milk!”

While meals are free, Jocelyne relies on voluntary donations from diners to cover costs. She also gets requests to cater for special events such as birthdays, where she charges to cover the cost of the food and her services, which she says is nominal as she is doing it as a community service.

Her passion for providing community meals began when she was at Crediton’s Queen Elizabeth School, teaching Spanish and French. She would notice children showing up at school hungry, so would hand out fruit or sweeties. That inspired her to start cooking meals for young people and now, every Friday, she organises buffet meals for youngsters at the Crediton Congregational Church. “Just to see their little faces when they come in – it’s like a light turning on. It gives me a nice feeling inside to see them so happy,” she says.

Adonai is a Hebrew word for the Lord and Jocelyne’s concept of the community kitchen is drawn from her deep religious beliefs, even though she is not religious. For Jocelyne, Adonai means that the Lord provides. “He is my king, my saviour, my protector who provides for all my needs. And it is he provides for other people’s needs, not me. It is a blessing for everybody,” she says.

The idea of Adonai Kitchen came to Jocelyne in July 2021 when she was made redundant at QE school. “I said to the Lord, what am I going to do? and he said ‘why don’t you open a kitchen?’ “.



Jocelyne with Luda (L) and Lorraine (R)

Jocelyne says she wanted people to enjoy her food, but she also wanted to make it a free service. So she did some research, put some of her own money into the project, and in April 2022, Adonai Kitchen was launched. "I have no idea how I did it," she now says.

Jocelyne came to the UK in 1988 and lived in Torquay and Exeter before moving to Smallbrook, where she and her engineer husband Stephen have lived since 1992. While Adonai takes up Tuesdays and Wednesdays, she continues to teach French and Spanish three times a week at the Teignmouth School. In her spare time – such as it is! – she enjoys hill walks with Stephen and has three grown-up children. Oh, and did we mention that she is a Newton St Cyres parish councillor and past winner of the Community Person of the Year award for Adonai Kitchen.

While Jocelyne may not be religious, she does believe in the power of prayer. She talks of a road accident as a teenager in Guadeloupe that changed her life. She was the front-seat passenger in a car driven by her teacher when the steering-wheel locked and the car hurtled down a steep hill. The back-seat passenger was thrown out of the vehicle and the teacher was trapped inside. Miraculously, Jocelyne walked away without a scratch.

At the time, her grandmother was waiting at home for her, and growing concerned that Jocelyne was late. She credits her granny's prayers for her for saving her life. "Since then I have been so grateful I was spared, and for every year of my life that the Lord has guided and spared me. Sometimes I had to do three jobs to put food on the table but I always had enough food for my family. I am so grateful I am here right now. I am paying back," she says.

It's easy to see why people are drawn to Jocelyne's kitchen. Her passion for cooking, her warmth and generous heart are infectious. "It's such a jolly atmosphere and Jocelyne is such fun to be around because she is so loving and giving," says volunteer server Lorraine Mitchell.

A recently retired nurse, Lorraine says she admires Jocelyne and her mission. "I really like the ethos of people coming together to share a hot meal and have a bit of conversation. A lot of people are living on their own, and they can come here and find community," she says. Fellow server Luda Klenyk has been a volunteer since she arrived in the village two years ago under the government's Homes for Ukraine scheme, where residents could sponsor individuals or families by hosting them for at least six months. Although she is now living independently with her son in Crediton, where she works in a shop and is studying English, she likes volunteering for Adonai because "I like people and I like Jocelyne," she says.

Jocelyne credits the success of Adonai to her volunteers. "They give their whole souls and when they are here, they are like angels because even though the work is hard, they laugh and make people feel welcome. They're warm and caring and, without that, it wouldn't be a success."

With Adonai Kitchen well established, what now? Jocelyne answers: "The next step is to expand to new places so others can also enjoy what we've got here." She feels there is a need for more community kitchens and that her concept could work in other villages if she had the support.

So, what's the next stop for Jocelyne's Adonai experience? She says she has ideas, but she would probably say what happens next would depend on the Lord.

Photos by Ann Quon Cordingley

Like curries? Then you're in luck. Coming in October from Jocelyne's kitchen: A Colombo-style curry lunch. See details on page 32. £10, in the Parish Hall. Book now to reserve a place.



Pastels Demonstration

by Lynda Kettle

Lynda Kettle has had a varied and successful career, working in design on theatre and BBC productions, and painting in all media. Her passion for art is palpable, and her enthusiasm infectious.

For this demonstration, she used a sheet of white Pastelmat paper, already primed with colour (sky and land) and sprayed with fixative. She prefers this to using coloured paper. The scene (with a photo for reference) was a path winding through trees, a dark foreground and sunshine pouring through the branches and leaves.

Reminding us of the rule of thirds, she advised using artistic licence, moving or omitting things, rather than attempting an exact copy. A painting should be a personal interpretation, we were told, eliciting emotion in the viewer.

Using quick movements, she dotted on foliage, in a range of yellows, oranges and greens, starting at the top, to avoid pastel dust falling onto any painting below. She prefers Unison soft pastels, and also Sennelier. Lynda warned us against skimping on materials – good quality is vital, she said.

Each layer of pastel was sprayed with fixative. The lit sides of tree trunks were added, in light grey, which she also added to the dark foreground, to link the two parts of the picture. Then dark areas were added with pastel and Conte crayon.

More vigorous dotting in a limited range of colours hinted at foliage and vegetation. Lynda varied the marks, occasionally making some parts larger areas of colour.

The result was a delightful, light-filled, colourful and joyful interpretation of a woodland walk.

Jenny Hallam

Music in Country Churches

We were fortunate in Music in Country Churches choosing to perform in the village church this year. They are a national organisation that does only about 10 or so performances a year. The trio of soprano, violin and lute performed a wide range of Italian Renaissance music and songs.



Music in Country Churches

This was the first event in the church following the completion of the new servery and toilet area at the back of the North aisle. We did this in record time thanks to the generosity of local donors.

Having tested this new facility, we are confident that it will enable the village community to hold future events with greater ease, as expressed in the community consultation several years ago.

The initial work of the Church Community Association is therefore now complete, and we hope that those who expressed a wish for the new facilities will make use of them by putting on and attending events.

The next event is a photographic exhibition featuring the works of James Ravilious, as well as local pictures, organised by Gordon Hepworth.

James' work has kindly been made available by Beaford Arts. Their archive of many thousands of pictures of rural Devon can be accessed at beafordoldarchive.org.

Tom Langdon-Davies
Chair
Newton St Cyres Church Community Association

Newton St Cyres Station

The station has been looking fabulous all through the summer. Many thanks to the volunteers who have worked to keep it looking so good.

Chris Southcott





Village Curry/Colombo Lunch

**Village Curry
Colombo Lunch**
12pm (noon)
Saturday 4th of October
At Newton St Cyres Village Hall

Selection of Curry/ Colombo dishes:
Chicken, Mutton, Goat even Fish

Also available a selection of Vegetarians Curry/Colombo
Served With Rice/ Rice & Peas.

£10.00

Book early to avoid disappointment
Telephone : 0750 8871172

or add your details to the list at the village hall,
Tuesdays and Wednesday during The Adonai Service.

How much would you like to know about the past in Newton St Cyres?

Newton St Cyres History Group has a growing library of publications.

- **Newton St Cyres – A Village Story (£5)**

Compiled by residents of this village in 1999 (the green 'millennium book') containing a wealth of reproduced photographs.

- **Newton St Cyres Historical Village Walks (£1)**

Four brief walks around the Village, the Western Bluff, West Town and Station Road with maps and an explanation of the road cuttings, levelling and straightening.

- **Newton St Cyres Mining and Miners (£1)**

Our mining heritage, both manganese, claimed to be *"the first commercially successful manganese mines in the world!"*, and lead & silver up on Tin Pit Hill that may go back to Roman times.

- **Newton St Cyres Church – Statement of Significance (£2)**

Describes the history and most important features of the church, dedicated to St Cyr and St Julitta.

- **Memories of Boyhood in a Devon Village (£3)**

Written by Alfred Abraham, born in Newton St Cyres in 1893. He shares his memories growing up in the village at the beginning of the 20th century.

- **Newton St Cyres in the 1940s & 1950s (£5)**

Written by Stella Cork, born in Newton St Cyres in 1934 and the daughter of the village postmaster. She gives a remarkable description of families in the village and an insight into village life.

- **Newton St Cyres and The Civil War 1642-46 (£5)**

Written by Jean Wilkins. The story of grief, hardship and a little excitement for those living in the village almost 400 years ago during the English Civil War supported by coloured photos and maps. Would you have been a Roundhead or a Cavalier?

- **Newton St Cyres in the WW2 Years (£5)**

Written by Roger Wilkins, The contributions of the village to the war effort are described, as are impacts on village activities and businesses.

- **Newton St Cyres & the A377 (£5)**

Written by Jean Wilkins, A window into the history of transport into and through the village and the development of the A 377.

Also visit **newtonwonder.net** where you will find data and analyses on:

Births, Deaths and Marriages in Newton St Cyres (16th–18th century)

UK Censuses on Newton St Cyres (1841-1911)

Newton St Cyres Tithe Map of 1843

Copies can be purchased by contacting

Jean Wilkins 01392 851337 jeanwilkins1@btinternet.com

WILDFIRE RISK

After weeks without rain and with high temperatures, the forests, hedgerows, and fields around us are parched and dry as tinder.

There is a high risk from wildfire to nature, animals, property and even human life.

Unless you are absolutely sure that fire cannot spread from where you are, please



**NO FIRES OR
FLAME**

**NO
BARBEQUES**

NO SMOKING

**NO GLASS
LITTER**

**Thank you for your cooperation
Newton St Cyres Resilience Committee**

Newton St Cyres Gardening Club

The Taunton Flower Show is the oldest in the country, dating back to 1831. It was first held in the Assembly Rooms on the Parade, but moved to its current venue at Vivary Park 20 years later. It is now a two-day event, with a large variety of show areas, local arts & crafts traders, music and entertainment, plus entries from female gardeners! So if you missed the show this year, look out for the dates in 2026.



On a visit in August, we found plenty of nurseries in the Plant Village selling a wide variety of plants. One plant that I bought was labelled ***Athyrium niponicum* var *pictum* 'Red Beauty'**, a Japanese Painted Fern. This has been revised into the genus ***Anisocampium***, so you may find it sold under either name.

We have some shady spots in our garden at home and I was looking for an attractive fern that would grow well in these conditions. These are deciduous and are considered by many as one of the loveliest ferns, with soft grey-green fronds with a silvery zone along the centre and with red stems and midribs. In order to reach their fullest colour they do need sufficient light, but beware of the midday sun as they can burn easily. The fronds grow horizontally, rather than upright, and then arch downwards.

Being deciduous, they will disappear in winter, so it is good to label the location. The soil needs to be moist and it can grow in a clump to an ultimate height of half a metre. and a spread of up to a metre over 5-10 years.

A wide range of exotic ferns are available from nurseries and garden centres that will grow happily in our gardens. Some indoor ferns will also do well if placed outside during the summer where the indirect sunlight will stimulate growth. Ferns will also grow well in pots, which means that you can protect the less hardy



varieties from frost or bring them indoors over winter. If growing ferns in the garden, most will benefit from the addition of some compost or grit to the soil to prevent waterlogging, especially during the winter. Like native ferns, when grown in the garden, the exotic varieties are reasonably immune to insect attack. It is always good to check your garden conditions and match them to certain varieties of ferns as they do best when they are grown in the right place.

A tree bringing colour at this time of year is the **Rowan *Sorbus aucuparia***, also known as the Mountain Ash as it grows well at higher altitude. Early in the year, the flowers provide pollen and nectar for the bees and other pollinating insects, but at this time of year it is the berries that are a rich source of food for many kinds of birds.

There are of course myths that go with the rowan, and these include the tale that they were planted close to houses as protection against witches, as red was considered the best colour for fighting evil. The wood was used to stir milk to prevent curdling, as a charm that could be carried in your pocket against rheumatism and used to make divining rods. Although the berries should not be eaten raw by humans, they are edible when cooked, and provide a good source of Vitamin C. With their sharp/sour flavour they are suitable for jam making.

JOBS FOR SEPTEMBER

- Tidy the greenhouse by harvesting any late crops, clearing plants away and removing any shading that you had applied to the glass.
- You can take healthy cuttings from mature Pelargoniums, before disposing of the old parent plant.
- Plant up pots with bulbs ready for instant colour next spring. As well as planting bulbs in pots, you could plant them in cut-flower beds, under trees, through grassed areas, under shrubs, in wildlife gardens. Early-flowering crocuses are so good for bees, and in new borders. Adam Frost says that he grows many of his bulbs in pots, then moves them while they are 'in the green' (in growth) to other locations in the garden such as with existing perennials.
- Plant Onion sets for earlier-cropping onions early next summer. They prefer firm ground, so after weeding, tread the soil down before making a drill deep enough for the onion sets to sit on, without forcing them and damaging the base plate. Cover leaving just the tips showing above the ground
- If you grow ornamental grasses, you can collect the seed ready for sowing next spring. As with all seed collecting, do this on a dry day (we have had plenty of those!) and store in labelled paper envelopes placed in a cool dark place



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- Salvias seem to have had a resurgence, and if you have grown some that you particularly like, now is a good time to take cuttings, in case the original plant is damaged by cold weather later.

What's On?

- **Friday 5th-Sunday 7th September inclusive. Sutton Mead - Moretonhampstead TQ13 8PW** A large garden with splendid views of Dartmoor. September hydrangeas, dahlias, agapanthus and much more. Mature orchard, productive vegetable garden, substantial tree planting, croquet lawn. Lawns surround a granite-lined pond with a seat at the water's edge. A garden of variety that has been developed and constructed over 45 yrs by the current owners. Plants from the garden for sale and teas, cream or otherwise, are a must. Dogs on leads welcome. Opening Times 12pm-5pm. Admission: Adult £6 Child Free. Refreshments: Home-made teas, hot soup & savoury scones.
- **Sunday 7th September RHS Rosemoor. Plant Heritage Autumn Plant Fair**, 10am-3pm. Under the Plant Heritage banner, this is an opportunity to find more unusual or even rare tree, shrub and perennial varieties, all carefully nurtured by local nurseries that don't normally sell direct to the public. If you cannot find what you are looking for, one of the exhibitors will be able to tell you where to find it. If you are a keen gardener or plant collector, this event is guaranteed to inspire you"
- **Monday 15th September Upton Pyne Garden Club Upton Pyne Village Hall, 7.30pm.** A talk by Todd Gray, local historian & author, **Slavery & Emancipation in Devon 1834.**
- **Tuesday 23rd September Crediton Garden Club**, 7pm at Crediton library 'Sustainable Gardening' by Becky Searle. £12 annual membership, £3 per meeting for visitors.
- **Saturday 27th September - Sunday 19th October RHS Rosemoor Wonder of Autumn**, 10am-5pm. Including Festival of Flavours. A four-week celebration of trees, garden produce and the delights that can be found only at this time of year. Discover garden trails, guided walks and workshops through the season.
- **Saturday 27th September, 11am - 2pm. Sustainable Crediton – Big Green Fair in the Square.**

Happy Gardening

Nicola Baker

UPTON PYNE & DISTRICT GARDENING CLUB

Events are held in the village hall - Contact June Nicks 01392 841272

Annual membership £15 Non-members welcome at all events (£4 per talk)

MONDAY 15th SEPTEMBER

Exeter based Historian and Author

Dr TODD GRAY

tells us about one of his many books

African Slavery &

Emancipation in Devon 1839



MONDAY 20th OCTOBER

Our own JANE KING and the **FLORES IN THE AZORES**

'A traveller's view of the ISLANDS'



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"A stitch in time saves nine"

When people come to us for our help, they are often at crisis point. One problem has multiplied itself into lots of problems and the end result is that people feel totally overwhelmed, exhausted and, very often, fearful. The simple message this month is ***don't let it get to that stage before you come to us for help.***

Everyone is affected to some degree by the cost of living crisis. Everyone has seen their every day bills increase and gloomy predictions about the autumn budget suggest it is going to get worse, not better. We can help people before potential problems escalate. For example, our specially trained energy team can advise on strategies to conserve energy and help keep costs down. If you are concerned about potential debt issues, our debt team can help you structure a manageable budget, prioritise your payments and advise you as to whether you are likely to be able to negotiate reduced bills for some utilities. We can also run a benefits check to see if you are entitled to claim any benefits, even if you are working.

There is a wealth of information available on our local website www.citizensadvicetnmwd.org.uk and you can also check out the National Citizens Advice website www.citizensadvice.org.uk You will find links for more detailed information and on our website, you can view our library of advice columns which we send to local publications monthly, focussing on particular issues and outlining the advice we give.

We are not just here to help people solve their problems, we have the means to help people prevent their problems too. If you are worried about what the winter might hold for you, just take a few minutes to browse our website and see if it provides some food for thought. It will cost you nothing but potentially, it could help you nip a potential problem in the bud.

Increasingly, more and more people are coming to us for help – more than we are able to deal with. We are constantly working to make it easier for people to find their own solutions to problems by providing information and links on our website and sometimes signposting to other more specialised organisations. Our volunteers, however, are crucial to enabling us to help people face to face, on the telephone or via video appointments. If you would be interested in becoming a trained volunteer with us, there is information on our website or you can contact recruitment@citizensadvicetnmwd.org.uk Our volunteers receive ongoing training and support and will tell you that for them, volunteering provides an opportunity to make new friends, gives them new skills and the satisfaction of being able to help people in our local community.

Rosanna Teale

LEGO with a difference at Exeter library

Have you heard of LEGO® robotics? They combine traditional LEGO blocks with programmable electronic components, allowing anyone aged 6 or above to build whatever they want and then code it to perform functions.

It inspires young imaginations and challenging minds, allowing children a route into Science, Technology, Engineering and Maths (shortened to STEM) through play, socialisation and teamwork.



Children enjoying Lego Robotics session at Newton Abbot Library

Libraries Unlimited, with support from Devon County Council, has introduced hands-on LEGO® robotics and coding workshops in libraries across Devon – and Exeter's is one of them, funded through the Library Improvement Fund from Arts Council England.

Devon County Councillor Cheryl Cottle-Hunkin, the Cabinet Member with responsibility for libraries, said: "This initiative is brilliant. LEGO is a classic toy that has captured enjoyment through generations. These LEGO robotics projects will teach hands-on coding skills that I'm sure will spark an interest to learn more!"

RECONNECTING WITH THE POWER OF PLANTS

The wheel of the seasons has turned, and harvest time is upon us. As well as picking and experimenting with new ways of eating home-grown vegetables and fruits, there are also medicinal plants to harvest to make into therapeutic treatments.



Calendula (*Calendula officinalis* L.) flowers are abundant in my garden. These I pick on a sunny dry day, lay out to dry on a wire rack and infuse in oil that I mix with a setting agent (traditionally beeswax) to make a healing ointment for the skin. This is wound healing and antiseptic and has a tonic effect on the integrity of the skin and the tissues beneath. Specifically,

calendula flowers contain saponins based on oleanolic acid, which are lipophilic (fat-loving) and are powerfully anti-inflammatory, to the skin in particular.

I am just about to make my yearly elderberry syrup. Elderberries from the Elder (*Sambucus nigra* L.) tree contain high levels of anthocyananins, especially quercetin and kaempferol, which are antiviral and have been shown clinically to reduce the duration of flu symptoms. Another study has shown that elderberries activate the healthy immune system by increasing inflammatory cytokine production, indicating an immunoprotective and immunostimulatory effect. In this way, leading up to the colder months it is can be prophylactic as well as being taken when infected with a virus.

Elderberry syrup recipe

- Remove elderberries from stalks (A fork works well).
- Place them in a saucepan with half their volume of water, and simmer, stirring occasionally for around 20 minutes.
- Once cooled, strain the berries through a fine sieve/muslin bag.
- Measure your juice, then add half the quantity of sugar (muscovado works well). For example, if you have 200ml of juice, add 100g sugar.
- Warming spices may also be added such as star anise, cinnamon, cloves or ginger.
- Simmer again for approximately 20 minutes, then strain and, while the syrup is still hot, pour into sterilised jars.



Please note: Elderberries should not be eaten raw as they can cause nausea, vomiting and diarrhoea. Cooking elderberries thoroughly destroys these toxic cyanogenic glycosides.

If you are interested in how herbal medicine can help you with your health condition, I am happy for people to call me with any questions they may have. This is a free service and may be useful for those who are unfamiliar with how herbal medicine works.

Tasha Humble

www.humbleherbalmedicine.com ,07712 682774.

JOANNE HARRIS COMING TO CREDITON!

The Folklore Library & Archive, a small registered charity based in Crediton, is delighted to announce that it is hosting bestselling author Joanne Harris MBE at The Boniface Centre, Crediton, on Saturday 6 September at 7pm. (Doors open 6.30pm). Joanne will be talking about her latest book Vianne, the prequel to her 1999 novel Chocolat. To make the event a true celebration of chocolate, we're inviting Devon's independent chocolatiers to sell their wares at the event, and The Bookery will be handling book sales for us.

Tickets are £10 from Crediton Library, or via bit.ly/joanneharriscrediton.

We're really excited to be bringing someone of Joanne's status to Crediton!

Newton St Cyres toddler group

Come along and join us every Wednesday in term time, lots of great toys to play with. Stories to enjoy, craft session and activities to try.

It is great family fun.

Our family sessions are £2 a time and run from 9:15 - 11:15 am. The price includes a drink and a snack.

We would love you to join us at Newton St Cyres Primary School



see our facebook page
Newton Nappies
Contact the School on
01392 851267

September on the Farm

We are looking at natural flood management. This is new to us: how to use natural methods to slow the increased extreme rainfall running off our land and causing concern and harm to us and our neighbours. We could put woodland, marshy depressions called swales and ponds across our fields. Our challenge, though, is to maintain our productive landscape at the same time as being mindful of our impact on the natural world. So for us, buffer strips next to streams, working to reverse and avoid soil compaction, and some beetle or hedge banks in strategic places may be our best options. These things that have minimal impact on farming workability.

We are seeing sad little hedgehog skins around the place as badger numbers increase. Badgers predate on hedgehogs; where you have a big population of badgers, we find we lose the hedgehogs. Both are iconic creatures in the English landscape and we would like a balance of both.



Mary and some of her girls

I visited Clinton Devon Estate in East Devon, where they have introduced beavers. The challenge is having these industrious creatures use their engineering genius where you can spare the land, on less productive fields, and not on core food-producing fields. We

haven't had that challenge yet, and we would want to be able to hold the balance of nature. People might appreciate them upstream of their property, holding flood water back, and not downstream where their dams could flood you.

Grey squirrels, charming though they are, have been a bane for broadleaf tree planting for the last four decades. We had a good area of new broadleaf tree planting in the 1980s, but almost every one of those thousands of trees has been stunted by squirrels. The trees will never become stately giants of the forest, nor even make decent firewood. The young male squirrels go adventuring in the spring, making their way in the world like princes in the fairy tales after their very own princesses. As they go, they feed on the soft sappy new growth of broadleaf trees, misshaping the young trees. We've tried and failed over the years to make a dent in their numbers. We all want more broadleaved trees.

Goshawks predate on grey squirrels, flying at high speed through dense woodland and seizing squirrels from branches with enormous skill. Sadly they also have a taste for green woodpeckers. I haven't heard the characteristic 'yaffle' sound of a green woodpecker for several years. I'm happy to see goshawks back, as numbers have restored now they have been protected for many years. I miss that flash of green out of the corner of my eye or that recognisable song that lets you know we have a thriving population of green woodpeckers.

Rooks, crows, jackdaws and ravens have all got knocked back with bird flu over the past few years. They are carrion eaters and pick it up from fallen birds, though numbers seem to be restoring. Martin counted 47 jackdaws feasting on our cow cake one morning. Ravens are back in one field. Their primeval croak seems like a message from some distant, mythical time.

We can start to cut hedges on the farm this month. We don't cut them, except for safety reasons, in the bird nesting season, from March to August, leaving them to become a rich and wild habitat for all manner of small creatures. We leave over half the hedges uncut in a year. They work for our farming, too, sheltering farm animals and supporting predators for natural control of farm pests. I love these ancient monuments quietly sitting there, probably the oldest visible human artefacts on the farm, some older even than our 14th-century church.

We've started work on our slurry lagoon in Churchyard Down. This will take washing water and manure from the spring herd parlour and the animal housing on the top of the hill. The lagoon will enable us to store what was a disposal problem until we can use it for its optimal fertiliser and irrigation value. It's very exciting to see this development and how it improves our sustainability. We mulled over the best way to approach it for a long time. It's wonderful to see it taking shape on the ground.

We had Stewart Dawber, a wildlife photographer and camera man, on the farm last month. He was shooting a film about how he got into his career. His father approached us when he was a 14-year-old schoolboy a couple of decades or more ago. He asked if his son could come and take some pictures of kingfishers on our river. We agreed, and Stewart produced increasingly accomplished photographs while he was still at school. Kingfishers are shy creatures that I've seen only a handful of times in my whole life.

Stewart showed even as a young boy the patience and ingenuity required for wildlife photography. He produced some extraordinary images while he was a teenager. Fast forward several years, and he became a BBC camera man filming all kinds of wild creatures all over the world. Now he lives in Scotland, able to make his own direction in his craft. I'm so proud of our contribution to this talented person.

Mary Quicke

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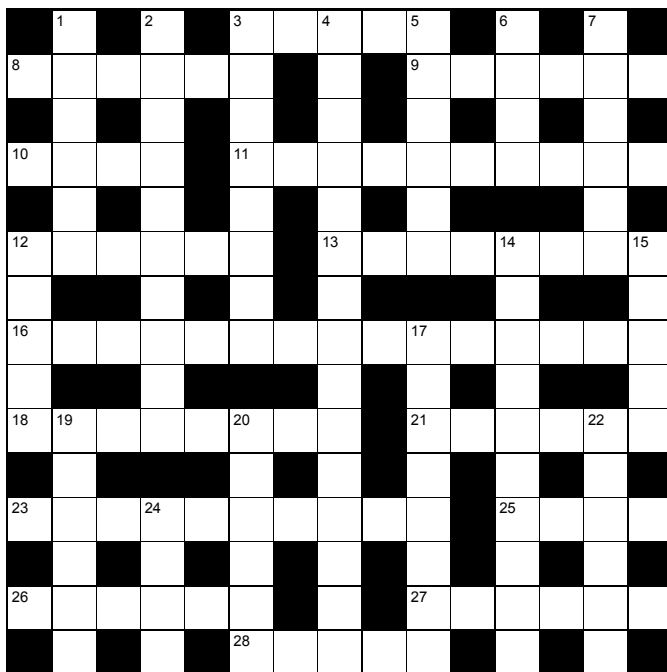
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Cryptic Crossword



ACROSS

- 3 American backs man in Arab country (5)
- 8 Son is engrossed in magazine with cartoons relating to space (6)
- 9 Speaker is to sponsor a Tory partly (6)
- 10 A southern island associated with a large land mass (4)
- 11 A fan of Di Canio, a deviant (10)
- 12 Bus carrying Polish back from area outside the city (6)
- 13 Nun, one I'd upset making suggestive comment (8)
- 16 Crooked general poisoned senior citizen (3-3,9)
- 18 Dicky learned about very fragrant plant (8)
- 21 The wife is to lament you and I being absent (6)
- 23 Ownership of property (10)
- 25 I had emptied lorry in a lazy manner (4)
- 26 Trisha could be a goddess (6)
- 27 Acquiring English silver, ran for president (6)
- 28 Poem, say, set in cathedral city (5)

DOWN

- 1 Island providing no hush unfortunately (6)
- 2 Flawless description of Jesus's conception (10)
- 3 Game starts to stir Chelsea mob (8)
- 4 The exact thing (8,7)
- 5 Idea is unacceptable, one accepted (6)
- 6 Pub by new farm building (4)
- 7 Did origami and went bankrupt (6)
- 12 Head of school's to intimidate student with threatening look (5)
- 14 Self-centred social tiger almost comes a cropper (10)
- 15 Head off from dance with Iris (5)
- 17 Theological college gives tutorial at start of year (8)
- 19 Stir up a riot, chiefly by river (6)
- 20 Lust for some French passion (6)
- 22 A French boy goes round old dump (6)
- 24 Chris finally had a meal to satisfy appetite fully (4)

Set by Alberich

Sudoku

All you have to do is fill in the squares so that each row, each column and each square contain all the numbers from 1 - 9.

						6		1
6	2	1		4				
3								
	6			1	3			
	3	9	2		7	8	1	
			5	8			3	
								9
				9		2	4	7
4		8						

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Solution to August 2025 Cryptic Crossword

1	M	A	2	H	L	3	E	R		4	H	A	5	N	6	G	O	7	V	E	8	R
	O		A		L						B		H		E		A					
9	R	I	N	G	E	R				10	C	O	V	E	R	L	E	T				
	A		D		C						A		T		O		H					
11	V	A	C	A	T	E				12	P	R	O	T	R	U	D	E				
	I		U		R				13	H	O	D		O		R		R				
14	A	F	F	A	I	15	R				16	B										
	N		F		17	C	O	N	T	O	18	U	R		19	T		20	G			
						B		R			21	G	E	N	O	M	E					
22	R		23	V		24	A		25	G	A	Y			L		G					
26	E	M	I	S	S	A	R	Y			27	C	A	V	E	A	T					
	L		C		S		A					T		T		U						
28	I	N	T	H	E	E	N	D			29	Z	I	T	H	E	R					
	E		O		T		G					O		E		E						
30	F	O	R	E	S	T	E	R			31	S	N	O	R	E	D					



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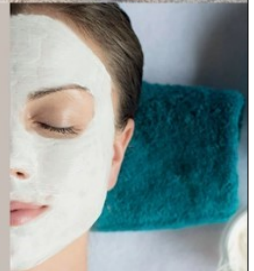


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Newton St Cyres



The Parish Church of St Cyr and St Julitta



The First Netherexe Jamboree Saturday 9th August 2025

The sun shone, the tractors gathered, and the people came.

And they came.

And they came.

What a wonderful, extraordinary, amazing day it was. The vision, the planning, the hard work, all coming together to deliver the (almost) perfect event. Smiles and laughter, chatter and cheer filled the field. As I looked around the site, all I could see was hundreds of people just so relaxed and at ease, enjoying some great food and drink – the local burgers, beers and ciders, the wonderful cakes and ploughman's; joining in some traditional country fair 'fare', as it were – welly wanging and skittles, the dog show and children's activities, riding the railway – and all just taking a moment to enjoy being part of a great occasion.

The day was a celebration of the amazing incredible and essential work done by the farmers and farm workers across our area. And at the centre of it all were 50 incredible machines, celebrating over 100 years of the vehicles that shape our land. As people walked down the immaculate line of machinery, they began to appreciate what was once a relatively simple, small engine has become a complex, technological marvel. But still, at heart, the ubiquitous workhorse of the farms and fields all around this beautiful part of Mid Devon.

But this Jamboree was more than just a great collection of tractors! We were also able to showcase the wonderful variety of rural and traditional skills and talents related to this way of life – and all found within our seven parishes! An array of artists and artisans – of fly-fishing and blacksmithing; of cheese production and honey production; of lino cutting and cushion making. A real plethora of skills were on display.

I know, though, that farming isn't all about the wonders and joys of our glorious countryside. It is hard, demanding and at times incredibly lonely. So, much of the focus of the day was on highlighting *FCN – Farming Community Network*, who provide essential support, advice and guidance to the whole farming community, particularly in times of deep struggle. And as a mission community we were pleased to offer our support to *FCN* – and the people who came did too, being very generous with their donations.

An event like this, though, doesn't just happen, it takes a lot of willing volunteers, time and determination. I can come up with an idea – but then others are needed to make it happen. My very grateful thanks go to the wonderful people of the Netherexe Parishes, but in particular to Helen, Ross, Jilly, Claire, Dave, Ed and Doug. Without them, this wonderful day enjoyed by so many would not have been possible.

All blessings

Tim

*Revd Tim Collins,
Rector Netherexe Mission Community*

Parish church newsletter

Decisions, decisions, decisions. It's my turn to write the Parish Letter this month. Usually, I think of something quite easily but this month I just couldn't decide. Do I write about harvest, the changing season or the wonderful tractor jamboree? I just couldn't make up my mind. This then reminded me of one of my favourite sayings:

'In any moment of decision, the best you do is the right thing – the worst you can do is nothing.' *Theodore Roosevelt*

Life is full of decisions big and small. Some people suggest that the average person makes 35,000 choices per day! Assuming that those same people spend an average of seven hours per day sleeping and making no choices, that means that, roughly, we make 2,000 decisions per hour, or one decision every two seconds.

Some we don't even notice. You're reading this – did you register the decision to do so? And we start making those decisions as soon as we wake up. Will we press the snooze button on the alarm? I always have a coffee before breakfast. That feels like a constant but I actually make that decision fresh every day.

People's restaurant choices are interesting. Sometimes people have what they know they like and others choose something new that they do not eat at home. Both good choices but I have been out with friends who have gone with the first option and then be rather envious of my choice!

These are all quite small decisions though. Indecisiveness can be very debilitating and we can spend a lot of time worrying that we can't decide what to do, when we feel under pressure to make a decision. The bigger the decision, the greater the worry.

We tend to think of decisions as final but if it doesn't go well, we can decide to do something else. As Roosevelt says, it is not making a decision at all that can trap us in a place that we don't want to be. With a decision we can move on, even if we have to make some adjustments later. Believing in the decision we have made can help us move forward with what we have decided to do and is more likely to result in a positive outcome. As Nelson Mandela said, 'May your choices reflect your hopes, not your fears.'

Sometimes that worry can come from being concerned that we are making the 'right decision'. But what is the right decision? Some people find it useful to make a list of the pros and cons. We can take advice from friends and family, but it's important to remember that what's right for us might not be the same as someone else and their advice can only take us so far.

Taking time out to think is important and that does not include all that worrying. In the Christian tradition, we pray. We spend time before God, praying and listening. We read our bibles to consider what Jesus might do. We trust in God. We are unlikely to find he had to make the same decision but we can find help in thinking about what criteria we should think about when making our decision and, hopefully, be closer to it being a good one.

Laura Ford
Licensed Lay Minister
The Netherexxe Parishes

Coffee and Chat
Join us in
Newton Church on
September 7th 2025 at 10.30 am
For refreshments
And get together to discuss ...
whatever subject comes up!

SERVICES & INFORMATION SEPTEMBER 2025

The Netherexe Parishes - A community of Anglican churches in Devon

Please see our website at www.netherexe.org under "Services" section.
We also have a calendar for services & latest events are under "news".

Wednesday 3 September

09:30 am Mid-week Holy Communion

Thorverton
[Exe Valley Farm Shop]

Sunday 7 September

10:30 am Coffee & Chat
05:00 pm Communion
06:00 pm Hymns & Pimms

Newton St Cyres
Stoke Canon
Cadbury

Sunday 14 September

09:30 am Communion
10:30 am Communion

Thorverton
Upton Pyne

Sunday 21 September

09:30 am Communion
09:30 am Bubble Church
10:00 am Coffee & Chat
11:15 am Communion

Brampford Speke
Thorverton
Stoke Canon
Cadbury

Sunday 28 September

09:30 am Communion
09:30 am Harvest service
10:00 am Messy Church
10:30 am Harvest service [Bacon Butties at 10:00am]
11:00 am Harvest service
11:15 am Communion
03:00 pm Harvest Festival

Newton St Cyres
Thorverton
Stoke Canon
Upton Pyne
Huxham
Rewe
Netherexe

Every Tuesday at 6:00pm we gather for prayer in Rewe Church

At **Communion** services we share bread and wine: you are welcome to join us for the service and to share communion if you wish. A lay minister occasionally leads this service.

At **Coffee and chat** we enjoy time together in conversation with coffee and cake to hand.

At **Services** we share together in song, prayer and the bible. Special services are in the description.

Bubble church is for young families and **Messy Church** for families who enjoy craft.

If you would like to know who is taking any service, please email administration@netherexe.org

Rev'd Tim Collins [Rector] Tel: 01392 860767 tim.collins@netherexe.org

For more information about the Netherexe Parishes please see www.netherexe.org or contact:

Juliette Lea [Administrator]
Tues & Thurs [09:00 – 15:00]
Tel: 07594 714590
Email: administration@netherexe.org

Peter Shepherd [Administrator]
Mon [09:00 – 11:00] & Wed [09:00 – 13:00]
Tel: 07551 844321
Email: administration@netherexe.org

WHO'S WHO IN THE VILLAGE

Priest-in-Charge	Rector: Rev. Tim Collins	
Church Wardens	Sue Browne, 1 Glebelands, Sand Down Lane	01392 851460
PCC Hon Secretary	Pita Burt pitaburt@gmail.com	01392 851410
PCC Hon Treasurer	Jackie Enright	01392 851859
Electoral Roll Officer	Jen Holt, 21 Woodlands	01392 851521
Tower Captain	Mary Quicke - mary@quickes.co.uk	07729 844945
Doctors (Crediton)	Redlands Primary Care Joseph Locke Way, Crediton, EX17 3FD https://www.redlandsprimarycare.nhs.uk/	01363 727111
Newton Wonder Magazine and Website	Editors:-Peter Hawksley - editor@newtonwonder.net Peter Cordingley. - cogscord@outlook.com	01392 851269 01392 851778
Parish Council	Chairman - Liz Ouldrige lizouldridge@newtonstycyres-pc.gov.uk Clerk - Jane Hole	07752 959845 01392 851148
Parish Hall	Chairman – Nigel Chambers nchambers@ctc.uk.com Booking Sect - Peter Watts, peterwatts369@btinternet.com	01392 851400 01392 851369
Primary School	Head of Teaching - James Akhurst School Office	01392 851267 01392 851267
Newton Nippers Pre-School	Contact the school	01392 851267
Newton Nappies Toddler Group	Contact the school	01392 851267
Recreation Club	Chair- Carrie-Ann Finning - email: finning-newtonstycyresrecreationalclub@outlook.com Bookings - Claire Digby - email: newtonrecbookings@outlook.com	07834764471
Art Group	Jenny Hallam:- jennyhallam6@gmail.com	7787383658
Neighbourhood Watch	Monika Herpoldt- Bright. monikaherpoldt-bright@newtonstycyres-pc.gov.uk	
Footpath Warden	Graeme Barnell	01392 851308
Newton Environmental Wellbeing Group	Gill Melling newnewgroup@protonmail.com	07527 071663

Community Police	PCSO Nicola Payne, Police Station, Crediton Nicola.payne@devonandcornwall.pnn.police.uk	Dial 101
District Councillors	Sandy Chenore:- schenore@middevon.gov.uk Martin Binks:- mbinks@middevon.gov.uk	
County Councillor	Steve Keable steve.keable@devon.gov.uk	07967 655045
Local M P	Mel Stride mel.stride.mp@parliament.uk	01392 823306
Friends of NSC Station	Chris Southcott	01392 851569
Luncheon Club	John Salter, Hill Park	01392 851346
Mah Jong Club	Geoff Jackson _megalops@btinternet.com	01392 851551
Newton Ramblers	Rosemary Chambers	01392 851400
Tennis Club Secretary	Laura Leigh	01647 24259
Young Farmers	Harry Grigg harrygrigg456@gmail.com	7453034637
Archery	Alison Couling	01392 841282
Gardening Club	Nicola Baker	01392 851985
History Group	Jean Wilkins	01392 851337
Table Tennis	Roger Wilkins	01392 851337
Friends of the Arboretum	Roger Wilkins	01392 851337
Adonai Community Kitchen	Jocelyne Whittaker	07508 871172
Community Allotment	Gail Meldrum meldrumgail@gmail.com	07999 958799
Crediton Citizen's Advice	Adviceline (10.30 - 3.30)	03444 111444

The **NEWTON WONDER** is delivered within the Parish at a charge of only **£10.00** per year(in 2025. Subscriptions are due in January.

Please contact Gerry Radford on 01392 851504 or email paul.radford3@btinternet.com.

To pay online/by BACS please ensure that payment is made to
"Newton Wonder Community Magazine"
Sort Code: 30-93-14 Account Number: 05351394

Please add your address(abbreviated if necessary) as the reference
if you move away the magazine can be posted or

The Newton Wonder is also available online at an annual charge of £5
Please contact editor@newtonwonder.net

NEWTON St CYRES PARISH HALL

A WEEK IN THE PARISH HALL

Tuesday (weekly)	Line dancing	7.30 pm	Paula Benford	01392 210830	pbenford45@gmail.com
Tuesday (weekly)	Adonai Community Kitchen	12.00 - 2.00pm	Jocelyne Whittaker	07508 871172	TheAdonai-CKitchen@outlook.com
Tuesday (fortnightly)	Young Farmers Club	8.00 pm	Katie Davie	07706 760500	kmdavie@gmail.com
Wednesday (weekly)	Adonai Community Kitchen	12.00 - 2.00pm	Jocelyne Whittaker	07508 871172	TheAdonai-CKitchen@outlook.com
Wednesday (monthly)	History Group	7.30 pm	Jean Wilkins	01392 851337	jeanwilkins1@btinternet.com
Thursday (weekly)	Pilates (from 18th Jan)	11.00 am	Becky	07392 480974.	ivegotyourbackuk@gmail.com
Thursday (Twice per month)	Mah Jong	2.00 pm	Geoff Jackson	01392 851551	megalops@btinternet.com
Thursday (2 nd in month)	Exe Valley Bird Club	7.00 pm	Kevin Smaldon	07710 427817	kevin.smaldon@btinternet.com
Thursday (weekly)	Table tennis	7.00 pm	Roger Wilkins	01392 851337	rogerwilkins1@btinternet.com
Thursday (monthly)	Parish Council	7.00 pm	Jane Hole	01392 851148	parishclerk@newtonstcyres-pc.gov.uk
Friday (some weeks)	Art class	10.30 am	Sue Rose	01363 772284	suerose9@hotmail.com
Saturday (second in month)	Village Coffee morning sponsored by various oorganisations	10.30 am	Church Sue Browne	01392 851460	suecbrowne@gmail.com
			Others Roger Wilkins	01392 851337	rogerwilkins1@btinternet.com
Saturday (some months)	Model train group	2.00 pm	Ann Feetham	01392 215837	annfeetham@virginmedia.com

Available to hire for children's parties, dances, classes, wedding receptions and meetings. It has kitchen facilities and accessible parking adjacent to the hall.

Rates((from 1//4/25) are shown on the next page.

If you wish to book the Hall or learn more about the facilities, please contact our Bookings Secretary, Peter Watts at peterwatts369@btinternet.com or by phone at 01392 851369

PARISH HALL HIRE CHARGES

CLUB ROOM

HOURS	LOCAL RATE	NON LOCAL RATE
Up to 3 hours	£15.00	£22.00
Up to 6 hours	£21.00	£31.00
Up to 9 hours	£28.00	£42.00
Up to 12 hours	£36.00	£55.00

MAIN HALL

HOURS	LOCAL RATE	NON LOCAL RATE
Up to 3 hours	£26.00	£40.00
Up to 6 hours	£40.00	£60.00
Up to 9 hours	£52.00	£80.00
Up to 12 hours	£66.00	£100.00

Neighbourhood Watch Deputies

Sue Gee	Church Area	Glebe House	851164	asgee@btinternet.com
Tom Dowle	Court Orchard	24	851704	tomdowle@live.co.uk
Vacancy	Godolphin Close			
Chris Lee	Langford Road	Greenlands	851280	
Mike Kersey	Half Moon	12	851603	
Penny Parkes	Newton House	9	851517	parkes4@gmail.com
Wayne Meeton	Norton	Glenacre Sweetham	851954	wayne@wvmstudio.com
Derrick Rhydderch-Evans	Pump Street	Old Beams	851443	derrickrevans369@btinternet.com
Anna Mace-Leska	Sand Down Lane	Compass House	851441	leska@btinternet.com
Jacqui Ward	Smallbrook	2 Broadgate Cottage	851918	Jacquiward30@yahoo.co.uk
Jill Hawksley	Sweetham	Station Cottage	851269	peterbrew@aol.com
Clive Wootton	West Town	4 Meadowlands	851428	hollywallydoda@outlook.com
Alan Hancock	Woodlands		851744	
Vacancy	Tytheing Close			
Geoffrey Jackson	"The Village"	Shaplands Cottage	851551	megalops@btinternet.com

*For help, further information or to submit a report please go to the Parish Council website or contact the NSC Parish Council Co-ordinator, Monika Herpoldt-Bright
monikaherpoldt-bright@newtonstcyres-pc.gov.uk, 07834 76447*

The **Newton Wonder** team consists of Peter Hawksley and Peter Cordingley (editors). Mark Phillips, Sue Phillips, Martin Taylor and Gerry Radford.

Articles for Publication: Please email to Peter Hawksley, editor@newtonwonder.net. Tel: 01392 851269

Notices of Local Events: Please email to Peter Hawksley as above.

Local voluntary Village events are included free of charge.

Advertisements: Please contact **Marketing and Advertising**, email **thenewtonwonder@gmail.com** in the first instance. Please include your business name, address, ad-size required and number of insertions. **Payment in advance:** cheques or online payments to **Newton Wonder Community Magazine** - Sort Code: 30-93-14, Account Number: 05351394 Please use your business name as the reference.

Advertising Rates for the Newton Wonder

	Black & White	Colour
Small	£40	£50
Quarter Page	£70	£80
Half Page	£110	£120
Full Page	£200	£240

All items for publication must arrive by the 15th of the month before publication. Please send by email wherever possible otherwise they should be sent to the Editor at Station Cottage, Newton St Cyres EX5 5AS

We aim to distribute the **Newton Wonder** at the beginning of the month but this cannot be guaranteed. It is recommended, therefore, that events taking place early in the month be advertised the previous month.

The **Newton Wonder** (Monthly except January) is delivered to local households and businesses at an annual charge of £10

The editorial team of the **Newton Wonder** does not necessarily agree with the views of contributors contained in their published articles. This is a **community magazine** and it is our policy to print reports, articles and submissions that might be of interest to the community - provided that we have sufficient space to do so and they are not libellous in content.

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Tel:-01288 341617 or 07784 008471.

Email:- printroom@parishmagazineprinting.co.uk

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RSVP TO 07508 871172

email: theadonai-ckitchen@outlook.com

TUESDAYS & WEDNESDAYS

From 12.00 - 2.00PM

The Adonai Community Kitchen is open to all residents
of Newton St Cyres and the wider community

Last orders at 1.30pm

DONATIONS WELCOME

**OUR FOOD IS SPONSORED BY LOCAL BUSINESSES. IT'S PREPARED
ON THE DAY. OUR MENU DEPENDS ON THE GOODS WE RECEIVE**

**JOIN US FOR LUNCH (12 TILL
2PM) EVERY TUESDAY AND
WEDNESDAY. FOR A MOMENT
AROUND THE TABLE MAKING
NEW FRIENDS**



**A DEDICATED TEAM IS
READY TO OFFER A
WARM WELCOME TO
ALL AND FACILITATE
YOUR TIME WITH US.
COME AND JOIN US**



Our Vision and Goals

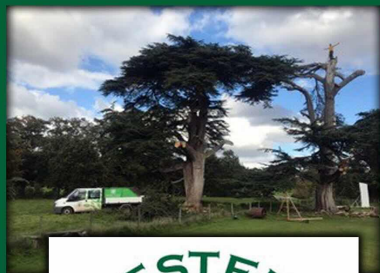
To provide hot freshly cooked healthy
meals to our community.

To empower those who wish to learn
how to prepare healthy meals



**DELIVERY WITHIN THE VILLAGE - IF YOU ARE UNABLE TO COME WHY NOT EMAIL US AND WE WILL TAKE
YOUR MEAL TO YOU (1.00 - 2.00) Or you can collect it from the Parish Hall from 12.30 - 2.00pm**

We are looking for volunteers/young people doing their D&V, Tents or looking for community experience for their CV, before attending university. We also would appreciate anyone that is free on a Tuesday or Wednesday from 11 to 3pm to help with our Community Kitchen in Newton St Cyres Parish Hall.



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